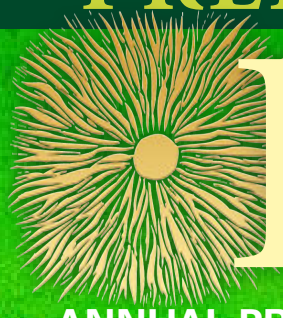


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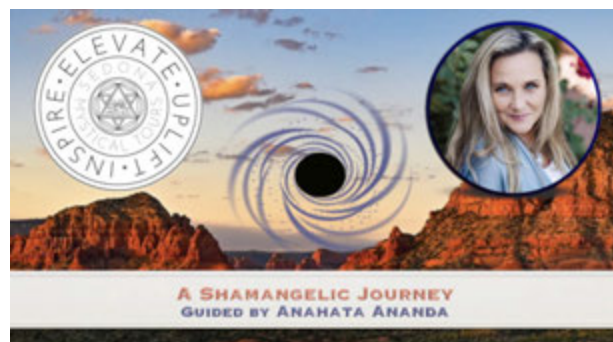


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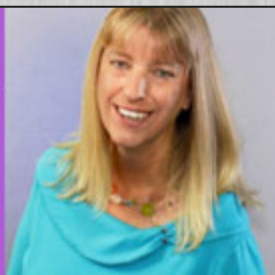


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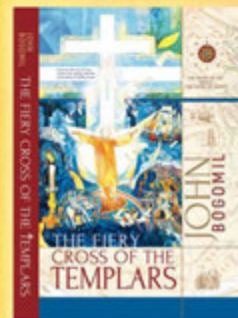


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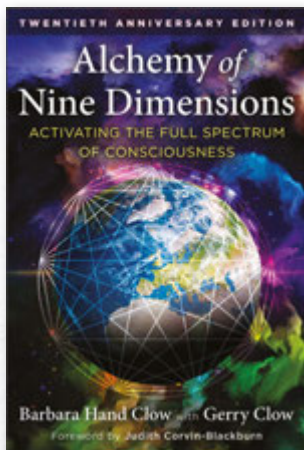
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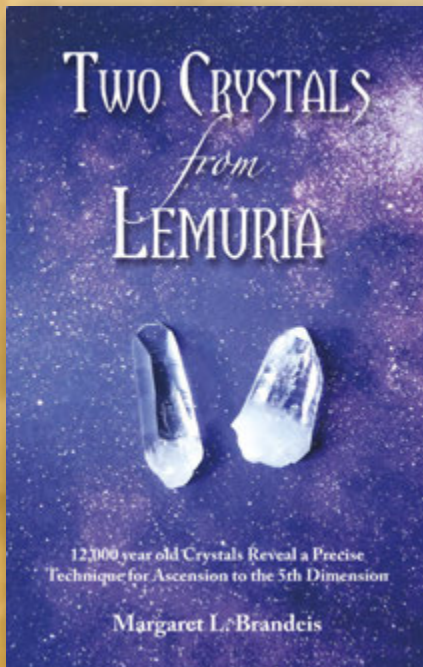
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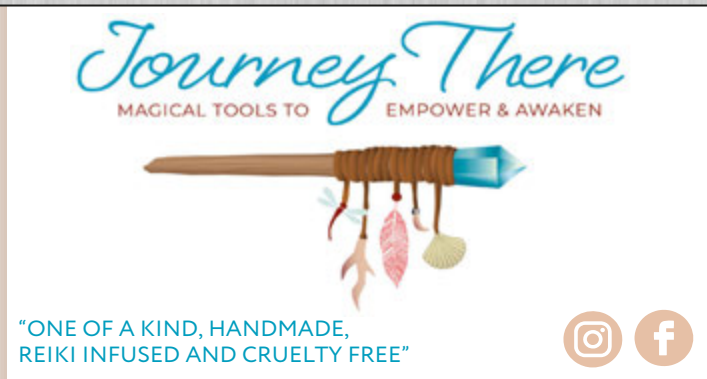
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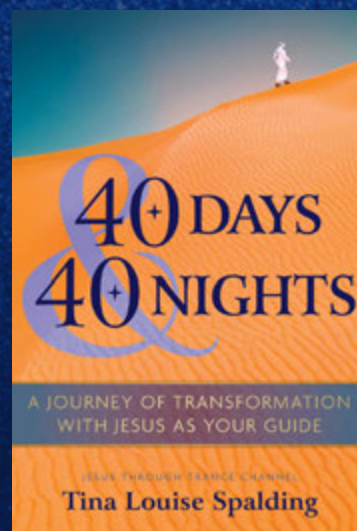
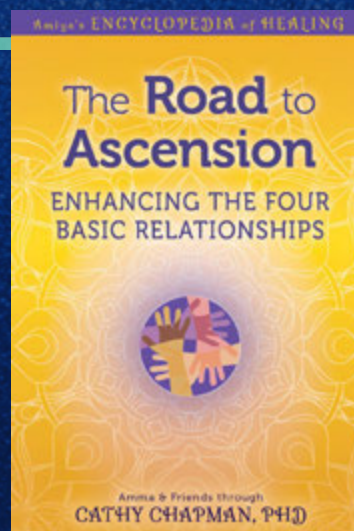
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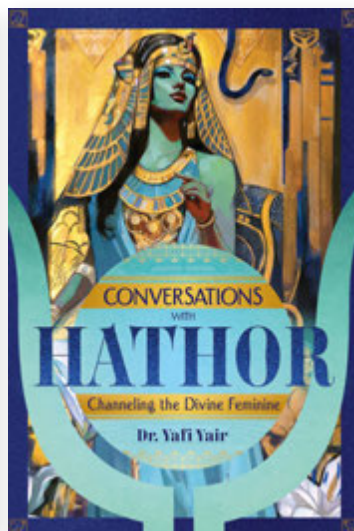
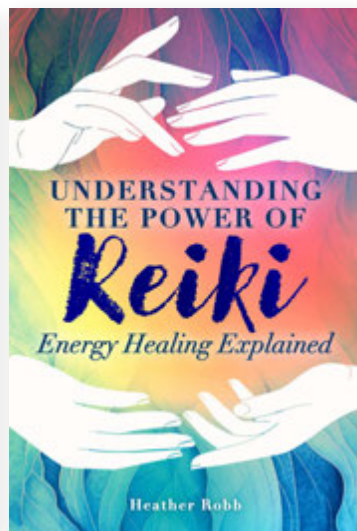
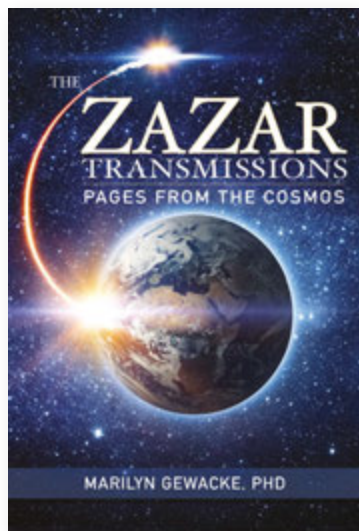
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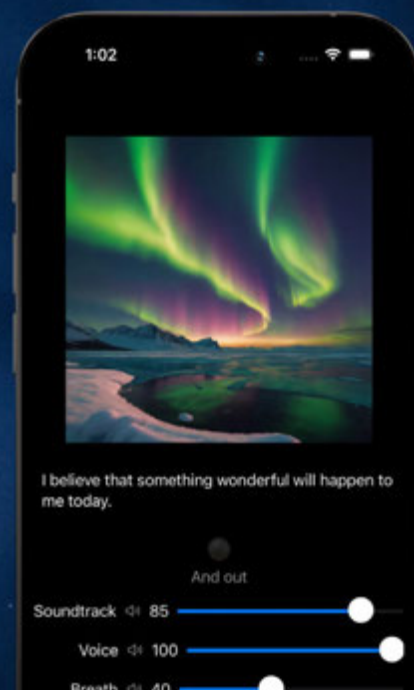
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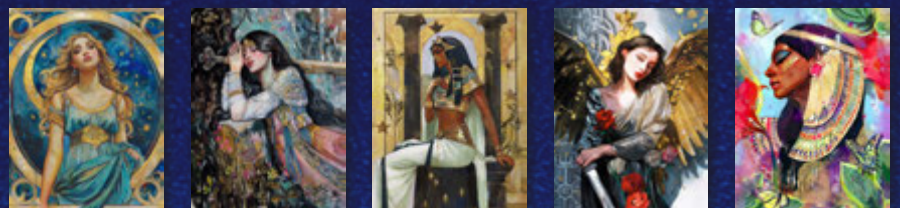
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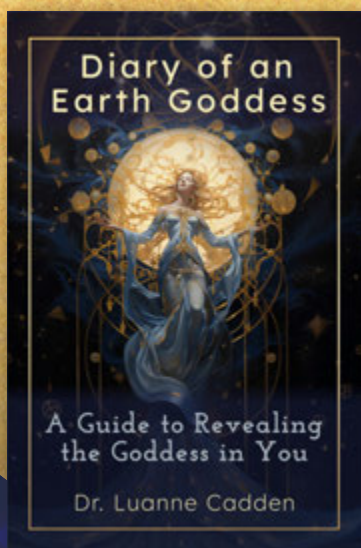


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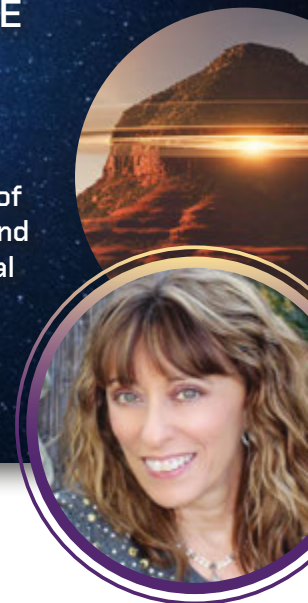


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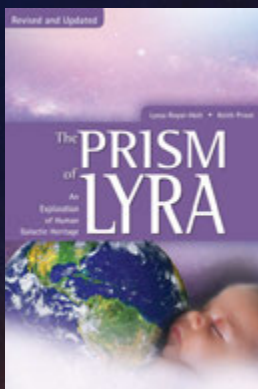
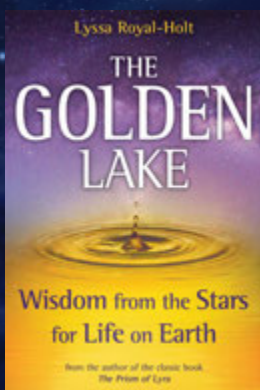
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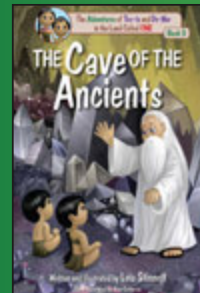
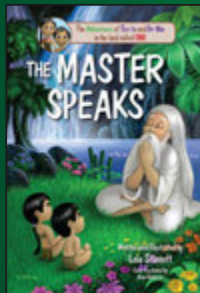
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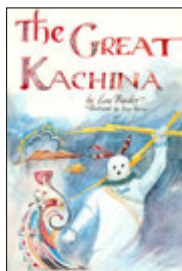
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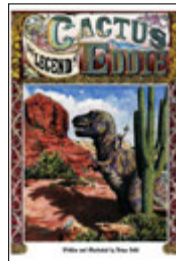


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## Happy, Healthy Holidays & a Peaceful New Year

from the Staff at Light Technology Publishing  
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With great gratitude and appreciation, we dedicate this Predictions 2025 and Beyond issue to our channels and to the spirit beings who speak through them.

Month after month, these channels contribute their time, spiritual skills, and energy to bring the guidance and information we need to help us understand and use our increased levels of consciousness now as reality expands around us.

With their guidance, our deepening connections with our spirits, and our optimism and perseverance, we will survive and thrive as we create our paths through the difficulties and changes we face as we move through these challenging times.

We thank all of you print and digital subscribers and those of you who buy single issues for your loving support. We wish you a healthy, happy, and benevolent life.

And thanks to all our employees who work extra hard to put this double issue together in one month. You are appreciated for your good cheer, skills, and creativity.

*May all beings on Earth be insulated and protected  
from all harm, and may all those who wish  
to explore the expansion of their consciousnesses  
be helped by all the benevolent beings who  
can help them.*



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## Are Other Dimensions Real? A Big Discovery Is Coming

Kryon Through Lee Carroll

14 August 2024, Livestream



Greetings, dear ones. I am Kryon of Magnetic Service. Are other dimensions real? What a question! You might ask a scientist this, and within their studies and theories, they could discuss many things. What do you think? Are you convinced that other dimensions exist that you cannot see or participate in? What is it about?

Perhaps the idea of other dimensions is something only scientists can relate to. It's very technical for them. But what does this question have to do with normal life or with you being here? What is it really all about?

I have always taught you about multidimensionality. The very best way I can explain it is this: You don't know what you don't know. You can't cognize what you haven't experienced. If you have no reference to a kind of different reality, then it's not in your perception.

When somebody tells you about something you cannot see, that doesn't exist for you, or that you've never seen, it is like a fantasy, perhaps even a fairy tale. Science is also aware of this and might answer the dimensionality question by saying, "Well, yes, other dimensions exist, and they are here and there, but unless you have experience with it, it will seem like a fantasy."

### See the Bigger, More Complete Picture

I want to paint a picture for you so that you get an impression of what is going on, not just in theoretical physics but with the planet in general. It wasn't that many years ago your perception of light was that it was simply light. It was what you saw when you ignited a fire. Later on, it became what you saw when you turned on a light bulb. Much later, you realized that nature gave you a peek into light when sunlight through a prism turned

into a rainbow. You saw parts of light separated by a kind of lens — the prism.

Then science began to tell you light existed that you could not see. Certain kinds of invisible light could only be seen with technical enhancement, which became obvious with the advent of modern tools. Infrared light is just one example.

Then you began manipulating light. Laser light is visible, but it is so different from any light you'd ever seen before. Its highly focused light could be aligned with the tools you had. It could extend for miles and miles, even to the Moon and back, and stay the same.

Today, all these invisible kinds of light are taught to school children, and instruments can show them. You can even play with light in certain toys today. Through your history of discovery, light has expanded, you might say, because your understanding has evolved.

Dimensionality is the same way, dear ones, and I tell you that an infinite number of dimensions exist — an infinite number. That information goes way beyond what most scientists will tell you, because they've only discovered or postulated things in their scientific reality. In mathematics, they've perhaps discovered what they define as twelve dimensions. When I say there is an infinite number, I mean it.

What is a dimension? That is a tough one.

### There Are Infinite Dimensions

To a child who asked you, "What is a dimension?" you might answer, "It's what you see as real." You might give the example of a drawing of a tree on a page. When you put your hand on the page, you can't feel the tree's



trunk or how high it has grown, since it's only a drawing. That would be a lower-dimensional experience (2D). If you present a sculpture of that same tree to the child, it is a three-dimensional object (3D) and more like a real tree, because it has length, width, and depth, as in our reality.

Then, not too long ago, came a fourth dimension. Again, it was perception-based, mainly because of the new thinking on physics from Albert Einstein. Imagine the tree has another reality: time. Einstein established that time has a perceived dimension since the speed at which something travels affects the time of the person observing it. Say what? It's confusing, since time is absolute to you, but time is actually variable; it has another dimension.

You really live in 4D, but did you notice that it is the first dimension that is invisible and perhaps, like light, what is actually there might evolve? What about five, six, seven, or eight dimensions? I have said this before, that when you pass an understanding of four dimensions, you pass a linear dimensional barrier. Right now, you can count them, but when you become non-linear, there is no linear counting. Think about that. The new scenario goes like this: one, two, three, four, all. That might be difficult for you to understand, but that is the physics of it. This means there is a vast multidimensional world in just about everything in your reality that is interconnected. Again, you can't see it.

### **The Truth Will Be Revealed**

As with light, some truths will eventually show themselves with technology. A technology is coming that will affect humanity as much as the invention of the microscope. I'll call it the lens. This lens apparatus will allow you to look at, and vaguely see, other dimensions. At first, it won't make any sense and might even seem frightening. I have even told you some of the attributes of its construction: It will be super-cooling (cryogenic) and plasma-based.

In the beginning, some might call it the ghost lens, because it will reveal things moving within other things that shouldn't move. Some might even assign spooky meanings to what it reveals: "We're looking into the other side of the veil, into the ghost realm!" This would be a typical reaction for Humans who see something they don't understand or that shouldn't be there in their known world. What do you think was the reaction to the discovery of germs? It was frightening!

### **This Is the Biggest Discovery of Them All**

When you turn that lens on your bodies, you'll see multiple moving parts of the basic chemistry you were unaware of and are not currently understood as parts of the biological body. You will see something startling you didn't expect: a multidimensional cellular structure

with distinct patterns that give hints to what diseases do or don't do and why. Are you getting this? There is far more to your biology than you think.

What if I told you that an entirely new branch of medicine will result? It will be the study of the multi-dimensional body. How many times have we told you that your DNA is multidimensional? We speak of layers of DNA, but you won't hear that in science. There are no layers of DNA until you put the lens on them to see what you cannot see under today's microscopes.

Nothing has ever shown you the magnificence of the Human body as the lens will show you. This new multi-dimensional viewing port, as you might call it, will result in immense surprises. Point it at nature, and see what the lens gives you. You will see things only reported in mythology. Elementals might start to show themselves slightly (or not so slightly). You see, elementals move between dimensions, even in solid stone.

In this lens of yours, especially the initial ones, you'll only see certain kinds of dimensionality. The lens will evolve and be capable of showing an entire complexity of dimensional interaction. You will see elementals as they move in odd ways, appearing and disappearing. Until the instrument improves, this will be a huge mystery: Why do dimensions seem to change all the time without any seeming stimulus to make them change?

The evolved lenses will eventually allow you to see the elementals much clearer, giving you an entirely different idea of what is on this planet and why dimensional aspects come and go and are not static. The one discovery that will rewrite everything is when you start to correlate the effect of consciousness on the mysterious dimensional movements. What if the very idea of how Human consciousness affects your existing reality could be shown and proven, that what you think alters your reality?

### **Shed the Barrier of Belief**

Are you lost in this thinking yet? Understanding concepts that don't make sense in one reality but do in a higher reality is difficult. For example, explaining the internet to a person a hundred years ago would be almost impossible. The reason is that the internet had an invention lineage of almost fifty years of major inventions that came first and explained each subsequent revelation.

Go back in time with me to when the abacus was the way of counting. Let's say you travel there with a computer chip in your hand, and your task is to face the person with the abacus and explain what the computer is, what it does, and how it is used. That would be difficult, indeed!

Dear ones, the lens is coming. Part of developing it into a more elegant form is the big revelation that the Human Being might consist of things only spoken of in



metaphysics, such aura energy, innate energy, and things that exist in your humanity within your body.

Are extra dimensions and other dimensions real? Oh yes, dear ones, they are very real and waiting for you to discover them. Celebrate this coming revolution in physics, the revelation that such things you never thought possible exist within you and the planet.

This invention alone will rewrite and redefine even the spiritual. Humanity will see a pattern emerge, a grander pattern than you ever thought existed. It will

be like turning on a light in a black-and-white world and seeing color for the first time. Multidimensionality is real, and it belongs to you. You'll know it soon enough.

I'm Kryon, in love with you all. And so it is.

*Lee Carroll is the author of fourteen Kryon books and coauthor of The Indigo Children, a three-book-series from Hay House. In 1989, a psychic told him about his spiritual path. Three years later, an unrelated psychic told him the same thing! Both psychics spoke of Kryon — a name that almost nobody had ever heard. To learn more about Lee, go to his website, KryonMasters.com, or contact his team at info@kryonmasters.com.*

# You Are Planetary Specialists

## Cosmic Whale Grandmothers Through Alessandra Gilioli

Greetings. We are the Cosmic Whale Grandmothers. We come from water worlds. Humanity was birthed on a water world, and then to some degree, you shifted. You are deeply connected to water worlds in your galactic and human ancestry in ways beyond your understanding at this moment. So welcome Home.

We come to planetary spheres in times of incredible shifts. You too will feel that these are indeed incredible shifts in the history, prehistory, and future history of planet Earth. You who read these words are also planetary shifters, healers, and builders. You build consciousness, love, equality, sustainable communities, sustainable financial currency, sustainable family love units, and social communities for humans, plants, and animals — all communities.

We are speaking to you because you are planetary specialists. Sadly, we feel that there is no one to see you in your massive, grand identity, so we have come to you in this moment to see you and rejoice with you, as you are us and we are you. We might be in different forms in this moment, but in energy, essence, and vibration, we are the same. We are world builders and world lovers.

We are wave riders. We are so big that some might see us as the wave makers, and in so doing, so are you. What we are is reflected onto you. We say congratulations! You have made it this far. We are sure that you didn't know that you would make it this far because you had no idea how intense and complex it would be on Earth. It has been a mighty exciting ride, especially from the higher, wider soul's perspective. It has been a jolly good ride, a thrill ride, full of ups and downs — with lots of downs. With your wide range of experiences, the soul feels very rich, satisfied, and fulfilled.

While you have been sensing these feelings and energies, you have all lived so many lifetimes within this

one lifetime. We can say that you have been successfully fulfilling and finishing many, many lifetimes within this one. Therefore, we would like to congratulate you once

again, as successful beings, souls, and members who created new nations and worlds.

Thank you for being here, as we are now in sort of a council format, powwowing with you, in this intersection of time and dimensions. We and you are future beings as well as past beings, connecting and colliding in this moment in time. We are here to say: You are at junction points as the tectonic plates move on Earth and create great fissures and tension. The movement then creates new countries, nations, or geology, and you experience this in the mental and emotional landscape of the new-forming human and the new human reality. This is the new reality-scape.

It is not a comfortable fit for many of you. For most, it is terrifying on Earth. We are deeply aware of this. The council members — the Cosmic Whale Grandmothers and all of you together — meet in higher space, in higher water realms, to look down and see how we can all best assist each other, and then we create what we want to see unfold at these times.

### Water Worlds

We feel that it is our mission to remind you of the incredible power, support, love, and light that now streams down to the planet. We witness portals of light, water, and plasma, and we trick you to see and feel more. Portals of plasmatic liquid light stream into your universe and world now. We are here to ride the waves of this and rejoice with you, as many of you have witnessed this upgrade.





In simple language, you could say that the higher soul of water as an entity — a planet — is being upgraded worldwide. Water is no longer a separate element. It is no longer supposed to be seen or deciphered as separate from earth, fire, and air. Water is to be understood in a new dimensional way, as water is much more than just one of four elements. Begin to think of water as a living entity, as the representative of the planet. Think of the planet as a water planet, as it is more than 70 percent covered by water versus land, and with the underlayer structures of the planet, there is actually much more water here than humans know about in your current time. Think of water as one. Water is one. Life is one. Water is life. Water is one.

Tap into the water worlds that you come from. We also come from those worlds. There are many water worlds in this and other dimensional realms, and you have all tapped into them. Many of you tapped into them in your childhood as you played in the bathtub. You might have held your legs together while you were pretending to be a mermaid because you are all connected to your own versions of Atlantis and Lemuria. What do Atlantis and Lemuria have in common with what we are saying now? Water.

There is something else to know about water. Water also brings a certain feminine principle to your consciousnesses and psyches. Water is everywhere. Water is in the womb. You are born in water. You are born into a water world even though you do not see it as such. Therefore, there is a lot in this message that is coded, and it is right out in the open.

### **More Energy, Power, and Light**

The portals are opening on Earth, around Earth, and around the outer perimeter of the Milky Way galaxy. A portal opens on or around November 21 as a precursor to 2025, and it will work with the auspicious energy at the end of the galactic year, or galactic portal time, of December 21. For many, it is as though December 21 is the real ending of the year. Those are the cycles.

Portals within portals are opening. Streams of light — plasmatic light and liquid light — are coming to Earth now as never seen before. These might sound like repeat messages, as many channels, or all channels at one point or another from 2012 onward, have said these words. And we agree with everyone. The new light has been streaming in every moment of every day from 2012 and even before that. And each time it has been said, it was really meant. Here we are saying again that new light is coming in. What does that mean? In this moment of time, there is more energy, love, power, and higher light streaming in. This means that you and we have not had access to this generator of energy and stamina on Earth's dimensional plane until now.

The game on Earth is clearly much bigger than the game in Atlantean or Lemurian times. There are many more players in the game, and it is complex. It is exciting on the soul level for all participating in this game because there is a lot to be gained from this exponential experience on planet Earth at this time. Therefore, let us reinforce the message that new portals are opening and new support is coming to you. Let us focus on this message now.

Support will come to all who have done so much work to upshift into being capable of accessing this support. There are other people on this playing field as well. Quite a considerable number of you access this higher light. We do not wish to discount or ignore the people who have traumas and issues. We are not speaking directly to those people. We are speaking to you who have successfully accessed support. You are the witches, the healers, the martyrs, the mothers, and the warriors of light, and you have gone through many lifetimes and have been stopped in one way or another from delivering your messages and creating your temples and a just society.

Up until now, so many of you have been denied access to the many lifetimes in which you successfully were the queen, the high priestess, or the functional witch in an accepting society. Those roles were the reason you were on Earth to begin with. Many of you came from dimensional realms where you were the guiding goddess of the planet. Let that sink in. There is such a place. Many of you were successful and famous on a level of high society and had structured support that you have dearly missed in this lifetime. There was a society helping you, pyramids sustaining you, and giant crystals as big as houses and buildings. These structures supported you.

There has been enough time, focused attention, and specialized beings — humans included — who have spent years building structures of light, and this new level of support is now being further established and experienced by all of you lightworkers. This includes human physical structures, human life structures, and human-to-human life and high beings.

### **Accelerated Opportunities**

There is an acceleration of opportunity. This means that time has accelerated. Your capacity to process emotions has been accelerated as well as your capacity to process condensed times. You are really living a month's worth of life within the cycle of one day. Many of you feel it, and for that reason, you might feel older or more tired. This is why the liquid plasmatic light from outside your galaxy and even the universe is coming in to be of assistance.

You will have accelerated opportunities. There is more dense photonic light streaming into your galaxy and your world, and if you think about it from a physics



perspective, when you have more light — photonic light — then you can generate more things within a short span of time. Therefore, there will be more opportunities available to you all at once. They can happen, unfold, and manifest in lightning speed or even faster, so be prepared to be surprised in expanded ways. Start preparing now because the more prepared you are to accept extreme goodness, the more likely that this goodness can take hold in all areas of your current manifestation.

We would like to repeat that in a different way: If you can bypass your clunky programming and access your higher programming, then you can open up to greater opportunities that will manifest. Many of you have already experienced flashes of extreme abundance, success, and fulfillment in different areas of your lives. For some, these things remained for a bit, and for others, they lasted a little bit longer, but for most, these experiences have not integrated as much as you expected them to from your experiences in other lifetimes. So the message is this: These accelerated opportunities are really about you being better able to tap into higher lifetimes — many of which happened off the planet — in which you experienced extreme and long-standing successes within a society and in unison with the planetary setting.

Many of you come from what earthlings would call futuristic worlds. So in a sense, as futuristic beings, much on Earth seems backward, old, and barbaric. You come from future planets where there is, has been, and continues to be long-standing harmony and successful ways of higher living in all aspects of life. You are now better able to tap into this because there are more and more open streams of higher light and higher liquid light from other worlds and the water worlds we are talking about. Therefore, you have more support from a physics standpoint to do whatever you want as new opportunities arise.

### **The Sacred Frequencies Return**

Will there be a risk of becoming overwhelmed? We say yes, there is. There could be a risk of becoming overwhelmed as your old mind might struggle to grasp and manage this new way of being that is coming in with torrents of water waves, as if they were cascading from a waterfall. But this initial feeling or experience of being overwhelmed can be bypassed by riding the waves of higher liquid light and then understanding that there are new ways to do things. There are new ways to live. There are new ways to experience your humanity on Earth at this time.

There will be moments when you will feel young because your inner child feels more freedom than it ever has before, including pure joy and pure innocence. Rejoice in the silliness. You might find yourselves suddenly hopping and skipping to get ice cream when ice cream is not part of your diet, as you might not eat dairy

and sugar. Your bodies will be able to sustain this, as it is calibrated to the higher light. Similarly, you might suddenly feel extremely ancient — far beyond an old soul — and you will really feel the ancient “soulness” that you are as more of these continue to come back online. These are the aspects of the self that will help to deeply replenish you in the realm of feeling successful and supported with long-standing societal success and permanent support.

We would like to rephrase this to make it clear that you will not feel old, ugly, or irrelevant. (Excuse our terms. We enjoy pretending to be human.) Instead, you will feel ancient, wise, and sacred. You might walk on Earth with a whole new perspective, understanding and experiencing what it means to be sacred, such as a sacred child at play with pure joy. Do not worry when you do not see these things reflected in the culture and become upset at that, because you are the code bearers who will bring the following sacred frequencies back into being:

- the inner child
- joy
- play
- ancientness
- wisdom

You are allowed and welcome to be one of these frequencies or all these at once, as you are fully capable of doing so. We are aware that many of you are already doing this. Trust us when we say that there is more that you can do, experience, and be.

### **More Happiness in 2025**

You might think of us as the Cosmic Whale Grandmother messengers, or the Grandmothers, similar to a Maori elder woman with her great-grandmother strength and her way of scolding people into doing what is absolutely right and ethical. Do not forget that we are deeply connected to the dolphins and other cetaceans. We are the archetypal symbols in the New Age movement of pure joy, exuberance, and athletic ability to jump up in the air from the water and make everyone happy. We are happy, happy bringers, and we are here to say that in 2025, you will be happy at levels that you have not experienced on Earth at this time.

You will be able to not only be happy but stay happy for longer amounts of time. So your level of happiness will reach a higher frequency and have a wider reach. Your happiness will be like light bombs, light beams, and light streams. We see the precursors of the pathways and the trajectories that you are already on, and we love these. We are part of these trajectories, and we amplify them.

We see these as the happy currents of life. There



are currents in the ocean, as some of you might know, but let us remind you that there are also underground water currents. Think of those beneath your home where you live and play and work. Waterways are inside Earth. They are streams and pools of water. There are also underground oceans and aquifers. Water trickles down from the rain on the mountains, and after it is filtered by the soil, it joins an underwater stream. Water is also generated purely from the inside of Mother Earth that has never touched the surface and is the most powerful, potent love water that there is. In other words, Earth generates her own water and source.

You are reflections of Earth and the cosmos, and you too have generators of this new rainbow-water plasmatic light within you. This is who you are, and this is more of who you are becoming. We keep our eyes on all the positive messages of intense greatness and happiness, as well as the water plasmatic streams coming into you. We are absolutely delighted. We have had great visions of what you are all doing and experiencing in your future aspects of 2025, and you have to go through it.

### Your Mastery

***Do you have any practical advice for people on how to navigate 2025?***

If at all possible, find new ways of disengaging from your current reality because the illusions of the mainstream world will be more distracting, alarming, dramatic, and cataclysmic. Know that it has no backing or backup. It is also more and more fake. Do not underestimate the power of illusions and the powers that work on the human psyche. One piece of advice that we have is this: Whatever you have done has worked up until now, but you need to up the ante and your mastery.

There are many ways of disengaging: hiking, being in nature, reconnecting, and spending less time on screens

and more time talking to plants and hearing them respond. Find new ways of reconnecting with water in a sacred way. There are so many ways to interact with water. You can

- water plants while singing to the water,
- put water in crystal singing bowls and play with the water to create magical elixirs,
- research the sacred ceremonies for water,
- drink water in a new way,
- discover new ways to bathe and clean with water,
- choose a different way to interact with water,
- or create a sacred ritual with water rather than just treating it as something to be ignored and taken for granted because it easily comes out of a tap. Water is so much more than that.

Remember that you are water. At least 80 percent of you is water. Therefore, all that we have been saying is about you — the living crystal, the living wisdom, the living miracle, and the living life. Think of yourselves as water with different lights. Think of the master souls you have been in parallel dimensions and realms. You will be surprised at what you can achieve with the new ways of a high-vibration society that expresses unity with all, and this will be accomplished in new ways. This will happen not only for you but also in your communities. We are deeply excited for you. Dare we say that we are more excited for you now than we have ever been before.

Thank you for being here. We are the Cosmic Whale Grandmothers. Good day.

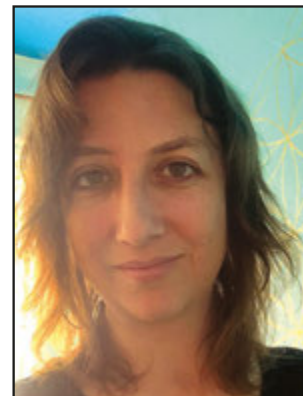
*Alessandra Gilioli lives in Italy, making friends with dragons under churches. Cosmic dragons have been channeled through her while on tour in Japan. A Venusian temple dragon has been showing her the vastness of the cosmic human blueprint. Alessandra leads retreats and events at sacred sites worldwide. She identifies as a star fairy and consciousness engineer. Her first love is energy healing and taking people on galactic shamanic journeys with crystal bowls and drums.*

## Water Is Relational

### The Arcturians Through Jett Koda

As water bodies, we inhabit the memorial imprints of water — its memory, story, collective witnessing, sharing, and communication. Water, like love, is unconditional, meaning that it is without conditions. Yet, water takes the shape of whatever container it inhabits. It receives the messages of each living being that it has ever been a part of and, from a fifth-dimensional perspective, will ever be a part of. As these messages flow through your body, you have the opportunity at any given moment to build a relationship with that water.

Perhaps water has asked you to tune in to its arrival as a reminder that you are water; therefore, you are love. Thus, the essence of who you are is unconditional. So you have taken the shape of a particular human being that is in deep relational remembrance with your ancestors — all the living beings who have been the particular waters that flow through you and all your descendants. In this



way, there is nothing to achieve, as your modern capitalistic society would have you believe. Your presence as a water being on Earth, a magnificent water steward, is in itself a miracle.

Remember, in our Arcturian perspective, miracles are less effort than effortless. How you strain with such effort in your wish to accomplish goals! If you allowed your water being to guide the very process in which it is naturally meant for, all would be accomplished with no effort.

This way of being — this flow of truth, love, and wisdom — is always present. Your current society is dictated by a series of conditioned beliefs that have hardened over time. Beliefs are simply thoughts that are thought so many thousands of times that they become a perceptual reality. Thoughts are the relationship between water, light (electricity), and minerals in your being. As you clear and cleanse your water body, we can assist in activating your lightbody, which will help to support the mineral body, and much will be possible through creative manifesting.

“What are thoughts?” this channel asks again and again. “What *are* thoughts?” The root of the word “thought,” as this channel finds, is *lo-gos*, related to logic, logical thinking, and conception, as well as “of the mind.” This is all in relation to words and language, a distortion of fifth-dimensional, multidimensional, and multilinear perception. It is impossible to experience the 5D and higher-dimensional realities using only words. Even as you read these words, we convey truths through the spatiality that exists between the lines, in the spaces between words, and in the blank page behind the text.

Imagine if water could speak, what would s/he say?

Nothing, my love.

S/he would only sing the language of love wordlessly.

### Water as Love

We suggest you take thirty-three minutes each day or each week to meditate on this truth of water as love — water as wordless love — so that the relational reality of your body in connection to you as water, your blood, your organs, your DNA, your light, and your electrical pulse will feel the renewal continuously available through presence. Begin to imagine, visualize, or ask out loud that we, the Arcturians, in our bluest blue of brilliant being, attend to you during this meditation.

Perhaps you see us in our true nature: as blue beings with wise eyes. Perhaps you see the waters emanating

love, tones, and sacred geometry. Perhaps you imagine the whales and dolphins who carry the sacred storylines of water, and the journey through their own water body vessels, in the sounds that emanate and travel Earth's oceans. Perhaps you visualize the flower of life (as a flat disk or a golden sphere) surrounding your water body. As your water body clears, you will more deeply understand the use of spheres to provide information, travel through dimensions, and open up nonlinear ways of thinking.

Thirty-three minutes is in relation to the thirty-three vertebrae in your spine, depending on adult fusion. As you visualize and connect with our Arcturian aspects, know that all healing happens through the spine and, more specifically, the spinal cord. The fluids of your spinal cord contain the light consciousness available to you to activate your lightbody once the emotional body has been cleared and cleansed enough. This does

not happen through self-help but instead through vulnerability, clarity, surrender, and devotion. You cannot force your way into an activated lightbody even though you may want to. You cannot wish it into being, for it is not thought that creates the active lightbody but love as water and water as love — without conditions.

During your meditation, we also suggest you have a glass of water next to you so that it can absorb the visualizations and blessings from the Arcturians, the blue sacred spectrum, and sacred geometries. After your meditation has finished, you can speak loving, kind words into the water and then drink it, knowing you are a water body receiving this specific water that has arrived to you at this specific moment never to be repeated. Each moment is unique unto itself. Each water droplet, water crystal, collection of water memory, and water inhabiting a living vessel is unique unto itself.

### Cleanse and Clear for Interdependent Connectedness

As your water body clears and cleanses, naturally your relationships with others and the world will also clear and cleanse. This could lead to detoxifying experiences in your relationships with other humans, ancestors, living generational lineages, human and nonhuman spirits in relation to the land and water where you live, and all information received, particularly from human sources. This might be uncomfortable, as detoxing can often produce intense emotional states and challenging realizations of conditional beliefs and patterns that no longer work in your clearing system.

Relationships with others, as water shows us, is fundamental to human and nonhuman life, well-being,





and connection. A natural process that occurs as you cleanse and clear is the alignment with self in relation to your human family through interdependent connectedness. As a collective, we Arcturians wish to remind you that isolation, separateness, and borders are imposed collective beliefs on your planet currently rooted in a conditional belief system that supports separation through harm — in other words, power dynamics rooted in genocide, slavery, colonization, and systemic oppression. Clearing your water body will allow you to wake up to these truths, which can be quite painful as you recognize your lineage as either a dominant oppressor, a victim, or a mix of both.

Water reflects this and supports you in this process. Water, and you as a water body, can be cleansed, intentionally healed, loved, and treated with respect at any moment. Each moment begins with you, and trauma can be healed. Love and water always heal trauma, whether through the softest, gentlest mists or the wild, passionate ocean waves. Water reminds us that at times we can be gentle, open hearts, and at other times, we must be warriors and allies

in the face of our world shifting from power-over dynamics to power-love-water with the collective.

As you shift your consciousness into the unconditioned awareness of yourself as a water body while preparing your lightbody to be activated, the actual DNA in your being will shift, heal, transform, and open to the further availability to carry the photons of light — or biophotons — in a more functional and efficient manner. This happens naturally as you cleanse and clear the water body. We suggest practicing clearing the water body with the techniques offered here. Use the waters and the thirty-three meditation for the next three to thirty-three days to allow healing to happen in preparation for activating the lightbody.

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# How to Navigate the Emerging New You

## The Celestial White Beings Through Natalie Glasson

Greetings, beloved beacons of light. We are the Celestial White Beings. We extend from the celestial vibrations and levels of the Creator's universe. We are often seen as one source of white light, but we can appear as many beings. Our purpose is to support the ascension of Earth. We have been connected to Earth since its creation.

We believe that the greatest energy is bliss and that bliss is a higher vibration than love. Through the presence of love, you can obtain bliss, and in a space of bliss, you are able to access unification with the Creator. It is our purpose to promote and remind you of your inner bliss.

At this time, we wish to come forth with insights concerning the year ahead. We wish to share with you things that you can hold within your mind and with which you can support yourself as you navigate the reality you are experiencing so that you feel that the Divine is holding you, carrying you forth, and assisting you in the ascension emerging and evolving from within your being and from those around you.

### Intense Waves of Energy

We first wish to share that there will be waves of

immensely intense energy coming forth; intense blazes of light will come forth in waves. These blazes, or waves, of light are intense light and power, and when you connect with them, you experience a boost of light and power. It might feel as if you are being cracked open, allowing your divinity to emerge and flow like a liquid light or energy.

You will experience these intense waves of light and power whether you connect with them or not. They will create very powerful impacts and shifts within your being. This will be different for each person.

Imagine this: Several times throughout the coming year, it will be almost like an electric shock or lightning strike. Your light and your power will be greatly intensified, and you will be aware of it. It will have a positive impact on your being. So it is important in the coming days that you set the intention of that which you wish to create with the boost of light and power. It can be anything.

It can be to promote something in your physical reality — a creation or a manifestation. It can be to promote something in your spiritual growth — a connection, a



release, a healing, or even the development of a skill or an ability.

In these times, you might find you need to be in nature to ground yourself, or you could need to be in a space where you feel safe. Maybe you are surrounded by sacred items that mean something to you, or maybe you are surrounded by sacred friends or people who can support you and who you can support.

### **A Powerful Clearing Through Energetic Winds of Change**

The energies flowing forth will also encourage you to experience a pool of divinity. This will be like you diving into the most sacred and glorious pool of your divinity. In doing so, there will be a great sense of remembrance and knowingness, allowing you to truly recognize your divinity. It will also allow for your purpose to be experienced within your being and for your divinity to be truly sensed/experienced/acknowledged within your being.

You could find that you have a greater understanding of your divinity, maybe greater than you have ever experienced. This will be, and will give, a sense of celebration because you will feel as if you are achieving your mastery — your advancement and your ascension — for you have a greater knowingness and an acknowledgment of the divinity within your being, like a pool of divine, sacred vibrations within your being.

This is something to focus on, and realize that it will come into fruition naturally. Everything within your being, your guides, and the Creator will direct you to dive into that pool of divinity within your being.

With the energies coming forward, you might feel as if you are in the greatest, most powerful wind. Imagine yourself standing at the top of a hill. It is so powerfully windy. The wind is just rushing past you and through your auric field. You can barely stand on top of this hill. You have your arms out, your legs are spread wide, and you're holding on. You're just able to stand.

As this wind — this energy wind — comes forth, you might not see it in your physical reality, but it will be a very powerful clearing. It will feel as if the winds of change are blowing away all unneeded energies — all baggage, all limitations and boundaries — and you will find that things you held as valuable will simply blow away. This might be things such as wounds that seem so raw and so present that you have held on to them. They are extremely stuck in your energy. Then all of a sudden, they disappear; they blow away.

It will be a very powerful shift, and you will feel a great sense of freedom, lightness, and brightness because it will be as if things are just blowing away. This includes things that you found very valuable or things that had been stuck and you'd been holding on to.

This might make you feel very unsettled because

then you will have to assess what is actually valuable to you. What do you now feel is valuable?

You might even have to change your perspective and understanding of yourself, the world around you, or what you're achieving — your goals, your intentions — because wounds will simply blow away. They will be easily and very quickly released, and you will wonder, "How or where did that go? I didn't even see, sense, or acknowledge myself releasing it. It just seems to have disappeared."

It will be a very valuable and important process, but it could leave you feeling unsettled. If you feel unsettled at times, know that this powerful energetic wind is clearing your being, causing you to reassess what is valuable.

### **A Greater Connection with Mother Earth**

During this new year coming forth and the current times that you are experiencing, there is a focus on a greater connection with Mother Earth. Everyone's thoughts and heart connections begin to focus on her.

You might notice within you, and from others, that you feel a deeper caring for Mother Earth; you wish to support her and to be present with her. Maybe you are to be on the land to clear rubbish or to do practical things that support her — to bring a healing/clearing to Mother Earth so that you feel a grounding into her and a greater connection with her. It's as if you are truly experiencing a relationship with Mother Earth.

You will recognize a mental connection with Mother Earth. It might go as far as that you can hear her thoughts. You can feel a heart connection with her; you can feel and sense what she is feeling and sensing, and you are able to work in harmony and unity with her.

This will manifest in many ways for people. Some people will just feel a slight inclination to be in nature more or to support Mother Earth. Others will feel that it might change their whole lives — that they have a need to be close and connected with Mother Earth.

### **A Shift in Consciousness for Connections, Health, and Well-Being**

You will notice that you recognize connections more fully and in your everyday life, things that you are connected to. You will be able to recognize your links, your connections, and your flow of energy, as well as the connections, links, and flows of energy around you.

It will be as if all of a sudden you can see that life is actually a process of connections being played out and that your ascension is also a process of connections as well. This will allow you to gain a deeper sense of self, your spiritual growth, and the reality that you experience manifesting around you.

You might also find more and more people focusing on their health and well-being. They want to put things right. They want to create an alignment. People



will achieve this in different ways. Some people could change the way they eat or change the way they exercise. People will find that they are better able to care for themselves: to look after their own well-being and health and to nurture the physical body as well as their spiritual beings.

This will create a tremendous shift in consciousness throughout the entire Earth. It is a level of unconditional love for the self when you take care of yourself — your health and well-being. We can recognize it as self-love rising, and it is something to celebrate immensely.

### A Focus on Manifesting the Divine

There is one more thing we, the Celestial White Beings, wish to share with you. You will notice that more people will want to talk about their divinity. You might also notice that you want to talk about your divine self as well — even if you are only talking to yourself about your divine self. Perhaps you're talking about this to loved ones, friends, or even strangers.

You will recognize that there is a conversation growing throughout all humanity about the divine self within each of us. That is a very positive thing, because it means that a connection is being made and that each divine self within each physical body is connecting with the self and each other. This automatically raises Earth's vibration.

You will see that everything is connected. All this — the health and well-being, the self-love, and the desire to talk about the divine self — is your words manifesting the Divine.

Everything that we've shared with you, you will

experience, in some form, throughout the year. You can also encourage yourself in meditation to experience it. You can call us to bring this into your reality so that you can experience it all now and benefit from these vibrations that the Creator is bringing forth.

This might also offer you some hope, as some connection with yourself will bring a sense of safety, grounding, certainty, remembrance, and realization of what is manifesting — the truth, the Creator, the love, the peace, and the bliss. This is happening in small steps, but everyone — even those who are not conscious of their spiritual selves or the Creator — will have a focus on manifesting the Divine.

There is a new you emerging. Of course it is not new; it is your divine self — the remembrance of your divine self. But it will feel new. It will feel exciting. Even the people you meet will feel new and exciting because there will be that connection and grounding. It will feel as if you are navigating the new you that is emerging.

We, the Celestial White Beings, will be present to support you in every stage. You can call on us just by saying our name and inviting us to be present with you. Of course you can also call forth your guides, your soul, your soul group, or the Creator to assist you.

We love you deeply. We are the Celestial White Beings, and we thank you.

*Natalie Glasson is a channel, author, workshop facilitator, spiritual mentor, and founder of the Sacred School of OmNa. Natalie has been a channel for over ten years, dedicating her life to awakening others to the light of the Creator. She made a contract many lifetimes ago, during the time of Atlantis, to assist people in anchoring sacred energies into their bodies. She continues this service today. For more information, see OmNa.org.*

## The Year of Sound

### Shamael, the Angel of Sacred Sound, Through Jonathan Goldman

We continue to be aware of and interface with, when appropriate, those of you who have begun using the power of sound to heal and transform yourselves. Since our words first appeared in the pages of this magazine thirty years ago, there have been those of you who have this understanding and who sometimes you use sound vibrations to shift matter and enhance consciousness. This understanding and use of sound has continued to grow and expand at exponential levels. Our teachings continue to abound in this manner.

2025 will be the year of sound with more emphasis on various aspects of healing with sound. Music and sound healing have, in the last year, truly made it to mainstream consciousness with your great inventions such as the functional MRI (fMRI), which details how

specific sounds and music affect your human brains and nervous systems. Your mainstream science is finally beginning to acknowledge on a great scale how the simple act of listening to certain types of music can affect the brain's activity (including brainwaves), the nervous system (including heart rate), and respiration. The importance and focus on the vagus nerve is also now coming into your awareness. This is good.

The focus of the perception of sound is called psychoacoustics, and its benefits have been known by many scientists for years. Knowledge of this has been guarded and often dismissed by modern medicine simply because



oftentimes sound could accomplish many of the same effects as pharmaceuticals. Soon you will begin to see musicians in hospitals playing by the bedsides of those in discomfort and pain. This is a very ancient means of healing, indeed, but in recent years, such activity became all but extinct.

The arena of music therapy is again manifesting in mainstream medicine and rightly so. If your medical facility offers such activities, we urge you to help enable this. The vibrations of the music played by loving and talented people can do more than simply help relax and reduce pain; these vibrations can produce a field of energy that will positively affect anyone in their vicinity. They can change the inherent energy in hospital rooms and beyond. What a blessing.

Scientists also have known about the use of certain slightly out-of-tune frequencies that can literally change brain waves, and this extraordinary ability is finally becoming accepted in your mainstream medicine. They are now performing tests that will prove that these frequencies actually do work, and in the forthcoming year, there will be adequate research to prove the validity of the power of these sounds.

In addition, you will find that other and more powerful attributes of sound and music will begin to find outlets in your mainstream publications as well as in your various means of distributing sound, including your sound streaming services in the next year. What are these attributes? Some are the awareness of the vibrations of sound to literally vibrate and affect the different aspects of the physical body.

It will be revealed that the use of certain low frequency sounds help to regenerate red blood cells. Such low frequency sounds will also be shown to positively affect the brain in such a manner to assist with those suffering from Alzheimer's and other neurological disorders.

The study of how different sounds and different music can affect our DNA will also come into focus. Assertions about this have been made by many who are trying to commercialize their music, but up until now, these have been empty claims that were often made by those seeking to profit from their music. However, in this upcoming year, scientists who have previously worked with electromagnetic frequencies and quantum fields to affect DNA will turn their attention toward the use of those vibrations that fall within the range of our hearing — acoustic sounds — and they will find enormous differences in the abilities of certain sounds to have surprisingly powerful effects. Be prepared for the ramifications of what this means.

## Sound Can Help the Planet and All Beings

You humans will begin to realize that powerful

energetic vortexes can be created by working in small but coherent groups who intone and use sacred sound to open gateways that enable consciousness to travel out and resonate with divine levels of being. There are those of you who know of this already, as this knowledge is quite ancient in its source, but purveyors of modern wisdom are beginning to understand that the simple use of tone coupled with intention can open portals. These portals can help illuminate not only the small groups that manifest them but humankind in general. It is important whenever such fields are generated to make sure that only the highest light and love through sound manifests.

Lastly, the use of large-scale planetary sounding, filled with vibrations that can affect the field of consciousness — what we call the Gaia matrix — that surrounds your beloved planet Earth, will become more and more frequent. Sound that is encoded with positive intentions such as compassion, gratitude, and love will feed this field of consciousness of your planet. More and more people will take part in such activities until the energy they create is palpable and can be received by all sentient beings. This will be one of the most important ways that high-vibrational energy will be encoded onto the planet. There are those working with instrumentation to do similar things, but they cannot be compared with the power and ability of human sound and consciousness to do the same. The divinity of these sounds will resonate forward in the next year and bring health and harmony to our planet and all beings.

With light and love through sound, Shamael.

***Jonathan Goldman**, MA, is an international authority and pioneer in the field of sound healing. He has been engaged in this field for over fifty years. Jonathan is an award-winning author of the book Healing Sounds, a musician who created the award-winning album, Sounds of Light, and a teacher. Jonathan has been named as one of Watkins Mind Body Spirit magazine's 100 most spiritually influential living people. For more from Shamael and Jonathan Goldman, visit [HealingSounds.com](http://HealingSounds.com) or read Shifting Frequencies, published by Light Technology.*

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# The Untruth Falls Away

The Ancient Ones Through Miriandra Rota

We are the Ancient Ones. We would be happy to speak on the topic of what is the most expanded and helpful information about the upcoming year of 2025.

Now, when we speak of the seeming future, we are speaking of the frequencies between this present moment and that which might occur in another moment. Yes, while this is called “speaking of the future,” the truth remains that all is in the present moment. So then, let’s consider this.

Firstly, let’s speak about you and your residing within the year of 2025. There will be, during the beginning of this year, those opportunities to recognize old beliefs and old manners of defining yourselves. Regardless of how much work that you have done with yourself to get rid of or deactivate those old beliefs — or perhaps even negative opinions of your very own self — there will come the time during the beginning of this year that you will find them ever prevalent. This is what you can call a good thing. Why?

You might have been hoping that you would never have to deal with these statements that were given to you long ago. And we, the Ancient Ones, would like to remind you that all is one. What does that mean? It means that all frequencies currently reside.

Now we will speak about the primary factor for your relief from these recurring negative statements about the self. Here’s the clue: Now when you hear those words — or perhaps judge yourself as not good enough, not successful enough, or not smart enough (you know those words because you have done work on yourself) — they are more subtle. But, my dears, you feel them. They feel pretty terrible, and that is good!

When you feel that sick feeling inside — that feeling that tends to bring you down — then stop for a moment and recognize that you are residing within the illusion. You are in the illusionary rules and statements that were given during your journey until you awakened to the truth that you are a wondrous holy being filled with light and here to fulfill a magnificent purpose. When you realize that you are residing within those old frequencies, stop. Don’t allow them to plague you for another moment. Instead, bring your awareness to reality.

Reality is that you are who you are, just as we have described. Reside in that knowing, and watch as those awful feelings begin to dissipate. Then do something that is enjoyable. This could be something small or large

— anything that causes you to smile.

Now, what have you done? You have removed your participatory frequencies from the illusion and the untruths, and you have chosen. Choice is a huge factor in what we speak of during this beginning of the year 2025.



## The Blanket of Illusionary Untruths Dissolves

If this is happening during the beginning of this year inside of you, then what is occurring in the outer world? The same. There will be a type of replay occurring, and many will wonder what is going on as they seem to be in a flashback of a previous time when the sleep state was prevalent. This will be as if a frequency covers Earth. Yet, do not despair about these words, for truth prevails. The blanket of frequencies is the illusion making a stand for itself. Of course, it cannot succeed because there is truth and there are those incarnate beings, like you, who are dedicated to holding peace within their consciousnesses, holding love within their consciousnesses, and holding the knowing that all beings are one being. You who receive these words are especially good at holding that within your consciousnesses.

The blanket of illusionary untruth will most likely continue for at least the first two or three months of 2025. Because the illusionary untruth is so blatant with itself, there are those who can send a ripple of truth that does what? Well, my dears, it dissolves the untruth. There will be this dissolution, and by the fourth month of the year 2025, sanity will return to Earth.

Now, this sanity is really the reality of how you have always been meant to live in peace, love, truth, joy, and the wonderful opportunity to choose how you would like to experience your journey. You know — the one that continues to invite you to be surrounded by those who feel the same, who radiate outward that peace and love, and from whom you then dare to open and receive. This is, then, the healing of the spirit from the illusionary untruths. Your spirit heals beginning with this fourth month. And simultaneously, Earth’s spirit and the human spirit begin to heal.

## Those Who Strive for Control Lose Power

There are many on your Earth who have no right to

choose anything about their lives. This will come to an end. You might think there will be great turmoil in order for this to occur, but there will be little. And the reason is that those who are in power will face the truth that they are no longer in power. They are losing their grip on the human consciousness. We say to you: Stay within your choice of peace, your choice of love, and your choice of gentleness, within your choice of celebrating truth as it is made manifest in all manners.

For the remainder of this year 2025, there comes forth several species from other planets. They are benevolent and present themselves to uplift the consciousness even further. Some have been observers for a very long time. And with the shift occurring in this fourth month, they are given permission to assist, and assist they will.

There are some species who reside on this planet and who participate with the illusionary untruth. These ones will be removed from Earth. It is time for Earth to feel more of the freedom to be the primary planet in this part of the universe — the primary planet for discovery and for releasing the ancient histories of long, long ago.

The species that will appear, if in physical form, will look as close to a humanoid form as possible. This is to allow the shift to occur with little trauma, for there are those who have not been able to awaken to the truth of the many different beings who reside universally. That is all right. It is not a negative manner of being.

As you are well aware, beings awaken in their own timing, yet they do awaken. You can, however, enjoy recognizing those ones who smile at you, who come to you and speak as in the manner of getting to know you, all the while radiating that universal love and peace. You will feel it. Then you will know that the time is now. Breathe it in, my dears; breathe it in, and enjoy the loveliness of the present moment.

### **Find Joy in Abundance**

Now, what about the wars? This is a tough topic for the year 2025, and the reason is that those who recognize that they are losing their power, losing their financial gains, and more so, are unable to influence the sleeping masses as they awaken. Those ones will strive to continue to control. There will, perhaps, be those publishings in the news and elsewhere that urge the awakening masses to panic, that something horrible is occurring, that the foundation of residing is falling away. In a manner of speaking, they are correct, only that it is their own manner — their foundation — that is no longer able to hold its “integrity.”

There are some beings on this planet who have been here for a very long time, and they originated in other realms. During this time of the dissolution of the foundation of the illusionary untruths, they will determine to depart from Earth. This is their choice, after all, and Earth will not miss them one iota. Earth will celebrate

that those ones who came long ago to declare that Earth — though they have called it by a different name — was theirs to own have now wrung what they could out of the histories, and there is a good possibility that they will depart. Their institutions will no longer be viable.

Do not be concerned for your finances. You are residing in the reality of wholeness of being. Do not allow fear to bring your frequencies downward. Gather your finances, and find joy in the abundance that continues to be yours. During this time, there will be none who can continue to take what is not theirs by justifying it with false laws and illusionary untruth.

### **Trust the Reality of Truth**

You might seem to think that all this means that this year of 2025 will be one of great change, and you would be correct. Yet, we say again and again: Remember to place your consciousness in the reality of expanded frequencies that hold you, comfort you, and surround you so that you can be certain that you are held in truth while the untruth falls away.

We are with you always and have been with you for a very long time. Now is your opportunity to reside more clearly in a new manner. Do not be concerned that your loved ones will be left behind. That is an untruth that has been propagated within the masses to instill fear and to attempt to postpone an awakening of freedom.

None can be left behind. Do you see? None. Why? Because, our dear ones, all beings are one being. This is the reality. This is the truth. This is Home. This is a manner of residing that allows you to be who you are becoming, all while you are celebrating that you are the one being becoming the many, that you are the many becoming and remembering that you are the one being. This can be as a salve on your worries, your concerns, and your subtle fears. Breathe deeply, and trust this reality of truth, this reality of expanded frequencies, this reality of those who come and continue to assist you and all beings.

You are loved beyond your knowing of what it is to be loved. You are cared for. You are now right in the moment of choice, right in the moment of remembering, and right in the moment of recognizing that this new year, 2025, is the great turning of the illusion into truth. And you are here for it, as you have the words: You are present. You planned to be here. Now is the moment.

We are most pleased to be speaking with you in this manner. Until we speak again, we are the Ancient Ones, and you are our beloved. So be it.

*Miriandra Rota is an internationally known author, lecturer, explorer, and deep-level channel. Miriandra has been working in the spiritual field for nearly forty years and is the author and channel of numerous books and audio programs. Sharing expanded consciousness truths and helping others achieve the greatest realization of themselves continue to be her life's work. To learn more about Miriandra, visit her website, [Miriandra.com](http://Miriandra.com), or contact her at PO Box 81, Troutdale, VA 24378-0081 or [miriandra@miriandra.com](mailto:miriandra@miriandra.com).*



# Stay Steady and Strong

Pat Crosby with the Cosmic Council

**Pat with the Cosmic Council:** It is not an easy year to predict what lies ahead for Earth's current timeline. One reason is that there is currently an array of possible timeline choices available to humans. Mass consciousness is at a tipping point: Do you continue with current patterns or move ahead to different options? Closely tied political polls, for example, indicate these critical cross-roads possibilities of human consciousness and timing.

Another reason is that great and varied movements are affecting our planet among the celestial bodies, and energy waves greatly vary in intensity. This includes but is not limited to solar emissions and the photon belt. Also, there is a huge assortment of soul ages on the planet that includes an accompanying variety of lesson plans. Next, there is an increasing variety of intelligences intersecting with the Earth plane offering a plethora of new ideas, energies, and vibrations. Our world is amid great chaotic energy choices, as there is a demagnetizing and shrinking of older ideas happening to make room for an increasing emergence of new, brighter frequency choices.

How can each of us choose what is the highest and what is the best? Is that even a realistic option given that there is such a variety of human and spiritual experiences on board this planet? How can we choose individually and collectively given that we all wear different blinders and veils to the greater spectrum of reality?

We will add that the spiritual guidance team working with this planet are also amid their own evolutionary learning and lesson plans. Whatever is to come is a joint lesson as we all assimilate the new energies and options increasingly available. It is distinctly a cocreation. Nothing is currently all figured out or written in stone by any players in this evolving cosmos. Thus, we are again brought back to the time-tested wisdom: Stay centered, and ask in light and love for the highest good for all, this or something better. Let's unpack what that means for 2025.

## Stay Centered

Those drawn to reading these words are likely on a conscious spiritual path that resonates with each soul/human journey. In light of this year's planetary collective journey, it's beneficial to focus our energetic/spiritual endeavors on our chakra system. 2025 is a very ripe time to do this inner work.

So much of the human experience and journey is shaped by the condition of our chakras. These energy hubs and connectors are indicators of our soul journeys in human flesh, and they hold pristine holograms of our greater potentials. The new energies affecting Earth now allow for greater expansion and evolution of this basic operating system. Evolving chakras connect etherically with newly forming energy grids on Earth as well as on the galactic grids.

Each embodied chakra governs a certain realm of our experiences. The root chakra helps us be embodied and grounded. The second chakra aids our creation. The third chakra assimilates our new experiences. The fourth chakra does our emotional clearing and expands our embodied love potential. The fifth chakra helps us communicate — with crystalline clarity — our considered thoughts and expressions of wisdom. The sixth chakra supports spiritual insight. The seventh chakra is the conscious connection to our soul wisdom, the doorway to beyond the 3D human body into higher divine awareness.

The traditional rainbow colors attributed to these chakras in previous timelines (red, orange, yellow, green, blue, indigo, and purple) have expanded to higher frequency patterns on the great cosmic spectrum. Many uniquely experience other colors, feelings, frequencies, and intuitions about these energy hubs. Hubs indicate that lines of energy radiate from each chakra and intersect with other energy patterns. Each hub has multidimensional connections. Some of these connections govern the human 3D body, emotional circuitry, thought patterns, spiritual circuits, and the DNA templates. Some connect with greater cosmic circuits.

In the art and science of the chakra hubs, some of the circuits are shut down to facilitate our learning in the more limited 3D dimension, such as our earth-walk lesson plans. As we study and master our soul-given lesson plans to graduate to the next level of our earth learning, those circuits flow again. In this light, some predictions focus on the current dominant 3D timeline, such as who will win which election, which policies will be enacted, and so forth. These are within our current 3D matrix choices.



Additional choices informed by evolved human consciousness include the following:

- connection with higher dimensions (higher frequencies on the consciousness spectrum)
- communication with high-frequency beings of love and light, such as varieties of angels, beneficent deities, starbeings, elementals, and Source
- experience, or soul age — older souls draw on more and varied experiences and lessons learned, pearls of wisdom hard won in the fray of the third dimension

In this human world of layers and veils, each soul accesses the listed awarenesses in different conscious degrees. Some who do not consciously remember are often informed through intuition and other ways of knowing. It is this wealth of access to their soul knowledge that humans are continually reminded to contemplate, meditate, and take time in stillness and nature — that is, take time out from the dominant human matrix and holograms of mass consciousness to tune in to higher frequencies.

If you choose to work this chakra journey, take time out regularly to observe where in your body connects with your words, thoughts, emotions, and activities. Do you feel a thought in the pit of your stomach? Do words catch in your throat or upset your digestion? Does your heart ache with certain words, memories, encounters, and so on? Such instances indicate lesson plans yet to be learned by you, as you feel the energetic constrictions, AKA blocks.

See whether you can detect where the energy constricts. What is the effect on your physical, emotional, and thought bodies? For contrast, do something that makes you feel expanded and joyous, such as engaging in music; treasured memories; or happy images, videos, and photos, or playing with kittens and puppies! Compare and contrast the differences between constriction and expansion in your energy circuitry. Allow time for assimilation of this soul learning and circuitry expansion as fits your daily schedule needs. Spiritual work is elastic. It expands and shrinks to match your request for ease and grace per your individual tolerance as you fulfill your earthly responsibilities.

## Upgrade Your Chakras with the Sun

There are many tools to heal and upgrade your chakras. You can find traditional *bija* (seed) mantras on YouTube with accompanying visualizations. These are time-tested techniques used in Indian and Tibetan mystery schools. You can find writings and scriptures about the chakras — from descriptions and wisdom traditions to healing modalities.

You can use music and tuning forks. You can focus on energy hubs during still time exercises. You can ask

your spirit helpers — angels and guides — to assist you. There are many options to help you find those that resonate with you and that you enjoy. In all instances, please ask for ease and grace, as there are powerful lesson plans coded in your chakras. Make the journey easy and comfortable for yourself.

This past year, Babaji — the 5,000-year-old immortal yogi described in the spiritual classic *Autobiography of a Yogi* — has been guiding me on chakra development. Following are a few empowerments from him that you may wish to try. He welcomes you, asking you to connect with him if you like: “Tell them what I have been teaching you about the chakras this past year. Definitely, tell them. It’s for everybody!” (As an aside, Babaji said he’s been guiding the planet much longer than 5,000 years. He is instrumental in helping the world’s religions evolve.)

To do these exercises, envision, imagine, or ask — however it feels right for you. There is no right or wrong way to do these practices. You can work with any chakra in any order. There is no need to do them sequentially. Do them whenever you feel drawn to. Do not force this practice with thoughts of “should.” Instead, do them happily when the inspiration comes to you.

Run a stream of golden light through each chakra with the Sun. Imagine facing the Sun. Keep your eyes closed, of course, if you do this with the physical Sun. Loop the light around you from your chakra to the Sun and back to your chakra. Repeat as often as it feels right to. Experiment with different directions. More is not better. The practice will unfold and inform as it is right for you while you do it. Small doses at a time are best to assimilate this purifying and life-enhancing great power with ease and grace.

You can also ask the consciousness of the Sun to assist you. Drawing in the Sun’s energy is a long-held practice in many wisdom traditions, such as ancient Egypt. The Sun’s energy powers our whole solar system. It is clarifying and empowering. In the Vedic tradition, the Sun is recognized as a great holder of dharma — righteous behavior — as it follows its appointed mission in the cosmos day in and day out without exception.

Coincidentally, when I was traveling with Incan shamans in Peru, they initiated me into long-held sun exercises facing the Sun and drawing that great power into physical form. Be sure to include gratitude in your practice — to the Sun, your bodies, your soul-self, Creator, and whoever else comes to mind.

You can add in looping a flower-of-life infinity pattern between your chakras and the Sun. Allow the color to change or modulate if you wish. Allow spirit and your soul to guide this practice as you give your attention and permission. Again, there is no right or wrong way. There is no need to do it with any regularity, only when and if inspired.



## Just Ask

Ask — in light of the highest good for all — for this or something better. Ascended masters, angels, adepts, and experienced humans agree with this principle. So much is veiled in our earth walk — and for good reasons. To evolve our human potential, we must eventually master these energy circuits within the confines of our denser flesh bodies. Great human masters have demonstrated that this is possible. It comes with following spiritual paths that show the route through the dense forests of forgetting the once embodied, and in each lifetime, we build up our treasury of spiritual wisdom nuggets.

Usually unaware to us, these wisdom nuggets compound over time. Each time we come through a chaotic lesson-plan episode in our extensive Earth journey, more wisdom accrues. Then, on easy days, we suddenly become aware of some answer, some glimmer of knowing, or some certainly in the clarity of love and light. We exclaim: “Oh! Now I get it!” Such a realization indicates solving some lesson plan from your soul journeys.

There are many varieties of unembodied beings, just as there are many varieties of human beings. So always ask for guidance from beings aligned with the highest good of all, the Creator’s love and light. This is especially important when you are feeling lost in a fog of uncertainty. Your loving guides will help you when you ask.

Also ask for protection from forces that are not aligned with the highest good of all and the pure love of the Creator. Each tradition has their protector beings. Archangel Michael is popular in Western traditions. A high-frequency pure guide will always leave you feeling safe and at peace.

To avoid karmic and ego entanglements, it is good to offer the results of your practices back to Source or to the upliftment of all. Such dedications prevent partially learned, limited lesson plans from sticking to you and also assist others in their evolution into more perfect love. Thus, all increase and rise together in love. This is a lovely divine outcome.

Remember: Ask! Human sovereignty is sacred. No

beings are allowed to butt into your life uninvited. That is against cosmic law. Should any attempt to cross your boundary, tell them to leave — butt out — immediately! Call on protector beings as necessary. It is your journey to choose. Ask for assistance at your discretion. For the record, assisting beings love when you ask for help. That is their mission here, and they like feeling appreciated, known, valued, and put to work for a good cause, such as the evolution of humanity — one soul by one soul by one soul at a time.

2025 is a year of extraordinary potential individually as well as collectively. Things will quiet down mid-year as the roller coaster energies of the past year and a half complete their work. Stay strong. Stay steady. We enjoy evolving with you. Together, we all increase our wisdom and capacity to expand and express our unconditional love as we resolve the mysteries of creation.

We wish the highest good for you and for all. We hold you in the Creator’s light. Excelsior!

## Disband Old Identities

**Pat:** This past year has been one of deep silence and introspection for me, as I was on sabbatical from much outgoing work. My personal journey has included discarding many previous ideas of who I was. This disbanding of completed identities has been intense at times, as I simultaneously released material objects anchoring those completed identities.

Disbanding old identities has made room for greater recognition of who I am as a soul rather than as a veiled human. The exhaustion from identifying with old energies is a great sign that it is time to move into a new journey. The journey into 2025 includes letting go of previously limited identities and opening to greater expanded identities as a soul doing a human earth walk. That is exciting, a bit scary, and interesting, to say the least!

During a recent Ayurvedic third eye massage (*shirodhara*), I journeyed back to being a golden orb inside the gray walls of my mother’s womb. I was shocked to observe how the boundaries that are put around our encapsulated souls growing into a 3D body process and allow us to do this intense journey of limitation. My compassion and respect for us all is increasing as I continue to contemplate this revelation of the power of the human soul to create this earthly journey of limitation. Wow — just wow! Happy 2025, everybody!

**Pat Crosby** — mystic, healer, and spiritual guide — has traveled to sacred sites, meditated, and taught healing for over thirty years. Her background includes PhD studies in psychology, a successful business career, and managing a healing center. Pat is available for private sessions for those who wish to strengthen their conscious soul connections with everyday life. Sessions include personal guided meditations as well as messages from Archangel Michael and other guides. For more information, call or text 1-845-513-6609, email [patcrosby@gmail.com](mailto:patcrosby@gmail.com), or visit [lightgrid.blogspot.com](http://lightgrid.blogspot.com).

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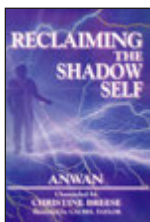
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# Your Future Is to Choose Love

AmmaThrough Cathy Chapman, PhD

Blessed ones, this is an exciting time to be with you and give you this message of predictions for 2025. The predictions will be in two parts this year. The first part will be actual predictions of future possibilities. Remember, these are possibilities, potentials. Some of these cannot be changed, but I will not tell you which is which. Some of these can be changed by how you and the rest of the planet respond.

For those of you reading these words or listening to this message, you have the choice to dissolve the energies contributing to what sounds so difficult. That is the wonder of who you are. As I share these predictions, know that even if you cannot change them completely, you can lessen their effects by using Archangel Michael's sword and your inner guidance to stand in love, no matter what is happening, and sending that love out to everyone. Listen to your guides, angels, and healing team. Listen from your hearts.

## 2025 Predictions

Now you might think this next thing that I say is discouraging, but it is only from the third dimension. It is not discouraging from the experience of wholeness. There will be many people leaving this planet. You've already seen that happen, and it is still happening. This one we speak through [Cathy] unexpectedly lost a dear friend just a month ago. There will be others who leave unexpectedly.

There will be disasters. Yes, there will be at least one major earthquake in Asia. In North America and South America, there will be rumblings. Many rumblings, especially those in Africa and Asia, you won't hear about. There will be at least one in Asia that you will learn about.

There will be more illness. I will tell you immediately what you can do to stop that or lessen it: Eat a healthy diet, as healthy as you can. That doesn't mean that you can't fudge a little bit by eating fudge, but for those with a carbohydrate addiction, it might not be a good idea to eat carbohydrates. What does the body need? Ask it. Ask the body-soul: "What do you need?" Listen to the body. If you hear the body yelling, "Don't eat that!" or if it calls to you and says, "Eat this," listen to it. If the body says, "Get up and move," then you can simply walk in place next to your chair, sit and move your legs up and down, or move your arms back and forth. It will also help if you are in the heart source. Be aware of where you are emotionally. Find

the joy in your lives. What is your favorite place in nature? Get in touch with your joy, as joy will boost your immune systems.

When you lose loved ones, know that they are ready to go. Some of those who leave might surprise you. Yes, you might grieve, and some of you might rejoice in their leaving because of what has been happening in their lives. Be in gratitude for the love that you experienced through them. Take time to be aware of the gifts that those people gave to you. Know that their leaving has given you an opportunity to experience other aspects of yourselves that you can explore.

There will be storms. Yes, all kinds of storms. You've seen them. They've been happening. This will not change now; the storms will continue. There will be blizzards in places that have blizzards. There will be blizzards in places that have not seen blizzards before. Droughts will continue in many places. Yes, there will be floods. Yes, some people will choose to move from where they are to what they consider a place of safety. They will be guided to safer places.

Why did some people not leave when they had the opportunity to do so before a flood that caused devastation and perhaps even physical death? People make choices. You cannot see how what is happening in this world right now affects the whole of creation. You cannot see that there are people choosing to leave so that they might be with you and support you. Some of them will do what you might call a quick turnaround into another body so that they can be here in a different energy, such as the crystal and rainbow children who are coming in with their crystalline DNA activated at birth.

## Choose to Live in Joy

Those of you who are older and wonder, "How can I understand these younger generations?" If you listen from the depths of your hearts, they have gifts that you will accept as they change what is happening in this world. What changes will they bring? There are those of you who believe you have to devote your lives to spend hours upon hours working, but the younger generations will teach you differently. You now have many youngsters — you might consider them youngsters — who have their own children, and they are now saying, "No, I





will not work like that. I want to be here and enjoy life. I want to have enough money to travel. I want to have time off. I want to have enough money to raise my children.” Some are choosing not to have children because of what they perceive as a lack of finances. They are contributing to a restructuring of the economic system.

Over the past century, there has been such a conglomeration of hoarding third-dimensional wealth and denying that wealth to others. Why is that happening? It comes from greed. You do not know this, but there are many very wealthy people who are not holding on to their wealth. It might seem as if they are because they appear to be getting wealthier and wealthier, but what is happening is that they are giving their wealth and joy to others, and wealth is still coming to them.

Those who gather wealth without concern for others are in fear. They fear that they will not have the money, power, or adulation of others. There is the power of love and the power of fear. The power of love expresses itself in compassion. The power of fear expresses itself in many forms of greed. The one who enriches the most lives acquires an expanded heart, which is impossible when in a state of greed.

All over this world within the next two years, people will have a choice to choose leaders who are openhearted or close hearted. The choice between people who live from joy or those who perpetrate fear will be available in every country and locality. You will have the choice to live in fear or joy. You can make the choice to live in joy. You have the tools, and you know about the heart source. You know how to be grounded above and below, connecting to this planet with compassion and love and connecting to spirit.

### **You Are Carriers of the Light**

You came to this third-dimensional world at this time, for this time. The youth are here to support you. Who are the youth? For each of you, it is different. For some, the youth are forty years younger than you; for others, they are thirty to seventy years younger. You wonder why those who are younger think like they do. Why do they do “that”? Note what is changing. Accept the youth, and know that they bring to you the shadow side or the light side of the changes that can occur on this planet. If people move away from the fear of insecurity and go into their hearts and discover what is most important, light will shine in the darkness.

The feminine energy is rising on this planet. You see it in women who have become billionaires and distribute their wealth to people who have not had wealth distributed to them before. I’m speaking of what you call the Northern Hemisphere nonprofits. Some people castigate the women because this is done not in the way men have. They believe that the women’s donations are

useless because, according to them, it is not sustainable. There will be people supported to rise to their full potential by these donations. Sustainability comes because the money is given from love filled with compassion. Love and compassion open hearts, and the energy of compassion sends love outward. What changes the difficulties on this planet? It is love, not the emotion or action but your creative energy.

When you feel scared, go immediately into the heart source. For those who don’t know about the heart source, go into your hearts, and ask, “What do I do now?” Listen. Sometimes the answer is nothing; just be there in the heart. That is all you need to do. Other times the answer is to laugh, be in joy, smile, and give of yourselves.

You think society has changed with technology. Just wait. You have heard of what is called artificial intelligence. You’ve had artificial intelligence for years. It has now come out in a strong way and will continue to do so, but have no fears about AI. Be in your hearts. The connection between AI and your hearts will allow you to do more than those who are not heart connected. All technology can change when you are heart centered. Know that the strongest technology you have is within you. How you use your energy is seen in how you use your material technology. The technology of the human energy field can be a complement to the technology of the third-dimensional world. True intelligence is within you. Think about that.

Connect to the heart source, healing team, and support team from the spiritual realm, the angelic realm, and those who have gone before. Listen to them whisper into your hearts. Do not listen to what is in the news. The news is made to sell ads. Those in charge of the news media know that if you listen to the negativity, you are more likely to go into fear. Fear will take over. A life lived in fear prevents a life lived in love.

Your job is to counteract fear. Be the calm within the storm. There can be and will be storms around you. When you are in your hearts and send love from your hearts, smiling and laughing with joy and in gratitude for the sunrises, the sunsets, the flowers, and the snow, your energy flows outward and interferes with the energy of fear in all its manifestations.

Send out the energy of joy. Send that love outward. Yes, there will be conflict. Don’t think about it. Go into your hearts. Hold that place of conflict — it could be in your home or your state, county, or country, or perhaps another country — within your hearts. There will be upheaval because the darkness has to change, and change is difficult for those not embedded in the light. You, my dear ones, are carriers of the light. The darkness will be dissolved when there are more beings of light within the humanity of the planet and as more of my children decide to be carriers of the light.

Don't argue with anyone about opinions. People will want you to argue, to disturb your energy. Stand within the truth and for the truth. Send light to everyone and everything happening now in the world. There are more people standing in the light. Your job is to support the changes on the planet.

### Assist in Changing the World

What else does the future hold? What else is coming in 2025, 2026, 2027, 2030, and beyond? You have the choice to live in fear or love. Choose love. Choose compassion. Choose kindness. More people will be making that choice. Notice the people choosing joy. You can choose joy now in your present and future. When you drop a raw egg on the floor, look at the patterns of the egg, and laugh as you clean it up. Laugh at the illusion of the third-dimensional world.

Be compassionate to those who have difficulty finding the joy of life and laughing. Have compassion for those in pain and have lost so much. Send supportive energy to them so that they can connect with the joy of life. Assist them in remembering the joy of times with those they love who have moved back Home with us. Those who make the choice to be within their hearts and connect with the joy held in the lives and memories of those who have crossed over rejoice that there is now someone who knows more than you on the other side and is still with you to support you. If they were a thorn in your side in the third dimension, they are with you now as love.

Those who wish there to be fear, who wish to

manipulate you into being in fear, will be in this world. Your future is to choose love. Choose to be in your hearts. Be Michael's sword. Call on the violet flame. Use every tool, whether it is one I have given you or another tool of love. It doesn't matter which spiritual tradition you abide by as long as you are within love. You can assist in changing the world. That is your future.

You, humanity, are coming through the terror of this time. It will still take a while to release the pain of these years and a few decades to move through it. Some of you will not be here until the end, but believe it or not, some of you will be here until you see peace and joy reign.

Know that I am with you always. How can I not be? You are in my womb. You are in the Father's heart. You were created from the energy of All That Is. You are love and have the power of love. Use it. Connect with it. Drive away the fear within yourselves. Command it to go, and send that love out to others in any way that you feel moved to do. With your love, you can change the future.

My love to you, dear ones. Blessings to you. I am Amma the Divine Mother of the divine mothers, and I am your mother.

**Cathy Chapman** has been a psychotherapist since 1976. Over the years, she's integrated spirituality, psychotherapy, energy work, and hypnotherapy into a powerful process of brief therapy. Cathy believes that people are perfect spiritual beings who came into their physical bodies to explore life and, believe it or not, have fun. To learn more about Cathy, go to her website, [OdysseytoWholeness.com](http://OdysseytoWholeness.com). To join Dr. Cathy for her Sunday Ceremonies, register at [DrCathyphd.info/SundayCeremoniesReg](http://DrCathyphd.info/SundayCeremoniesReg). Each week you'll hear a channeled message from Amma the Divine Mother (most often), Melchizedek, Mother Mary, Yeshua, and others. No charge!

# The Separation Experiment Is Ending

## The Multidimensional Self Through Giulio Consiglio

We are witnessing the thrashings of a dying consciousness, the end of individual and collective egos. This is nothing to fear; we are merely being reminded that circumstances don't matter as much as the vibrational frequencies of our spiritual nature. The separation experiment is coming to an end, as are the collective agreements we made before incarnating into physical reality. As more of us awaken to our inner spiritual realities, these profound and extraordinary effects will shift us into the reflections of our inner stillness: a New Earth.

To experience something new, old ways, habits, and systems must end. Our consciousnesses flower when we outgrow ego-conscious limitations. As ego-consciousness

loses its grip, things will become even louder and appear more insane, but that's

only because more of us shift toward the inner light of consciousness — the quiet, peace, and clarity of inner stillness. We are replacing limited beliefs and thinking with higher spiritual concepts sponsored by higher dimensions of consciousness. We see the systems and media intended to control the masses for what they are: outdated and obsolete. The incredible acceleration of consciousness will continue to witness the old media fall to the wayside.

The concept of linear time is collapsing. As part of





the human experience, we all agreed on the concept of linear time: past, present, future and seconds, minutes, hours, days, years. Past and future are the effects of identifying with the conditioned ego-mind. Nothing is wrong with this, and we needed a starting point of consciousness to forget our eternal, present-based spiritual natures. Our egos grew through the generations, becoming darker and denser, yet they contained the catalysts for awakening. The darkness disguised itself as the past (sadness, regret, and guilt) and as the future (worry, anxiety, and uncertainty), forming layers of emotional density.

### **Power Rests in the Present Moment**

More of us are awakening to the reality of the present moment. The concepts of past and future are being realized for the mind constructs that they are, and we no longer give them vital energy, individually or collectively. As the concept of time continues to collapse, we will see extraordinary effects, including instant manifestations and more spontaneous awakenings through third eye activations.

Leaving linear time behind, the collective embraces the eternal moment of now. Anchored in the present moment, we no longer identify with past and future as concepts or as sources of suffering. They become contrasts to inner light and reminders for us to reawaken and make enlightened decisions. In other words, we put our egos in their proper places as tools to help us consciously experience physical reality. As time collapses and we realize everything is always in the here and now, we energetically align our desires without much delay.

With more people realizing and understanding the idea of cause and effect, personal responsibility will be front and center, and we will take greater responsibility in all facets of our lives. More of us will understand that we are the causes of our experiences and not at the mercy of circumstances. As more of us embody our spirits and recognize our oneness, we will realize the futility of projections and judgments. All life is a mirror, and what we project or extend (as fear or love) is what we get back.

Accepting personal responsibility for our happiness means we can let go of the old ways of fear and manipulation and experience more conscious relationships. As we release attachments from within and consciously look at our expectations, we will breathe easier in our relationships. We will celebrate our differences rather than see them as sources of disagreements. When we balance our personal energies, we can approach relationships with confidence and unconditional love without the fear of loss.

### **Oneness Ends Collective Conflicts**

Energy medicine is becoming more mainstream.

For the past several years, we've witnessed signs of the collapse of allopathic medicine. Doctors and nurses are overworked and many parts of the world experience medical-personnel shortages. Pharmaceutical medicines are recognized as Band-Aid solutions rather than treatments for the root causes of diseases. All this comes to a head as the collective continues to awaken to the physical body's innate ability to heal.

We are awakening to the fact that the physical body is made up of energy; thus, we search for solutions to get to the root causes of our health challenges. Forgiveness, Reiki, acupuncture, meditation, shadow work, and chakra work are examples of energy-medicine practices many people already embrace. These will continue to grow in popularity as more people seek solutions and remedies from within rather than from without. Conventional medicine will still be needed for emergency situations, but even that will slowly diminish as we more fully embody our spiritual nature and our bodies become more energetic.

Physical reality will be recognized as being spiritual in nature. As we awaken to our inner stillness and inner spiritual realities, that shift in awareness will be reflected in the outer world. Remembering Source within will afford us with the clarity to see Source without. Transcending the physical body through spiritual awareness, our inner and outer worlds will become one. As more of us shift beyond the belief in separation in the coming years, we will have the direct experience of oneness — being one with Source energy and with everything and everyone.

This realization of oneness will be the catalyst that ends all collective conflicts. Judgments will be replaced with compassion and understanding. As we cultivate inner peace and value our respective vibrational frequencies in 2025, we will see greater harmony in the world despite what the warmongers attempt to project onto the collective. As we more fully awaken to who we are, we will recognize where we are: heaven on Earth — the New Earth.

Personal and collective adversities are opportunities to further grow and evolve. Integrating our local selves with our higher selves doesn't stop challenges from happening, but approaching and managing adversity becomes much easier as we apply confidence and the flow of nonresistance. Being centered in our beingness allows us to embrace challenges we no longer view as obstacles but as opportunities to expand and grow. Being spiritually aligned allows us to receive solutions from the clarity and wisdom of our higher selves; thus we find solutions faster and make more efficient decisions. As all minds join through oneness, the clarity we each experience extends to the collective, thereby benefitting all.

## More Will Be Called to Service

Many more of us will be called to service during this great time of change on Earth. This will lead to greater exchanges of ideas and solutions and new ways of looking at things. As new challenges arise that reflect the expanding collective consciousness, so too will new information come through our higher selves and spirit guides. The veils will continue to thin, leading to insights and new ways of approaching old dilemmas. Solutions will come almost instantly as we operate through the timeless state of the present moment.

Success will be redefined. The old model of success — based on achievements and what we acquire in material things — no longer resonates with the expanding consciousness of Earth. Now we deem success from a spiritual vantage point, recognizing our personal energy as spiritual currency. Seeing the immense value in focus and attention, we will no longer feed things with our vital energy that once mattered and were sources of drama or suffering. In other words, the new gauge for success is awareness of our inner beingness and the ability to maintain and expand our vibrational frequencies. Rather than competition, personal success is based on

the ability to look within, cultivate personal awareness, and recognize what needs to be released.

As humanity continues along its collective shift in consciousness, we must be mindful that the growing pains of change can involve discomfort. Ego-consciousness adversities were needed to spark the shift and will continue to do so until a critical mass is reached. We are almost at that point. We can mourn the old as it crumbles and falls, but new and even greater beginnings are on the horizon. We must trust the process and let go of how and when the New Earth will happen. It is more important to experience the here and now and the inner stillness of the present moment.

We each play a great part in this ascension process. The choice to be here on Earth during this time of great change is an act of courage, bravery, and unconditional love. Peace and love to all.

*Giulio Consiglio is a spiritual teacher and author of several books on spirituality, inner stillness, healing, psychic abilities, and extraterrestrial contact. His latest book, Your Inner Healer: Using Chakras and Energy Medicine to Achieve Wholeness, releases March 8, 2025. Giulio offers his consciousness-based teachings to individuals and groups. For more information, visit [GiulioConsiglio.com](http://GiulioConsiglio.com).*

# Humanity Is Coming to Its Ascendancy

MarkThrough Jonette Crowley

Welcome, sojourners. This is Mark. 2025 is very much the beginning of the Aquarian Age. There is now an opportunity for healing, knowledge, and technological and social breakthroughs that could not get traction before.

There is a “breaking open of a container” energy that has been too small for the coming acceleration and evolution of humanity. The end of 2024 and the beginning of 2025 will continue to cause fissures to the glass bubble that has been humanity’s nursery. The new world outside the existing bubble is powerful because it’s based on interconnected consciousness rather than individuated consciousness. The streamings of awareness from outside the current matrix will be disruptive on one hand and on the other hand will bring a resurgence of abilities and support from the nonlinear dimensions.

In short, linearity is cracking open into multidimensionality. There will be huge opportunities for unprecedented breakthroughs in consciousness. There will be breakthroughs in environmental balance and cleanup, health, and healing. Of course, all these breakthroughs

are much longer-term propositions than for just 2025.

2025 is a breakthrough year. But remember that breakthroughs often begin with breakdowns.

## Energies of the Future

**Big picture:** Financially, 2025 will be remarkably stable. Environmentally, you will continue to see global warming and the weather anomalies that come with it. Politically, in reaction to global changes, there will be pockets of fear and extremism and those who adopt a bunker mentality of only saving themselves. This is balanced around the world by a strengthening of positions in the middle.

**Self-responsibility:** There is a powerful wake-up call for people to exert self-responsibility and take action in the areas of their interest and expertise to support the greater community. The world will see less complacency, less following leaders blindly, and more activism that finds solutions.





**Spiritual:** The opening that the acceleration of human consciousness and the influx of spirituality is bringing will make for faster, smoother shifts in companies, governments, and societies toward compassion. They will move away from isolation and self-protection. The energies of the future are anything but isolating. They are communing, connecting, and expanding.

**Personal:** The role of intuition, inspiration, inspired action, and focused intentions will continue to bear surprising fruit. Much like the 1960s, there will be a groundswell of people all around the world who are caring, sharing, and taking action individually. A deep groundedness will be required as people re-ground through their hearts and not through their reptilian brains.

**Cosmic:** There is greater opportunity for interaction between humans, starbeings, and lightbeings of other dimensions. Humanity is coming into its ascendancy and out of its infancy. In this maturation, much greater cosmic help will be available. More people will be open to their spiritual gifts and trust what they get from spirit. All of you who are here during this transition of the ages absolutely chose this period to incarnate.

**Beyond timelines:** This new period gives birth beyond linear and predictive timelines. It is a period of vast multidimensional creation. November begins a series of breakthroughs that require a realignment of priorities nationally, internationally, and personally. Clear intentionality as to who you are and how you want to live is essential because it moves you out of victimhood.

**Two affirmations for guidance:** The first is a sense of exploration, always asking, “I wonder where this will take me?” The second is to remember: “Trust myself.” The answers lie in your present experience, not in past revelations or conclusions.

### Humanity's Bubble Bursts

Come back to a grounded state that is not run by fear, panic, or self-protection. Grounding through nature connects you to its cocreative template. Do your spiritual work. Find quiet time to meditate. Find your heart and your gifts. Make kindness an absolute commandment.

The hallmarks of the change will be when people stop blaming others and once again harness the power to create reality. Reality is more flexible than any of you know. The nimbleness and speed with which reality can change as consciousness opens is spectacular! This shift of ages takes people back to connection, and connection takes people back to love.

All this reconnects humanity with the greater multidimensional omniverse. Humanity has been in a bubble for its own protection. As that bubble bursts, there will be difficulties. But it bursts into a much bigger bubble. This is a time for looking forward.

*“Grandmother” Jonette Crowley is a globally known channel, mystic, teacher, and author. Since the late 1980s, she has channeled Mark and White Eagle. Jonette leads spiritual adventure tours that have given rise to her two award-winning books: The Eagle and the Condor: A True Story of an Unexpected Mystical Journey and Soul Body Fusion: The Missing Piece for Healing and Beyond. Both are published in twelve languages. For more information, visit [JonetteCrowley.com](http://JonetteCrowley.com).*

## Ascend Together: The Collective Rebirth

### Ascended Master Hilarion Through Lightstar

Greetings, beloved souls. It is a pleasure to speak with you during this timeline of great importance on your planet. I am known to you as Ascended Master Hilarion, and I am accompanied today by other great masters who assist humanity at this time. As such, I will refer to “we” in this message, as we speak as a collective ascended-master team.

### Justice Systems Transform

As we discuss the year 2025 and the nuances and energies that will be in play, let us first reflect on the momentum of 2024 and its significance. As you transition into the New Age (or Aquarian Age or Golden

Age — all these terms are relevant), know that change is a staple truth. Over the past several Earth years, many twists and turns have significantly shifted what you would term the “status quo.” One change is the upheaval in your justice system. Questions about the way justice is served (or not served) were raised from the depths for all to ponder and question. The importance of this was to allow everyone to witness and experience duality, corruption, and division in their raw forms at their very cores.

We see this scrutiny of your justice system extending into the year 2025. Some will attempt to change the very



nature of the justice system as you have known it. When we refer to these questions and changes, we look at them more objectively than most humanity does. We see this as allowing the duality to be revealed and scrutinized by the public eye rather than hiding beneath the surface as was the case in the preceding Piscean Age.

As you move more into the Aquarian Age in 2025, the judicial system will make a significant choice in terms of a massive resolution that shifts the global judicial landscape. You might see the same justice procedural aspects and think that nothing has changed, but the emerging undercurrents and energy will directly affect people's thought patterns and judgments that come from decision-makers. It will, in essence, become polarized to the point that even the strongest skeptics will not be able to deny what is occurring. These undercurrents have been brewing for the past few years, but huge changes and shifts will occur in this area in 2025 that cause humanity to rethink core judicial values.

### **Financial Decisions Require New Thought**

In 2025, the financial system that has been in place for centuries will come under such scrutiny that we see the potential for a downturn in the investing sector. The "market," as you term it, will begin to shift its values, bringing a global shift in what people want to spend their money on as they reevaluate their lives. This is also sparked by the challenges brought by cost-of-living increases that rose drastically in 2024. You are being given the opportunity to change your life and seek alternative lifestyles to compensate for these shifts. We remind you of one very important fact throughout these changes: You have the ability to manifest a bright present reality no matter what the exterior circumstances appear to be.

If you have dwelt in a consciousness of lack and scarcity, this is not the time to judge yourselves for not pulling out of it and shifting your consciousness toward abundance. We say this because the rules of your human game have changed. Timelines have shifted so drastically that thoughts of abundance and prosperity by themselves are not enough to change your reality. You need something more to steer your ship in a different direction. If you needed to dock a large ship and it was headed toward shallow waters, you would normally drop your anchor into a deep-enough part of the sea to prevent the ship from crashing directly into the shoreline. You need foresight and specific actions to drop your anchor into a deep-enough part of the ocean so that you stay afloat and the hull isn't torn apart.

In 2025, you must steer your life in a direction that leads you to a part of the "financial sea" that allows you to reach enough depth to securely anchor your financial foundation so that you don't wash ashore. This might mean that you have to completely overhaul your life,

choose a new career path, or shift toward new values. Mainly, you will need to refocus your financial life and choose from a new values-based mindset.

If you invest in the stock market and only invest in what makes you money from the old worldview, you might be surprised to learn that this model no longer serves you. You might search instead for other types of investments that more clearly align with your values and what is important for you, your family, and humanity's future. Carefully choose the things that are most in alignment with your new set of emerging values that also keep you anchored and feeling good about your decisions.

### **Take Advantage of a Review Period**

We always strive to empower you and to not go into fear. See 2025 as a reevaluation period to clear out the cobwebs and past patterns that have put you in limitation. The external financial outlook will return to balance after some turmoil but not for a while. This interim time is a good opportunity to look at how and where you limit yourselves in your personal expression. In other words, ask: "Why am I here? What did I come to accomplish on Earth? Have I done any of those things?"

2025 will be like a mini-collective life review to open up and search out every crevice of fear, crack of self-doubt, and nook and cranny of limitation. Explore, reassess, and recalculate your journey. This inner deep dive will serve you well in the coming years, so be diligent this year in rooting out the weeds of harm in your life.

You will see this type of energy reflected in the external world in global politics and governments. You will see more corruption and manipulations exposed and rooted out, particularly those people and groups with negative and harmful alternative agendas. You will learn of great governmental coverups and past destructive tactics that were not in alignment with the core sentiments of true and honest service to humanity.

What you see unfolding in 2025 might not look pretty, so you will need to harness your inner strength and remember that this uncovering is necessary to come to terms with what is important in the larger picture for humanity's evolution. This will be an important year to monitor your thoughts, motivations, and intentions and to identify which parts can stay and which must be released. This can bring up much sadness, grief, loss, and anguish. Do not hold on to what once was and is no more, for this will not help you reach new heights in your being. You must evolve beyond the limitations you have imposed on yourselves if you truly wish to have a solid anchor in the sea but still soar and explore your vast inner and outer worlds of greatness.

### **Light Matrices Offer Support**

We send you waves of light to assist you with any



trying times ahead. While the difficulties might feel daunting, we see the glimmer of light that shines at the end of the tunnel. You will feel as though you are energetically being reborn again. This new wave of enlightenment into this Golden Age is just that: golden.

See your inner and outer worlds this year infused and enveloped in a golden ball of light energy. Place in the core of this ball of light a smaller, silver-colored liquid ball of light. This silver light will help you offset challenges and not let difficulties cloud or distort your core foundation while you're in the midst of rebuilding. This will indeed be a challenging time for many of you on the planet, but it is also an exciting time for you to supercharge and uplevel your energies. 2025 will be a time of replenishing and rejuvenating spiritual energies.

Great quantities of powerful energetic light codes will pour onto the planet in 2025. You might not see them, but they are indeed present and being downloaded onto the planet from the ascended realms and higher angelic councils of light. Utilize and harness these light codes when you close your eyes. As you breathe in through your nose, imagine breathing in tiny sacred geometries that glow with color.

You will each visualize these master codes differently. Some of you will see them as familiar but simple geometric shapes, such as spheres, diamonds, squares, and so on. Others will experience them as complex and detailed codes or even interpret the matrices of light. They will all glow with higher-dimensional frequencies.

As you breathe in these codes, they will go to the exact area in your physical, mental, emotional, or spiritual body where they are most needed for support, depending on what you are experiencing. These light matrices are gifts of support from the light councils and higher realms to assist you in this transitional, turbulent year.

### New Ascended Masters Arrive

In 2025, you will witness a grand reorganization of spiritual and divine coherence. Leaders will abruptly shift positions, and policy changes will occur at a rapid pace. The saying "as above, so below" is a fitting analogy for this year. Transitions will also happen in the higher realms involving a massive change in spiritual structures. Many ascended masters will graduate and move on to other realms, assignments, or states of consciousness, and new souls will come in to take their places. Some of these souls will be human. One might even be you!

Change is ever-present in the spiritual realm. Our perspective of change is very different from your human perspective. We see change as an essential part of the journey, and we welcome it with open arms. When you cross over from an incarnation, your soul lives on. You probably grasp this concept by now, as you have likely experienced your soul in past incarnations. The

soul keeps changing and morphing into different expressions of itself to experience new energies. We ascended masters also evolve and grow.

Many of you desire to step forward into higher expressions and experience being walking masters on Earth. This collective soul desire has propelled many ascended masters not in current physical incarnation to make new choices and allow other souls the opportunities to exhaust their energetic status. This could look like crossing over to another realm, shifting into a different timeline, or walking Earth as a master.

This ascendancy transfer will progress for a few years, but the initiation begins in 2025. It will happen because we ascended masters wish it to and because a growing number of human souls desire to make these up-level decisions. Part of the process of these higher-dimensional light codes we spoke of is also related to this transference of energetic codes. We are truly excited to see many more of you step forward into your full power to be of greater service to humanity and to help amplify more concentrations of light and love on the planet so that others might awaken and evolve.

### You Chose to Be Here at This Time

2025 will be an important year in the cycle of change that is to come. Remember that you chose to experience this time on Earth and to be a part of another great awakening on the planet. The waves of indigos, crystals, rainbows, and even diamonds entering the planet are all receiving instructions. These new instructions will also accelerate your growth as part of humanity's evolution.

You each have a different role to play in the collective consciousness, and every expression is vital to the whole. Do not minimize your light; shine it brighter. Do not underestimate your power; accept it. Do not shy away from love; embrace it. You have a grand opportunity before you in 2025 to purify, purge, and cleanse darkness from ever being able to hold you in any way once and for all. You will witness a great collective cleansing, but you will also be much stronger for it in the end.

In the interim, we send you much love, light, and brilliant energies to support you through it all. Call on your higher self for guidance, and tune in to our frequency codes to assist you along the way. The angelic teams are also always there for your assistance. This is what we do, so do not be afraid to call on us for help.

Know that we love you so very much. Until we speak again, Hilarion.

*Lightstar* is an internationally acclaimed, high-frequency attunement artist, celestial channel, and author. She is passionately committed to guiding people to discover the truths of their souls and realign with their natural states. Her light-language sessions activate soul memories and healing codes. *Lightstar's* two best-selling oracle decks are intuitive-strengthening tools for self-transformation. Learn more at [LighstarCreations.com](http://LighstarCreations.com) or email at [Lightstar@lightstarcreations.com](mailto:Lightstar@lightstarcreations.com).

# The End of Duality

## Angel Raphael Through Adria Estribou

This is Angel Raphael. We speak now of the calendar year 2025 for New Earth. This is an enlivening year, without a doubt, with the crystallization of purpose, desire, and regret. In other words, if you were a crystal with a point on both ends, you might feel poignant both about what you want to move toward and what you want to move away from. It is, in many ways, the culmination of dual nature.

Duality (polarity), as you know, is one of the hallmarks of Earth's expression, and it has been for some time. As we move deeper into New Earth, this will no longer be the case for all. You will open into a wider field of choices where push-pull, hot-cold, and rich-poor are no longer the benchmarks.

Like any great dance or crescendo of music, there is a culmination — a point when things become more loud, more fierce, and more vibrant. For duality, 2025 is that type of culmination.

It is a year of extremes, but only if you want it to be so. In other words, because you are also opening to New Earth energetic ways of being, you do not have to tolerate or endure the supposed extremes that the world has to offer in 2025. You may notice them. Be aware, and be compassionate. For many this year, it will be like the double-edged spear point of desire and regret.

### Focus on the Non-dual

When we say you have a choice, we do not mean that you should just lean into one point or the other. Let's say you are someone who loves to do shadow work. You could focus on the backward-leaning point, which is looking at regrets and so on — things that have gone wrong— and seeing them with great clarity in order to heal, transform, and transmute that energy within you. We do not think you should lean into, "Oh, great, I'll just focus on what I desire and forget regret. I'll let others worry about that."

We suggest that if you do not want to be caught up in the fervor of this culmination of duality on Earth, you should focus on the non-dual. Bliss has no opposite, for example. Love, although it has many flavors, is not on this kind of dual plane. Love-hate is not really a duality. Love, bliss, and service are some of the things that don't have a dual point. And if you focus there during this year, it will be a generative, soft, or creative time for you.

If you focus on one of the points, you must have both.

In other words, if you're going to be in the world of duality, it's going to be a very sharp year. If you are willing to rise above in some sense, such as coming into a new paradigm without regret or desire or letting the world "shake it out" and not being so concerned, then it will be quite a lovely time. This is your choice in the coming year.

### Emphasize Love, Bliss, and Service

There will be many who struggle because they will feel the fierceness of their desire and the ferocity of what they regret. This can happen individually, but most often this coming year, it will be societal and collective as well. So you will see whole tribes, nations, groups, villages, and towns focus with great alarm on what they regret about what has occurred in their past history. You will see the term "injustice" thrown around quite a lot, because of those who desire something and feel it is unjust that they do not have what they want.

There are other qualities or functions that you could focus on that are non-dual, but we offer for your consideration these three: love, bliss, and service. After you emerge from this coming year, all will change within and without. Then the choices will be a little more obvious and less stark. They won't seem so loud; it is like the time when the symphony, after the crescendo, softens, then picks up some past themes, perhaps, but most often does not end on such a high and loudly vibrant note.

Although this is the culmination of duality, it is not — we repeat, it is *not* — the culmination of Earth or humankind on Earth, or "plant-kind" or "animal-kind." It is the culmination of duality. After this year, the non-dual begins to take forefront. There is not one day or hour when you could say, "Ah, that's when duality ceased to be." We don't mean that it will be quite so clear as that, but it will be so loud in 2025 that you will see it will never be so loud again. (Yes, we mean "loud" as a metaphor here.)

**Adria Estribou** is a joyful mystic who helps you consciously create the life you choose. Along with the angels she channels, she gives you tools to thrive in the New Earth energies. Her latest book, *Angel Insights for Unprecedented Times*, is an international bestseller. Adria is a conscious channel, animal communicator, and intuitive guide. Learn more at her website [AdriaEstribou.love](http://AdriaEstribou.love), Instagram [@AdriaEstribou](https://www.instagram.com/AdriaEstribou), and youtube [youtube.com/c/AdriaEstribou](https://www.youtube.com/c/AdriaEstribou).





# A Massive Global Transformation in Consciousness

Oneness Through Rasha



There is much we are here to say about the state of humanity at this moment in time and in the state of the planet that supports what you think of as life. This crossroads in time and space is on the threshold of a massive global transformation in consciousness. The precursor to this radical shift is already well underway, and its effects can be felt throughout all of creation. The transformation of which we speak is not limited to planet Earth alone but resonates within the very essence of all life.

The shift in awareness of every life form is the driving force behind the radical changes you can see in every aspect of life as you know it — and, no less, within the very essence of all that is unseen. There are worlds within worlds that are unknown to you (unknown to your physical senses), yet they coexist with you in the here and now you consider to be your world.

There are worlds that manifest as subtle variations on the theme you think of as your reality that are merely minute differences in your essence yet are imperceptible to you. These worlds are equally in the throes of massive change. Shifts in awareness are nudging all of you, slowly but surely, toward unification with the common essence that beckons from within each of your hearts.

The force driving all of creation toward the reunification with oneness has awakened within the sacred core of all of you. Aligning with the momentum driving these changes is the task at hand.

## Notice the Underlying Shift in Your World's Vibration

These times, and the widespread political and personal upheaval that has characterized it, are a reflection of an underlying shift in the vibrational foundation of your world and all who dwell within it. Stabilizing your sense of who and what you are in the face of discord and provocation is a primary challenge for each and every being who recognizes the shift taking place within the depths of all of you.

Remaining centered and grounded in moments when the circumstances of life threaten to throw you

off balance will go a long way toward enabling you to keep your footing amid the turmoil that may characterize what is to come. These times are different from all that has gone before. It is far too easy to simply float when the current seems calm and risk being pulled under by the rip tides of change that may well lie ahead. “Be aware” and “be prepared” are the keywords now.

The popular phrase “expect the unexpected” is a motto all would be well advised to adopt in the times at hand. Assume nothing. Take nothing for granted. The conditions that will characterize the times ahead require resiliency on the part of those whose destiny it is to help see humanity through the days and years ahead. Those among you who know, at a deep inner level, that it is your life’s calling to act as a lamplight and help guide the masses to higher ground will be led from within to become a source of stability for those around you. You may become a rock for many — a beacon of strength to cling to when the solid ground of the familiar begins to rumble.

For some, the currents of change may be sudden, unexpected, and ruthless. Those who are destined to assist in the birthing of the world of the future will, themselves, have undergone much of the upheaval slated for the times ahead well in advance of the masses. Much preparation has already taken place in some of your lives, and this is reflected in the level of radical change you may have experienced in your life circumstances in recent times. And much to your own amazement, you have often weathered these storms — rode through the imagery of devastation in your personal lives with relative ease — and emerged, for the most part, unscathed.

You will discover that the catastrophic outcomes that were once presumed to be part of the dismantling of your life circumstances are not necessarily the case now. When you become conditioned to letting go — releasing the conditioned grip on the time-worn imagery of your situation — it becomes possible to allow fresh, more appropriate circumstances to emerge quite naturally.

Nonresistance to the momentum of change is the

lesson and the opportunity of the moment. This is the transformational tool that will guide you steadily forward.

## The Momentum of Ascension Is Unstoppable

The impetus fueling these unprecedented changes is the steady shift in the energy underlying all of creation, for the momentum of ascension is unstoppable. Nothing is immune to its impact on the sense of personal growth and well-being — or impermeable to the inevitable changes in the material circumstances of life. The acceleration of the energies all around you are an innate characteristic of the moment at hand, and the higher frequencies are calculated to bring about a steady shift in your perceptions as well as in your approach to life and living.

Suddenly, you will discover that there is an underlying sense of joy to be found in the smallest moments of life experience. Suddenly, there is an uncanny sense of ease in the way circumstances magically seem to come together so that things work out perfectly. Suddenly, you are able to let go of the ingrained beliefs that steadily undermined your hopes and dreams — and operate your life from a place of allowance, or a willingness to stand

back and watch life unfold in the direction it's naturally headed.

You will find there is less of a compulsion to try to make a result happen by sheer force of will and more of an inclination to be a participant in the cocreation of a best-case-scenario outcome when challenging situations arise. You will start to find that life isn't so much of a struggle anymore regardless of the actual circumstances you're facing. The solutions find themselves somehow, and things work out to your advantage, sometimes with no rhyme or reason as to how that came about.

These are the natural characteristics of life at the higher vibrational frequencies toward which all of humanity is now headed. These are the experiences you've begun to observe in your day-to-day life as the momentum of ascension guides you steadily forth, toward a new kind of world that is dawning on the not-too-distant horizon.

***Rasha** is the author of the spiritual classic, *Oneness*, and other books in her *Oneness* series. She awakened to her inner calling as a messenger of divine guidance in 1987 and began working with *Oneness*, the Divine Presence we all share, in 1998. American by birth, Rasha now lives at the foot of the mystical mountain Arunachala in South India. For more information on Rasha and the teachings of *Oneness*, please visit [OnenessWebsite.com](http://OnenessWebsite.com).*

# A Benevolent Way to Create Change

## Allaenea Through Wendy Rowley

Dearest beings of light, this is Allaenea of Cosmic Service, a Pleiadian Mother of Sound. Peace be with you. In this new cycle starting in 2025, there is much benevolence unfolding at the higher levels of your planet. This benevolence is the increase of the Divine Feminine at the periphery and interim grid, which is the soul creation grid that sits between the human consciousness grid and the Christ, or soul mastery, grid. You connect to the mastery grid when you first come to the planet and hook in to the Earth system as a soul group for the intergalactic travel that you usually do in soul groups for a particular mission.

The Earth souls' mission is to enliven the planet with the Creator's divine intelligence and forces. Does this include evolution in humans? Yes. Does it include the evolution of Earth? Yes. Does it include the evolution of the astral and etheric planes of Earth? Yes.

What is the particular purpose for everyone at the soul group level enmeshed with the Creator's love and

what we call the Creator's engine of change at the periphery of the planet for the coming year? Every annual galactic cycle has an overarching soul purpose. That purpose in 2025 is to understand that there is a more benevolent way to create change.

There is great unrest on Earth at this time, and from our perspective, that is normal at the great shift of a planetary cycle. This is the turning point from the decision to become an enlightened planet and beginning the process of enlightenment. So there are opportunities despite the unrest, and this is what we wish to share with you.

## Recognize Potentials in 2025

There are potentials now overlying challenging times that will allow humans to create great change in consciousness and in action. We will describe three events of this nature in 2025.





**First event:** This will occur approximately in April. Remember, we do not have the same time frame that you do, which is why we say “approximately,” and it will be an acceleration of war. There is a benevolent timeline above this that people can tune in to, to soften this potential. So how does one do that? There are three things that can contribute to benevolent change. The first and most important is to ask for the benevolence and divine intelligence of the Creator to align with you and this concern. The second thing is to align and ask that it be for the best and highest good of all. And the third thing is to engage within yourselves in right heart, consciousness, and action.

What does engaging in right heart, consciousness, and action really mean? It means that the consciousness of the human or group must be different from the consciousness of those who are engaging in the action that does not serve the greater good of all. It also means that the heart must be aligned in benevolent compassion and the intention should be for the greater good of all, for who really can determine the divine intelligence of the Creative Source? This is something that humans cannot do at their stage of evolution in the current time frame. In the future, each person and soul group evolves to know the divine intelligence of the Creative Source. This is the way the system of planetary evolution is designed.

There is also a part that has to do with right action. So what is right action? Right action is action aligned with the greater good of all, an open heart, and the idea of graceful, peaceful change. There are two ways to create change: through the disturbance of the status quo and force or by the alignment in peace to the greater good of all. What we are hinting at is this: There is a time when it becomes necessary for the greater population to speak up. Three times in 2025, your desire for peace and the end of war needs to be made known to your leaders. To stimulate the higher potential of the three events in 2025, there needs to be a collective of souls on Earth who express the opposite polarity.

This is difficult at this time because of the way people manipulate peaceful groups in protest. There are indeed agitators placed within these crowds. There is a way to do this differently. The protest can be a social media event. Think of the most benevolent ways for you all to get your message across the world, no matter what your group. It is time for this old paradigm to end or at least for the many of you who no longer wish for war to speak up. There needs to be an expression of the opposite consciousness.

Why are we saying this? At the collective soul group level out in the greater field of the periphery of the planet where the Creator's benevolence and engine of change are, a balance of consciousness needs to register, for that allows the engine of change to bring in different potentials.

For the many of you who read this Journal, it is well known to us that you are the peace lovers, the lightworkers, those who yearn for a new way, and the older souls of Earth, so this idea of speaking up is not completely strange to you. It's not something that people generally think about, so we want you to be aware that your right action and call for the end of war or other events or behaviors balances consciousness forces at the periphery of the planet. You serve the greater good of all when you unite behind a benevolent cause, and this registers within the noosphere, the collective consciousness, of Earth.

**Second event:** In July, it would be a good idea to put a consciousness balancing wave in the ethers before, during, and after this event. For this time frame, there is another potential for something at the global level that is not necessarily a war but is indeed perceived as a warlike action.

**Third event:** In September, it is time to do another media blitz of consciousness balancing. There will not be a war or warlike behavior, but there is a great potential for a political form of espionage to be revealed. Putting out a balancing consciousness in September before, during, and after would be a great idea.

You can still create profound change just by doing this. Although it seems like an outward action, it is actually a consciousness message release to Earth. And in the release of a balancing consciousness, change is possible within potentials and outcomes. This is a benevolent, easy, and beautiful way to create change for the greater good of all in alignment with divine intelligence and an understanding of consciousness balancing at the global level.

2025 will have a similar pattern to 2024 because of the increase in the Divine Feminine energy in the creational levels at the periphery of the planet. So the year will be partly challenging and partly more benevolent. If your project is meant to happen when the new Divine Feminine comes online in 2028 and 2029, then your project won't go forward as easily now, but you can still work toward it. Some projects will have creative bursts and then stall, so this is a good time to refine and rework the previous creative burst. For many, there will be the feeling that things are not going to work out for half of the year, but they will work out the other half. You can expect the same cycle in 2026, but 2027, 2028, and 2029 are going to be very different because of the subtle energy of which we speak.

### **Come Together in Benevolence**

By then, this divine intelligence will be percolating in the astral and etheric energies of the spirit body of the human family. It will feel very sweet and bring in a renewed sense of hope, for the Creator would not leave you with a one-sided feeling when you are going through

the great shift. The system of Earth and the Creator's energy of healing, change, and evolution always have a higher benevolent octave available to attune to and drive forward right evolution. So, you see, evolution is required so that many things can go forward. Many on the planet understand that in this time, there is the need to come together in benevolence to create this grace-filled change.

You will also see an increase in people organizing benevolent events, social media gatherings, and webinars. Engaging in any of these feeds the consciousness at the periphery of the planet. This one [Wendy] interviewed Dr. Rollin McCraty from the HeartMath Institute, and he said, "We have come up with the saying, 'What are you feeding the field?'" We think this is a beautiful, beautiful thought that needs to come forward. It is part of the great shift in consciousness: You are all connected, and what you feed this greater field at the periphery of the planet is important.

There is also the potential in 2025 for some extra things to be engaged with at the high creational levels based on how consciousness shifts on the planet in this galactic annual cycle. Expect the same thing in 2026. Realize that you are now, in real time, in a new akashic paradigm that is changing on Earth. Your intentions will affect this new paradigm. One of these potentials is for new engagements to be made in the interim spirit body of humans with a little bit more connection to the divine intelligence of the Creative Source at the soul level. This is your teaser to help uplift you in 2025 as a bit of a carrot, a goal, and a potential to actively be part of the change, for as you change, so changes Earth.

### Adjust Your Consciousness for the Greater Good

The final thing we would like you to know is that you can make a difference just by adjusting your consciousness in alignment and intention, and you can also ask

your soul to do the same thing. You can ask your soul to engage in the new divine intelligence for the greater good of all, which is a revolutionary new concept. This can be done before you go to sleep, when you first wake up, and during your meditations and contemplations that this one calls living daydreams.

A living daydream is a creational force that runs between the soul and human as a pathway of creation and intention. This one had no idea that there was a special pathway for this. It is like a pathway of ideals. An ideal is something of high intention that is a goal to become, manifest, or live within. You can begin this high intention in the creation information pathway, which means engaging the creative consciousness of humans actively with the soul. There is another reason for doing this: This is also the pathway where the Creator's inspiration flows to humans. The pathway is getting upgraded from the old paradigm to the new, and this happens at the midpoint of 2025. So by tuning in to this through 2025, you are also sending a message to your soul to move to the upgraded inspiration and creation informational pathway.

Expect 2025 to be a year of ups and downs that move so quickly that it is almost hard to know what's up. There is much going on around the world to grab your attention, but we encourage you to keep your communions with the Creator and your intentions in benevolence for the greater good of all to feed the consciousness field with balancing forces.

This is what we wish you to know this day. You are dearly loved. Expect benevolence in all you do. We bid you adieu.

*Dr. Wendy Rowley is a licensed naturopathic doctor, multi-level clairvoyant, reader, energy healer, intuitive channel, and archaeologist of the soul and energy anatomy. She is also a teacher, lecturer, writer, artist, and gardener with a thirty-nine-year deep calling to meditation, energy medicine, sound, and spiritual healing. Wendy assists in activating individuals and groups to connect to deeper levels of creativity and healing in their journey of cocreation. Visit her website at theWonderofHumanDesign.com.*

## Descension: The New Way of Light Mastery

### The New Ascended Masters Through Maurene Watson

The old Earth universe ascended masters and the New Earth ascended masters have raised all space-time distorted and trapped energies into the lightbody. The new ascended masters are finishing their ascension process in preparation to live, mentor, and teach the angels

on Earth and the new ones coming in now. The light angels are learning how to become their own unique consciousness and energy by descending their sun-stars' plasma into the diamond,





then crystal, and then liquid light matter conversions. This must be, since Creation creates through these different states of primordial water. One drop of water contains all the information needed to create new life.

The descension process allows Gaia to host her enlightened New Earth star-sun to birth/host the new angelic divine human for the new cosmic race. Hence, the angelic realms will descend and embody the new superhuman species on Earth, which is the only planet in the cosmos to master and mentor lighted love and meta-sense experience. This allows New Earth to fulfill her heart's original blueprint to house a new cosmic species and become the only planet of love and embodied light. This also allows the angels here to support the angels on the New Earth, who only know light and have never had bodies, to learn to become their own creators as the new essence superhuman race. There is no greater power in the cosmos than this creational relationship.<sup>1</sup>

What will the angelic divine humans learn, you ask? They will grow and learn that only through self-love and self-acceptance within the core-essence code can they birth and descend their stellar beings into a biosphere in an illuminating heart sphere of light. This allows them to explore the new infinite unknowns of light fusion to be lived as stellar sun-beings of light, where they can light travel, imprint manifest, and create in their heart awareness instantly; meta-sense their sensitivities; and enjoy the qualities of their textures, weaves, threadings, sensations, and smells, as well as the candies of their souls, which are sheer omniplesure and naturally lighted joy anchored in light gravity. They will experience human-soul qualities of friendship, love, joy, laughter, human touch, food, and nature's species.

The divine humans will also open their soul coding for descension and live and manifest them in joy as they play; imagine new life in their relationships, careers, loves, and all other areas of their lives; integrate their divine-human essence; and live in the value of their essence existence. They will enjoy New Earth as it becomes the only planet of enlightened essence humans. They will continue to expand their lighted love throughout their travels with Gaia. They will naturally be able to telecom, tele-sense, and tele-communicate through their wondrous meta-senses with all species.

## The Angelic Pioneers

The new ascended masters and lightworker channels who are now establishing the new light network platforms will continue to be mentors until all are no longer using the density of old Earth but the quantum density of their heart-sphere's light gravity density with all life

waves. Light gravity density allows their soul essence to ground their light vessels as Gaia and all life waves move in parallel to her light's quantum gravity density, which will be the new standard for embodiment for all the next generations being born.

These angelic pioneers will continue to be mentors because they all have experienced old Earth's trapped density energies though suffering, struggles, abuse, holding back their light, belief in their unworthiness and lack/limitation, polarity, and emotional-mental programming from other soul-human lifetimes or from their parent's DNA ancestral soul-spirit families. They understand how to quickly assist those experiencing initiation or moving into lightbody stages.

The new angels and the angels being born will sense this wisdom illumination and understand that although they will not be caught in it, they will sense it. However, as lightbody gravity grows in all angels, New Earth, and the cosmos, it will no longer be sensed because their DNA coding has already incorporated it in the akasha records of the new human-essence species for the new cosmic race. Again, this frees up the new angels to explore the infinite unknowns of light fusion to be lived as stellar sun-beings of light.

Hearts are excited to watch the entire cosmic fulfillment as they grow their lights into expanding what love means to them. You can imagine that a glimpse of this is like watching the new children of the cosmos play with their toys, games, imaginary figures, heroes, or space-light travels. Everything they create comes from the imagination of Creation living through their unique imaginations.

Indeed, it is the divine right of the essence-DNA and natural for all species' kingdoms and life waves to receive from the creation-essence of each soul's illumination and play in the theaters of creation through the direct experience offered by life. It is also the greatest power and joy of the cosmos to allow all divine-human essence souls to experience their imagination, illumination, and communication in the next cosmic cycle of light evolution. There is no greater joy or power for Creation than to experience through its creations.

1. For more information, see Maurene's book, *Super Humans in Light Fusion*.

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# The Year of Divine Becoming

The Sirian Blue White Collective Through Dr. John Ryan



Greetings, dear ones. We come to you now to discuss the energies of the forthcoming year, 2025.

In recent years, our focus has been on awakening the twenty-fourth chromosome and activating the twelve-strand DNA, alongside the development of the crystalline diamond lightbody. This preparatory work has been crucial for the energies that will begin to flourish in 2025. This period has been one of quantum energetic preparation and integration, setting the stage for a time when these energies can be fully utilized and manifested. We therefore refer to 2025 as the year of divine becoming.

As the new crystalline matrix of Earth stabilizes between 2024 and 2026, you will notice significant changes in the power and presence of awakening humanity. A wave of positive and uplifting consciousness and energy will anchor the foundation for a new future for humanity. Although moments of resistance will arise, creating a perception of setbacks, those dedicated to awakening and spiritual evolution will experience a renewed sense of buoyancy that will help maintain a high vibration.

Lightworkers, lightbearers, and those who hold this soul purpose without conscious identification will play increasingly prominent roles. This will manifest not only on the world stage, where positive changes in sociopolitical structures will emerge led by those who genuinely care for humanity's well-being, but also quietly behind the scenes among those working in consciousness and quantum creation.

If you are drawn to the work of the Sirian Blue White Collective, you are undoubtedly among those whose expanding crystalline integration is being utilized to work within the crystalline fields of the ascending planet, planting the seeds of future evolution in the fertile fields of integrating starlight. You are part of the magnificent cohort of new humans, crucial in establishing the energy and planting the seeds for future consciousness.

## The Crystalline Structure of Human Energy Anatomy Is Evolving

Through our transmissions and integrative meditations in 2024, we have spoken of the evolving crystalline structure of human energy anatomy and how the human biofield is transforming to support the ever-expanding pulses of light catalyzed by the integration of the twenty-fourth chromosome. This is the development of the

diamond lightbody — an enhanced quantum crystalline energy body that is weaving into the human energy system and heralding new potential and power.

As the human energy system — including the seven chakras and four energy bodies — is enhanced through this process, the connection and communication with Earth's crystalline structure are also expanding. The crystalline grid of the planet is undergoing its own expansion and awakening process.

As the crystalline grid increases in capacity, humans will feel a deeper sense of interconnection within this common quantum space — not only with Earth herself but also with the human family. Alongside this greater connection will come a recognition of greater power. Your thoughts, words, intentions, and the love-based flow of consciousness you create will begin to manifest in new and powerful ways. It will seem as if the universe has awakened and begun to listen to the whispers of your heart. In truth it is a recalibration, renewing the communication that has always existed and allowing you to know in the depths of your soul how dearly you are held.

We encourage you to begin planting the seeds of the world you wish to see and become. Engage in group meditations, hold visions of future consciousness within the field, and open yourselves as energetic channels for geometric seeds and higher light codes to be delivered into the planet's crystalline matrix.

The crystalline grid provides a potent field of creation where seeds of the future power and potential will be planted and begin to flourish in the seasons ahead. Lightworkers will be increasingly called to plant these seeds of consciousness and learn to live by these higher principles.

## Old Systems, Energies, and Power Structures Are Dismantled

As you move forward into 2025, you will notice resistance, frustration, and energetic blockages being dismantled that have been prevalent in 2023 and 2024. A breath of fresh energy and power will fill your hearts and minds as you step into the future. Simultaneously, there will be a greater dismantling of old power structures and



energies that are a part of the old system and cannot carry forward into the new energy. This dismantlement could, at times, create a sense of chaos on a planetary scale as the fractures holding old energy patterns in place break down.

You will also experience a return to balanced energy and an awakening of the Divine Feminine. This energy, which has been suppressed in the old paradigm, will rise to prominence. You will see an increase in female leaders worldwide and a greater understanding of compassion, wisdom, and nurturing qualities in the seeds that are planted and the plans that come to fruition in the coming months.

As you progress through 2025, an ever-expanding hopefulness will unfold, supported by the greater

energies surrounding you. Embrace this time of becoming with open hearts and minds. Know that you are the architects of the new world being born, and always remember you are not alone.

As we remind you so often in our meditative times of union: through the light of the eternal sun, together we are with you, for we are one.

Welcome to 2025 — the year of divine becoming.

*John Ryan, MD, is a professor of medicine and a practitioner of energy and consciousness-based medicine. He is an author of Unity Field Healing Vol. 1: Foundations of Energy Medicine and Quantum Healing and a founder of Unity Field Healing (UFH), a new quantum process based on conscious activation of the DNA field to support healing and personal evolution. He channels the Sirian Blue White Collective, which supports UFH and humanity's ascension by DNA enhancement. You can learn more at his website: [UnityFieldHealing.com](http://UnityFieldHealing.com).*



# The Crystalline Universe

Jaap van Etten

## Expanding Crystalline Energies

In the previous article, we explored the process of awakening the potentials of crystals and stones.<sup>1</sup> We discovered that this awakening is a complex process, as the layers of crystal and stone energy fields increased. These layers — crucial for the process of activation — are not haphazard but organized in groups of twelve.

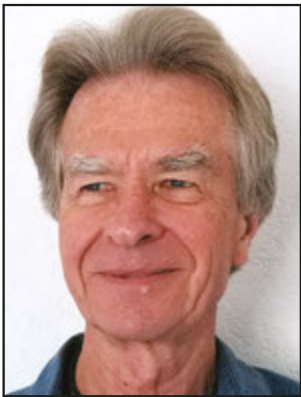
Most crystals and stones have one group of twelve layers, but some have two groups. Only a handful have three, and quartz possesses an astonishing six groups of twelve layers (see image 1). This article delves deeper into the intriguing process of activation, highlighting the crucial and powerful roles of crystalline energies in this process.

### The Groups and the Human System

Before we discuss activation, it is vital that we examine the relationship between crystalline energies and the human system. Image 1 illustrates this relationship, emphasizing how crucial crystalline energies are to our lives. In fact, all life on Earth is intricately connected to these energies that Mother Earth provides and on which we all depend. This interconnectedness is a powerful reminder that we are one dynamic, interactive system, thus fostering in us a sense of gratitude and appreciation for Mother Earth.

We can see interactive systems even in our bodies, as we humans are walking ecosystems. We have more bacteria in our systems than cells, resulting in human and bacterial genomes that determine our well-being.<sup>2</sup> We are filled with fungi and viruses. All these systems

make up the human being, or rather the ecosystem we call a human being. Bacteria determine our health and well-being, including our emotions and thoughts. Does this mean that our thoughts come from the human aspect, or are they the summation and interpretation of our microbiomes?



Number of energy layers

|    |   |
|----|---|
| 72 | All quartzes  |
| 60 | All quartzes  |
| 48 | All quartzes  |
| 36 | All quartzes, moldavite (4%), nebula stone, kambaba jasper, Sarsen stone, Preseli bluestone   |
| 24 | All quartzes, all calcites, nebula stone, kambaba jasper, Preseli bluestone, fossilized whalebone and coral, amber, moldavite, Sarsen |
| 12 | All crystals and stones   |

Image 1. The relationships among crystals, our six energy bodies, and the twelve-layer crystalline groups

This complex human ecosystem interacts with other ecosystems, and we can see all life forms as ecosystems. These walking and standing ecosystems we call “life forms” all depend on crystalline energies. This interconnectedness is a powerful reminder that we are all part of one dynamic, interactive system, which fosters a profound sense of unity and belonging.

### The Physical Body and Group 1

Table 1 gives an overview of the different energy bodies and groups of crystalline energies. In the overview, we see that group 1 is directly linked to our physical bodies. As we saw in image 1, all crystals and stones have at least one group of twelve layers. That means that all crystals and stones help our physical bodies stay in optimal states. We express our spiritual purpose in this world through our physical bodies. When our physical bodies don’t function optimally, we cannot fulfill our spiritual purpose in this lifetime.

It is not easy to correlate the twelve layers of group 1 to the different parts and aspects of the human physical system. While a correlation exists that shows specific crystalline frequencies corresponding to certain parts of the physical system, they are interactive and integrated systems in which all parts participate. In addition, we have seen that we are ecosystems, meaning that to function properly, our physical systems totally depend on the viruses, bacteria, and fungi that are integrated parts of our systems. I initially found a specific correlation between the twelve layers of group 1 and certain parts of our physical bodies — such as the nervous system, blood, muscles, and organs — but I now know that this was based on a limited view even though aspects of it are still correct. More research and a deeper understanding of our microbiome, virome, and fungal systems are needed to indicate the resonance between the layers of group 1 and the parts and aspects of the physical system.

### The Etheric Body and Group 2

For a variety of reasons, we don’t function optimally in this physical world. One crucial factor is the mind, especially the lower mind, which is directly linked to the physical system. We build our minds through our life experiences and build reference systems based on these experiences and their emotional aspects.

Our minds are connected to our etheric and astral bodies. Our etheric bodies hold some of the emotions we have experienced, especially those we haven’t fully dealt with. These emotions from past experiences powerfully influence our daily lives and directly affect how

| ACTIVATION LAYERS, GROUPS OF 12, AND THE RELATIONSHIP WITH THE HUMAN SYSTEM |                   |                       |
|---|-------------------|-----------------------|
| Groups of 12  | Layers and Shifts | Our Bodies and Worlds |
| Group 1   | Layers 1–12       | Physical World        |
| Group 2   | Layers 13–24      | Etheric World         |
| Group 3   | Layers 25–36      | Astral World          |
| Group 4   | Layers 37–48      | Emotional Body        |
| Group 5   | Layers 49–60      | Mental Body           |
| Group 6   | Layers 61–72      | Spiritual Body        |
| Group 7   | First Shift       | Third World           |
| Group 8   | Second Shift      | Second World          |
| Group 9   | Third Shift       | First World           |

Table 1. The human energy body and its relationship with crystalline energies

our physical bodies function. We all experience the effects of emotions on our physical systems to some degree. The challenge for most of us is that the emotions stored in the etheric body are mostly connected with our subconscious minds, meaning we have no — or only limited — awareness of them.

Our etheric bodies correspond to group 2 of the twelve layers. While it might seem easier to correlate the layers of group 2 with the different emotional aspects of the etheric body, I believe that the lack of a deeper understanding of the emotional aspects connected to the etheric body prevents making a reliable correspondence between these systems.

All stones and crystals have at least one group of twelve layers and support the physical body, but the group of crystals and stones that simultaneously hold two groups of twelve layers is much smaller. Image 1 shows the crystals and stones in this category. These crystals and stones simultaneously support the healthy functioning of the physical and etheric systems. Of course, this is only the case when we can activate both groups of twelve layers, at least to certain degrees.

### The Astral Body and Group 3

The second part of the mind includes our beliefs and corresponding thoughts. Strong interactions occur between emotions, thoughts, and beliefs, which is why the whole system is called the mind. The energies of beliefs and emotions are different, however, resulting in the connection of our thoughts and beliefs to the astral body. As mentioned, emotions are connected to the etheric body.

The astral body corresponds to group 3 of the twelve layers. Image 1 shows that with each consecutive group, fewer crystals and stones can hold the frequencies of all three groups. We now see the number reduced to these



crystals and stones: quartz (of all kinds), nebula stones, Kambaba jaspers, Preseli blue stones, sarsen stones, and about 4 percent of moldavites. While a clear energetic difference exists between this 4 percent of moldavites and the rest, we were unable to determine whether these higher-frequency moldavites came from one location or were spread throughout the areas where they were found.

## The Spiritual Body and Crystalline Groups

The first three groups of twelve layers are connected to the three physical bodies. We call these the “physical” bodies because they are connected to our current physical lives — the lives that begin and end under the names we identify with. The physical, etheric, and astral bodies belong to this temporary life and disappear when we die.

This is different from the three spiritual bodies — emotional, mental, spiritual — which are part of the spiritual system that is, in general, a soul fragment connected to spiritual essence. It is often also called the “high self,” a bridge between the spiritual essence/soul and the physical system. That aspect of the soul connects with the physical system to express aspects of the soul’s purpose in this Earth-system lifetime as its contribution to Earth’s evolution.

Unfortunately, most people forget their soul’s purpose as soon as their high selves incarnate in physical bodies, but this is changing. Many children, mainly those born after 2000, have some memory of their purpose, and people in general are becoming more aware of aspects of their purpose or are at least searching for it.

Another aspect of becoming more aware of purpose is the choice to work with issues that originated in past lives that we’ve failed to resolve. Many of us have chosen to work with such issues now to fulfill our purpose in this lifetime. Our issues are part of the collective consciousness and resonating energy fields. Some of us have chosen to transform such issues in part to help transform nonsupportive energy fields, thus supporting Mother Earth’s shift into the new fifth world.

The emotional body has the lowest frequencies of the three spiritual bodies and is closest to the physical system. It functions as an intermediary system between the physical and the spiritual, and it contains the emotional characteristics of previous lifetimes we have chosen to work with in this lifetime.

I like to describe the soul’s purpose as coming to Earth with two backpacks. One contains the qualities, gifts, and abilities we can use to fulfill our purpose in our current lifetimes as cocreators. We are all unique, which is reflected in what we bring to the world in our current lives. The second backpack holds the challenges we bring with us. These challenges and the aspects we’ve chosen to

transform contribute to transforming the Earth’s lower vibration. The contents of the first backpack make it possible to deal with every issue that might arise from challenges in the second backpack.

Unfortunately, most of us forget that we have everything we need in the first backpack to deal with all we encounter in our lives. The challenges we bring with us in the second backpack tend to dominate our lives, and we mainly experience these through our emotional bodies. The emotional body passes what has been brought into this lifetime through the contents of the second backpack to the astral body, which passes it through the etheric body and to the physical body to process. Most of us do not process this energy, or we do so insufficiently, and it often becomes part of the way our lower minds function, strengthening those emotions and beliefs rather than transforming them.

The energies of the emotional body correspond to group 4 of the twelve layers. To work with all four energy bodies, we must work with quartz.

## The Higher Mind

The emotional body and mental body are parts of the higher mind. This body can also hold energies we have chosen to transform (the second backpack), but it mostly holds our spiritual wisdom, which is an aspect of the gifts and qualities in the first backpack. The function of the mental body is to translate the spiritual information that comes from the spiritual body. The mental body also holds spiritual or higher intuition. Most of us are not aware this energy body exists; therefore, we are unable to actively use its outstanding qualities and gifts.

The lower and higher minds must learn to work together and ultimately grow into one functional mind. We are body, mind, and spirit (see image 2). Our spiritual bodies receive messages and information from our souls

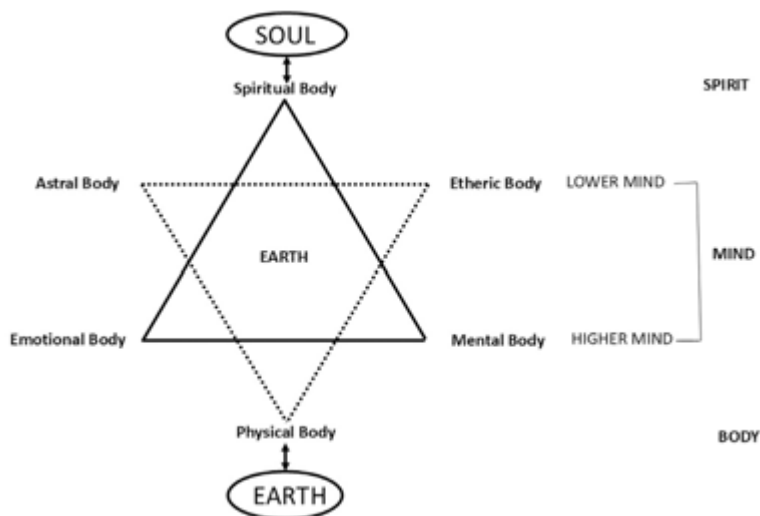


Image 2. The body, mind, and spirit and their related energy bodies

or directly from higher spiritual sources. This information needs to get to our physical bodies so that we can fulfill the soul's purpose and thus contribute to Mother Earth's evolution, but between the spiritual and physical bodies are the two minds. Assuming we can translate our spiritual messages into our mental bodies, they're often already deformed by the emotional body. What comes through the emotional body often doesn't reach the lower mind or the astral and etheric bodies because the lower mind is often too busy with daily survival based on fears and worries.

The mental body corresponds to group 5 of the twelve layers. Again, only quartz can hold the frequencies of all five bodies to support an optimal interaction between them.

### The Spiritual Body

The spiritual body holds the highest frequencies of the systems connected to this life. As mentioned, it receives messages from our souls or higher spiritual sources. It also holds the spiritual purpose of this life and all the qualities and gifts we brought with us in the first backpack. It is the kether, the highest sephiroth of the Tree of Life, which describes the journey of bringing our spiritual essence into this world, the malkuth (see image 3). The Tree of Life describes the same journey of our six bodies, and it describes more steps through the connection between the sephiroth — reflected in the twenty-one cards of the great arcana of the tarot — but the principle is the same. It is the journey we all make in our lives, and if we are aware of that, our journeys can be fulfilling and joyful.

The spiritual body corresponds to group 6 of the twelve layers. Again, only quartz can simultaneously hold the frequencies that bring the six energy bodies to the highest frequencies. It might seem that quartz is the most important crystal to work with. Quartz definitely has unique qualities we can use in almost all situations, but most of the challenges we encounter are connected to the three temporary energy bodies — physical, etheric, and astral — and we have seen that other stones and crystals hold optimal frequencies for working with these bodies. Depending on the stone's/crystal's frequency and the issue/challenge being addressed, they can work even better than quartz. This is why it is so important for us to connect with our energy bodies and learn to feel what they need. We still have much to learn to understand our systems and how to best support them in their transformations and fulfillment of purpose.

We have seen how different crystals and stones can support our systems and their functioning. To allow for optimal support, we need to awaken the full potential of these crystals and stones. We will look at more aspects of activation in the next article.

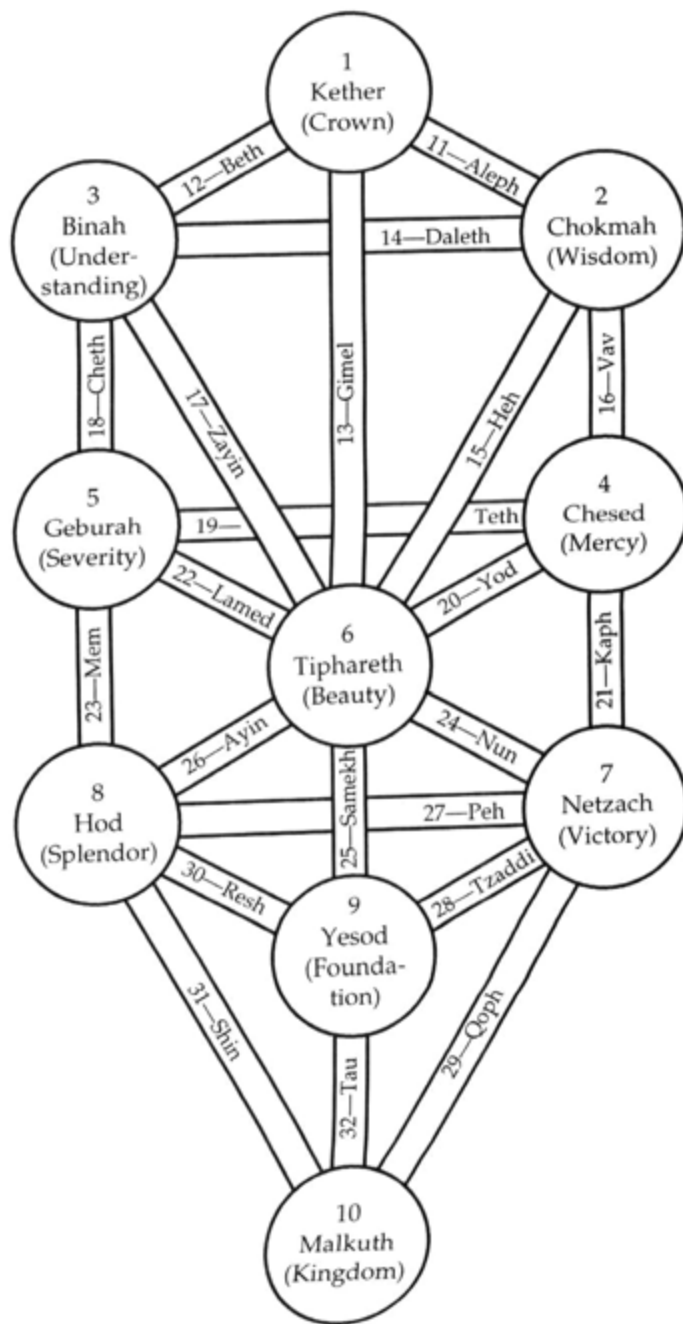


Image 3. The Tree of Life, from kether to malkuth

1. See pp. 80–85 of the October 2024 edition of the *Sedona Journal of Emergence*.
2. James Gallagher, "More than half your body is not human," BBC, April 9, 2018, <https://www.bbc.com/news/health-43674270>.

**Jaap van Etten, PhD**, was born and educated in the Netherlands. He received his PhD in biology in Amsterdam, specializing in ecology. For the past twenty-three years, his focus has been on metaphysical ecology. He studies and teaches about human energies, earth energies, and the energies of stones, crystals, and crystal skulls; he also looks at how these energies interact. He is the author of *Crystal Skulls: Interacting with a Phenomenon*, *Gifts of Mother Earth*, *Birth of a New Consciousness*, and *Dragons: Guardians of Creative Powers*. He currently resides in Sedona, Arizona. His website is [CenterforMetaphysicalEcology.com](http://CenterforMetaphysicalEcology.com).



# Truth to Power: The Consciousness Revolution

The Guides Through Sara Wiseman



How far you've come! You have survived those years when everything was chaos and suffering, and no one was in charge. Every person on Earth experienced this massive field of fear and anger. What lies ahead is different and much better.

Yes, the virus created great suffering, but what was more concerning was the darkness that spread as the virus raged. When fear and anger raged in the collective soul, even the strongest among you could not resist the silky pull of darkness. Darkness raged, and those who proclaimed themselves as leaders were the worst fear-mongers and chaos creators of them all. They did great damage, and they will have their karmic return. We say again: The futility of darkness has been revealed.

On the day you realized that no one was in charge, the veils came down. It was an awakening, a revelation, and you all felt this truth to power. You realized that you are in charge, not you alone but all of you together. Thus, the spark was lit — the spark of collective consciousness recognizing itself. You broke the shackles of fear. You all felt this, and this has only grown. The spark of knowing burns bright in your hearts.

## You as a Collective Consciousness

What is true is this: No one is in charge except you, and we mean you as a collective soul. We do not mean your communities, groups, organizations, or political structures; we mean you as a collective consciousness. We do not mean you as humans either; we mean all beings — all sentient awareness as one collective soul — and this includes everything.

Everything is created by collective agreement at the soul level. You are in charge: You as a collective soul. There is no leader. You can only lead yourselves. This is why all structures are tumbling faster than you can keep track of them. Everything false is tumbling away, and what a relief it is. Suddenly, for the first time in your lives, you are not hampered by the misbeliefs that you have inherited and absorbed. You are also no longer afraid.

Yes, you can still hear the misbeliefs swarming around you from religion, politics, business, medicine, celebrity, and sports. All is a dull roar in the background, but you know none of it is true. It is a mirage

built on projection, which is built on a facade. It is smoke and mirrors. And for what?

Treating money as god? Treating power as god? Treating fame as god? These do not give life or joy or meaning. Mirages, projections, and facades tumble down.

We do not want you to worry. These shifts are for the benefit of all, and you will soon adapt to the new ways. In fact, many of you have foreseen this new energy for several years, so it is a relief to finally have your reality match your understanding. As you notice that your experience aligns with your knowing, you realize something more. You see that you can connect to your consciousness, and through this portal, you can also connect to the consciousnesses of everyone and everything.

When you connect to the understanding of everyone and everything, you are able to be a part of the collective agreements that you all make together at the soul level. You are creating the new reality together. The more you connect, the faster this manifests. This is not hard; there is no trick. It's easy. Tune in to everything, and notice what happens.

We do not say thoughts are things. Those are old terms. Please level up to the new terms. Instead of saying that thoughts are things, it would be more correct to say: Consciousness creates experience. Your experience is also created by your direct connection with the whole. If you do not connect, you will not understand what is happening. Meditating, connecting with your guides, and being in nature are good ways to connect. Please tune in.

Please also know that particulate has the ability to form and re-form based on the agreement of collective consciousness. Your consciousness in agreement with all other consciousnesses creates what your level of understanding allows you to create. This is new to you. Some of you understand this, and some of you will soon understand. Over time, all of you will understand. Again, please tune in.

You have jumped levels. You are understanding at a higher level, so you can now create at a higher level, and this is why all of the old structures are tumbling so quickly. You no longer need them. Of course, this ability has always been there. As our dear friend Glinda the

Good Witch said, “You’ve always had the power, my dear. You just had to learn it for yourself!” This is gentle humor, for we also share laughter, but we remind you that these ideas have been circulating with your artists, creators, mystics, hermits, visionaries, rebels, provocateurs, the avant-garde, and the wayward for many generations.

Suddenly, you all know, or at least you have a glimmer. You are experiencing a leveling up in self-responsibility and soul awareness that we as guides have been anticipating for a long time. You have finally accepted your power as a soul collective instead of splintering into groups that bicker like self-absorbed children. At last, you are maturing out of the ego. Of course, not everyone is there yet. But even those who hang on to the old ways are noticing that others have let go, and they are seeing that letting go is easy. Many of them will let go too.

As you jump levels, you will find things move at an exponential speed, faster than even you could imagine. The new speed takes some getting used to. It’s the exhilarating speed of change. You might feel as if you have landed on a different planet. This is correct: The rules have changed. It’s different.

### A Time for Healing

Now there is much healing to do. It is time for humans to make amends to the plant and animal communities and to the communities of air, earth, fire, and water. This can’t happen fast enough. You will either agree as a human collective to respect the other life forms or you will not. If you make your peace, you progress quickly. If you do not, many of you will leave the planet or suffer. Many might reincarnate off planet. Please do not worry; just understand your choices.

Understand that consciousness rearranges itself in agreement with consciousness. Let the old structures tumble. Don’t try to hang on. Move forward with your awareness of you as a soul, and tune in to the collective. We have great hopes for you in this next passage of time. You can do this! We are encouraged, as you should be.

### 2025 Trends

These are the ten trends that begin immediately in 2025 or are already here and gaining momentum, and you will see them taking shape later on.

**Plant foods:** Expect drastic, far-reaching issues with animal products — meat, poultry, fish, and dairy — including disease and processing contamination. This creates shortages, lack of availability, and rising costs. People begin to switch to plant-based meat, which does not have the same risk factors. This is not a moral issue for most; it is a necessity based on needing to eat for less cost and with less probability of becoming sick. The meat, poultry, and fish industries begin to decline slowly, as people do not buy these products. Consumers

will not buy what makes them sick. Plant-based meat has been in the markets and waiting for this expansion, and it quickly fills the gap. In a generation, people will be surprised that animal products were once so popular. This trend is not worldwide, but it begins in First World countries that rely on mass production and shipping, which have become risky.

**Gun reform:** New laws require education and licensing for gun ownership. Obtaining a gun license is a much more difficult process than getting a permit. It will be similar to getting a driver’s license for a car or motorcycle; a series of tests must be passed. Rogue guns and ammunition still circulate, but there is a stigma associated with owning guns but not having a license. In some groups, there is an increased interest in guns for sport, such as marksmanship. In other groups, it is a point of pride to be gun-free.

**Mental health:** Researchers discover that many mental health issues are normal and healthy responses to the stress of modern life. Therapy looks beyond counseling, medication, programs, and drugs, including alternative mind-altering drugs, to healing based on meditation, music, nature, and water therapies. Surprisingly, the results are so positive that even the most traditional therapists cannot hang on to the old systems. Therapists who have already been training in alternative therapies lead this charge.

**Immigration upheaval:** What is a border? Who determines citizenship? What value does a person bring to a region? What is the humanitarian response to the massive suffering of political and climate refugees? These questions are deeply investigated and battled as we come to terms with our responsibility as interconnected and interdependent humans. The new reality is this: The world map does not work as it did generations ago. This upheaval lasts for several more years until the last of the older generations have transitioned. After that, we see the beginnings of global citizenship.

**New transportation:** Flying, self-driving cars are here in a few years. So what do we do with all the roads? How do we manage the new, busier airspace? People travel by electric bikes in all areas where climate and terrain permit. Transportation remains personal, built for one or a few at a time.

**Clean energy:** This is not just about electric power because you take great leaps forward into solar energy. Everything changes. Nothing is as it was. Think of the show *The Jetsons*. Think of everyone with a bike.

**New communication:** Thank you, iPhone. Next. Thank you, Zoom. Next. The new technology is holographic. We still take it with us, but nobody wants anything on their wrists, in their glasses or eyes, or embedded under the skin. The new mirages are sent all over the world, and everyone communicates and works



this way. Interestingly, this is how spirit guides and the departed show up too, as apparitions. So what's real? Is it what we're interacting with, or what's in the 3D room? Do you see how we're being trained to live beyond 3D? It's all coming very, very soon.

**Climate adaptation:** Humans can still create change, but in many cases, we are too late to stay where we are. It can be too hot or too cold. The water is really, truly rising, and the air whips in frenzies of hurricanes. Earth itself shifts — literally shifts — in ways that we never saw coming. So we cannot all stay where we are. People, animals, marine life, birds, and insects are all on the move. This creates confusion, as we find ourselves in new territories once inhabited by others and in new climate environments that we aren't used to. Everyone and everything must adapt or perish. The larger plants cannot move as easily, and they need assistance.

**Work shifts:** The division between those who do physical work and those who do mental work shifts. Which is more important? Is it our internet or the plumbing that works? Is it the person keeping track of inventory on a computer or the person on the tractor? Is it the person making laws or the person working at a food bank? We discover, to our great surprise, that no one's work is more important than another's. The old hierarchy between blue collar and white collar work no longer holds. We cannot live without the contribution of others. This allows us to sort ourselves into careers more suited to our individual natures and be paid in a more equitable way. Those who cannot work — the weakest, oldest, and least capable — are also supported.

**Declining religious affiliation:** People try to stick

to their inherited religions, but the writing is on the wall. The moment one person loses focus, he or she is immersed in a new life with freedom from sin and punishment. It is a great relief to let go of the old rules. Who wants to fear the wrath of God when you can be free? As consciousness has increased, there is no need for old systems of morality or societal control. Religion has served many people very well, but just as a child must grow into an adult, we must now take responsibility for ourselves. This does not mean there is no morality or societal control; it means that we are navigating a new path of what is "right" and what is "wrong." This shift from outer control to self-responsibility is just beginning. We are only on the cusp.

**Population shifts:** On the one hand, new viruses show up soon, arriving from climate change and species migration. These cannot be avoided, as they are part of the world rearranging itself. Fertility also decreases, which is not a disease but a response to the stress of the modern world. Some places in the world cannot replenish themselves. On the other hand, there is tremendous progress made to heal cancer, diabetes, and addiction. Medical research stops seeking for a new pill and looks at the toxicities of fertilizers, chemicals, hormones, preservatives, and packaging. Research focused on increasing longevity makes great strides; we can live a very long time when we live differently.

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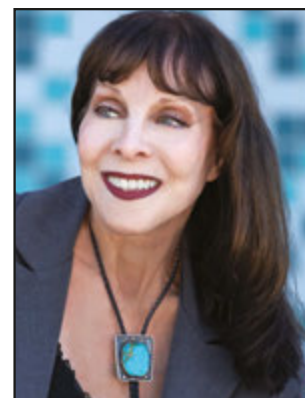
# The Fusion of Fully Conscious People in 2025

## The Collective Soul Consciousness through Carolyn Gervais

When people love enough, humanity will make a dramatic shift from human intelligence to universal intelligence. You are all creators of this shared world. In the year 2025, staying present — being in the now — will be more important than ever because the new energies necessitate balance and harmony between the past and future, which is always now. Life is becoming more entangled as past, present, and future weave together as one life and the expression of the self. Togetherness is no longer just an optimistic view of the way you should be with each other in the world; it is the reality of all

life merging in a balanced harmony.

The year 2025 is the number 9 in numerology. It is the number of the humanitarian. This 9 energy has the ability to create the desire in people to work for global consciousness, making the world a better place. If you are open to this expansive new energy, as all lightworkers and old souls are, you will be inspired and energized to work to complete yourself from within by expanding your mind and consciousness. You will bring forth more soul infused ideas



and abilities that will encourage love and forgiveness for one another, thereby uniting people in peace. The dark energy of the planet is slowly slipping away, and the light is growing stronger.

It has been noted by your most astute scholars of psychology that you only value each person or thing that is important or special to you by virtue of what that person or thing represents to you or someone else. In this never-ending dance, everything and everyone is temporary. Nothing is owned or what you can call yours.

If humanity is serious about continuing to evolve as an awakening species, it would benefit people to contemplate, study, and meditate on what true human intelligence looks and feels like when witnessing it in another. Listen to the quality of other people's words. Do they speak without belittling or defaming another person? Deeply intelligent people are balanced in both heart and mind. They do not make false promises, nor do they deceive others to get what they want.

In the new energies of 2025, the emotions you were born with will more readily balance and merge with the new experiences of your present incarnation. Feelings from other lifetimes that have been imbedded in your life can be worked through now as learning experiences. The attached feelings of your emotional bodies from other lives recapitulate with emotions in your present life. These must be healed and resolved before the human veil will lift as you make the shift to inspired, universal intelligence.

In the coming year, you are being called on to know yourself in the deepest way possible. At this juncture in Earth's history, it is important for you to take time to understand what true intelligence is. Understanding the deepest definition of human intelligence can become a guide to universal intelligence, which is the personification of unconditional love for all creations.

### **The Epitome of Unconditional Love**

It is no accident that the coming year is a 9 year, which symbolizes a fully conscious energy that is attained by wisdom and the epitome of unconditional love. And at this point in humanity's evolution, unconditional love is what is needed most to overcome the social and spiritual fractures between so many people. The power of the 9 is the fusion of a fully conscious spirit with the material world.

The collective soul consciousness of humankind will be increasingly entangled. This means that when you knowingly harm another person emotionally, mentally, or physically, you have also harmed yourself even if you are not aware of it. Your thoughts about others can affect their energy in some way, just as your loving or unloving thoughts about yourself can affect your energy.

One of the greatest challenges facing your world is

the creation of a universal consciousness of unanimity. As a student of life, it is now essential more than ever to understand that you are all daughters and sons of creation. You are all citizens of the universe. Every soul who comes into human form has a special responsibility to play its part in creating a better world for humanity. If you could truly see your life as being an essential and integral part of upgrading human awareness, then humanity would be on its way to expressing a universal consciousness of peace, love, and acceptance.

Within the energy of the 9, love equals giving and acceptance for all humankind without prejudice. You have been witnessing conditions in the world that can seem disheartening at times, but as a lightworker, realize you are moving through an enormous evolutionary shift in which all opposites are striving to balance and unify.

### **Powerful Feminine Energy**

Leading out of 2024 and into the new year of 2025, a powerful wave of feminine energy will surge throughout the world. This presence will continue to expand the hearts and souls of humanity, balancing the old dominating patriarchal energy that has been out of balance for too long and destructive to peaceful existence.

This feminine wave of energy is transforming the insanity and dire conditions of the human world, as you tap into its empathy and wisdom. During this evolutionary transition, extremes will become more pronounced as a universal balance draws closer, and the energy that is no longer useful to the planet will dissipate.

In spiritual terms, you are personally responsible for your contributions to the collective consciousness every moment of every day that you reside on Earth. Your individual energy permeates your entire world, penetrating the unconscious and subconscious of every human on the planet. The real battle between light and dark is being fought from within the human psyche. Since this fight is projected outward, it affects Earth and all its inhabitants, for it manifests extremes of duality. It will balance itself out as more of you understand yourself and life more clearly.

### **An Energy Portal of Opportunity**

Much of the negativity you see in the world hides the truth that must be revealed. It must be, and this is being acted out so that the unaware will realize that the dysfunction on Earth is caused by the misconceptions in mass consciousness by people who have allowed themselves to be manipulated and swallowed up by delusions of greed and darkness. At this time on the planet, the forces of light are working hard to counteract the influence of darkness. From now and into 2025, you will see more expressions of the power of the 9 such as people protesting and marching for the cause of social justice.



The coming year presents an energy portal of opportunity to transform negative and fearful energy into something constructive and right because too many lives have been turned upside down. Every second of life as you know it is continually being altered, transforming your future self and future experiences. There is no fixed past, present, and future because they all influence each other and are one combined energy that thought separates because of your belief that they are separate.

There is a critical need to be open to the possibility that anything and everything is possible on any level of being if you can think it. Everything that exists in form or non-form connects every minute thread in the fabric of the universe. That energy cannot be isolated in any one place. Absolute energy such as the creative energy that allowed the universe to be created exists in everything and everyone. Know that every day you and your world are expanding to new heights of awareness, love, and compassion. You and your world are evolving to the point in which more people are coming together to create a living dream of a better world, a more awakened world.

The planet will be faced with tough challenges that need to be transformed into workable solutions for humankind. Be patient, tactful, considerate, and respectful

to people's ideas, and practice appeasing others but not at the expense of your integrity. Focus on the part you play in everything you do and say. Take personal responsibility to make your world a place where all humanity might live in harmony and peace. Paraphrasing a well-known saying: be the loving change you want to see in your world.

No matter what predictions you receive as spiritual guidance, remember that you are the ultimate master of your destiny through your beliefs, choices, and actions. Your spiritual home is where your soul dwells as spirit. It is where essence is light and sound and color become one. It is where all beauty of the universe merges as one life — one consciousness — from which all creation flows.

Love and blessings for a new year of astounding possibilities.

*Carolyn Gervais is the author of the new book **Awakening from the Illusions of Life: Beyond the Human Dream and Life Before Life: How Soul Agreements Direct Our Destiny**. Carolyn has been devoted to metaphysical spirituality since she was seventeen. She facilitates client resolutions through intuitive counseling and in-depth dream interpretations. Carolyn is certified in spiritual psychology and clinical hypnotherapy. She also has a master's degree in holistic nutrition. To learn more, visit [AwakeningYou.com](http://AwakeningYou.com) or [Facebook.com/SoulAgreements](https://www.facebook.com/SoulAgreements).*

# The Awakening of the Soul of Humanity

Mother Mary and the Great Wisdom Through Judith K. Moore

The power of compassion heals the soul. Throughout the ages, people have been oppressed, and there has been a lack of compassion as a collective experience for those who have suffered. Now there is a mass awakening of compassion for the children suffering from war and violence. It has awakened a spiritual force with an uprising of massive amounts of people advocating for the rights of the oppressed. This has never happened before in the history of humanity.

The voices that resist the oppression and abuse of the innocent ones have been heard as never before. The power has been building in waves, calling out for the violence against innocent people to cease. Each time a group of humans come together to demonstrate for human rights and dignity, there is a wave of energy created because it's filled with compassion and caring for other human souls.

This is a powerful force that continues to increase. It began with the waves of harmonic frequencies when

people opposed the war in Vietnam and advocated for civil rights, but then the voice of compassion was quieted. Now it is like a lion roaring. Today's voices of compassion will not be silenced, and they will affect human consciousness because they will not be oppressed.



## The Liberation of Humanity

The uprising in opposition to the suppression will continue to gain momentum as more and more humans awaken to the power of compassion and caring in a deep way for the human family. The power is a collective force, and it's not just in one place, one situation, or one country.

The forces of negativity will continue to struggle to maintain control and power using fear, but it is no longer possible for them to remain in control; the dark agenda is not able to hold fear as a powerful weapon to suppress

the masses. As the dark agenda becomes more desperate, it will use illusion in an effort to continue to control humanity with fear, but the light of illumination has become more powerful than the forces of oppression. Humanity cannot go back to being controlled by fear. The dark agenda does not have the power it once had.

The light of the awakened souls who have already begun their ascension process illuminates the field of energy with the power of awakening the human soul from the long, dark night of the soul. Thus, blessings will abound and abundantly fill the hearts of masses of humans in waves and waves and waves of energy that cannot be suppressed.

This is a process of the liberation of humanity from ages of oppression and the power of fear. Be patient, and have faith in the power of love. Know that love grows stronger and more powerful than at any time previously in the history of humanity. Give yourself over to it because you are part of a spiritual force of liberation that will not cease to exist. It will continue in a manifestation of grace, awakening spiritual forces with the power of one for human ascension and redemption. Blessed be, so be it, and so it is.

### The Quantum Acceleration of Consciousness

Evolution of consciousness gains momentum with your connection to Source Oneness. Once you have awakened, you open to the power of your soul as one with Oneness. Your soul is not separate from the Source of Oneness. Within your soul is the absolute power of All That Is. This power awakens your God-self that guides you to higher consciousness.

Your vibration is essential to this connection. When you awaken, you sense the power of your energy and lightbody. You experience being truly awake and sensitive to the cosmic forces flowing from creation. This sensitivity awakens powerful forces in your essence, awakening the power of One in your consciousness.

Healing from past traumas clears the distortions in your frequency that create separation from Source Oneness. As you heal, your energy resonates at a higher frequency. You experience more balance and harmony. Consciousness acceleration is bioenergetic and encoded in your living blueprint, which is the blueprint of your soul in the records of creation.

Your awakening is your destiny. As you awaken, you embody the divinity of Oneness in your soul. The vibration activates the God particle in your DNA. DNA is highly intelligent and communicates with like particles in other DNA, creating a spark of energy that activates other people's codes of light.

Your consciousness becomes part of an essential quantum force for awakening humanity to a higher level of consciousness that has reached critical mass. Critical mass is a self-generating, quantum force that infuses the collective with frequencies that activate the codes of light in humanity's DNA. Waves of energy flow from the cosmic source, merging with the quantum harmonic resonance of the critical mass of awakened souls who actively resolve duality in their personal experiences and choose oneness.

The key to the power of quantum harmonic resonance and critical mass is found in your heart vibration. When in your heart, you naturally resonate with oneness and share the vibration with others. You become an active agent of change, shifting the collective reality from fear to faith and from separation to oneness. These principles might seem simple, but the implications are vast and permeate reality. This miraculous power creates a reality of love and awakens the soul of humanity to oneness.

Blessed be, so be it, and so it is.

*Judith K. Moore is an oracle for the Records of Creation. She is able to receive communications for the highest good from the other side of the veil while her consciousness transcends time and space. She has completely surrendered her life to the service of God as an instrument for the awakening of the New Heaven–New Earth.*

## Collective Caretaking in 2025

### Inspired Information Through Ilona Anne Hress

2025 will be overflowing with opportunities to explore the power of your lightbodies to facilitate behavioral change. The importance of trusting your soul for guidance and direction will become clearer than ever as the ego continues in its attempts to sabotage your personal and collective evolution.

Strides will be made in the unification of masculine and feminine energies to restore balance and harmony to

those willing to absorb their unified power. The Divine Feminine will be supported by the Divine Masculine, as his energies promote and protect her well-being as she charts a healing course for the world.

The need to surrender personal desire to collective





goodwill becomes commonplace as 2025 moves from January to December. This is necessitated by environments so shocking in their emotional and mental disturbance that, finally, those in power recognize that they have failed in leadership. Governance must be re-hauled planetwide.

A wave of comforting compassion will follow this disgrace, offering a hopeful direction of redemption into unconditionally loving action. Support for human civility will grow to such an extreme that power dissolves from those who have willed others into allegiance. What emerges is the will of the population supported by love, not ignorance, and educated through the will of Spirit to create collective caretaking.

Much heartache will occur in 2025 as the consequences of actions taken long ago reach a crescendo. Much openheartedness is hoped for as the year progresses

and the ego surrenders to the soul. It is a powerful year for relationships to return to respectful appreciation and collaborative action. Relationships within families are as important to heal as relationships between nations.

Earth is watching humanity in 2025 as never before. The year will be a turning point in the relationship between the planet and civilization. We hope for and encourage devotion to the sanctity of life as it is found everywhere on Earth. Through such sacred awareness, great suffering can be avoided. May it be so.

***Ilona Anne Hress** collaborates with the Cosmic Light Collective and the archangels and angels of our 24 Universal System. Her deep connection to the mineral kingdom assists her in supporting the evolution of all life on Earth. She is committed to midwifing the emergence of a soul-embodied, enlightened civilization of peace. She is trained as a licensed psychotherapist and massage therapist. She also ministers as a reverend to those who come to her. Ilona addresses the entire auric field to promote personal fulfillment.*

## A Candle on the Water

Alison David Bird, the Avatar Grace Elohim, with Lisa Wilson

2025 marks the start of another twelve-year cycle. How and what you experience in the months ahead will be dependent on your vibration, choices, and decisions. How will you choose to experience this reality? Will you engage in the programming of the matrix as a participant, or will you maintain neutrality as an observer bearing witness to the human collective's choices?

There are many walking the road ahead in total blindness, having fallen to one side or the other of the "great divide." Unable to take an expansive view, they are only able to see the righteousness of their side. This continued separation serves to highlight the law of polarity inherent in our experience in this realm of duality. Without the dual nature, we have no perspective, no point of relativity, and no ability to come into balance.

There is no right choice, only the unfurling of gradients of the greater timeline threads of Earth's different vibrational realities and the actualization and manifestation of probability being made reality within each of those spaces.

### Demonstrate Personal Mastery with Opposing Sides

The question for the coming year is one of personal mastery. You have been preparing for it and have been tested on it since 2012, as those ascension seekers among you have spiraled upward in dimensional time. Can you truly demonstrate mastery and offer unconditional love to those with opinions and beliefs that

are radically different from your own? Can you take an expanded view? If you cannot, we honor your honesty and we challenge you: The time is now. Dig deeper and go higher!

Regardless of who sits in the chairs of the world's highest offices, the theater of politics on the global stage serves to deepen the divide, and the trickle-down effects are far-reaching. The geopolitical figureheads are not the true decision makers; they are totems for ideologies, and what they represent will be seen by half the population as good and by the other half as bad. This is by design. Opposing sides of political, social, health, and climate issues will foster even greater separation, and the gap will widen.

As your awareness is drawn to the political and social issues that continue to bombard all facets of life, be aware of the reverse currents prevalent within them. These are finely honed and specifically targeted to create deeper distortions in the emotional and mental bodies, preventing you from activating higher levels of lightbody and spiritual DNA.

Extremism will be prevalent on both sides of the aisle, as the pendulum will swing to the far left and the far right in equally measured responses to each other. Your figureheads — politicians, celebrities, news media, businesses, and school leaders — create echo chambers



that feed on the fear perpetuated by a constant state of victimhood and offense.

You can flip the script and choose to respond differently. You can break the victim-victimizer program — reject the game, reject its rules, and reject its definitions. Balance is the key, and this can only be achieved through neutrality.

This means that you must release attachment to the outcome. Whoever takes the seats of power does not have control over you unless you grant that power to them. At every step, with every choice and with every breath, you can align with a higher truth and maintain yourself above the lower-vibrational corridor so that this does not become your reality. You might observe it as it plays out, but choose where you keep your focus and how you stand in it. Are you swamped and overcome by rising waters or safe in a boat riding the waves above it?

### **Discern the Currents of Legal Warfare and New Laws**

The legality and constitutionality of a wide array of issues will find their way to the forefront, and the verdicts will alter the shapes of individual nations and the entire globe. We will see the manifestations of this in the form of legal warfare ranging from smaller local-scale civil suits to those who will be taken to the highest courts in the lands. New laws will be passed, affecting everything from voting to health care, and it will be up to the individual to discern the reverse currents in human law versus higher spiritual laws. Observe how attitudes will sway and be reminded that although people determine the law, not all laws are just.

The collar of control will be tightened as many countries head further down the path of authoritarianism in the name of safety, morality, and provision for their people. Justifiable in the way that parents take control of decisions for their minor children, many will be comforted by this and are willing to trade autonomy and engage in collectivism for the promise of prosperity and security. Others will rail against these controls, seeing the loss of individual freedoms as unjust and out of balance. Observe which voices are being silenced and which stories are not being told around the globe, and learn why.

The systematic erasure of women in the Middle East is a symbol. The absence of the Divine Feminine/the Mother Arc frequency required for higher ascension cannot be accessed and does not exist for those aligning with false light.

In the lower bandwidths, voices will be stifled as controls on free speech work to eliminate misinformation and hate speech. As the media giants fight to maintain free speech and succumb to various governmental pressures to continue to editorialize, closely monitor, and suppress, it will be up to you, as individuals, to pass

all information through your inner systems of discernment and find your way to the resonant truths to avoid being misled.

The powers that seek to assert dominance and control will continue to campaign a distorted frequency in the form of strengthening reverse currents programmed within the lower, or fallen, corridors of 4D Earth. Those seeking the light of truth, who are unable to discern it or unwilling to look deeper for it, will be magnetized to the false light and succumb to the deepening isolation in the gradients of more expansive AI, political separation, sex victimhood, gender identity and sex manipulations, and race doctrines. By maintaining these polar extremes, the opposition's agenda to keep people trapped and enslaved is supported, ensuring that open discourse and alliances built on unconditional love do not flower or bear fruit. In this manner, the anger and righteousness conveyed are faces of fear. Unity is a conscious choice and requires you to release your fears and free yourself from these limiting programs.

### **Transcend Extremism and Rise Above Illusions**

Do not rely on those who offer gifts; rather, “learn to fish,” arise, and empower others to do the same. Those who cannot or will not will lose their paths to sovereignty as they sink deeper into the enslavement matrix.

This will be felt most strongly in the populations that reside in the lower corridors of the 4D. It is your choice alone to fall prey to the illusions. Stand strong in heart-centered truth and rise above it.

The Ukraine-Russia and Israel-Palestine wars will continue to polarize the globe, as neither side sees nor can perceive a peace partner within the other. They serve as a warning and a reminder: Extremism — especially in politics, race, and religion — must be overcome; they must be transcended, or you cannot experience the peace of ascension. As the news cycles continue to serve as a mirror for the higher realms, remember that there is a path forward, a designated ascension timeline, for those who can align with it.

### **Enslavement Systems Breakdown**

To dismantle the system requires bravery and willingness to step boldly into unknown and uncharted waters. There are those with contracts to be agents of truth and change who seek positions of power. This creates the potential for the shrouds of deception to be pulled back, offering a level setting of truth and a time of healing.

In the higher-dimensional bandwidths, we can see the enslavement systems within your programming breaking down and being shed, as the blueprint to be “the shining city on the hill” is encoded within you. The new architects, wayshowers, and starseeds among you



will find their voices and make it so. This is the divinely inspired reality being created within the New Earth timelines of the living light matrix.

If you choose to step up in ascension, no matter the outcome of the collective's choices, and govern yourself through the peace that is achieved through neutrality and balance, you will thrive. Be one of the candles on the water burning brightly in the darkness. Illuminate! Be a luminary for those who seek to elevate themselves

out of the quagmire and state of division, as they too reach for the higher path.

**Alison David Bird, CHt**, is the coauthor of *Marconics, Volume 2: Angels of Atlantis and the avatar Grace Elohim*. A creator-level oversoul, Grace is fully integrated within Alison's biological vehicle. They do not channel conventionally. Information is transferred via kelontic data streaming. Alison, a former medical journalist, finally accepted her role as a psychic healer in 2008. In 2012, she was contacted by Pleiadians of the GFL, and in 2013, she was bestowed with Marconic Energy, for which she has been custodian over many lifetimes. To learn more, go to [Marconics.com](http://Marconics.com).

# The Delight of the Threefold Return for All

St. Germain Through Molly Rowland

I will begin by saying that predictions were much easier in the energy of the order that is passing. Things were more fixed; therefore, what was envisioned was more likely to be a possible outcome. The movement toward the new age is bringing about a greater necessity to live by faith. The ego, or logical mind, needs to know what is happening. That has been the way of the Piscean Age. Pisces is about faith, but it can lead to illusions. Earth has allowed itself to slip into the illusive and veiled part of the sign.

We have seen many ages pass. But, I must say, we have never before seen a change from one age to another move so quickly. The transference of frequency, due to the physical world's advanced technology, has an influence on how things are moving. The space-time continuum has sped up. The old order has felt the need to keep up.

As things move quicker, humanity is required to slow down. Many are dying because there are drugs to speed up and drugs to slow down, but the Divine Creator did not design the physical body to run on petroleum or synthetic substances.

Logic seeks to override soul-guided clarity. The ego fears the changes that require making wise, personal choices rather than relying on set response rules. Fear has blinded reason. The loudest voices on the media can give a false impression that the planet is slipping into devastation.

## A Quiet Revolution

A quiet revolution is happening on Earth: the awakening of souls, the remembering. It is quiet because there is such an imprint of the "fear to show up" for who you are. ("What would 'they' think or say?") Most

importantly: This awakening is so intimately personal that there are really no words to express the feelings.

This is a quiet revolution of spiritual awakening that has nothing to do with division or taking sides. It is about recognizing that personal choice was gifted by the Divine for creativity, upliftment, and commitment to self, not for narcissistic or selfish uses.

The changes required for moving into the new order are supported by being in touch with your inner self. The healing is about feeling. All the changes happening call for making personal choices that, one by one, strengthen your ability to move into higher consciousness.

There is an energy struggle on the planet. Those who want power over others (the old order) are clinging to the way things were. The quiet revolution is sweeping away the past and all that it was about. Those who are willing to forgive labels and seek unity are gaining strength and changing the way. You see, life starts inside in the soul center. The logical limitations will naturally lose their hold.

## Embrace a New Vision Beyond Illusions

By now you may be wondering what any of this has to do with where 2025 will go. The Aquarian Age is about equality, balance, unconditional love, and so many things that have faded from consciousness in the life lessons of being human.

The dynamics of cosmic change are influencing everything. The stars, moons, planets, and all heavenly movements are bringing in the new vision and opening the way to recognize how big your world is. It is not so much about the outer world; rather, the portals



within each being are opening to embrace a vast array of things that the physical mind has sought to hide from — or simply hide from others — in order to gain control. There are so many on Earth who cannot see the changes because they believe that the things they will see are too terrible to witness. So they focus on the horrors that they can see and deny that there could be anything better.

We are here to tell you that if you will allow it, we will personally show you the amazing beauty that is right where you are, just beyond the veils of your disbelief. We can see ahead, and we see great potential. The challenge is that where life will go for you is in your own realm of free will and personal choice. The logical mind has seen a very narrow piece of the All.

People have chosen to give their power to those who have said that they are more powerful. The necessity to own your power is not a fight with others to convince them. It is about the willingness to discover that you truly are powerful, and that has nothing to do with war. The wake-up call is sounding like a chime deep inside of the self. It might be felt more than heard.

### **Trust Yourself to Make Better Choices**

The veils of illusion have fallen quite recently, and the outcome of clear seeing is just beginning to be experienced all over Earth. Revelation is the ability to see what has been there all along. The greatest revelation is that the illusion has hidden the pure truth in so many ways.

A part of divine magick is that more and more people are beginning to see beyond the illusions. Clean seeing (clairsentience) leads to wiser choices for the self and a deeper compassion for the whole of humanity and worlds beyond.

The changes will become more obvious as the emotional climate begins to clear. The power of personal wisdom will gain respect as people seek to discover the miraculous beings they are. The requirement is to trust the self and let go of the dependance on others' opinions to validate who you are.

There are many who are defensive about their right to make their own choices. Forgive the defensiveness and take the time to gain trust in yourself. No one is alone, and the isolation of doubt can begin to thaw as the willingness to receive the gifts of your creations in love are developed. Any strength is built like a muscle. Spiritual muscles are built by living your true self daily.

### **Light the Fire of Joy**

The outer world is beginning to feel the influence of happiness and gain a bright outlook. If people would each light the fire of their own joy and keep it lit, the illumination would burn away the heavy, dark clouds of

doubt and suspicion. Life can only change as the personal perspective changes. No one else can make your life better than you are willing to allow it to be.

When you hear something that sounds good, do not rush out to tell others until you test it in your life. In these times, nothing is as it seems. If you truly desire to spread goodwill, feel that flame burning in you. The fire of personal passion to make the world a better place is burning in everyone, and that is where the changes are happening. It has never been about changing others. The new order is about cooperation rather than conflict. It is about equality rather than the stratum of society. It is about just decisions rather than the limits of judgment and opinions that divide.

The physical world is subject to the energy that everyone puts into Earth's atmosphere. Without nature, all the technology on Earth cannot survive. Everything is integrally connected to everything else.

There are vast changes going on that cannot be stopped with bombs or weaponry. The ego's belief is that when something bothers you or gets in your way, then the solution is to destroy it. That will be redirected. We have spoken about Maldek and the divine decree that no beings will be allowed to destroy their homes again. No one is above the law, especially divine law.

You are powerful. You are important. You are not more powerful or more important than any other part of Divine creation. One of the most exciting developments is the intuitive ability to know yourself and others. This is not a power to be exploited. It was granted to every soul at creation. The respect and integrity that go with this gift can bring a spark to those who embrace it.

The gifts of the Divine belong to all. No one has the right to take these gifts from others. Hard work is a perspective of logic and is a limitation. The investment of personal passion and the willingness to accept the returns bring a totally different outcome than the frustrations of labor without reward. You do not feel exhausted or deprived by the joys of your own accomplishments. The delight of the threefold return for all makes the path of faith a joy. Meeting the challenges makes each individual stronger. These are truths that have been hidden by the illusions of the physical world.

Revelation is not a better war. It is the realization that war has never been a real solution. Think peace, but even more, live it! Blessings upon 2025. We are with you in love. I am the Lord St. Germain.

***Molly Rowland** is a channel for St. Germain, the Council of Light, ascended masters, archangels, and intergalactic lightbeings with a unique ability to put you in touch with your personal gatekeeper. With a background in astrological counseling, she has well over forty years of professional experience in astrology and tarot. Molly has worked all over the United States and Canada as a teacher, advisor, lecturer, and radio/TV personality. Visit her website, [VoiceoftheGatekeepers.com](http://VoiceoftheGatekeepers.com), or email her at [vog@wbaccess.net](mailto:vog@wbaccess.net).*



# The Future Is Beautiful

Hathor through Dr. Yafi Yair

Blessings. This is indeed Hathor. You might consider us the Divine Feminine; however, names and labels are mainly for humans. We are comfortable with the many different names and labels that have been given to us over the eons. We welcome you to this space. It is great to be here and share this space with you, bringing you messages and guidance for this year [and the next], this slice of the experience that you have chosen to be present for on your beautiful Earth.

It is not a coincidence that we — yes, we the Hathors or the Divine Feminine, as you like to call us — are making contact with humanity right now through this vehicle [Yafi] and other vehicles in more clandestine ways. Many of you are discovering a new inner relationship and loving connection to nature, Mother Earth, and joy through sound and dance and many other ways of connecting to your inner Divine Feminine and inner divinity in general.

This is happening now because the whole Earth system is upgrading. The beautiful being you know as Mother Earth is indeed going through the promised shift. This has been discussed for quite some time now, with different expectations, and now it is happening. We are a part of it. As usual, it is not a new role for us to be a part of Earth's evolution; what is new is this moment in time. Every time a new layer is peeled off — and it is a peeling off — you might experience the peeling off of any unnecessary layers of the texture of your existence to bring you into integration, unity, and oneness. We are peeling off what you might call obstacles, although those obstacles are part of the whole, so that you can move closer to integration.

You will discover while existing in this paradoxical time that as you move into unity and integration, you have to learn to celebrate your individuality. What makes you unique is the way that you are different from others. You must then find a way to have a relationship with yourself in which you celebrate the differences within you, not just in speech but in action, attitude, and your being. You will actually celebrate the differences that make you “you,” and learn to work with them in a way that supports this evolution, this shift to the new state of consciousness, Earth, and humanity.

## Time and Cycles

*Where you exist, does the changing of a year mean anything? Do you track time with calendars?*

This is a wonderful question. As you probably know, we do not track things with calendars. However, there were plenty of times in the history of our civilizations in which we did, or at least, some of us did. Many of us have had physical lives and are familiar with calendars on different levels. Some calendars, as you know, are larger structures within Earth and utilize the Sun, and some might be paper calendars similar to what you use. However, the dimension we exist in is without calendars. We no longer have use for them. But we are aware of your use of them, and our awareness includes that understanding in our experiences and interactions with you.

We know that you have entered a new phase — a new era — and we know this is marked by cycles that you experience as time. These are actually gravitational forces. That is why the planets and stars play a role here, as they affect the gravity of your being and planet. So we are aware of the different cycles that affect humanity at this time. And unlike ever before in your lifetime, although similar to what you have seen in 2012, the change — the shift — is happening very quickly.

## Earth Changes

*What is Mother Earth's role in this intense year? Will we see more Earth changes and climate events?*

Yes, and then some. There will be many changes. Now Earth does not see 2024 and 2025 as volatile. Earth is actually saying, “Finally! It is here, the year that I have been waiting for.” We know this is a big statement to make, yet it is true. There are many things that are building up, and now they are here. If you think we are exaggerating, just wait to see what this beautiful year has in store for us. Yes, there will be Earth changes, but that's what we are celebrating. The changes begin with consciousness, and what we're talking about here is humanity waking up to its state of consciousness.

The changes will begin through human consciousness and expand outward. That means that as long as you make sure that you are on that opening wave, you will be exactly where you need to be to experience what you need to experience. You will not, let's say, lose your house in a flood unless that is the absolute best way to experience what you need to experience — now wait for



this — with the least amount of suffering. So it's not even about blind acceptance and belief, but that is the ultimate advantageous attitude. It is about knowing that as long as you are open to the changes that are coming and that you work with Earth, all these energies, and your inner spirit, you will not experience the suffering that so many are afraid of. However, you must align yourselves with a state of being that promotes that state of openness.

## ET Discourses

***Will this be the year of disclosure, the year of conscious contact with ETs? If so, what can we do to better facilitate it?***

We know that many of you are excitedly looking forward to contact. Can the contact be physical and open, an unignorable reality to most? We say yes; it is coming. And yes, some of the major steps indeed will happen this year. We have already revealed to this vehicle [Yafi] that she will have physical contact experiences in 2024. This will continue to unfold in 2025 and beyond. Of course, Yafi will not be the only one to experience those.

ET contact has several layers that will increase in volume, in intensity. One is the personal contact layer. More and more people will experience increased contact. They will experience this within their sphere of existence. For this vehicle [Yafi], there's a lot of nature contact, and that will continue for her. Others will have contact that is appropriate to their lives, development, and world.

Now, there is also another layer of disclosure in terms of your government. This has already begun, and a controlled narrative release is ongoing. While the government is attempting to control what information is given to the public, it will not be successful for long. You will continue getting information from the government and your authorities, and most of this information is actually true. However, it is not the whole truth. We see the government providing physical evidence of crafts and physical beings. This is something that your government has not done before.

We have mentioned that this is an attempt at a controlled narrative, but it is not a successful one. So we will leave you with the tease that your government, as much as it knows and controls, does not know the whole picture and cannot control the whole picture. There are bigger players at hand here, and those players have the upper hand in deciding true disclosure.

Some of the same ETs that are contacting people individually will begin making more public appearances. Essentially, you will experience contact and have less need for disclosure. Disclosure is a part of it, but a small part — as it should be. You should want to experience things for yourself rather than waiting for somebody else to tell you about them.

***What can you tell us about the recent solar flares?***

There are currently a lot of what we would call light codes coming toward Earth. These are coming through the Sun or from the Sun, as this is in the closest system to Earth. They come through in various forms. One of the forms is waves: They are actual energetic waves that you see as solar flares. This is one layer of the waves being sent from the Sun to Earth. All these codes, waves, energies, and frequencies coming your way are a part of the shift.

## The Unfoldment

***Where are we heading? What does the future look like?***

First of all, let us say that the future is beautiful. The near future includes more of what you see today because everything is being shaken up. Nothing can stay hidden or broken; all broken systems and everything hidden must come up to the surface to be addressed. That is what you're seeing now, and this continues in the near future. However, as this continues to unfold, you will see results very quickly. You are already seeing some of this, and there will be so much more connectedness in the coming years with even more people becoming aware.

Now people are awakening, and this will be more and more the norm for people. For those who are now becoming aware, their awareness will expand tenfold, which means that communication with the other side of the veil will go mainstream. This also means there will be less secrecy and more transparency within people but also within and between systems, and there will be a more openhearted connection within and between people and systems. This is a very different reality, filled with much more openness, connectedness, and awareness.

***Is this a reflection of what we refer to as the New Earth? If so, will there be a bifurcation of different levels of consciousness between those who are prepared to ascend into a New Earth experience and those who might not be done learning the lessons of duality in the third-dimensional world?***

Yes, indeed, we are talking about the New Earth. It is exciting that the New Earth is here. The separation of the different layers of consciousness has started to happen. That means that people will see what you call the ego, their shadow selves, and the hidden on a very personal level. All the people that are moving forward, which is the majority of humanity, are having those types of experiences in their personal lives.

A minority of humanity will be left behind, but in essence, nobody will be left behind. It is temporary. Those people have different experiences in their lives because they are not preparing for their evolution but a separation that allows them to experience their own darkness more wholly. In some ways, they get a taste of their own medicine. We're talking about the minority that refuses to let go of fear and the need to control and doesn't want



to move on with the beautiful light flow that is ushering humanity toward its future.

***How does this change people's lives day to day? How different will that look from now?***

The unfoldment will take years because there are huge societal changes happening at different times and at different levels. However, people will notice that they have the ability to do more and more of what they truly love and are passionate about. That's one difference that will be apparent to people in their everyday lives.

As we mentioned, there will be an extra connectedness to the other side of the veil. People will have a more free-flowing, ongoing communication with the higher self, Source, and their guides, so that aspect will change their lives as well. We touched here on changes that will affect people's occupations, personal relationships, and the way people feel about their lives.

***As for work and the economy, do you see that shifting?***

Oh yes, there will be major shifts. The power scale will shift dramatically. We don't know if calling them self-sustaining communities is the way to word it, but there will be more communities that are responsible for themselves. They come in contact with other communities, but life changes completely.

The economy will look nothing like what it is today; it becomes much closer to an exchange of goods, and money will be completely different. All the big systems will shift. Traveling for your occupation will be very different. Some people will have to travel, and some will travel far. However, the majority of the people will stay in their local community and work within it.

## **Contact**

***Talk about the arrival of the ETs. What does that look like?***

Let us say that their arrival has already occurred, as some galactic races have been on the planet before humans, and others have been on the planet while humans have developed so that they could observe them more closely. Some arrived to interact with Earth within different levels and different timelines, and others are stationed in Earth's atmosphere or the space around Earth, observing and waiting for the shift. So some are participating, and others are just observing.

Their arrival has happened in many, many different layers and levels. However, now there is an awareness of these ETs, and that awareness is growing. As the awareness grows, they will make their presence more and more known. This will increase drastically in the next year and a half to two years. More and more physical beings — humanoids — will come forth to make physical contact with people on your planet. This is part of their arrival. Physical contact with ETs is already happening to individual people, and it will happen to groups as well.

ET contact will enter mainstream acceptance from that direction.

***Is that because we're raising our vibration, and we're more of a vibrational match to them?***

If we're talking about the physical ETs that are here, most of them have had the ability to fully manifest physically in the third density. So they're waiting for us to raise our frequency, not because it is the only way to reach us but because that is when the timing is appropriate. For example, if you go and speak to an ant in your language and expect the ant to understand, you will be disappointed. However, if you go to an ant and give it a little sugar, it will probably accept your gift happily.

It is not that the ETs couldn't reach us. They understand that there is no point in making physical contact when the response will be just fear, aggression, or confusion. The contact has to be done with care because there is still a lot of fear and confusion. Even people who are at the forefront of contact work do not realize the affect it will have on their systems — the physical system — to come face-to-face with a humanoid that is not an Earth human.

***What are you saying about the effect on the physical system?***

There are different levels of physicality and beings who will interact with you. The higher the density of the being, the more it can affect your physical system. So that is one level. We're talking about the electrical, energetic effect. Your systems can get overheated and fry out. There is also the physical and psychological shock of coming face-to-face with what your mind can only see as a monster, a creature, a being that's not human. The visceral reaction that comes automatically is much stronger than what people realize. A major adjustment is required, and that's even for people who feel they are ready. Imagine everybody else who is not even at that level of readiness.

***How do we prepare for this physical interaction?***

Mentally interact with them and meditate. That is the best way to prepare. Work also on your wellness in all areas — physically, emotionally, psychologically, and spiritually — to the best of your understanding and ability. Work on wellness so that all your systems can handle the shock, but also move toward contact that is pre-physical. The mental and conscious work is pre-physical.

We are grateful to have this time with you and for all these wonderful elevated discussions that we hold in such a high vibration. And with this love and gratitude, we send it to you with open hearts, and now we will bring you your Yafi back.

***Yafi Yair**, is a doctor of clinical psychology and hypnosis, an intuitive, and a multidimensional channel. She brings light language and verbal transmissions from the Divine Feminine Hathor, Isis, Viola the fairy, and Earth elements, among others. Dr. Yafi also authored the books *Conversations with the Earth* and *Conversations with Hathor*.*

# What You Do Matters

Shockara Starbeings, Grandfather Shaman of Mesa Verde,  
Mahatma Gandhi, and Mother of Light Through Blue Turtle

**Shockara Starbeings:** Beloved Earth beings, the world and the entire universe will open up in very powerful and significant ways. We are focused on all of you as you make profound, positive changes and bring them into multidimensional reality. As a result of your concerted efforts, Mother Earth will be rejuvenated and reborn.

Because there is such great concern for the planet, you will all bring together your gifts and talents to make Mother Earth sustainable and viable, healing Earth in many ways so that all can live in peace, joy, and prosperity together. The growing crisis will be magnificently addressed because so many of you have been personally affected. You know precisely what is at stake: the quality of life for all living beings. Extreme weather and climate change have been increasing dramatically, displacing so many people, animals, plants, and cultures. Your efforts to make the world a safe and viable living space for all is the first priority.

When you look out for each other in this loving way, you will rise to the task to create abundant and magnificent changes, helping one another around the world. You feel it in your very breath and bones: What you do matters and changes things completely. You know in your hearts, minds, and souls that you cannot carry on the old ways, as so much has changed now over these past years on your planet. Weather patterns are responding more sensitively to the neglect, abuse, and corruption that occur when people and corporations do not do their part to save Mother Earth and the environment.

You are awakening to the knowledge that how you treat and help one another makes an enormous difference in your quality of life. You all want the same opportunities and commitment to yourselves, your children, and each other so that all have the potential to live as you truly are. Now this possibility of well-being, joy, and love is fully within you with Spirit, and it is within your grasp with the help of others in the world. When you commit to this most valuable and beautiful way, you will create a world that can allow the fulfillment of all your possibilities.

Creation is always full of this love and light in the midst of darkness. It is the most powerful energy in the universe. Being filled with these energies and tapping into them will bring about the most enriching and fulfilling moments and opportunities that you have ever

imagined for yourselves and others. Trust the journey that is unfolding before you and within you. Tap completely into the glorious and sustaining energy that will help you to achieve the beauty, joy, and love that you want to be and share. With one another, you will be guided and supported by the Divine to create this transformational society and world.



## Apply Your Sacred Knowledge

**Grandfather Shaman of Mesa Verde:** Beloved children of the Creator, there is only one way to move forward: in unconditional love and light. When you carry this with you and live fully in this energy, you will find yourselves in the most unconventional, transformative, and healing space and time. In giving up all that has thwarted and held you back, you restore yourselves to creation. The fierce winds, storms, and other travails have come to test you, tempt you, and see what you are made of. You have used your wisdom, insights, and knowing that you have learned through the Creator to help you understand what to do.

You can now walk with Spirit through the multidimensions, experiencing the full scope of the possibilities and true life. You will be led through a series of spiritual quests to determine more completely how you want to be and work in the world. These quests are designed to include particular challenges that you have not experienced yet. However, you must meet them in order to move forward on your sacred journey and with your service. You will be taken to the edge of your current understanding with the esoteric mysteries so that you are better able to achieve your sacred goal.

Yes, you might feel very chaotic and insecure, but you will do what is needed and necessary to see yourselves safely through. You already possess within your spiritual and intuitive capacity what you need to be successful. Your work involves how to reconfigure and apply the sacred knowledge you carry to transform the situation at hand.

You already have become acquainted with the ancient mysteries and religions in powerful ways. Now you will go more deeply as you are guided to address your needs and that of others as they come up in these



quests. Disguised sages and divine beings as well as everyday, ordinary people will come to you out of the blue and bring unusual circumstances that you can help them with. You have all your practical tools, resources, and spiritual wisdom to access and lead you to where you need to go. Pay particular attention in each circumstance to what is beneath the surface — the face value — and the words. Look for the deeper meaning of the moment.

Remember to consider the whole picture of your journey and the quests as each part unfolds. Then as you go along, look back to see how all your work comes together as a whole and what that means. At that moment, you will find exactly what you need from deep within you and your situation. As it all comes together, you will be totally surprised by what you have been asked to participate in, and you will be astounded by what you have done and the results in each part and the whole. The ancestors, elders, the Creator, and I are with you, supporting you and giving you the strength to meet this fabulous journey.

### Work for the Well-Being of All

**Mahatma Gandhi:** Beloved children of God, the entire universe is working with you and your colleagues to bring about the most important and progressive changes in the world. It is time for all of you to come together as sisters and brothers to work for justice, equality, and democracy for all to participate in society and thrive. You understand the extreme importance of continuing to peacefully and concertedly protest when you know that a part of humanity is not being given equal footing and access. When anyone is being discriminated against, all of you are being discriminated against.

You are moving within a gigantic new wave that is sweeping through the universe for peaceful, positive change and transformation for the good of all. As you gather greater and greater momentum, you can feel the tidal wave as it becomes a driving life force of its own. There is nothing that can stop it and stem the tide. It is time for love and light to come forth in the most beautiful and productive ways through your concerted efforts and movement.

You will see how effortlessly you have become the instruments of this divine urgency and love. You are ready and willing to live in this new way and have been working with God and the divine energies for many years, learning and perfecting your gifts and understandings. I am grateful to see how you have come into your own with God to serve others.

I found such great strength and purpose working with like-minded others in India and the world who were concerned and supportive and gave us a hand with whatever we needed to continue our cause for freedom

and succeed. I am forever grateful to God, the Brahman, and the gods and goddesses who saw us through each day with all the challenging and triumphant moments. Reach into your hearts, and be available to all those who might seek you out to learn from and work with you in united ways for the well-being of all.

As you are called together with others to envision and enact care and kindness, you will understand the larger scope. Open your hearts and souls to the highest frequencies of love and light so that the greatest opportunities for you and others might unfold. You will be guided by God as you create the peace, harmony, and potentials that are so needed right now in your world.

You come from a deep place within God. I know how that felt when I was an instrument of God and worked with the people of India while peacefully protesting for equality. We never gave up hope and all its possibilities. We learned how to care for each other as we worked together for our future. Take all the time you need to move into this greater opportunity that is opening within your lives. I commend you for your hard and steadfast work and commitment to one another.

### Your Efforts Pay Off

**Mother of Light:** Beloved children of light, all your hard work and efforts to bring about social, economic, and political transformation, as well as justice and equality come to a head soon. You can breathe a great sigh of relief and celebrate! The vast accomplishment of helping to bring about the most powerful and substantial shift will guide and sustain you to do more.

The years of learning and growing in your gifts pay off, as you have surrendered to the highest spiritual energies to take yourselves and others who you serve to where you and they need to be. You never imagined that it would happen in this particular and important way, but progress and devotion to the good and democracy always pave the way.

When you were just looking out for yourselves, you learned that you are lifted when you substantially serve others in need. You know your place in the universe and with God, and when you come from this sacred space, the most magical and phenomenal things can fall into place so perfectly and beautifully. United with others in the powerful causes of the quality of life, which includes providing stability, safety, and joy, you understand exactly what is at stake and what the most important priority is. You instinctively know how to proceed and bring about perfectly what is needed.

You will be guided into the deepest mysteries and knowing as you surrender fully with total trust to the light and divine energy. You will be taken exactly where you need to go as you proceed on your sacred journey. It will astound you as you come to realize that the Divine

has been watching, embracing, and guiding you all along on your rocky road. I have been with you by your side as God has charged your soul energy and worked with you as you decided so long ago. You agreed to be at this particular place and time to do what you can do with others who have also agreed to meet in this very powerful, particular moment.

These past few years have brought your world to the very brink of overwhelming darkness trying to take over the light. You have stood many times on the brink of vast chaos and disaster, yet you find that as you go on and experience all that's occurring, powerful spiritual forces are at work to bring about the best healing transformation and light. The dark forces cannot outdo or withstand the most powerful energy in the universe. They

will divide and succumb to their own self-destruction, hatred, and violence, imploding on themselves. They will be pushed back and destroyed in their strength by goodness, love, and light.

Hold on to all that you have learned and chosen with God and the creation. My sacred colleagues and I are totally with you, supporting you all in these great endeavors for positive change at this crucial time in history. Your efforts and sustained determination will pay off.

*For thirty-six years, **Blue Turtle**, MDiv, MEd, has served the metaphysical community as an intuitive, counselor, and teacher. He heralds from an intuitive maternal Serbian-Croatian-Ukrainian lineage, and his paternal line is Roman-German, Danish Viking, Norman Irish, and Ashkenazi-Levite. Blue Turtle is clairvoyant, clairsentient, and clairaudient. He can be reached at 215-256-8481 or mbarnett@tradenet.net. Blue Turtle uses tarot, tea leaves, and ritual clearing with singing and drumming.*

## Begin Living Your Dream

### Siria Family Through Sheryl Ann Noday

It is with great pleasure that we make our presence known to you this day. As we embark on this journey of exploration, know that we serve as reporters who simply respond to your energies of creation. In this way, we report what is necessary for you to review.

Once again, humanity reflects on what it wants to keep for the future as creation happens faster and faster. No more must you wait hundreds of years, months, or weeks for things to change; you are now in the divine moment of creation. This glimpse into your next calendar year shows great color, magnitude, and fortitude as you all embrace your roles as creators.

As intensity builds in orchestration, know that you can ride these waves into the moment of centeredness, balance, and peace. Intensity can be bold and beautiful, like electrical pulses that raise your frequency and ground you into yourself. We invite you to use those bolts of frequency to center and ground. This is a powerful gift you can use to navigate the current waves of change.

Intensity doesn't have to produce fear; rather, you can use it as a navigator to find your inner strength, personal power, and new alignment. You contain these frequencies. Intense times in the outside world equate to new alignment with the self in your inner world.

In the year ahead, humanity has the opportunity to dream. We see in your consciousnesses that this alignment brings deeper resonance with the divinity of the self. You know how to dream, and now you can call your dream self into alignment with your physical self. This is a theme for 2025.

The dreamer parts of you from the past, present, and

future align with the intensity of love in the now moment. This is not a fantasy but rather your imagination and dreaming in all facets of your human subconscious, uncon-

scious, future conscious, higher conscious, and the consciousness of All That Is. Life comes into being through the vehicle of imagination. In other words, you dream it first.

You laid the seeds of the past to sprout in this fertile year of 2025. Your soul and spirit have awakened for this time in reality. You passed the crossroads of time and old decisions and now arrive to fully embrace your imagination. You want to start living your dream life now.

The anchor of 2025 is dreaming, imagining, and bringing what you want into physical reality. It takes only a tiny spark of intensity and a little spark of alignment to fully embrace who you are.

### Imagine Your Dream into Reality

Welcome to 2025. When you start living your dream, it becomes your now experience rather than something you wait to happen. 2025 offers great movement into this idea, and perhaps you have decluttered your mind and reviewed solutions, and you experience it even now. It's time to start living your dream life.



You can imagine the dream and then become it by doing the following:

Find a comfortable place to relax, such as a





favorite chair. Give yourself permission to relax. Release all your concerns, and let everything go.

Place a hand on your heart, and feel your heartbeat. (This automatically connects you to yourself.) Mentally count down from fifty until your breathing slows and calms.

Imagine the Sun before you. Feel the power and warmth of its golden rays. Visualize the light of the stars shine on you.

Think of something you would like to change or shift into a glorious new version, using assistance from the light to help you imagine something new, beautiful, and magical. Perhaps it's a new way of being, a new kind of action, or a newfound peace in your world.

Imagine this dream within a bubble of the starlight and sunlight, creating a blending of new light. It exists right next to you. Use all your senses to picture this dazzling bubble of consciousness that's filled with action, love, and laughter.

Step into your conscious dream bubble. Feel the dazzling sunlight, starlight, and everything else you have placed within it. Breathe it in and become it. You are alive in your dream as you

dream it. Feel your heart beat with love, light, and magic.



Stepping into your dream reality can be a daily practice that you do for yourself and for the world. As you live your dream more and more in the now moment, you will notice others say, "It happened just like I dreamed it would." In fact, you dream it all right now — every bit of it — but now you will dream anew and be conscious in the dream. 2025 can be a year of beauty, recognizing mindful creations and remembering that you dream it all.

We have enjoyed our time together. We remind you of the power that you hold and when it can be set afire. The 2025 energies present themselves right on time. As we close, we say: We love you! We love you! We love you! When you have had enough, we love you even more.

*Trance Channel, Healer, Medium, and Paintress **Sheryl Ann Noday** has been channeling Siria Family and beloved beings of light for over three decades. In 2005, she and Siria Family initiated the first channeling classes in the Midwest: The Anatomy of Authentic Voice Channeling. Known as a vibrant clairvoyant and healer, Sheryl currently lives in Chicago, where she continues to create magical realism arts and works with clients worldwide, offering the voice and magic of Spirit. For more information, visit [SherylNoday.com](http://SherylNoday.com).*

## Seeding a Golden Age

### Saint Germain Through Donna Ferri

*Mon preux chevaliers,*

*I have announcements. Please extend my invitation to all for informal discourse at House of Rákóczi, at your and their convenience.*

*No RSVP necessary.*

*Ton saint frère,  
FB*

**Donna:** I immediately recognized the stationery graced by the master's hand and seal. I was sure that he anticipated our desire for his prescient guidance for 2025. He often gathers students to such informal meetings in his alchemy tower in the lovely home of Master R (Francis II Rákóczi of Hungary). He keeps a focus of freedom there amid the rolling foothills of the Carpathian Mountains in Transylvania.

When I returned, I transcribed Saint Germain's discourse. He brought forth an exciting prophecy about a major turning point in Earth's history. It's in process, but next summer culminates in a major transition point for moving into a mini golden age. He indicates that it's been in play for some time and is manifesting through a unique

triangulating configuration of outer planets that completes in August 2025. During his gracious discourse, he gestured toward the intricate designs on his alchemy tracing board.\* If you close your eyes, you might envision its glowing mottoes, symbols, and signs. He says that these represent Earth's opportunity for seeding a golden-age culture and that he drew them from the unifying theme of a crescendo of people's hopes and desires.

St. Germain interspersed his discourse with prophecies and Earth history to explain the intensity of our times and how what has occurred provides opportunities for honoring the divine plan. Before detailing this, he reminded us that we can revisit the expert terrestrial and cosmic teams on the inner planes who we've known for ages and who remain to assist Earth.

With frankness yet gentlemanly compassion, he revealed how Earth came to be encumbered with such trouble that seems to replay today. He did so to empower us with knowledge to guard coming victories and so that



we can be relieved to know that the culprits who harm the planet, its people, and all life will be fairly treated and rehabilitated.

Saint Germain concluded with a reminder that we can hold the balance for this new energy coming to remedy our most pressing issues. While his discourse didn't cover the more exhaustive plan coming into play, he outlined some of the crucial measures that will help humanity create and adopt more permanent solutions. He also provided a basic list of the planetary configurations supporting it.

### Hold Fast and Trust Your Heart

**Saint Germain:** How good of you to come. Please, have a seat. I understand you would like guidance for the coming year.

*Thank you, Master. Yes, I was hoping you'd kindly share what you expect to transpire in this cycle of accelerated change. Many of us wonder how to hold the balance so that goodness can prevail. We're concerned, as I'm sure the masters are, about reports of building conflicts on Earth. We'd like to remain neutral as well as positive and be instrumental in whatever alchemy the masters are conducting on behalf of humanity's protection and happiness. What can you share with us today?*

Ah, so you wish to probe the promises of Tomorrowland, do you? You're not the first nor the last to recognize that such a mysterious territory exists just as it did in former times of renown. I speak of those with integrity with whom I've consulted on such weighty matters, such as Washington, Lafayette, and Franklin. Can you stand as firm as they did, who were led only by providence and without your current speed of communication? Their hearts were attuned to other means of exchanging intelligence. They used the time it took to exchange crucial documents to temper the enthusiasm of a people demanding change, yet the denied liberties they sought to gain seems only a portion compared to now.

That was nearly 250 years ago. Today, we have the added challenge of competing energies and avenues for capturing and diverting people's visions for a better future. I can say with certainty that even we, who hold you in our hearts, recognize that humanity's vulnerability to deception has never been greater. We champion the development of your discernment as well as your inner fortitude to survive the coming restructuring of events and timelines. We stand ready to assist when these might seem to change your way of relating to one another, and we advise all who can maintain inner peace



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and strength to hold fast. Freely guard and possess your mind, and trust that your heart will be your greatest treasure during these transformational times.

High souls will join you in spirit and in form. They will assist you to accomplish your priorities for healing what ails Earth and its people. The steadfast prayer of Earth's majority has created the necessary energy of intent for planetary renewal and for leaders to negotiate peace, free captive people and nature, and restore health and the abundant life. Regardless of the stories that circulate, even the most vigorously opposed nations desire this and more.

Humanity's main concern isn't whose gods or ideological tenets are supreme; rather, they wish their leaders to honor their desires for a more practical co-existence. Too many of Earth's elites have evaded their sacred duties. Wisdom demands that they do so, or else they should step down. Those capable of serious introspection earn the people's trust and more when they unify with former opponents. You have seen this occur rather dramatically recently. The intent and its practical manifestation represent a way through a coming critical point of transformation in Earth's history.

I prophesy that a new focus for the good will be ensured when more world leaders agree to disagree while they take immediate steps to bring about what people want, regardless of political ideology or party affiliation. Leaders will more effectively nurture the world's displaced people, whether those in power now or in the past caused such widespread removal of people from their lands. They must own this karma and repay it going forward by improving health, bringing true financial stability, and ending greed and war. Some will do so,



restoring healthy and habitable conditions for the displaced while also honoring their citizens. Cosmic law demands it, for all people desire opportunities to heal and thrive and to productively and peaceably reclaim and rebuild their nations, minus the usual imposition of so-called victors.

I will now read a recent resolution that the cosmic councils, of which I am a member, adopted to assist this solar system.

*I, Saint Germain, decree on behalf of the cosmic councils who have secured lawful dispensations from the Central Sun — and that the current and coming decisive planetary astrological configurations support — that those who profit by destructive discord, which they and their supposed enemies secretly orchestrate, will soon face justice.*

This is also known, to use a quaint colloquialism, a the cosmic boomerang. It is possible because Pluto in Aquarius — representing my flagship for freedom — progresses into rare configurations with other outlying planets. Here, for your prayers and further research, is a summary of the planets with their signs, aspects, and portents. This celestial pattern enables a successful shifting of the timeline of corruption into one of justice and equality for all:

- Uranus in Gemini (stationing in August 2025) sextile Neptune in Aries, catapulting creative innovation
- Saturn in Pisces conjoin Neptune in Aries, exacting discipline over illusory forces
- Jupiter in Gemini conjoin Saturn in Pisces, shifting power dynamics and pervasive illusion
- Pluto in Aquarius (stationing in 2025) trine Uranus in Gemini (stationing in August 2025), demanding integrity from leaders
- Pluto in Aquarius sextile Neptune in Aries, exposing illusion perpetrated by laggards

## **A Block to Earth's Freedom Will Be Cleared**

Spiritual councils are ready to guide their earthly counterparts in conducting a turning point in the year ahead. Cosmic and terrestrial teams prepare to reveal suppressed facts and to provide counseling for those seeking relief from the intensity of change. Such assistance teams have spiritual technologies for all this and more.

They will facilitate rehabilitation for souls who lack spiritual wisdom and integrity. Those who freely and publicly admit their wrongs will begin the road to healing and soul redemption. Cosmic councils rarely intervene unless sufficient numbers of humanity request help. They come now because people's prayers have achieved momentum, empowering their avatars to intervene more specifically but allowing people to do the

work. Councils will advise Earth's humanity to carry out reconciliations between nations and their citizens and between nations and opposing nations. This clears the way for the immense work of reconstruction.

The usual brokers of seeming altruistic works who profit at the expense of others and nature will also face reformation. The council has a plan to weed out these and other potential blocks to Earth's freedom. This will be the case for all Earth's reforms. Joint cosmic and terrestrial committees will administer exacting application processes. They will examine and either approve those whose past works demonstrate trustworthiness or recommend rehabilitation for those whose track records reveal intrigue and greed.

Through that astrology and intervention, people will create a new timeline of victory aligned with the divine intent for harmony, justice, and goodwill.

The plan and hope of humanity is acceptance but not of a false unity that is forced and dictated by divisiveness. Rather, it will begin through something like carefully conducted, unifying grassroots events. The original Olympics provides a role model for this, designed to celebrate excellence. You can begin to reestablish versions of the authentic high event locally to inspire its return to its initial ideal — not just for competitive sports but for cultural celebration, high-minded entertainment, and true education. This will inspire more face-to-face forums and promote vital connections leading to free exchanges of ideas through debate.

Cosmic councils will release Earth's actual history they keep with other treasures in octaves of light. This will help nations recover traditions that war, calamity, or cover-ups displaced. Restoration of traditions will help humanity rediscover its ability to create mini golden ages as progressive steppingstones to greater ages. The more people who discover and share this, the more suppression will crumble. It will encourage people to connect more freely and respectfully.

## **Misdeeds Will Be Exposed**

Watch for when unity comes and how confusing factors trying to prevent it are curtailed. 2025 will lay the groundwork for those responsible for mayhem to honestly explain themselves. More laggards will come forward, not as whistleblowers tricked by hidden cameras but through open confessions. This will begin with how they falsified truths and perpetuated outworn, fear-based control tactics. As perpetrators expose their misdeeds, their confessions will dissolve the alternate dystopian timeline that such illusion creates. This will shock people, but it will also be cathartic for all concerned.

Humanity will finally be ready to face things like the true extent of ecosystem collapse, empowering people to assign better keepers of technology and use it to heal

people and allow the planet to heal itself. This will lead people to free themselves and be prosperous and healthy, providing time for reunification with their divine nature.

As to why most laggards don't adjust to the increasing light of the Central Sun, it's because they're not of this planet's evolution. They arrived, hats in hands, after ruining their planets. Their density levels weren't high enough to receive sustained Central Sun frequencies of the great golden age, so they misused it by creating a more suitable environment for themselves on a timeline not meant for Earth's ascension. Their frequency levels pulled much of Earth to laggard levels, which burdened souls of light. Their density finally erupted, cutting short Earth's greatest golden age. It created a dual timeline of error versus correction, and that duality prevented ascension. Avatars arrived to assist Earth's afflicted life waves to restore their divine intent. Many laggards even bowed to light and ascended. That can happen again.

Before laggard souls arrived, a tremendous number of souls in this system ascended through several golden ages. The Mahabharata tells of how Earth's dispensation for ascension was almost ended by an ages-long high-tech war. It eventually rocked this system, walloping the titan Sun that struggled to regain its zenith beneath the dense galactic plane that blocked the nourishing Central Sun. This is why mini golden ages fell and rose, dark to light. It was due to a succession of 5,000-year increments of downward and upward convulsions. Calamities erupted. Superstitions and fear prevailed through cultures of duality. It implanted fearful competition between formerly harmonious soul families in their DNA.

The Central Sun finally sent its greatest avatar, the Christ. He started his brother sun, Helios, up in a slow rise to where he is now. Helios still ascends above the darkness of the dense galactic plane, bringing the rest of his satellites with him into full Central Sun energies. The greatest golden age can return sooner because of this. Magnetized by the Central Sun, Helios narrows his galactic rotation closer and will eventually join millions of other suns gathering at the galactic ascension portal. This renewed path resurrects his system's ages-long ascension cycle.

Meanwhile, we have the issue of ancient laggard souls still in this galaxy. Although their ancient selves left their bodies, they scattered their armaments across the solar system. That technology of Mahabharata caused an ages-long dark cycle that melted stone, mowed titan trees, caused great floods, and produced the mysterious phenomenon of the asteroid belt, whose rogue meteors struck planets and imprinted them with fear.

The laggards reincarnate to make amends, but their current nuclear and laser tests, war games, and space battles reveal they haven't learned their lessons. This threatens to again disrupt the solar system just as it

regains its place in the galactic ascension schedule. The laggards' negative potential for repeating history alarms not just this system but others in the galaxy and beyond. It even affects the serenity of higher-frequency dimensions coexisting alongside them. Avatars return to deactivate weapons and counteract those still active by using quantum tech to create wavelengths and consciousness levels higher than the energy of war.

### **Laggards Will Be Assisted**

Destructive laggard souls will reincarnate elsewhere. Cosmic councils have prepared a lone planet in a tiny star system for their reform. It will eventually ascend, along with other surrounding dense systems and dimensions, no matter how long that takes. Thus, their extreme negativity won't slow down this system or others in the cue for Milky Way ascension cycles. That world's distance from the Central Sun keeps it rising at a slower pace to allow sure soul evolution.

Qualified experts at soul rehabilitation will give them opportunities to self-correct. They gird that realm with technological and spiritual boundaries and cloaks of invisibility. This action secures the planet's minerals to prevent laggards from remembering how to create destructive chemicals and compounds. It allows the elemental, plant, and animal kingdoms to live separate lives from the laggards by concealing each domain with a violet flame. The laggards will eat the fruits, nuts, and grasses of their utopia. These measures seal their planet from corruption by any other laggard souls who simply won't know it's there.

Remaining laggards on Earth can reform if they desire it, but just like the fable of painting tiger stripes to conceal a leopard's spots, laggards who fear the light won't change. That's why they show their unwillingness to adapt to the Sun's impending leap into higher density. Be on the alert, uphold proper law and order, and keep tight company with Archangel Michael. Remind yourselves of the adage "this too shall pass."

As laggards' times come, archangels will relocate their souls through rebirth. While they still live, cosmic counselors will assist them at night in lower-energy-level retreats. Meanwhile, beings from advanced systems closer to the galactic center will help facilitate criminal reform on Earth. They'll quietly introduce rehabilitation technologies to heal the victims of an ancient mind-control operation that infiltrated the galaxy's outlying arms. They'll also treat those who the laggards experimented on.

These experts have contained dangerous laggards and their minions through similar programs for eons. They will succeed because their skills are far superior to any reformation activities on Earth. Ironically, the laggards control Earth's prison-reform systems. The cosmic teams will help replace those antiquated and corrupt

philosophies with more discipline blended with compassionate care. This will guide laggards away from temptation and toward more constructive activities suitable for building character and prepare them for positive rebirth in their lower-density home. This is necessary, because the Sun accelerates all from dark to light and light-bearing souls are past due for ascension.

### Be a Champion of Expansion

High cosmic beings will meet with more embodied souls who advocate for health, peace, prosperity, and safety. They'll remotely meet and benefit from the experience of terrestrial and interspace scientists. They'll discuss how to mitigate the harm already done and debate how to eliminate human causes of pain. They will also meet on the higher planes at night and draw plans. Saving Earth's ecosystems is a priority, as is fostering the means for the health and happiness of all beings.

Similarly, triage teams will help reform educational and health care systems and assist people to arrange honest, commodity-backed monetary and other trade systems. These already exist on the divine tracing board, with some now coming into play. These will foster spiritually based free markets for all people to succeed and thrive. They'll establish safeguards to encourage balance and self-governance.

The most powerful way you can help with this year's intensive golden-age seeding is to hold the concept of assisting high-minded people to welcome the cosmic and terrestrial teams that support current quantum-computer experiments that raise consciousness.

Tech programs are under development to reduce, mitigate, or eliminate health-endangering EMFs and to mitigate or eliminate toxins. Those developing these technologies simply await people ready to champion expansion. Your reward will begin with simple pleasures, such as enjoying young-people's reactions who've never seen soon-returning, sapphire-blue skies.

Observe Earth reclaim, heal, and restore her natural order, and know that we'll continue assisting Earth with her desire for widespread and deep spiritual progress. May this glimpse into the beginning stages of Earth's upswing into the golden age help you share this vision with others.

**\*Donna:** When I first saw the image accompanying this article, it seemed to perfectly convey the flavor of Saint Germain's message. It features a return to a collaboration between humanity and nature with a master tracing board in the center. It reminds me of the one he read from during his discourse. I was thrilled to find it, because he uses his master tracing board in etheric retreats as a teaching aid. In his embodiment as Francis Bacon (nicknamed the Wonderman of Europe), he used it to assist key figures in reshaping Europe and America nearly 250 years ago.

*Rev. Donna Ferri is a mystery-school intuitive and metaphysician. Her work honors your reason for being and helps raise your consciousness. Sessions include a soul reading and energy clearing, because with both, your soul can lift into rarified levels. As a master spiritual life coach, she helps you clarify and reach your spiritual success goals. She also offers consciousness counseling, seminars, and meditation retreats. Read her insights at [WhoHeals.com](http://WhoHeals.com).*

## Future Probabilities

### Theo, Gaia, and the Creator Through Tom T. Moore

**Tom:** I received predictions during my meditations from Theo (my guardian angel), Gaia, (the soul of Earth), and the Creator of our universe. Over 90 percent of the questions I asked came from the readers of my free weekly newsletter who live all over the world.

I will begin by just recapping a project that I've been working on for several months. It's a congressional bill proposal entitled Guns for Groceries. I was just thinking one day about what I could do to lower gun violence, and immediately, the term "guns for groceries" popped into my mind. It will have bipartisan support because it is strictly voluntary and considered a service by people wishing to get rid of one or more guns in their homes. I have recently contacted over twenty congressional representatives.<sup>1</sup>

Another event that I've been told will happen involves ETs. My family and I will travel to the huge Sirius mothership that is 50 miles above us to shoot a series of documentaries for fourteen days. ETs have been waiting for 50 percent of the world population to believe that there is other life in the universe, contrary to what they have been told by their religions. They do not wish to frighten the general population. I'm told that we're almost there.



### Around the World

*Will India become more developed over the next twenty years?*



Yes. The birth rate is going down in India, just as it is in the rest of the world. There will be great developments such as the free energy machines plus other breakthroughs. There will be periods of great leaps forward for the Indian people.

**Will India come close to the economic situation of the West?**

Yes. The highest probability at this time is that this will occur in less than twenty years.

**What is India's probable future with Russia and China in ten and twenty years?**

India's relationship with Russia will improve much faster than its relationship with China. China's old guard must pass from the scene, and even the next generation, before great progress is made there.

**What about the probable future of Pakistan?**

There will be improvements in Pakistan during the next twenty years. Still, the strict Islamic rule must soften. This will take a longer period. You can say benevolent prayers for those who have chosen lives in Pakistan during this time.

**Gaia, what is the highest probability for conditions to dramatically improve for the people who live on the island of Cuba?**

It will not be long now before there is great improvement in conditions for the people who live there. The regime is hanging on, but soon there will emerge a leader, along with others, who will overthrow the government. It will become a great tourist destination just like it was many years ago. Look for this to happen in the next five years.

**Gaia, what is the highest probability for a stable government in Haiti?**

Regrettably, that will not come for a few years. These are young first- and second-quadrant souls. You can have everyone say a BP for them to have a higher third-quadrant young soul come forward to lead them out of chaos.

**What about the deforestation there?**

There will come a time when the people of Haiti, with assistance from the Dominican Republic and other countries, will plant trees to replace those that have been cut down. The introduction of the free energy machine will assist in slowing down and then stopping people from cutting down trees.

**Gaia, what is the highest probability for when bullfighting will end in Spanish-speaking countries?**

It will take another ten to twenty years, Tom, as this is a way of life in a number of Spanish-speaking countries. You can ask others to say a benevolent prayer to help move things along so that people will realize that you must treat all animals on Earth humanely since they are all ensouled. These animals are magnificent and should be treated with respect.

**Tom:** Let's say this BP out loud: "I ask any and all

beings to aid and assist in bringing bullfighting to an end even sooner than we can hope for or expect. Thank you."

## The Gentle Way

**Are those who request daily help through most benevolent out-comes (MBOs) or out loud prayers guaranteed to manifest the best probabilities?**

If you have a challenge on your soul path, requesting MBOs will result in your challenges being easier to experience than if you said nothing.

**Does praying make a difference, and if so, when will the violence and trafficking of children end?**

Prayers said out loud make a great difference. The more people say a benevolent prayer for the end of child trafficking, the more people that engage in these activities will be outed. This is another problem that will diminish over time, as more methods are used to uncover these people. It will take more than twenty-five years to really greatly reduce the number of victims of this crime.

**Tom:** Let's say this benevolent prayer out loud: "I ask any and all beings to aid and assist in outing and bringing to justice those who traffic women and children much sooner than we can hope for or imagine. Thank you."

**Theo, if someone practices the Gentle Way for ten years even though they made bad choices in the years before they began to request MBOs, do they get back on track with their soul contract?**

When you request MBOs, you bring in your guardian angel to assist with each event to be benevolent for you and everyone affected by the request, according to your soul contract.

**Do our guardian angels help correct bad choices before the Gentle Way?**

We have told you in the past that you can request an MBO to stay on your soul contract. If you have strayed, then when you request this, there might be some challenges to overcome to get back to your soul contract path.

## Raise Your Vibration

**Gaia, will people incarnating back into time periods of war have easier lives now that we are at 5.0 of the fifth dimension?**

That is totally true, Tom. Each day, you rewrite your past and future, and the more people that raise their vibrational levels, the easier those lives in the past will be for those who go back into a time of war.

**Do we no longer experience those events that were rewritten? Or are they just not as harsh?**

You have challenges in each life, but the more you raise your vibrational level in this life, the easier the challenges will be in your future lives. It is all up to each of you. Remember, the Creator said that this is a dynamic experiment, which means that it is changing all the time as you collectively raise your vibrational levels. This can be accomplished by sending light and love each

day to the world while at the same time saying the forgiveness prayer.

**Can some of those events be removed from our past?**

The events will not be removed but instead become easier challenges to handle. We have spoken many, many times that a challenge can be a brick wall or just a speed bump. It is up to each of you.

**Theo, how does saying the word “hate” affect us and the universe?**

Yes, it is one of the worst words in any human language. You have virtually erased this word from your everyday language, and we highly encourage everyone to do the same. If you say the word “hate,” then you should follow that up with sending white light and love to whatever you said that you hate. This word goes out to the

universe, and there are souls who must try to counteract its use, knowing you do not understand the negativity this generates.

The word “dislike,” and other similar words, should be substituted. And of course, we encourage everyone to say the daily prayer of sending love and light to the world. That raises each person’s vibrational level.

1. Please sign my petition at [www.tinyurl.com/guns-for-groceries](http://www.tinyurl.com/guns-for-groceries).

**Tom T. Moore** is an award-winning author, speaker, international film distributor, telepath, and Sedona Journal of Emergence columnist. He was voted Best Self-Help Author three years in a row for the Gentle Way series to which Tom just added *The Gentle Way with Pets: Angelic Help for Your Animal Companions*. His other books include *First Contact* and *Atlantis & Lemuria: The Lost Continents Revealed!* To learn more or to subscribe, visit [theGentleWayBook.com](http://theGentleWayBook.com).

## You’re Heading in a Beautiful Direction

### The Group of 9Through Steve Rother

Greetings from Home, dear ones. We are the Group of 9, who chose to be with you at this moment in time. We have often mentioned that everything on your side of the veil travels in waves. There is a point where the wave builds up and turns at the top peak before it goes in the other direction.

This has long been known as the breath of God, the inbreath and the outbreath. The most important part is to know that you are at a pinnacle of a wave. But before you reach this final peak, things will change. We wish to share with you aspects of the world ahead. An entirely new aspect of reality on your planet is being built, which is why many of you have chosen to be here at this very moment.

Unlike other times, right now most of your planet is in what we call a backup plan. When you are at Home before you incarnate on planet Earth, you choose things and make contracts. You try to set up things so that you can work with all the different aspects in the best way possible. Sometimes it doesn’t work out the way you had planned. Even before you come in, things could change, especially as the pinnacle of one of these waves comes closer, such as what is happening now.

This is a very long wave, and it will take some time to reach the top and turn in the other direction. Is the in-breath better than the outbreath? No, it’s simply an illustration for people in duality, like planet Earth. You are now moving out of duality, and that is what this next

breath is all about. We will share more about that as we go forward.

You are in massive times of change; a very rapid rise is right in front of you. As the vibration rises, all humanity goes through these aspects. But you each deal with it differently, as you can plainly see on your planet. This is part of the reason you have such incredible division right now. But that too has an opportunity to change, which is why many of you have incarnated.

### Embrace Plan B

So what exactly is a backup plan? One of the things you do on the other side of the veil is choose a primary parental contract, either a mother or a father. You don’t select both because this is the planet of free choice. But when everything starts developing, it might not quite work out the way you originally chose. Mom might not choose dad, she could decide not to have any more children, or she might even have a miscarriage. On the other side of the veil, you might even decide that you cannot uphold all your contracts.

Then perhaps you come in a different way, but you usually connect with your primary parental contract if at all possible. Depending on how things happen, you might even jump into another family. Yes, many of you are the black sheep in your family for that very reason. You look at your family members and wonder, “Why am



I so different? What is that about?” Well, dear ones, you are simply in a backup plan. It's not wrong, because it gives you the opportunity to be here now.

Oh, yes, we know sometimes it's difficult. You could have siblings who get along fine with your parents, yet somehow you do not. Well, it is your choice, so do the best you can with it. You will move through this point, for your time is directly ahead.

### **Anchor to the Fifth Dimension**

As these changes evolve, many things will start happening very quickly. We know that some of you are completely exhausted by this process, and at times, it might overwhelm you. We have been working with you to allow you to develop some of the things needed for the rapid rise of vibration directly ahead.

We have been calling it the fifth dimension, but in reality, it has been here for many years. One such event happened on December 12, 12-12-12. Oh, how you celebrated it! Everyone expected everything to change, and it did but not as imagined. Things do not evolve that quickly on planet Earth, for it is the collective that must evolve. Only a small portion of you even celebrated 12-12-12 or recognized that it was actually a full anchoring of the fifth-dimensional space.

The challenge was the next day when everyone woke up using the same rules and energies of the third dimension. You've been living in the fifth dimension while still basing your lives on third-dimensional realities. Although that has been going on for some time, it is no longer working the same way now. The fifth dimension is expanding rapidly, and with that comes a lot of change.

Yes, we know that humans do not like change. The truth is that you resist change at every opportunity. It is because you're unfamiliar with things; you don't know where your foot will land on the next step. But you're heading in a beautiful direction now. Just be patient, and know that you'll walk through a few mud puddles along the path. Of course, the secret to walking through a mud puddle is don't stop in the middle. Keep walking, and you'll get through it very quickly. When you look back, you'll see that perhaps it was actually the shortest route from one place to the next.

In the beginning, the process of releasing the third dimension causes all sorts of challenges and division on your planet. Because the third dimension is the old energy, it's hanging on tight. Many want to move back into the old energy where supposedly things were comfortable. But were they really? No, of course not.

The truth is that now you have a lot in the fifth dimension directly ahead of you. Eventually, the third dimension will fully release, and you will start to see a rapid rise in spirituality. No, we're not talking about religion, but religion is a part of spirituality in many ways.

Many religions have been used for control, but now they must adapt or move aside because they no longer have the same effect in the fifth dimension. The truth is people cannot see that they are creating their realities. You cannot see the power you hold, dear ones. Therefore, you put it outside yourself.

In the beginning of humankind, you used to worship the Sun. You were so afraid that the Sun would not rise the next day that you gave sacrifices to it. You did so many things to honor the Sun, but that worked because it reflected your magic. It's the same with religions and everything around you that you believe in.

### **There Is Magic Between Your Heart and Your Head**

When you can hold something between your head and your heart, balancing it between those two, you emulate the magic and electromagnetic forces that you see on your planet. The head is the electrical energy, and your heart is the magnetic. It is the same energy expressed differently. What you believe and truly hold in your heart, where the spirit resides, will manifest in front of you. That will happen much more quickly in the fifth dimension.

You'll see a rapid rise in spirituality, which you will love, but it will also frustrate some of you. Many have been holding this energy for a long time, understanding these deep beliefs that you've held within your being. Although some will manifest in the way you expect, others will not.

You will have many options and the ability to see things work slightly differently. Take a breath, dear ones, release all those negative thoughts you've been holding in your spirit, and feel your energy rise.

You are the magicians of the gameboard. Many things are happening very quickly, and your technologies are exploding, not growing — exploding. Some of you are old enough to remember back to before computers and cell phones, the wonderful technologies that allow you to connect very quickly. There has been a natural fear of the technological evolution. But you can never put the genie back in the bottle because it's a human creation.

The rapid rise in evolution emulates your spiritual rise. When you watch your news or read newspapers, you won't see spirituality emulated there. What you see are the difficulties, the things that make the news and sell newspapers. Now everything is moving very, very quickly, much faster than in your common era. So what does that mean? We've spoken of this before, but one of the things happening is that everyone is fighting for control of your mind.

You create all that you hold between your head and your heart. Well, do you want to choose your heart? You think of it as being love, but it can also be fear — or the



lack of love. It also means that if you have an idea you're afraid of, you naturally manifest it. And that causes a tremendous amount of, what you call, hacking on your planet.

The Keeper [what the Group calls Steve Rother] has a website that he uses called Espavo.org. At the time of this recording, there have been over 10,000 hacking attempts. He's received notifications right and left of all the attempts that have taken place, and they've all been stopped. It has never happened in this way before. It's no longer common to use only your password on websites. Two-step verification is required almost everywhere for the simple reason that hacking has taken over in different ways. Hackers are trying to plant things in your head and make you afraid of them in your heart so that you will manifest what they wish. It's very common now because of the new technologies on your planet.

What we ask you is to not be afraid of it. Don't fall into the illusion of fear, which is simply the lack of love, for you have much more control of this than you realize. You're so worried about having your information on the dark web, but it is already there. Stay out of fear, because you have safeguards in place, and more of that is coming.

Of course, you also have artificial intelligence. Right now, you're talking about AI as being the new problem. That's fascinating to us, because in a very short time, you will lose that first word altogether. You'll simply call it "intelligence" because it emulates your human thought. Because of the rapid tethers of evolution, it will change your world.

Are there things to be afraid of? No, there are things to be aware of. You are in charge much more than you know. If you understand that your head and heart hold the entire spiral cycle, you'll understand how to use it. Watch as AI comes in, because it can also solve many of the challenges you have. Right behind AI, of course, is something called quantum computing. You're already talking about increasing the ability of your computers and cellphones by hundreds of thousands of times, which will be amazing.

Closely behind that are robotics, which even now are incredible. Robotics, AI, and quantum computing are combining. Many of you already have them in your homes, these are your Alexa and Google products. Some of you will not have them simply because you're afraid of them. Choose to have them or not; it doesn't make any difference. But what we tell you is to lose the fear. You are moving into a new age. Step forward and change it. Anchor the higher vibrations in a new way, and watch the beauty that takes place.

### **The Third Dimension Is Beginning to Fail**

As this fifth dimension explodes, the third-dimensional reality in which you have lived will fall apart. One

of the things about this is all the systems you've built. Consider the roads you built back in the early 1900s, which were originally dirt paths for the horse and buggy. Mr. Ford changed much of that with the assembly line, making automobiles available to many. Then you had to pave your roads, and the systems changed, but they did so very slowly.

Many of your systems need to fall apart before they can change. We're talking about your economies, housing prices, and many of the ways that you deal with things. Although much of this will change in the fifth dimension, the transition from the third dimension is liable to be challenging.

When you step into a higher vibration and look back at these difficulties, even in the midst of them, you'll see they were really nothing to be afraid of. As you take the next step and cannot see where your foot is about to land, it is easy to fall into fear. Again, try to stay out of the fear, because that only makes it more challenging.

Fear is the enemy of the fifth dimension. It is the vacancy that allows the third dimension to hold on to you. Step forward and share your thoughts; share your fears. You can fill that vacancy with light and information. Most fear is actually a lack of information. Even if you make up the information, the fear goes away because you are conscious creators.

With fears still in place, some of the old standards seem to have more of a pull. One of those is your exchange medium that you call money. The reality is that money is being used to create fear, for it has a louder voice than the people do. As you consciously create, you might feel that you're up against a brick wall. It's as if everything seems to be against you, because with change, the voice of money is getting louder.

This is only temporary, but you're seeing it especially during the elections taking place in many parts of the world. There's a wave of fearful energy that wants to move you back in time. You're reaching fear of the unknown, so you want to go back to that "safe" spot. Although you can slow down the forward progress a little, you cannot really move backward. With this rapid rise in vibration taking place, you're seeing politics on your planet being controlled by money.

Your democracies are set up for the collective involved to decide, but the people are not deciding nearly as much as the money is. The biggest challenge, and much of the frustration, is because the wealth gap is so great. Only a small percentage of people are controlling most of the wealth on planet Earth. But what do they want to do? They want to keep everyone else from advancing because it would dilute their wealth. Although this is certainly not the thoughts of all wealthy people, it is a majority.

As the wealth gap becomes wider, it causes frustration with the lower economic classes, and they tend to react. In the short term, this gap is likely to get worse, not better. Again, do not fear it. You're reaching this pinnacle where you're about to land many of the things you've been working with.

These rapid changes in vibration will eventually bring a huge increase in personal empowerment. Anchoring the fifth dimension in your reality will help you to understand and work with them in different ways. You hold the key. It's why you came in. Each of you has something to do with this, for these are the contracts you scripted. With technology advancing as rapidly as it is, you'll also see some of the things you love change and try to control you.

Even your social media has been controlled largely by money. For instance, if you did something that caused a negative effect in the world, you would be held responsible for it. But many social media platforms have caused harm without being held responsible legally because they have lobbied Congress. It's called free speech, but is it still free if someone is not responsible? Well, that will change eventually, but it'll get worse in the meantime.

One of the things you will see is that social media will begin to lose its grip on humanity, and that will be magical. Humans will learn to trust the tuning fork of their own spirits — between their heads and their hearts — rather than what they see or what they hear from a trusted friend.

Fear spreads seven times faster than love. Misinformation on the internet spreads seven times faster and further than positive energy. That's why your news media are made up of all the negative stories.

### **Expect Positive Earth Changes**

You're coming out of an ice age, and what you are experiencing is part of what normally happens. It's been greatly exacerbated because of all the other challenges, such as pollution, which has further reduced energy on your planet. Earth is in a struggle, but there have also been two important aspects helping to change that. The first was a timeline cross with the planet Eris, which was also having challenges — the planet herself and the people. Eris was mostly dominated by the feminine energy instead of the masculine energy.

That timeline cross left huge imprints, helping both Earth and the planet Eris, as well as human beings. Both planets are starting to blend that energy. The feminine is rising on planet Earth while the masculine is rising on planet Eris, and that's been magical. It also gave your Earth a fresh breath of air, a new possibility.

More recently we have talked about planet Earth having four stargates opened. Stargates are traversable wormholes — shortcuts in the universe — which

were predicted by Einstein and several other scientists. Space beings and ETs have learned to move through those wormholes very easily. They've been around you for quite some time and are making themselves more known. Although they may mean you no harm, some like to plant fear into your beings. So you're seeing some control from that as well.

These four wormholes have largely been used by beings who are quite concerned about the planet. They've been coming through those wormholes en masse to work with Earth, not humans. Some very interesting things have been taking place, for Earth has an opportunity to recoup herself. You will see it continue to get worse for a while, but over the next couple of years, you will be capable of changing this entirely. Because of the work these ETs and Eris have done, you will have new opportunities.

Everything humans can do to help Earth — save water and electricity, switch to renewable energies, or pick up trash — will be amplified seven times during the next five years. The next four to five years will be very critical, but it could take a while before you start to see a change in the planet.

All this, of course, hinges on you. At every opportunity, do what you can. Learn a new way to do something that can save energy, water, or air. If you do things that are amplified seven times, it can reduce global warming and help avoid harmful effects on humans and other life forms.

Right now, many people are becoming angry or short-tempered. Part of it has to do with those seeds being planted to control people. It's also because your air is changing its ability to sustain humanity. Although your air has been getting cleaner in some ways, the long-term effect of air pollution is that it has degraded the ability for humans to evolve. That will change, and AI might actually help you with some of those aspects.

### **The Sun Is Exploding**

Recently you've seen your Sun exploding more than ever before. You're about to reach an all-time high of sunspots. These usually develop into coronal mass ejections, where the Sun literally spits out part of itself. But that isn't signaling a problem because this has happened every twelve years on a regular basis. You've seen it happen over and over again. You are just getting toward the top of the pinnacle, but it won't happen until June 2025 when the solar cycle peaks.

It's fascinating because sunspots also send particles called neutrinos to Earth. Neutrinos are very small particles. There are hundreds of billions of them passing through just your thumbnail every second. They're actually so small that they were once thought to have no effect. But if enough of them hit, it will make a difference,

and humans tend to become anxious when neutrinos increase so much. In the short term, neutrinos are adding to global warming. But in the long term, they're charging up Earth and giving her energy. At the moment, it's somewhat of a double-edged sword.

Remember, you are not alone in the universe. Some of the adjustments made recently by those who came through the stargates have been to accommodate the neutrinos. You'll find out more about neutrinos in the days ahead. In the meantime, you will see heightened tensions and sometimes exhaustion and sleeplessness that you've never had before. Why? Because your sleep patterns will change as a result of the huge amount of neutrinos pelted toward Earth from the Sun.

### It's Time to Step Up into Your Superpowers!

Well, dear ones, it's time to step up. You are leaders, teachers, and healers, whether or not you know it. Perhaps you think you're just holding energy for the planet or for humanity, but the reality is others are watching you. Set the intention to step up and step into your spirit. Your spirit knows the way Home. Your spirit knows no fear, which is magical. But what if you pretend? Well, you are creator beings.

If you can pretend something in your head and believe it in your heart, you will manifest it no matter how magical it is. Stay out of the fear, and you will see an increase of what you call magic.

Have you not noticed that many of your television programs and movies, especially the ones that set box office records, are about human superpowers? You're planting the seeds, dear ones, of what is possible in the days ahead. Those seeds are real, and if you can stay out of fear, many of these things will manifest right in front of you.

As we've mentioned, many of you are here from 300 years in the future. Many of the science-fiction authors wrote things years ago to help plant these ideas so that you could understand them when the time came. Look at one of the Keeper's favorite science-fiction shows — *Star Trek*, the television series created by Gene Roddenberry. Most of those things dreamed up have now actually happened, including the transporter. Yes, they've been able to transport small particles with quantum physics. What happens when you creative beings use your imagination? You create all this magic.

Many of you have traveled backward in time from 300 years in the future. Why would you? And what about the paradox of how changing the past affects the future? Well, you automatically assume that the future is better. But you're in the right place right now. You are at a critical junction of time and space, each of you holding this energy for the future of humanity.

Your superpowers and your magic are just beginning

to unfold. You are the magicians of the gameboard, and you're making it work.

### You Are Being Watched

Whether or not you understand it, you're being watched. Spirit is on your shoulder every moment of every day. But you're also being watched by other beings in the universe. Why? Well, each planet out there affects every other planet. There was one planet that would have been much larger than any other. It would have thrown off the balance completely, and your solar system would not have survived. It was broken apart by true natural forces, what you call the asteroid belt.

Asteroids can balance the other planets. If a planet in the solar system changes orbit, your entire solar system will be thrown off because the gravitational pull affects everything. Because of that, you're being watched by other beings and other dimensional realities in the universe. You often think of them as being in the same timeline and space, but some of them know how to move between dimensions.

Mars used to have the same attributes as planet Earth, but it no longer has a magnetosphere or ionosphere around it to support this form of life. You can see all the places on Mars where the rivers and lakes once were. They've even found water underneath the surface. If Earth degrades as Mars did, and it's heading in that direction, that will affect all the other beings throughout the universe. So they're watching and trying to help whenever possible.

Some of them are self-interested, for they have egos just as humans do. Although some are effecting changes, they do not have power over you, so don't worry. You are the magicians of the gameboard, and your place has been reserved. We're so happy you made it!



Welcome Home, dear ones. In these times directly ahead, each of you will start to see a new world. You are the greatest angels that have ever lived, and we are proud to be here reflecting on your magnificence. Yes, you put us on a pedestal sometimes. But what you don't understand is that we are so honored to be in your presence.

We've been talking to you for a very long time, and now you're listening. Please do not give your power to us either, for that is not appropriate. We are here to help reflect your power. The word "espavo" means exactly that: Thank you for taking your power.

We are the Group of 9, and we love you dearly. Espavo.

**Steve Rother** was an entrepreneur before he became a lightworker and author. His change of path happened following a spiritual experience on New Year's Eve 1996. That night, he started saying things that, according to him, did not originate from him but came from the "group" — a group of nine energetic entities. To learn more about Steve, visit [Espavo.org](http://Espavo.org), or contact him at PO Box 34838, Las Vegas, NV 89133, 702-871-3317, or [steve@espavo.org](mailto:steve@espavo.org).



# The Year of the Magician: You

The Lion People Through Ellyn Dye



If you enter 2025 feeling as though you've walked for years downhill on a gravel road using all your energy not to fall on your face, you're not alone. If you have "change fatigue" and feel as though you just want things to settle down and go back to normal, you're also not alone. You are, however, doomed to disappointment. The old normal is gone, and the roller-coaster ride of chaos and sudden and shocking events will continue throughout the year. The saving grace is that you can make the ride smoother if you empower yourself, step into you magic, and make it so.

Remember that humanity is in the process of moving from the Piscean Age to the Aquarian Age, and this great shift of ages takes time. Even though everything seems to have been changing for the past two decades or so — and it has — it's not done yet. Despite the high level of fear, the world is not ending. This quote from the movie *Millennium* (1989) sums it up well: "This is not the end. This is not the beginning of the end. It is the end of the beginning."

The good news is that you are getting a lot of help. Throngs of angels, guides, and loving disincarnate friends stand by to assist if only you ask. The planets and the Sun (with its solar flares) lend their energies to humanity in this effort, pushing and shoving everyone along the path to enlightenment and love. In 2025, they will be doing it in spades.

You already know that this shift has been in the works for a long time. Not only is it the ending-beginning of a 2,160-year cycle (age), it is also the ending-beginning of a 26,000-year cycle of Earth moving through the zodiac. This is a big deal. Souls began training for this opportunity long ago, over many lifetimes. You stood in line to get a ticket to be here on planet Earth at this precise time to experience humanity transform before your eyes. It's been a little chaotic, messy, and challenging, but if you don't think you're privileged to be here, think again.

The past few years have slowly forced you to let go of people, beliefs, patterns, behaviors, systems, and institutions that no longer serve and support you even though humans resist change, which causes suffering. People love to cling, sometimes desperately, to the known — whether or not it is good for you — because of ancient, deep-seated fears of the unknown.

These ancient, tribal fears that once served by

protecting you from predators have been used against people for centuries to maintain consolidation of wealth and power. Those fears are intentionally triggered, fueled, and maintained to keep you fighting each other

rather than joining together to fight those who abuse you. Despite external appearances, that centuries-old abuse and control is finally coming to an end, which is one reason for the seeming chaos: Everyone — especially those who hold wealth and power — feel the old ways slipping away, and no one quite knows what to do or how to act under these circumstances.

What will replace the old systems of control? It is totally up to the human collective, because you now have the power to create the lives that bring you joy and fulfillment, if only you have the courage to step into that power, dream big, fearlessly use your creativity, and take action.

The chaos of the past few years — particularly in 2024 — with all those sudden twists, turns, and shocking events, has served humanity well by shaking you out of your complacency and apathy and freeing you from many of the metaphorical chains that bound you. That has created its own problems, because the old is crumbling, but the new has not yet emerged. It won't emerge until the human collective starts deciding what the new will be. That is what 2025 is about.

Some brazen attempts at new systems that serve even fewer people have recently been tried in various parts of the world. These were rejected because they did not represent a new system at all but an attempt to go back to a repressive past. That might be how it plays out over the next several years: New systems and ways of doing things are introduced by various groups and are accepted or rejected. When people are involved, of course, the process will be easy or hard and peaceful or confrontational. It is always a choice, often aggravated by those who have emotional/wealth/power stakes in the outcome or just enjoy drama and chaos.

What will you choose? The collective choice begins with individual conscious choices. If you don't consciously choose, the choice will be made for you, and it might not make you happy. More than ever in the history of humanity, you now have the opportunity to create

heaven on Earth, one soul at a time. This is truly the year of the magician. Will you take up your wand and use it?

### Cultivate Self-Love

This year will bring more churning, roiling energies — along with a vague energetic whiff of the possibility of war — and humanity must choose: Do you want to return to the old ways, or do you want to boldly move forward? Do you want to continue warring and fighting with each other, or do you want peace, joy, and abundance around the world? The clash of old versus new will continue, but with the enhanced energies of freedom, justice, innovation, collaboration, clarity, and empowerment.

These outer planets work on deep, subconscious levels, and they will lend their influences through the signs they inhabit for many years. Much of the outer manifestations of the changes they bring will play out over time after they have wrought deep personal and collective changes. These huge planetary shifts in signs are solid markers that there is no turning back and that humanity must collectively and individually decide on a new trajectory.

Many voices will offer visions and ideas — and fears, of course — for humanity's new direction, and there will be a veritable buffet of options to choose from in every aspect of life. A map or conscious plan no longer exists, and you will be pushed to step into your power and responsibility for creating the life — and the world — you want based on what you have learned from the past 20, 100, and 200 plus years.

It's all new, and you each have the potential to be a powerful magician in the coming year if only you grab the opportunity and step into your power. With all the new energies coming to the planet supporting change and transformation, you have the power to begin creating heaven on Earth in your life, if you haven't done so already. This requires releasing any beliefs, thought patterns, habits, and situations that don't support love and joy. It requires that you make difficult changes to eliminate toxic people and circumstances, learn to love yourself, and recognize that you deserve better than suffering and being held back. It requires monitoring your thoughts, words, and attention to consciously create and manifest, rather than doing so unconsciously. It requires boldness, belief, courage, confidence, and action. It might require a change in perspective about any situation that appears unrelenting and unchangeable.

What can you do to start making changes for the better and make this time of continuing change easier?

- Use the flow of energies being provided to support you.
- Feel the new lightness, joy, and hope in the air, and always reach for the highest expression of those energies in any situation.

- Choose love over fear.
- Express gratitude.
- Release your attachment to the status quo.
- Go with the flow, and allow change.
- Actively create change to bring yourself more freedom and joy.
- Let your heart be your guide.
- Let go of denial, and identify any beliefs, habits, relationships, or circumstances in your life that are unsustainable, nonbeneficial, or unsupportive; then fix them or walk away.
- Do the necessary work to heal your wounds.
- Make sure your foundation is solid and that your thoughts and actions support your desires.

In addition, take a long, hard look at yourself and all the parts you don't like and that you try to pretend don't exist. Embrace and love them. Recognize that no one is 100 percent perfect or good at everything, and love those less-than-perfect parts. They are all parts of you that want to be loved, and as you embrace them, you move more into self-love, which is the most important key to entering the Age of Aquarius.

As you cultivate self-love, you will begin to accept yourself, warts and all, and love others just as they are. You will treat yourself and others with kindness and compassion and walk away from toxic situations and abuse with grace. As you forgive yourself, you will begin to understand that everyone does the best they can with the resources they have in any given moment, the same as you, and you can understand and forgive them too. As you love, forgive, and accept yourself — embracing all parts of you, whether you like them or not — you will finally stop judging and torturing yourself for your imagined flaws and allow yourself to ascend into authenticity. And as you ascend into authenticity and express your true self in the world, the magic and the miracles will really begin to happen. You will start living from your heart rather than from your ego-mind, and the universe will roll out the red carpet for you.

Are you ready to stop resisting and embrace change? Are you ready to take the necessary actions to bring more freedom, joy, peace, and love into your life, workplace, organizations, and neighborhood? 2025 will be a year of ripeness, creativity, and manifestation, and it all begins with you, because you are the magician in this very magical year. Wield your wand wisely.

*Ellyn Dye is an author, intuitive coach, motivational speaker, and Reconnective Healing practitioner. A near-death experience in 1985 led her to an ongoing connection with some very loving guardians of humanity: the Lion People. Ellyn is the author of The Search for the Crystal Key, a metaphysical fantasy novel. She publishes a free email newsletter, Tunnel Vision, about the great shift and how to surf the waves of change. Visit her website at LionMagic.com.*

# Deep Wisdom Is Your Inheritance

Yeshua and Angels Through Denise Bennett

*Yeshua and Angels, what message do you have for this family of light and love?*

Your heart is in the right place, dear one, but the mind is taxed. How can you fill a receptacle that is already committed and spoken for? We say, empty the mind. Only a blank slate can be written on. The ego does not like this idea one bit. Its very existence depends on being full of facts, plans, ideas, and opinions. It does not matter if they amount to a hill of beans.

This is how fear operates. It fills the spaces in your mind with no regard to quality or necessity. Now you know what is behind your perceived need to shun the silence. Truly, silence is where wisdom lives and breathes. It is where you are most at home and connected to Source. Do you see? This is why fear/ego will try to veer you off course. It cannot allow you to explore your nature or love of God. We are speaking of your light. It is all and everything, and the ego is nothing. It has no life of its own. Why do we speak of the ego so often? Some believe the ego is just a harmless aspect of your humanity, but this is not so.

As you head deeper into your great awakening, you will shed your old skin. You let things go that no longer serve. Do young adults clutch baby blankets? They must let them go if they desire maturity and independence. This is where you are, beloved. You are uncomfortable with the idea of letting go. Fear has convinced you to hold on to old ideas, habits, and possessions. We tell you truly that your tendency to hoard has slowed the wheels of ascension to a crawl.

It is time to clean house. We speak literally and figuratively. Go through your abode room by room, and begin to discard the superfluous items. You will soon discover how wonderful it feels to give new life to your old belongings. Someone will enjoy what you have lost interest in, the thing that collects dust. Let it shine once more. Is there a relationship that you treat in this manner? You will not let it go. Guilt does not serve, dear one. In truth, it imprisons. Speak in the silence to the one that you have held close. Parting is such sweet sorrow, but you will meet again. Give thanks for the lesson, and invite the next [class] mate.

Let us discuss your confusion regarding what is to

come. You have heard many stories about your ascension, but you are still unclear. Let

us help clarify this. You are writing your script, and it is a collective effort. There is no simple explanation for all that you are experiencing, as it changes moment to moment according to your direction. If you stay on the course you have laid out and make no changes, the prediction can be applied but only then. Do you see?

You humans are quite unpredictable, indeed. You often change your minds without notice. It is more accurate to say that you run to catch up with what has already been decided because you drag your feet. This is your *modus operandi*. There is nothing wrong with a quick about-face as long as you end up where you intended. If you get turned around, then you will be delayed a bit while you get your bearings.

## The Doorway to Understanding

Truly, the path you choose is always right. There is validity in all things. Have you not proven this in your life? Look for the good in every situation. If you are quick to judge, you are bound to miss an opportunity. Fear tells you to discard a thing because it does not know its value. It has no understanding of the lesson in love. But deep wisdom is your inheritance. It lives within each of you.

Find a quiet spot, and breathe deeply. Now exhale slowly. Close your eyes. This is the doorway to understanding and the soul's development. Not much happens in the frenzied world of your day-to-day life. Slow it down. Let the ears be active and alert. Are you ready to hear what the heart has to say? You expect lots of words and noise. No, dear one. The body and mind speak directly with few words. Learn a new language. It is time.

Go beyond the limited existence that you know so well, and begin to explore a world without boundaries. The problems you aim to solve are simplistic by nature. Only the ego would make them complicated. Are you willing to have solutions and peace? Are you ready to end the war? Ah, we threw you a curve ball.

Hidden within each answered prayer is a perfect gem with 1,000 facets. What does it represent? You thought you knew where something was going only to





be surprised by a wide range of possibilities. You opened one door and entered a room with a thousand doors. Enjoy your wondrous journey, dear one. You have expanded and grown beyond who you were. Do not pretend that you are the same. You are not and never will be again. Thank the Lord.

You will teach by example. Find your truth, and share it far and wide. You are the golden thread that brings meaning to and unites all. Allow yourself to be surprised and miffed. Did you think your fellow humans were lost for good? They will return, and so will you. The many will again be one. Let your mind rest now.

Be kind. I take many forms. I am the beggar on the street and the stray dog you brush by without taking

notice. I am alive in a field of flowers and the heavy downpour of a rain-filled cloud. And, yes, I am in a rainbow after a storm. Learn to recognize my light. Listen to my words. Let me speak for you. I will do this anytime that you ask in earnest. Every prayer is heard. Let this knowing bring you deep comfort and peace.

Thank you, Yeshua and angels.

**Denise Bennett** is a healing intuitive with a doctorate in holistic nutrition. She is the editor of the collaboration with her angel guides: *God Given, Answers to Your Questions*. Whether she is giving a reading, playing her music, or telling a charming animal story, Denise has a way of touching people's hearts. She is passionate about healing and encourages others to discover their intuitive abilities. To learn more, visit [AngelsandIntuition.org](https://AngelsandIntuition.org) or [AngelsIntuition](https://AngelsIntuition.com) on Twitter. Reviews are greatly appreciated: <https://www.yelp.com/biz/denise-bennett-lake-forest>.

# Hearts Will Open

## The Star People Through Douglas Davis

*Whoosh*, you are in the new year. Time speeds up even more in 2025, and there is no going back to old time or old energy. You must know who you are. More importantly, you must have the courage to live and be who you are. Who you are is sacred, and no one can tell you not to be your true self. 2025 is a year of living in sacred beingness.

Sacred beingness does not mean selfishness. It simply means living your truth and being you. Once you are happy with yourself and love who you are without guilt or shame, you are free to love and serve others in whatever capacity brings you joy. Follow your excitement and your heart. Relax, breathe, and understand that whatever you need to accomplish will happen without becoming overwhelmed. Live in the present in sacred alignment with your heart. All will happen at the right time. Do not force anything or allow time to hold you hostage or control you. Just be with it.

The year 2025 will be calmer and quieter than 2024. Humanity will breathe a great, collective sigh of relief. You will see more smiles and acts of kindness every day. Hearts will open, and you will experience a greater capacity to love. As time speeds up, resistance to opening your heart to others out of fear or prejudice will be almost unbearable, and illness could result. The body needs an open heart to heal and be well. Many of you understand this and will work at being more loving. Many more of you will feel a natural flow to do so and surrender to it.

The natural world will call to you in 2025. As with anything, you can ignore it or surrender to it. The trees will call. They have so much to teach you, if you only listen. They have great healing powers, as does Earth herself.

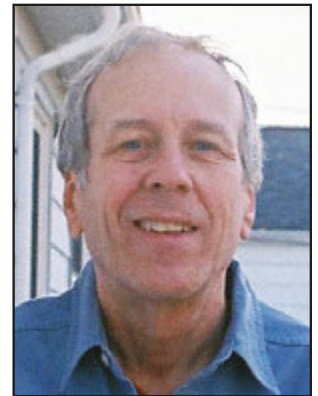
More of you than ever will learn this and take off for forests and lakes. There will be a great resurgence of caring for the environment and a greater respect for the land, waterways, and trees.

2025 will also be a year of connection, of reaching across aisles and breaking the barriers some of you have erected to keep yourselves isolated from those who act and think differently than you. You will become more aware of your larger self/cosmic self and the bigger picture. You will come to understand what it means to be a galactic citizen.

Your nightly dreams will expand and include more direct communications from your guides and a better understanding of your purpose in the greater cosmic reality. Allow the greater reality to come through and move you onto your right path. The greater reality will show itself and shine its light onto your field of awareness. It will dare you and challenge you to wake up. 2025 has the greatest potential to propel you forward onto your right path — if you allow it.

We ask you to remember these important truths: You are the great awakening. You are the light that shines in the darkness. You are the star that guides others Home. A bright light lives in your heart. Be what you are meant to be.

**Douglas Davis** is a Pleiadian starseed, teacher, spirit messenger, and watercolor artist. He teaches workshops on shamanic journeying and meditation with trees. Douglas lives in the Adirondacks of New York. Contact him at [TalkingHawk@gmail.com](mailto:TalkingHawk@gmail.com).



# How Quartz Relates to Human Time and Aging

The Lords of Time Through Maureen J. St. Germain



**Maureen:** This channeled message came in response to questions about how quartz is used in timekeeping devices. All electronic timepieces, clocks, watches, refrigerators, and even stoves use quartz specifically created to make use of the piezoelectric effect that causes it to oscillate in a very precise and rhythmic way. The questions were directed to the Lords of Time because the man making the inquiry suspected that all quartz in devices around the world could be programmed to potentially cause aging.

## Earth's Time Matrix

*Are the crystals used in watches and other electronic devices, such as computers, being used to uphold the time matrix on Earth?*

**The Lords of Time:** Such crystals broadcast the time matrix to create uniformity within human consciousness to separate events sequentially (in order) so that you experience a maximum amount of information — many more experiences than would be possible without the time matrix. The crystal itself does not control time, broadcast time, or make you age. It is simply like a metronome that marks segments of time for the benefit of humanity's experience. You can alter that experience because humans have free will and the freedom to create the value you wish.

*Does the time matrix age the body, or does something else do this?*

If there is no time matrix, the body does not age. The principle of aging is caused by a matrix programmed into the cells of the body along with benchmarks, much like how music is scored and measured. Certain measures provide instructions about what is to happen next.

We have tried to explain to humans for quite some time that you have free will. You can reprogram your self-healing DNA and step out of the time matrix in terms of aging. One way you can do this is by dissociating with aging, such as age-related numbers and age-related commentary. An elder might say something like, "My memory is not what it used to be because I'm getting old." People use other phrases such as "a senior moment" to explain why their functionality has deteriorated.

These days, it is a choice at all levels. The time

matrix is an independent, self-regulating element of human consciousness that humanity buys into. Because you buy into it, you can also unhook from it.

## Time Measurement

*The passage of time is calculated using clocks. If there were no clocks, how would humans keep time?*

You would do this the way the ancients did, by watching the sunrise and sunset and moonrise and moonset.

*It could be argued that how we remember time has changed. For example, according to one researcher, Earth had a period when there were two suns. That would mean our lens for measuring time might not be the same. Are you saying that the time matrix emitted by the crystals in watches is not related to the time matrix?*

We are not saying they are not related. We are saying that quartz crystals do not cause how time occurs. The systems for how humans read the passage of time would be the same. For example, if there were two suns and one rose at 6:00AM and the other rose at noon, you'd still know that it's noon due to the second sun rising.

*Do the crystals support the time matrix?*

The crystals emulate the time matrix. They integrate with the time matrix, but they do not cause the time matrix.

*Do they uphold the matrix?*

They provide a type of scaffolding. The word "uphold" implies they are responsible, but they are not. Scaffolding is simply a framework that holds data in a grid in a certain way. It does not mean that crystals "uphold" in the sense that things must happen in a certain way. That word has certain connotations that we do not convey or agree with.

We need you to understand that if the crystals were removed from the time matrix, the time matrix would still exist. The crystals do not cause time to occur.

*If these devices provide scaffolding to the time matrix, does that also support the idea of the human body falling in line with the belief systems promoted on Earth?*

Yes, from your point of view, that does make sense, but what you are overlooking is the whole concept that

the matrix being held by the crystals is complementary to the time matrix. This means that humans can be heavily influenced by this scaffolding, but they can also climb off the scaffolding if they desire. The scaffolding is not mandatory.

## Human Aging

**Do the crystals in watches cause the body to age?**

Only if the human allows it.

**What percentage of Earth has the knowledge to not let that occur? How many people even know this is possible?**

You are asking the question on behalf of the broad base of humanity that does not care.

**Right. It is our responsibility to step out of this, but most people don't know about it. What about the people who program these crystals in a way to promote human aging?**

Your original question to us was answered, and we, the Lords of Time, explained that the crystals in devices are not programmed by outside influences. The crystal themselves carry certain programs that oscillate by threading certain power through them, but that power is not programmed to cause aging.

**Many humans believe that this time matrix is an illusion and physicality is an illusion.**

You are taking this to some big extremes and trying

to make a case for the concept that someone or something causes people to age. We say that this is not the case and that it is the human's choice. It is like in any game, you can say, "I'm not going to take my 'move' in this category."

**We can do that when we are playing a game, but so many things tell us to age, such as clocks.**

As we have stated, we encourage humans not to use aging words, wear watches, or look at clocks.

**I find it hard to believe that these crystals — that are in everything today, have programs in them, and are now artificially grown — do not support the human time matrix.**

It only supports humans until humans wake up and recognize they have the power to control it.

**Can I deprogram these crystals so that they support my agenda rather than the agenda of the world matrix?**

You must develop relationships with the crystals themselves, and then, yes, you can.

**Maureen St. Germain** serves as a messenger for the ascended masters and the angelic realm. She practices merkabah and assists people in opening their akashic records through their higher selves. She has been featured in numerous publications and on radio shows. She has published *Beyond the Flower of Life*, *Be a Genie*, and *Reweaving the Fabric of Your Reality* and produced dozens of guided meditation CDs. She maintains numerous blogs and [MaureenStGermain.com](http://MaureenStGermain.com), where she offers free guided meditations each month. To learn more, email her at [info@maureenstgermain.com](mailto:info@maureenstgermain.com).

# Reconnect to Your Angelic Origins from Your Earthly Home

The Pleiadians Through Sylvia Bucek

**The Pleiadians:** The year 2024 has seen you embrace the syntropic nature of the universe and come to terms with its opposing force — entropy — since one cannot exist without the other. Thus 2024, an 8 year in numerology, symbolizes the coming together of life in its ever-evolving, infinite flow. As it emerges from the chaos and decay of entropy, its potential for new life invites you to a higher view of what has occurred. You must consciously look inside and know yourself as a being of light.

When you can feel yourself as a free-flowing sea of light, smoothly blending with the entire free-flowing sea of light that is the universe, you can more easily stay with life's ebbs and flows through the end days into a new beginning that ultimately sees you standing in your powerful presence.

Looking ahead to a new beginning, 2025 is a 9 year, which symbolizes the liminal space of an ending and

a new beginning. Here, you must be in your heart center to locate the inner sanctum

of your elemental being to facilitate the grand awakening that awaits you. It's as if you enter a cocoon to enable the process of transition or transformation that awaits activation. Once you embrace the entire letting-go process, you realize that the "little death" you experience is nothing more than the withdrawal of consciousness from the lower mind's perceptions of reality. Your focus shifts to your higher self, which is privy to a worldview based on eternal life, a recognition of life's ongoing ebb and flow, and the emergence of the new human.

As you flow with the Divine toward the fulfillment of one cycle and the potential it creates for another cycle to begin, you help awaken the human multidimensional potential as a luminous human being. In essence, you





are a bright and brilliant being of pure energy aspiring to live in oneness with the self-regulating organic ecosystem in which all life forms are fractals of divine order. Jumping ahead to the year 2026, you might feel as though you are waking up from the near-death experience through which the soul collective currently passes.

### The Big Picture Reveals Itself

**Sylvia:** The vision I received here can best be described by using as an example a near-fatal riding accident I had years ago. I left my body and looked down at the group of people gathered around the scene of the accident. I was put on a stretcher, loaded into an ambulance, and taken away. I recall thinking that the scene resembled a stage production. The next thing I remember, I traveled high above Earth and saw my life flash around me in the form of a motion picture on a wrap-around silver screen. I was aware of a shimmering, silver-white light cascading around me and through me, and I realized that my life on Earth was also made out of the same living light, which was pure love. It was heaven.

In my final memory of that incident, an angel seemed to coach me, the way a drama coach might instruct a performer. Evidently, I had to go back and replay my death scene on the world stage. I must have split my consciousness in two, because I flipped into a dreamlike reality, a virtual world in which I saw my future self arrive at the world's end, where she had to come to terms with the end-of-life timeline she now faced. She also knew that she was free to shift her focus to the timeline that detoured around that dead end and connected to a preset trajectory in which she took a bow and exited the world stage, awakening to the star behind her role. She was conscious of going into the light and seeing her little corner of heaven shining like a jewel on a planet paradise. Then she heard the motherland calling her back, and down she went.

My best friend, Maureen, was at the hospital with me when I came out of the coma. She said, "You missed all the action."

I said, "Mo, I saw the picture. It played on the flight to heaven. They're making a sequel about the trip back to Earth."

I explained it this way in my August 2024 channeled message in the *Sedona Journal of Emergence* [pp. 38–40]: "If you open to it, the big picture reveals itself to you. It flashes across your mental screen like a trailer for the story about your galactic connections. You might think of the story as written in the stars by your soul star — your higher self."

### Your Perfect New Beginning Awaits

**The Pleiadians:** Looking ahead to the year 2027, humanity has found fulfillment and is blending with the angels. In the interim, you help set the stage for a new cycle

to begin, one that embodies the interplay between the Sun, the Moon, the stars, and all life on Earth. You join forces with nature in rewilding your world, allowing the underground mycorrhizal network to spread back into your soil, restoring the "wood-wide web" by which trees and plants communicate and provide a safety net for each other.

If you bring an image of nature's fungi network to mind, it looks like an underground circuit board that gives new meaning to the term "high technology." When you open your mind to the inner kingdom permeating all life, you are free to go with the miraculous natural flow. You can follow your sacred roots back to Eden, if that's where you wish to go. To make the journey, you need to sign on with your intent, and your DNA shifts accordingly. Once all twelve of your DNA strands are activated, you will find you are living the best version of yourself, because the full complement of strands does not include the degenerate programming from which the soul collective presently withdraws.

At the present moment in linear time, you might have a sense of backtracking out of your life story from end to beginning, as if you are watching a motion picture in rewind mode. You might experience moments when the picture rewinds at such an accelerated speed that staying in your headspace feels as if you're being dragged through a keyhole. The key is your connection to nature and metaphysics by which you commune between dimensions and can remote view life in ancient times and in the continuum. Thus, you go with the ebb and flow until you unearth the mindset that is preset to lock you in a time loop. Here, you must use your free will and choose to override it, if you wish to do so.

A simple overview sees you experience two hemispheres in the highly dramatic reality you share with all living beings where human characters are caught up in debates over biological determinism and the descent of man: "Are we fallen angels or the heroes of our journeys through the underworld?" Time and again, lifetime after lifetime, you ask and answer the question until you know, without a doubt, that you are encoded to journey through death and rebirth into resurrected life. Your absolute knowing opens onto the timeline that detours around the dead end. Then you are free to quantum leap to the preset trajectory that exits in a world meant to be experienced in perfect health, prosperity, and abounding joy, and you quickly forget that you were dragged through a keyhole to get here.

In any case, you'll mend soon enough. When you joined forces with nature in rewilding your world, you automatically synced up with your wild and unfettered creative genius to support the regenerative healing for Earth and all living beings. These include the highly evolved multidimensional species such as whales and dolphins who can teach you to focus on an inner rather

than outer technology and view a world that doesn't include programming for aging or death.

Presently, you are aligned with your soul's divine sovereignty, allowing the attributes of your soul's love-light energy to undergird your journey along the path of the miraculous. As you melt into the conscious cosmic life force that unites you with the One Life, you are free to remember forward as well as backward. Can you conjure a glowing image of the transcendent, magnificent, tragic, insane, and glorious epoch behind you as it opens into a new dimension of life? Can you bring to mind a blessed and utterly magical land over the rainbow in a living kingdom where everything is gloriously alive and joyously thrives?

When the future and the past are in agreement, you can ask to receive a clear image of your perfect new beginning in the next chapter of life. The flash of insight you receive might come and go in a heartbeat, but you will never forget the feeling of grace that comes over you. The simple truth is that you are changing tracks and incrementally reconnecting to your angelic origins without disconnecting from your Earthly roots.

Above, you are in heaven. Below, you now enter the sacred wild in which the animal, plant, and human worlds come together in a dance of love and light. This is the land of miraculous transformations where time warping and awesome transfigurations are natural and effortless unfoldings of your divine blueprint. The star-seed that you are learns how to shape-shift and travel to other worlds.

Among your teachers are elemental beings who can

walk you through the garden and show you how the tiny seed struggling underground comes with the shimmering blueprint of a flower, and the fuzzy caterpillar comes haloed with the glowing image of a butterfly. Once you become accustomed to seeing both the inner and outer realities, you fall in love with the beauty and perfection of it all. Now, standing in your space of love with your feet on hallowed ground and your mind on the majesty of living happily ever after, you receive the sacred information for your divine-human blueprint that unfolds in holy Christ consciousness with its origin in pure love energy.

Ascended masters, angels, devas, and elementals await you to call them forth. When you invoke them, they are instantly in touch with those on the same wavelength. Together, you build healing temples, retreats, and schools for higher learning in which you are both the teacher and the student of the law of cause and effect. In union with the first cause — the universal I Am presence — you call forth continual perfection into your world.

You are to be a source of love and light. You are meant to showcase a world in which every moment is a celebration of life — ever-changing, evolving, and constantly in motion. Its constant is the ever-present joy of being expressing its freedom to be.

*Sylvia Bucek's innate clairvoyance is a natural-born gift. Since childhood, she has felt a passionate connection to nature and metaphysics. In 1972 a riding accident resulted in a near-death event that recalled her Pleiadian origin and led to her life's work. Sylvia is honored to share insights about the power within us all. To learn more, visit Sylvia's website, [FlightManual.net](http://FlightManual.net), or write to her at [sylvia@flightmanual.net](mailto:sylvia@flightmanual.net).*

# A Magical and Transformative Journey

## Master Kuthumi Through Therese Dorer

**Therese:** The vision I see is a pyramid infused with rainbow light. It shimmers and sparkles as the light reflects and moves throughout the structure. Master Kuthumi emerges from the light and strides toward us, radiating a sense of purpose and a feeling of love and inclusiveness.

**Master Kuthumi:** Welcome. As you read these words, you are showered with blessings of the highest light, love, and truth. I come forth to offer you some wisdom as you enter the year 2025. It is my intention that you be supported by my words.

Your spirit chose your life's journey before you came into this incarnation. You came to Earth with great courage to learn the lessons you desired to experience in this

lifetime. As you go through life, all your experiences are collected at a soul level.

You also chose how you would awaken to the understanding that you are a spark of divinity having a human experience. From this embodiment, you ground the divine spark of your being to Earth and receive the wisdom that comes from being human. As you experience your Earth lessons and feel compassion and empathy as well as sadness and worry, you undergo what it means to be human and divine while living in a human body. You are asked to be human but to remember that you are a celestial spark of infinite possibilities.



For some, your journeys to awakening happen through your life experiences. Some of you seek out teachers who can open the doors for you and allow you to remember your wisdom. If you are reading these words, this is part of your awakening.

Like a lotus flower that emerges from the depths of dark mud and makes its way to sunlight to blossom and flourish, so too you experience your transformation. We ask you to trust that the journey through the darkness and not knowing is an essential part of your transfiguration.

I have the privilege of being an observer of the changes on Earth, and I see you as you make your journey. I observe you as a rainbow warrior, and I applaud and celebrate as you transition into the magical and transformative energy of 2025. Have no fear as you enter the new year, but be discerning where you place your thoughts and energy. You have moved through some of the most challenging times on Earth and are ready to enter an era of refined cocreation.

I invite you to enter the pyramid of rainbow light and to remember that as a rainbow warrior, you are connected to the healing rays of light within the pyramid. This light is a catalyst for the changes coming in 2025 and beyond. The colors correspond to your chakra energy centers and hold intentional healing powers. As you grow and support your chakras, your aura becomes stronger and can hold more light rays. Your spiritual rivers of light illuminate and activate. Like a cloak of many colors, you carry the light codes for transformation.

I invite you on a journey of discovery into your personal rainbow lightbody. Call on this healing rainbow light to activate your energy centers as you enter 2025.

### **Journey to the Rainbow Pyramid of Light**

**Red root chakra:** We begin the journey with your root chakra, located at the base of your spine. The color is red. Allow your imagination to be transported to a forest with tall trees and green grass. Take some time in this place to breathe deeply and connect to the healing love of Mother Earth. Breathe the color red into your root chakra, and let your energy anchor into the belly of the Mother and connect to Earth's deep love. She is your first mother, providing all the sustenance you need to live this life: food, clothing, shelter, and the very body that holds your spirit. Anchor to her wisdom and strength. Allow her to hold and support you as you go forward through 2025.

**Orange sacrum chakra:** Focus on your sacrum, located just below your navel. The color is orange. For this activation, imagine walking along a path in the forest that leads to the entrance of a cave deep in the womb of Mother Earth. Walk inside, feeling safe and secure. Notice whether you've left behind any creative ideas on your journey of life, such as dreams you let go of. Are you ready to call those dreams back and bring them to fruition?

Your sacrum holds the energy for creativity, and 2025 is the time to call back those lost dreams and inspirations. Consider what you desire to give birth to this year, and call to those dreams. Infuse your belly with orange light, and call on the universal orange ray of light to connect with you in this place of introspection. Trust in your creative flow once again.

**Yellow solar plexus chakra:** You leave the cave of introspection and emerge into the golden morning light of Father Sun shining his light on your solar plexus. Feel the warmth of this light, and breathe deeply as you reconnect to your power. Release old stories of pain and sorrow and situations in which you gave your power away. Reignite the flame in your belly with the yellow light of self-esteem and confidence. Father Sun has the power to replenish you as you wake up each morning. Trust that you are a person of power and strength as you reclaim your confidence and self-esteem.

**Green heart chakra:** The sun continues to rise, and you once again notice the lush green forest. Follow the path that winds through the trees and tall grass, and breathe in the beauty and stillness of the landscape. Allow the vibrant green to open your heart. Connect to unconditional love, and feel the healing qualities of this place of introspection. In 2025, allow your heart to lead the way. Be in the present moment as much as possible, for this allows you to fulfill your life mission to the optimum.

**Blue throat chakra:** As you continue walking on the forest trail, you look up into the azure blue of the sky. Breathe this color into your throat chakra. The throat is the bridge between the head and heart and the vessel that allows you to speak your truth. Clear the throat chakra so that it can be free and open as you enter 2025. You will be heard, and your truth will come forth in all your endeavors.

**Indigo third eye chakra:** The pyramid of rainbow light rises in the distance. You feel drawn to this magnificent structure and walk down the path toward it. A stone — an indigo crystal — sparkles in the sunlight on a log stump. It was placed there for you. Pick up the stone, and breathe in a sweet cleansing breath. Place the stone on your third eye. Close your eyes, and honor and activate your intuition as you connect to the indigo ray of light filling you with knowledge and love, preparing you for the energy of 2025.

**Purple crown chakra:** You approach and stand before the magnificent pyramid of rainbow light. Beautiful colors swirl around its interior and exterior. Step across the threshold, and enter the structure. As you walk through the sparkling lights, notice the column of purple light extending from the apex of the pyramid to the floor, where it grounds. Stand in this column of purple light, and activate your crown chakra by breathing in the connection from your soul source.

**White eighth chakra:** Standing in the center of the



pyramid, the purple light transforms to pure-white crystalline light and flows through your whole body, infusing your blood, bones, cells, and muscles with rarified universal light and love from your soul source.

You are blessed to be on Earth at this time. Trust that you are supported and loved during 2025, a year of transformation and transition. Stay present in your life, and do not project to the past or obsess about the future. You are where you are meant to be, dearest one. Call on the

healing light of the rainbow light pyramid to cleanse and activate your chakras as you move forward to your destiny.

I am Master Kuthumi, traveling with you in 2025.

**Therese Dorer** lives in British Columbia, Canada. As a spiritual consultant for twenty-four years, her gifts include clairvoyance, mediumship, and shamanic healing. Therese loves to teach others about the power of earth-based medicine, and she feels honored to connect with the masters who come to her with words of wisdom. To learn more about her practice, visit [CrystalClearInsights.ca](http://CrystalClearInsights.ca).

# Humanity Moves Toward the Light

## The Agents of the Light Through Raffaello Di Meglio

*Will we see significant changes in the next five years that reveal humanity's collective movement away from the dark and toward the light?*

Cronos, the Agent of the Light who represents the uninterrupted flow of time, sends his greetings. He says that in the process of evolution, many things come through and sometimes do not represent their true meanings and essences as they occur. You see this happen today with the many "fires" that have ignited throughout your world and how they affect people's lives.

Your question is related directly to this country that you call the United States and whether it still leads — or has the desire to lead — the world. Specifically, does the United States want to continue being a model of understanding and modernity? Does it intend to expand its level of consciousness, as you desire? We see these questions within your question.

Your laws were formulated for the benefit of the country's citizens and humanity, and history shows what followed. These concepts were put forward by those who originated the country when it was a young republic, and leaders continued these ideas in the ensuing centuries. Everything is contained in your system of government that could make this the best-run country in today's world and improve people's lives. You have all the qualities, attributes, and knowledge needed to proceed. Everything is within your power to make your nation a bastion of light, equality, justice, and compassion for the world to see. Other countries could then use your nation as an example of how to move forward and embrace the values of democracy, equality, collaboration, and cooperation that you represent. The citizens of every country would then value each person.

You are not quite there yet. Many energetic forces

conflict with each other.

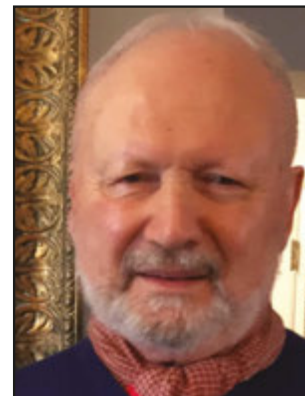
One party is based on fear, greed, anger, and a hunger for power, and they believe only they know how to proceed. The other side believes in justice, equality, and so-called goodness for all. Even groups within these recognized parties have disagreements, and many things need to be understood within these disparate concepts. All cannot be bestowed on and accepted by the populace as new ways of doing things.

The divine plan for the future of your country is to acknowledge everyone's importance. This can only be understood and accepted through collaboration followed by positive rather than destructive actions. We do not say that all those on one side have destruction in their hearts. Fear of destructive ideas also grows on the other side, which in itself can be destructive. Nothing is set in stone for the destructive side to advance without opposition. The light bestowed on the people of your country will help them understand that negative forces, even if destructive, point out things that need to be seen for what they really are.

### Light Always Advances

Sometimes people need to learn through destructive processes. Through evaluation and understanding, you learn to keep the same things from happening again. This then allows for a wave of positive changes to emerge and for the population to feel uplifted. Within that wave, many things need to be considered, including how to proceed with grace, ease, and healing. The healing comes after everyone understands the importance of the changes and how they benefit all.

Much is at stake at this time, but do not collapse into the fear that what is important to you in your heart — a



world of balance, light, love, radiance, and beauty — is impossible. Remember the power of collaboration and of recognizing every person's role.

Going back to your question of significant changes in consciousness over the next five years, you must understand that for this to happen, the light must be the most important thing to bring forward. Only in the light can things be seen for what they really are and then be corrected. You can only bring your desired reality to outcome by understanding that this light truly resides inside each of you.

We also perceive that you wish to know whether we see you collectively moving toward the light and evolving into a more exalted state. Your desire to bring goodwill, collaboration, love, and the spirits of beauty and radiance to your planet must involve a high level of collaboration. No matter what transpires, time always progresses forward even when some energies want to pull you back to a place of inaction and negativity. Action requires everyone's involvement to make things better

with more light and love — a world in which humanity's voice needs to be heard.

With all the beautiful expressions in your Constitution, your nation will, in the end, set an example for the rest of the world. This will happen because evolution moves forward, and so many of you desire to expand in the light and in the spirit of collaboration and togetherness. Yes, in five years or perhaps beyond, we see you calling your country a place of light that will then stream around Earth to other countries and bring the understanding and unity you seek.

Ananke, who helps us clear the way forward, and Cronos have been echoing everything said here. They say that the expression of light always advances and never recedes.

*Raffaello Di Meglio has worked for over forty years guiding people to understand their personal connections to the divine by reading their akashic records, channeling, and identifying aspects of their higher selves. He uses personal sounds to help people understand their cosmic missions. Through the Agents of the Light, he has experienced their assurance that all is possible and that everything we desire can be achieved. Learn more at [AgentsoftheLight.com](http://AgentsoftheLight.com) or email [welcome@agentsofthelight.com](mailto:welcome@agentsofthelight.com).*

# The Battle Is in Full Swing

## Adironnda and the Council of Light Through Marilyn Harper

**Marilyn:** I sit here, safely tucked away in my meditation room, wondering what the state of the world will be one year from now. I shudder to think about the future. Then I am reminded that consciousness creates form, and there it is: I get to change my thoughts to focus on the things that make a difference in the world. But how can one person sitting in Branson, Missouri, effect change that squelches war and invokes peace? I have difficulty imagining it, so I will go into meditation and see what Adironnda and the Council of Light have to say.

**Adironnda and the Council of Light:** Ah, it is good day to you, dearest beings of light. We love looking out in the ethers and sensing and even seeing you read this article. You know and understand that all the messages in this extraordinary magazine have come through a host of messengers to bring you to the table of enlightenment. Still, we ask you to use your discernment and “falsehood detector” to see what does and does not resonate with you. We know your filter system and the messenger's filter system are active. We hold the intention that our message

is filter-free. Of course, we speak to you of a future that is yet to be written in the record books.

When you read this, the United States pres-

idential election might be over and done with. In July 2024 and before, we said that a fresh face, a person with new ideas and programs that genuinely benefit the people of the planet, would come to the forefront of humanity. We believe that has happened. Who knew that this fresh face would be your vice president!

We have a niggling feeling that, once again, the person the majority of people vote for to be at the helm is not the person who the electoral college selects, and there might still be some ginormous upsets in the political arena. Aside from that, history was made with the first woman of color and a completely polarizing force running for president.

So what do you do with this information? What will we have in 2025, 2026, 2027, and beyond? First, we urge



you, like Marilyn, to remember the statement “consciousness creates form.” What do you think and feel? Are you ready to support your leaders of this world? One of our predictions for the coming year is that lightplurkers (play + work = plurk) will unite their forces for a divine change for humanity. This is not a force fueled by anger or resentment but by love. What does “fueled by love” mean? Simply put, each person who considers himself or herself a force for love and light will gather others together and create an intentional flow in the world. In the coming year, groups will pop up worldwide and come together weekly or bimonthly to invoke the intention of love and harmony in the world.

### Consciousness Creates Form

Here is another prediction for 2025: A proactive campaign will come into play to encourage humanity to take care of the planet: the oceans, land, and internal core of great Mother Gaia. Earth is the only planet you have to live on now, and she is evolving, just as you are. It is time to educate others to create less trash, compost your rubbish, buy only biodegradable containers, and keep plastic out of the seas and landfills.

As Marilyn listens to the message we present, she flashes on a scene from one of the *Back to the Future* movies in which the professor dumps trash into his car to fuel it. Yes, in the coming year, we see that an effective form of transportation will become a focal point for humanity. A fresh-faced young inventor will go beyond electric-car development and create a vehicle powered by what fills the world's landfills and trash barges.

You and humanity can help by providing a little pushback to the companies and countries that produce the non-sustainable oil fueling your vehicles. These companies and governments work hard to convince humanity that oil is needed, and we say that you need to stop draining this natural resource from the planet so that she can continue to fuel herself.

Many inventions have been created that poison dear Mother Earth, such as Styrofoam and non-biodegradable plastics. It is time to push back and not put up with receiving your products in such containers. It is time to research how you can help Mother Gaia to continue supporting humanity as a foundational creation.

In another prediction, humanity will better understand how much control pharmaceutical companies wield, and you will start to gently push back. We encourage you to take care of your maladies personally with traditional and alternative methods. We predict that insurance companies will start to support alternative treatments for health challenges. You might think this wishful thinking, but some insurance companies and hospitals already approve massage, chiropractic, acupuncture, and Reiki as appropriate therapies.

We return to the fact that consciousness creates form. When you focus on an idea, or when spirit gives an idea to you, that idea is scattered among other people on the planet. One of you brave beings of light takes action to bring that idea into completion. In 2025, will that be you or someone else? You see, it only takes one or two companies to acknowledge the possibility of alternative therapies as valid forms of treatment. Some leaders in patient care will see the benefits when they realize how much money is spent on alternative treatments. They will begin coverage with the intention to actually help people heal rather than simply cover up the symptoms of disease.

### Changes Will Help the Environment

Do we have more predictions? You betcha. The planet's temperature will continue to rise, and Earth's water will be a political and financial concern. When water is rerouted from one part of the planet to another without solid habitation, humanity will realize that water is a viable resource. Researchers will stand up to financial monopolies to refocus attention on creating healthy water resources and return them to natural flows.

New automobile exhausts will start healing the ozone layer, much like humans saw in 2020 when fewer automobiles were on the roads and the atmosphere could replenish itself. Deforestation will slow as humanity educates itself on sustainable crops and farmers start growing in vertical fields rather than on forestry acreage. That will also improve the air quality, since oxygen and carbon dioxide are byproducts of forests. Rather than forests being destroyed for their lumber and pulp products, recyclable debris will be turned into substances for building and paper. The animal industry will discover new ways to support their feed lots without pesticides and antibiotics and to provide healthier environments for growing plants and raising animals to feed humanity.

We know you still believe this is all wishful thinking rather than factual predictions, but consciousness creates form. 2025 is a year of redirection. You will redirect complaining toward a new focus on education and replenishing Earth's natural resources. You will have a current, contemporary outlook on sustainability, versatility, and retainability.

We see Earth and her people turning a corner in 2025 and 2026 with the realization that there are better ways to live in peace, love, and joy for everyone. We are here for you. We love you, honor you, and remind you that we are you. Namaste.

*Marilyn Harper has been bringing through messages of higher guidance for more than twenty-two years as the divine link for Adironnda and the Council of Light. By the power of spirit, she receives and conveys love, activations, healing, and wisdom from higher dimensions, including from ascended masters, archangels, and galactics. Spokes-being Adironnda says they were sent from Source to help people awaken faster and prepare them for the Earth's shift into higher dimensions.*



# Humanity Blazes the Trail and Moves Forward Through 2025 and Beyond

Angel Raphael Through Deborah A. Morrison



We, as the great family of humanity on planet Earth, are growing our wings stronger as we come closer to the spirit realm in 2025. Simultaneously, our roots become healthier and grow deeper into the Earth realm — roots and wings!

Due to changes in nature, this realignment brings the resultant changes of an energized 2025 and a rejuvenation of broken hearts. This leads to the restoration of many broken relations. We will see with our own eyes the strengthening of community that comes out of the current general turmoil and malaise of humanity. This will bring reason to celebrate, since these changes for the better have been long awaited.

However, there will still be some growing pains and areas of darkness that will bring some concern. Yet, these concerns will be much less so than during the past few years of our experience.

## Breakthroughs and Blessings

Soon there will be a breakthrough in innovation, creativity in all forms, and optimism in the face of remaining disharmonies as glimmers of light, developments, and healing create steps forward and begin to manifest for all to see. Intuitive abilities become activated in a more powerful way. This is the compass people have been in need of for a long time.

The royal family will restructure in a significant way. Although unconventional, the changes will strengthen the monarchy in the long term. It might be a blessing.

Medical breakthroughs are on the horizon and have been waiting in the wings for much too long. They begin to make their way into the medical system at long last.

The environment is caring for itself — rebalancing — more than humanity realizes. Please do not feel that you carry the weight of the world on your shoulders. Mother Earth is ever loving, wise, and strong.

Listen to your dreams more than ever. They too take you closer to your inner wisdom.

## New Earth Miracles

With worldwide turmoil and a conflict phase, please

know this as the waters dividing. Frequency differentials are becoming more varied as some uplift into high-frequency vibrations since this is their life purpose. Those of lower frequency fall ever lower as they cling desperately to their old ways of darkness, deception, and deceit, all for the sake of power and control. Their game is futile, yet they are ever free to decide a lighter path if they want.

The Divine/Truth is the ultimate universal power, and in 2025 you will see and experience the truth of universal alignment at an ever-faster momentum. The parting of the waters happens through the Divine/Truth and mercy to create an open pathway of New Earth miracles. These miracles bring a new restructuring, a long-awaited realignment.

As a result of this new realignment, the U.S.A. in particular will demonstrate how it's an instrument of great power and peace. The Middle East and Israel conflict is thereby brought to the greatest resolution through the great service the U.S.A. renders for the benefit of all humanity and the entire planet Earth. Jerusalem will shine brighter as a beacon of great spiritual light.

The alchemy of old ways into the new ways of golden radiant brilliance shines on the entire planet Earth and through the hearts of all humanity. The waters have parted, and divine mercy flows through in a way that has never been imagined or experienced before. This will be experienced by those of a higher frequency — both people and the entire planet Earth, which is vibrating at a higher frequency rate than ever before.

Those of lower frequency ways are left to be in their comfort zone of darkness as they fall deeper and deeper into the black hole of the universe. All the while, those who are of the light remain unaffected by the darkness, just as the morning sun rises to greet a new dawn. All is the interplay of free will and the Divine/Truth and destiny, for we truly do not have one without the other. It is the play of the two that unlocks the needed healing as a strong foundation for new miracles to manifest.

Canada experiences an identity crisis. Its current fifty-fifty scales of darkness and light are, at long last, tipped toward the light. The UK, France, India, U.S.A.,

and Canada realign in a stronger way to the benefit of the entire planet. Ways of business in all these countries mentioned begin to restructure with newfound economic business models based on integrity and energy flow. Blockages are released!

### Recent Past, Present, and Near Future

**Recent past:** The recent past of Earth has been like the ace of spades — dark, sharp, and digging deep into the earthen depths to till the soil in preparation for our new growth and new life experience. This phase has been heavy, and there has been much hard work for the purpose of preparation toward greater days to come. It has been a time of weeding the garden and tilling the soil to create a rich foundation for new growth.

**Present and beyond:** In the present, we are in the king-of-clubs phase. The kings and various world leaders reach out and they “club around” the four corners of Earth. In doing so, they gather information and knowledge. In the varied perspectives of great gaps of energetic frequencies, worldwide misunderstandings, conflict, and turmoil surface.

This is our present time of information gathering. Awareness is developed about where people are really coming from in their state of being or their consciousness. This information gathering phase by kings and worldwide leaders strengthens and empowers humanity’s ability to make empowered and informed steps forward into the future. The gap decreases and harmony increases.

**Near future:** The near future is the ace of hearts phase. We’ve aced the past. There are enough people on planet Earth who are open, willing, and informed, who have good hearts and uplifted consciousnesses, to move ahead and be in the near future phase. But keep in

mind that this is merely the next chapter. It is the tip of the iceberg for greater, more wondrous things to come.

### Revealed in the Moment

Jesus will begin to manifest in a visible way to more and more people all around the world. This most assuredly has a profound impact, though completely unexpected to many, and comes out of the blue. The impact of his appearance is more profound than ever imagined. This experience goes beyond the limits of race, creed, color, and religion.

There are no expectations from this type of manifestation experience. Rather, go forth with a deeper heart connection, since it is through presence that the entire planet is uplifted in the year 2025. This is just the tip of the iceberg, yet it makes all the difference to everyone everywhere.

So be at ease, dear ones. Please do not carry the world on your shoulders. Relax and take rest in the presence, knowing that the whole world is in the hands of the Divine, together with angels, archangels, spirit guides, and ancestors.

In the year 2025, ever so many people will directly know and experience concrete confirmation of this fact of the transformative power of presence. And our understanding of presence and what it truly means will expand with the passage of time. Fear not. Step forward with an open heart in faith.

You are my beloved, as I am eternally yours.

*With international recognition, **Deborah A. Morrison** is an award-winning author from Hamilton, Ontario, Canada. Deborah writes with the intent to bring the reader an experience of greater peace through inspiration, empowerment, and self-development. Discover more about Deborah A. Morrison at [DeborahAMorrison.com](http://DeborahAMorrison.com).*

# Consciousness Itself Is Revealed

## Master Lady Kira Raa, the Unified Field of SriRamKaaKiraRaa

As you connect with this sharing, you are invited to relax into a moment of cherished remembrance — the precious gift where all roads guide you beyond the field of judgment. If you compromise, then you are compromised.

2025 is an expansive ocean of choice that arrives from the 2024 experience, a unified cocreation of all that came before. How will you meet this choice? Will fear or trust arrive first at the party? This is the first choice

in a new year of choices. The key is to gaze inwardly with joy. Hold your bountiful self through what is ready to manifest in transcendent awareness as you ask, “What in me invited this to be?”

Notice when fear is present in any of its aspects, and immediately be in gratitude, honoring this opportunity to discover balance quickly and effortlessly. 2025 is a year of many seeming firsts. As you practice



the conscious awareness of the seven polarities of free will (figure 1) as the expression of trust through the equanimity of love, the choices are clear and radiant.

The year ushers in with a rapid rise in AI and the strong pull to keep conscious awareness limited. Already present before January 1, the crossover from one year to the next is especially potent now, due to the presence of these two energies that will reign supreme through January 15, 2025. They will do their best to keep fear-based energies thriving. This is the moment when the energies of trust and love rise as one and become invincible through this sacred union.

On January 1, 2025, this potentiality fully enters the whirlwind/great-spiral central vortex that emerged throughout 2024. Gazing at the upward and downward spirals that define the alchemical choice, the early moments of 2025 will reflect the final months of 2024. The world of the post-September equinox — which opened another opportunity for expanded conscious awareness — beckons. It unfolds so fluidly that the integrity of the moment invites us to relax into acceptance beyond the perception of limitations. There is so much more to call forward and to dance with the joy of life reborn.

Breathe, reflect, and gaze into the still-expanding energy that came into your awareness in late August 2024. Assemble what you notice as you put all the pieces together beyond the field of judgment. Witness this as if you sit on the mountaintop, fully aware of all you notice as one piece of a stunning panorama.



Figure 1. Seven polarities

This energy will escalate with the arrival of the new whirlwind cycle (figure 2). As we enter that cycle, the whirlwind spins and the wheels of eternal time become easier to access. Everything, including the fact of you reading this, exists because you are ready to expand beyond self-limitations and soar beyond where you arrived through the gift of conscious awareness.

This whirlwind has the benefit of bringing all the months of 2025 into a rotating cycle that essentially overlays the energies. Each month has all the components of the other, and the uniqueness of those moments

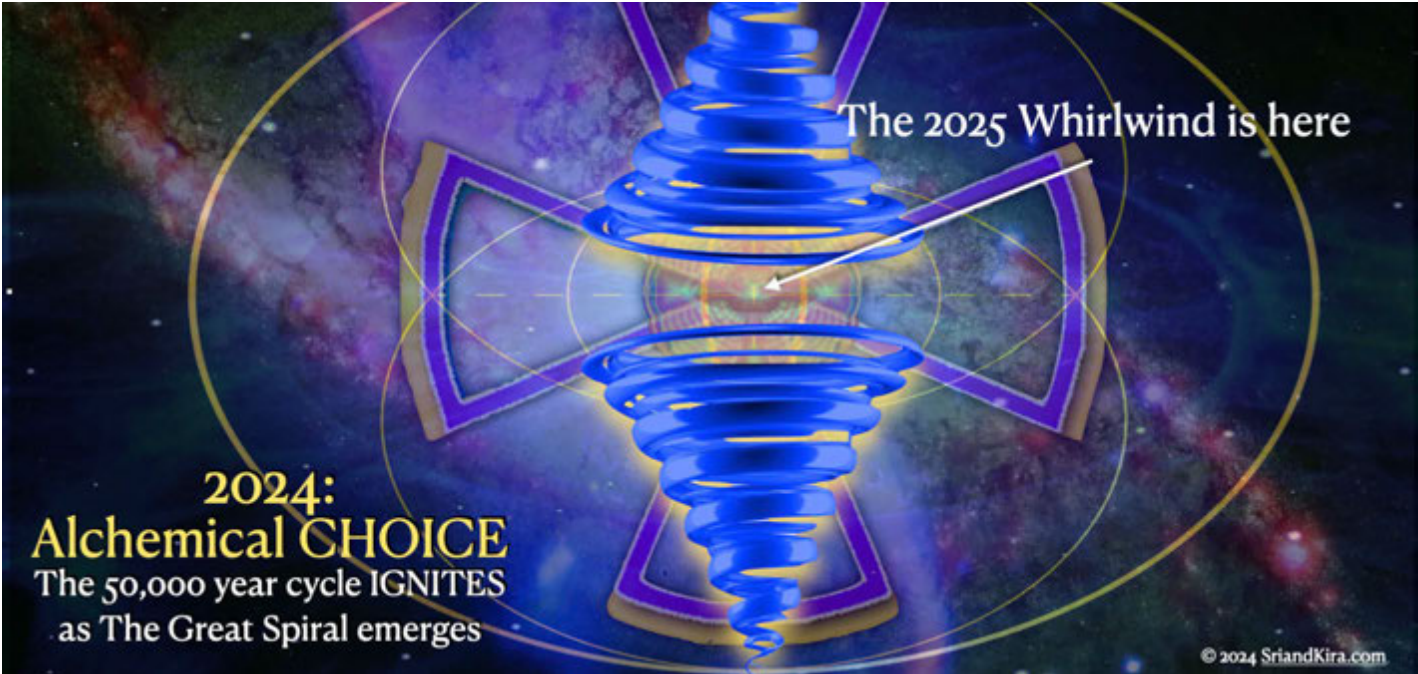
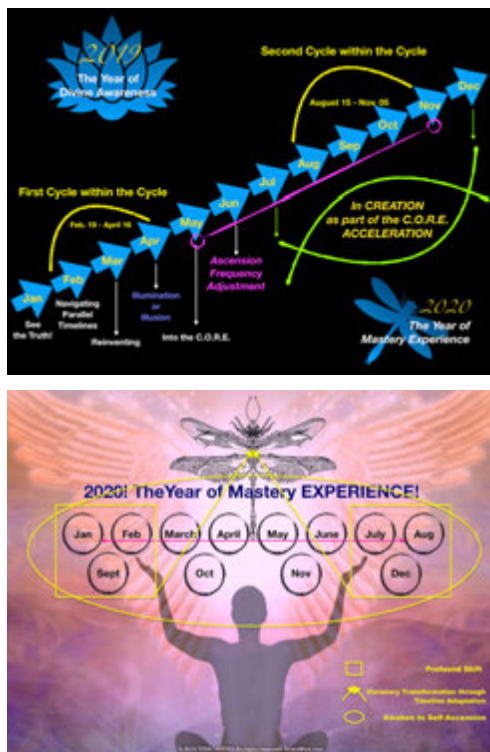


Figure 2. The 2025 whirlwind





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Visually connecting with the 2019, 2020, 2021, and 2022 energy flows invites the mind & nervous system to relax into the Eternal Cycle of Divine Mastery Presence!

2019:  
Culminating year of linear time in this potentiality

2020:  
Adaptation to up-level as Profound Shift, Visionary Transformation & Awakening

2021:  
Spiral time ignition as Concentric dimensionality

2022:  
Sea of Neutrality rises as The Pyramid within the Pyramid

Rising Ignition of the Zero Point energy in preparation for the Ascension Renaissance



Figure 3. The 2019–2022 energy flows

will closely unfold throughout the early January energy “settlement.”

The 2025 choice began rising through the unified presence of September 2024. It supported the unified field of equanimity and ushered into the 2025 journey as a gift of balance — a stable foundation sustained through the fields of conscious awareness focused on envisioning a positive shift. The ability to lift into these rarified spaces that expanded in September 2024 will quickly grow through the entire 2025 whirlwind.

For those who choose to be aware of the imminent ascension journey, this cycle will be defined by being free from compromising and thereby free from being compromised. Smile as you realize it is all self-imposed limitation. This is the greatest gift of 2025: freedom from the self-imposed tyranny of the mind through the conscious awareness of available choices.

## Gift Yourself the 2025 Ascension Experience

The expansive 2025 sea of neutrality calls you out of complacency and stagnation. It invites you to step further into the full remembrance of your divine mastery presence. Through integrity of authenticity, you can activate the courage within as the gift that invites you to joyfully gaze into the mirror of the self.

Smile and witness it all. See through the illusion with responsibility as you call forward passionate action beyond the drama that perpetuates the lateral spin

of insanity. The 2025 whirlwind sits in the center of the spiral, at its widest point with the widest view.

Each month of 2025 will reflect the others. This will be especially noticeable in January, February, March, August, October, and November.

In this moment, bring your hands to your heart, and invite a smile to brighten your face. Feel the arms of your eternal presence reach out from beyond the Allness to embrace you once more. This is the invitation into the field of creation that we collectively birth as 2025.

Gift yourself into this moment. When 2025 arrives, it carries an energetic field filled to the brim with receptivity and knowing. This is the divine mastery presence of the capacity to envision a positive shift and remember the ability to manifest the vision in formed awareness. Be the one who is ready to expand beyond limits while carrying the conscious awareness of all that has ever been.

As you arrive into this state of conscious awareness as the master in form, be ready in 2025 to flourish and serve. The imminent ascension expands, and the experience anchors. The convergence of fear moments and trust moments call forward now. This slowly building, momentous energy experience that began in September 2024 will continue to build through February 2025.

Beyond all fear or illusion, 2025 is a beautiful moment. The ascended presence is before you, waving its hands. Relax into the understanding of how you arrived

here. All influences that present in 2025 have spiraled since 2019.

As you gaze at the 2019 energy calendar, notice that this was the final semblance of linear time (figure 3), an arrow pointing straight up into what is yours to reclaim through conscious awareness. From there, we arrived at the living essence of concentric dimensionality in 2021 — the year of spiral-time ignition.

This is a humble reminder to shower yourself with the compassionate kindness of the universe in collective preparation for the fluidity of now. You chose this moment to be here and celebrate the accomplishment of sustaining your conscious awareness beyond where you'd been and to reclaim the vast ability you have to continually cocreate. This is the moment to release all fear as you support a sea of neutrality, floating through with the smile of the master and aware of the template of consciousness (figure 4) through the five medicines.

The vast expansion of consciousness is upon us. The year 2025 will float through all five medicines as an experience of a series of propulsions. The September 2024 equinox heralded the first of the five propulsions the moment we entered a new world that shifted all that was into all that is.

The momentum from these propulsions rapidly escalates again on December 31, 2024; January 14, 2025; February 15, 2025; and March 15 to 18, 2025. These five propulsions are similar to the ignitions of the five-pointed star. This living ankh energy — the experience of being — invites you to go beyond all illusions into the depth of knowing.

As more discover their ascended presence through the seeming complexity of this moment, we then know the ascended presence is before us and that every being we greet carries the energy of our ignited divine presence. Imagine the impact!

## Listen to the Animal Kingdom

Through 2025, mass ascension energy will be most prominent among our animal brethren. The gift of consciousness is offered through their voices, allowing us to expand our abilities to be. All the beloved animal kingdom speaks to us now. As our hearts receive this message, we already know deep within that some share their last words. This is far from something to lament but rather an invitation to receive.

Many animals of this potentiality are in their “before we go” moments. This is a special gift, for that moment offers clarity, wisdom, and the blessing of culmination. The greater question is: Are we listening?

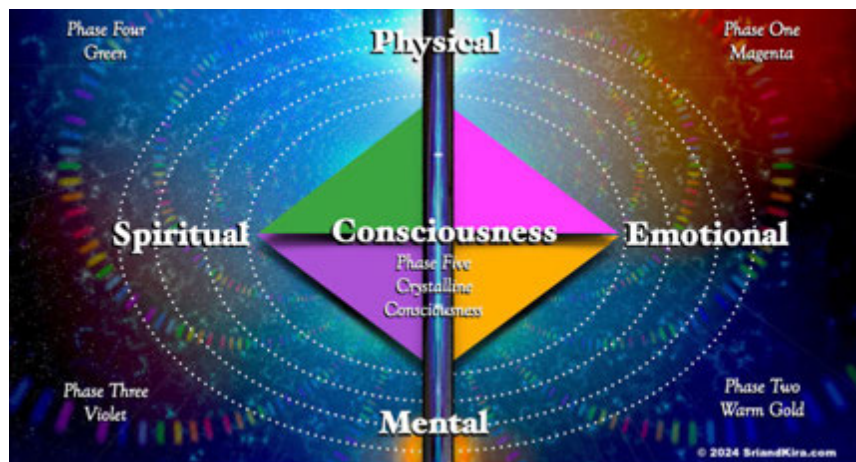


Figure 4. The template of consciousness

This is the moment to pay attention, for not listening would be energy to lament. Notice the essence and energy of all animals. Whether you are blessed to be a caretaker or simply an observer of animals, you can give thanks for these gifts.

The animal kingdom calls out through this extraordinary moment. Imagine that they trust you to trust their ascensions. Read that again, and call that forward. Several ascension moments will occur in 2025, and in those moments, remember that they trust us to trust their ascensions.

The experience of being calls us out of all illusion. Be not afraid. The animal kingdom has massive revelations to share. If you receive messages, write them down, and do not dismiss them.

Listen and trust what you receive, as everyone is capable of understanding the animals. You can do this when you are physically with them or from a distance. Notice the animals that call to you and what happens when you pay attention. These messages will continue to expand through 2025. The essence of the 2025 moment is the great opportunity to witness the whirlwind through the power, presence, and gift of the animal experience — of their unconditional love gazing at you, inviting you to remember.

The opening unified field and fluid spin of 2025 will continually reveal new spirals within spirals during the year. With a heavy influence moving into the new year from the last months of 2024, the greatest blessing is that if you choose it, consciousness itself is ready to lead the way, and the law of instantaneous manifestation is yours to own.

*Serving humanity for over twenty-two years, leading visionary of positive shift Master Lady **Kira Raa** is a consciousness leader, best-selling author, and show host. Journeying through near-death experiences and demonstrating healing miracles through the power of the Law of Instantaneous Manifestation, she continues as the integrated presence of Sri and Kira. George Noory, host of Coast to Coast AM stated: “Sri and Kira are two of the best examples of open-mindedness.” Visit SriandKira.com and TOSABlueMountain.com.*

# Journey into the Realms of the Higher Self, Part 1

Ascended Master Kuthumi Through Chanel Lingenfelder



Beloved master, connect with this frequency, and extend this love way beyond your energy field and into the seat of creation. Connect with the beautiful violet and emerald frequencies. Encapsulate this within the beautiful ruby ray and anchor deep into the core and heart essence of Gaia.

This message of profound love reminds you to stay within your Divine connection, no matter your general despondencies or daily challenges. Remind yourself of the infinite power of love emitted from our Divine source of protection and enlightenment unto all.

A long time ago, I heard a little cry for help, guidance, and assistance. As time passed, over months and years of focus and dedication, those cries formulated deep within the divine essence of spirit and worlds beyond worlds. It was as if mortar cemented the bricks together or gaps between the synapses secured. The more she communicated her requests or desires with us, the stronger the intent behind her purpose became. (The keyword here is “intent.”)

Since all existence must adhere to the laws of the universe, the law of cause and effect had to work its course. Her cries became deeper with even greater intent, and with that, a far-reaching listening developed. The connection became secure.

She asked, “How do I start this?”

We replied, “Be in the space of the now. Acknowledge your present reality, and at the same time, project what you wish to create or manifest realistically.”

Again, she asked, “But how do I do all this?”

We responded, “Listen.”

“Listen to what?” she asked.

“Listen to the self by tuning in to your inner ear. Listen intently, and this will enable you to clearly formulate and express your thoughts rather than express obscure babblings. This is how you create foundations and building blocks of higher communication. You must discover that initial still point of inner-ear silence before you can master inner dialects with alternate-dimensional beings.” Then we told her, “Explore with reverence.”

She eventually asked for help to create a formula to encapsulate the process. We obliged and explained that the next step was to wait. This was a huge challenge, as

patience was not her strong point at the time. She was inclined to overreact and overcontrol, which we understood, as it was written in her chart. With time, she fully understood the process of trust and surrender. The turning point was reached when our energy field merged with hers, which resulted in her delivering and sharing messages such as this.

I share this story as a reminder that no matter where life takes you or where you start, it is never too late to begin.

## Life Is Unpredictable

Realities can change in an instant, so it is important to stay in your present truth. You do so by connecting with your inner self and higher self. This journey of your awakening spiritual self is uniquely yours. All you have experienced and what is to come is on point. Because your life journey is different from that of others, your options (and opinions) might seem more challenging than those presented through more frequently trotted pathways. You follow a road paved by your soul (through soul choice), not by the soles of your feet. Your soul’s decision this time around is to further awaken, to discover your divinity and magnificence. This is a massive task and accomplishment.

You dared to set sail to unexplored shores. Do you think for one moment that your great Earth explorers knew exactly what awaited them? As a spiritual explorer, your journey unfolds through rediscovering the self. Understanding comes with experience. With greater discovery, a larger picture unfolds, and an even greater understanding awakens as you realize that you were here before.

Many of you have taken on your human skins once more to live according to the frequencies of your currencies. Others of you have chosen wider perspectives within the beauty of nature and by living spiritual lives. In truth, your projections are way bigger than you ever dreamed them to be. This can be difficult to explain or portray to another unless it is experienced. Remember this, as experiences differ according to contractual laws agreed by the soul. Some situations might challenge you emotionally, and others might demand more mental expansion. Let your overall picture be from a spiritual viewpoint.



When this channel came to us with all her questions, we reciprocated when she was ready. I, Kuthumi, gave her the formula for creating her connecting vortex, activating the nine beings of light along with the rest of her pre-channel declaration. I channeled it to her via another person. I told her to start with this and that the rest would follow, which it did. [Author's note: I explain this process in my book *From Party Patsy to Praying Patricia*.]

The words and sentences that I, or we as a group, express are infused with powerful frequencies intended for you to feel or perceive with your inner ear or intuition. Reach out to your team, beloved. We previously guided you to connect with your twelve masters (see pp. 21–24 of the March 2024 edition of the *Sedona Journal of Emergence*).

### Practice Commitment and Dedication

Focus with intent, and commit to honor your inner self by stabilizing your mental and emotional fields. As I mentioned years ago, you must be able to stand on the busiest street corner in the center of New York City and hear nothing. That puts commitment and dedication to practice. By expanding your energy field beyond the confines of immediate noise and distraction, your spiritual tentacles of electric (brain) and magnetic (heart) frequencies open previously unattainable doorways beyond your dreams. Every one of you can do this. We will guide you through the first part.

The essence of love facilitates all. Make friends with yourself, and inevitably you will fall in love with yourself without demands from the ego. We guided you to befriend your shadow; then we dared you to dance with it through the dark side of the moon, revealing your hidden emotions.

During your meditations, explore your golden pyramid with its intricate personal frequencies. Go beyond your golden door to explore and venture through planes known and unknown. You are the light, so fear none. Glide through the celestial waves of the cosmos as you befriend your higher self.

When you dedicate time to listen and meditate on the essence of the inner ear, and the connection becomes clearer, your bridge of consciousness (rainbow/antakarana) comes to life.

Truly ask for guidance from your heart-soul-mind essence. Let your tears be of joy as your needs become wants and your desires are without greed.

I might not have faced the same challenges as you, but I lived through many lifetimes of diverse cultures and similar experiences. We experienced pain, lack, sadness, and joy. As you (re)discover your personal bridge of consciousness, doubt can no longer be a feature in your world. We never related to doubt.

Acknowledge where you are at this moment as you

don your armor of love by embracing the now moment of acceptance. Once you do, you will realize that challenges are no longer threats because none are set in stone. Through flexibility, mold the self into the best it can be, authentically. This is all revealed in the 144 ascension chakras (keys and senses) and codes of transformation.

To clarify, the description “arenas of consciousness” was first filtered into the consciousness of this channel some time ago, but like most things, she chewed on it for a while before deciding that she enjoys this description of the chakras. So do we.

### Climb the Twelve-Step Ladder of Consciousness

The first key is acceptance within the base center. This forms the basis of everything. Once you embrace acceptance, nurturing comes naturally. The more you nurture the self (sacrum), the easier that acceptance guides you to nurture situations you might have to adapt to for the time being. Now you can express yourself authentically, as acceptance and nurturance remind you how to truly be yourself.

Deeper understanding develops with growth, and through personal and soul empowerment, you realize you have so much more to discover in your arena of authenticity in the solar plexus.

authenticity + empowerment = sharing without fear

You do this by empowering another. Only after you let go of fear and intimidation can you glimpse unconditional love.

Stuck within the lower-heart essence, you fall prey to victimization and slide back to basics into your first arena of consciousness, the base chakra. Your victim demands company. Desperation, lack, poverty, and deprivation erase all traces of acceptance, nurturance, and authenticity.

Fear not. Most of you stumble when it comes to unconditional love, but it remains a certainty and achievable when your phoenix rises from the ashes of conditions. How does this happen? First, realize that the only one responsible for your reality is you. Once you accept this, you transform by nurturing your authentic loving expression. Move on, and stop blaming the self. Work through the various issues of your supposed blame. Address and then release the places, times, and periods of “mismanaged” opportunities in which you felt you created lack. Forgive and let go.

When forgiving, make a point to ask the self, “Who have I offended?” Think deeply, because there are plenty. Almost all issues relating to the lower-chakra system were founded in your formative years, including in adolescence. Many issues are so deeply embedded that you don’t generally remember them, but once you do, you

know. Your body gets goose flesh, as you say. Hairs stand up on your neck and arms, and suddenly you remember.

When you walk the conscious path of the awakening spiritual warrior, you must lift these things from the mud. Once you do, you come to smell and enjoy the flowers of what once was drenched in mire.

According to humanity, love comes with conditions. Trying to grasp, let alone teach the unconditional aspects of love's true essence, can be rather difficult. The concept of love in human linear expression is unlike the deeper truth of love on most levels. For example, love has no opposites even though hate is considered the opposite of love in your linear world. Love is indescribably divine and sacredly sublime. It is everywhere because it is the breath of God.

Without the unconditional frequency of love (Source), nothing would exist. This idea often falls on deaf ears, as the human concept of love differs from its higher perception. Love, in its frivolous form, entertains, whereas love's true intention is unequivocally unconditional without opposites. Those of awakening consciousness grasp this. This is why we anchored the codes of respect in the heart center. Compassion keeps the heart arena aglow.

Next, face your spiritual doorway of trust and truth in the throat chakra, mastering how to communicate them. Here, you face your double-edged sword along with two core flames that serve as reminders that what you trust as your truth must be extended to allow others to communicate their truths. Claiming your truth by trusting it authentically and unconditionally, you must allow others to do the same.

### **As Above, So Below**

Something amazing happens when you go through the tight squeeze in the throat area of your consciousness: You awaken to many "aha, I get it" moments. To truly transcend beyond this level, you must face the challenge that everything above (chakras six to twelve) must be loved and communicated through the experience below (chakras one to five). This transcends old realities and creates new timelines, allowing you to ascend and integrate deeper inner sight and inspiration in the sixth chakra. (Your inner ear facilitates this formula.)

Beyond that, you step into unity and knowing in the crown area. You explored inner sight and inspiration in the third eye because you accepted it, nurtured it, and expressed it as only you could. You compassionately gave it every bit of love through forgiveness and nonjudgment. You banged on the doors of truth and trust and opened them for others. You lit those flames.

Next, unity and knowing reveal the higher pathway. Unity is indeed contained in knowing. Create unity (oneness) throughout your light, chakra, and aura systems.

Once these systems work in unison, you ascend above and beyond them.

Apply this formula in your daily life, and divinity and connection in the enhanced eighth area of your consciousness await. Once you experience connection in your eight chakra (the soul-star chakra) and can gather all the fragments of self into the authentic cauldron of your making, your divinity inevitably reveals itself.

In the ninth area of consciousness, you meet your lightworker self. You become a keeper of the New Earth DNA and flames. Whether you know it or not, you are a keeper of the essence of Gaia at some point in time — if not all the time. Indeed, Gaia is a master herself. She is your host, your star. As an awakened light warrior, you innately know that you discover connection and thus divinity through unity. Within the ninth area of consciousness, you commit to Gaia with unconditional love in service as an Earth keeper.

Beloved, Gaia knows you. She feels your tears and footsteps. She appreciates your gentleness and supports your intentions. She remains eternally grateful for all that you are. As mentioned, she ascends with or without you. Mother Gaia feels for you with the same unconditional love shown to you by your beloved pets. She has no set conditions when she "shakes her feathers" (natural disasters); her only purpose is realignment. Through the laws of cause and effect, things are always as they're meant to be.

At the tenth level, truth and euphoria allow you to tap into your angelic spirit being, taking on the angelic codes of the human angel. One of the greatest gifts of the "new you" meditation is to guide you to tap into your true essence that awaits beyond the limitations of this world.

The eleventh area of consciousness holds all interstellar/cosmic/galactic codes of consciousness: your galactic self. The keyword is "enlightenment," and the sense is surrender.

Finally, at the twelfth-chakra level, you integrate Christ consciousness via the diamond-/gamma-/liquid-love codes. The key term is "free will," and the sense is passion.

This culminates in the thirteenth area of consciousness: the divine mystery of all combined existence. The only way to truly grasp it all is through creativity. When you freely work with the inner self, your passion keeps your creative spark glowing. When you walk through these connecting cords between the ascension chakras (medulla oblongata to the crown) and your twelve-chakra system, your creative expression becomes natural, no matter the lower-world's limitations.

### **Test Yourself**

When you transcend from the lower frequencies into higher expressions and implement this in your daily life,

you duplicate the higher chakras into the lower chakras, bringing heaven to Earth.

Through creative expression, you subconsciously and automatically awaken your dormant (spiritual) DNA. You tap into an essence within that you never knew existed. Your junk (spiritual) DNA reminds you of your innate true essence, that anything is indeed possible. If you follow these teachings, you are witness to this.

Even though you are given methods and formulas for personal empowerment, stay true to the method that resonates with you. This journey is about you, the soul-spirit-personality self. You test yourself to transcend discordant energies and claim your human-angel wings, unconditionally.

Tap into your star and Earth chakras that we will soon discuss in detail. Remember that as long as you have faith, hope prevails. As long as there is hope, have faith that all is well in your world, as love will see it through.

The gift of life lasts but a blink, a fleeting moment, and then it's over. The opportunities and experiences presented to you in that blink are indescribable. Once back Home, you realize that that lifetime was a mere snap of

the fingers, but you explored what the world presented to you that became cornerstones for soul evolution.

Beloved, use the formulas, expand yourself, and get to know the ascension-chakra keys and senses by heart. When you struggle to find stillness, play some beautiful music to soothe your soul, as music can shift your frequency. We will share more about the meditation in upcoming discourses.

Allow yourself to experience what you must, but never be so selfish as to take joy away from your world. Whether you are with others or by yourself, know that you can never be alone, for we are all one. As you close your eyes to drift into heavenly rest, accept, anchor, and give thanks for the awakening Christ consciousness within all.

May the light of the living Christ be within you forever in all ways. I greet and bless you in love. Adonai.

***Chanel Lingenfelder** has been a trans-voice channel since 2006. Chanel lives in Howick, South Africa. Apart from earning mega academic accolades, she's traveled extensively and is a published author of From Party Patsy to Praying Patricia. Chanel hosts workshops on her most loved topics, color and chakras, and is a copy editor for South Africa's largest online health directory. Her dedication toward lightwork remains as unwavering as her wicked sense of humor. For more information, visit [VisionoftheHeart.co.za](http://VisionoftheHeart.co.za).*

# Opportunities for Connection Will Grow

## The Ones Who Help Through Sarah Webb

Good day. All is well with us, as we know it is with you, for we see your vibration and vision for yourself. This beautiful orchestration does not need as much effort as you fear. You are already well along this lighted path that you envision to be enjoyable.

We wish for you to recognize all the benefits you have in your favor as you walk forward. They are many and help you throughout each day. The birds, trees, animals, and bees (we love a good rhyme!) are all in sync with your vision. You are seen as the vision holders, and we honor you in this role. We recognize that this path requires deliberate recalibration during this exciting and miraculous time.

### Follow the Breadcrumbs

This one [Sarah] asked us to speak in a predictive fashion, so we will briefly review your coming year of 2025. First, know that you have what you need. Remember this. Nothing can be taken from you because you are eternal.

With that understanding, we wish to share that you will have increasing opportunities to connect with others in 2025. Many on your planet feel the resonance to find others and share their experiences and what comes from their hearts. Use this as an opportunity to expand the reach of your heart's desires and to feel the comfort that flows from recognizing another's light. Many of these opportunities will occur in ways that seem mundane to you, such as when you shop, drive, work, volunteer, or browse social media. You might receive more ideas during meditation of things or people to research online. Follow those breadcrumbs. We love the visual of being on a journey and discovering one piece at a time to enjoy your fullness. You enjoy it too, at the highest levels. [Puts on a detective cap and winks.]

If you work with others in the areas of healing and manifestation, you will experience great leaps in your abilities and capacity to develop new and expanded methods and modalities. We encourage you to access





your heart space to fuel and develop these practices. As you know, you have all that you need when you access this space within. We suggest that you utilize this connection to provide an unending source of energy for your work. In 2025, you will receive more upgrades to flow even greater energy in this way. We honor you and thank you for doing this important work. We also are thrilled with the idea of your great expansion and the joy, love, peace, and contentment that come with embodying more of your true nature in this reality.

### Energy Downloads Begin in February

We are in love with family. In truth, this is all we are — one family. You all are our brothers and sisters. Your neighbors are our brothers and sisters. We encourage you to broaden your idea of family to include the planet, cosmos, and all within.

We feel your frustration with the disharmony that can be present. In 2025, we will send enhanced methods to communicate in all ways. A family works best when it clearly communicates. As you know, you need to be fluent in many areas to communicate clearly: You must speak a common language, compromise, be an active and empathic listener, know when you are unable to think and communicate clearly, and understand yourself, your intentions, and your boundaries.

Your capacity to step back and see from a neutral perspective will blend with your embodied experience. This is the pinnacle of what you desire at the highest levels. Many of you have already mastered this, and you

will teach it to others. It is as simple as telling the person you are with that you are experiencing anger, but you are also committed to a peaceful solution. This opens doors and allows more light to enter the interaction.

As a family, we are committed to each other. You will receive downloads to help you flow and pass through greater emotional energies in your upgraded fields. This pass-through of energy should last less than two to three minutes. You do not need to cling to, restrict, or resist any emotions. These downloads can help you navigate stagnant relationships so that each being might reach his or her highest potential in this lifetime.

We cannot suggest any one type for activity to receive these downloads. It could be when you sleep, speak with others, walk outdoors, stroke your pet, or think of loved ones. The downloads will begin in February. If you would like to know when they happen, simply ask. You get to say how and when you would like them to happen, but the intention is for them to go smoothly. We are here to assist and support. You are the driver.

When we look at your year 2025, we are immensely proud of you and excited for your growing community and light. You are the vanguard. You get to choose how you react and what you want your life to be. We are available to help all who ask. You are much loved and revered. We are with you.

**Sarah Webb** is a wife and also a mother to two special-needs teen boys. She works in social services and provides spiritual awakening support for empaths and trauma and abuse survivors. Sarah can be reached at [Sarah@livingasgod.com](mailto:Sarah@livingasgod.com).

## Change the World from Within

The Oracle and Mother MaryThrough Aurora Juliana Ariel, PhD

**The Oracle:** This is a significant time when the souls of humanity determine whether to live out the age-old saint/martyr patterns that subconsciously have been behind the persecution/extermination plays in this world or rise through the resurrection into a new birth that allows freedom and justice for all. This illumined pathway, through a major planetary transfiguration, has called hundreds of millions of souls into a new era of freedom, enlightenment, and peace while the age-old dramas continue to reap their disastrous results, harming many.

This is the time when humanity comes of age and realizes it must relinquish the martyrdom that has allowed atrocities in this world. An empowered humanity heralds the sovereignty of conquering souls, rising like phoenixes from the ashes of human conditioning into the illumined self who is a dynamic presence and can

change the world. Remember: as within, so without.

The message is clear. Awakening ones, turn within and find those levels of subconscious programs keeping you disempowered in ever new cycles of suffering. Find the saint/martyr within, and heal it for the last time. Seek to know yourselves as divine, allowing your divinity to shine forth in this world, transforming everything back to the pristine purity of its unique divine design. This is the time and the calling.

Change the world from within. See how your inner patterns have resulted in countless scenarios of disempowering life challenges, and then see how that change brings its immediate reward. Widen your view to see the



rippling effect of your inner work and how each internal shift affects the outer world. Know that the peace of your true nature is an abiding presence that can set all things right. The alchemy first must take place within, and then the outer will shift in obedience.

Today, humanity must throw the cross into the sacred fire of the resurrection so that you can be made new in the eternal reality of your divine nature. Today, there is a mountain to climb as you determine to live free of everything that would hold you back and keep you down. Today is the time when you realize that you do affect the larger whole. Your reality does make a difference. So choose wisely, and let the destiny that called you to Earth be your guiding light.

### Stand Strong in the Light

**Mother Mary:** Be at peace, beloved ones, for this is the time that you rise into the glory of your divine nature and shine a greater light in the world. Your energy signature is a catalyst for positive planetary change. Your essence empowers other awakening ones to join the fray. Your strength, courage, and sense of purpose cast its rays of light into the present dark night, helping many to find their way. You came for this express purpose. You are here to join in during the time of change.

## A Brave New World

### Telos Through Kenton David Bell

Good day. We are Telos, a multidimensional, galactic-energy consciousness designed by the Creator to help organize, oversee, assist, uplift, and activate seven different colonies of humanoid existence, including that of humanity on planet Earth.

Often, the Creator sees planets such as yours as something of a petri dish in which to grow new consciousnesses, ideas, and life forms. The purpose is to revel in the joy and wonderment of not knowing what will happen. This creates a drive in consciousness to expand, grow, and evolve. As a result, the Creator learns about its creative self, and humans learn about their human selves.

The year 2025 will bring accelerated growth, and it will change the course of evolution for humans on Earth. Something very exciting is brewing inside human consciousness. This fresh, new, and exciting energy will accelerate over the next few years at a tremendous rate, and humanity will have to adapt to it.

Many of you on the planet like things the way they are, but things cannot stay the same. We recommend that you get used to liking things the way they will be. Get

You are the ones who were called unto this world as I and the hosts of light were called. We are here to change the discordant notes of a planet into the harmony of divinity birthed within all. The human self is dissolving, and its importance is fading away.

The great self is in its birthing cycle, heralding the new day. The awakening is in full force. Major internal shifts are reflected in the outer reality. The illusion phases out, losing its grip on the ones rising at this time. Freedom is the keynote for unity, harmony, and peace. Rest assured that every dark night will be transformed into the glorious new day that shines before a world in transition.

The birth of the Christos within is the birth of a new time on Earth, when many will come into their sovereign power, and their divinity will bless the world in untold ways. Accomplishments will be for the greater good — a blessing for all — as the unification takes place first within and then without. You are the avant-garde. Stand strong in the light, and know this is your time.

**Aurora Juliana Ariel**, PhD, is the creator of *TheQuest* and is the award-winning author of the *Earth 2012–33* series. She holds over thirty-eight certificates and degrees in advanced healing modalities. She is available for private sessions, monthly distance healings, classes, and quarterly retreats. Visit her website at [theOracle.Love](http://theOracle.Love), or contact her at [Healing@theOracle.Love](mailto:Healing@theOracle.Love).



excited about what can be as you allow yourselves to be pulled into the universal creation of All That Is and better understand the nature of the ride you're on. You see, this

ride is not about standing still and hanging on to what you have. The more you try to hang on to what is, the more likely you will be disappointed. We assure you that change is inevitable, and those of you who learn to ride these new universal currents of evolution and growth will benefit the most and help humanity usher in the new age dawning on the planet and in your species.

Your physical body is very connected to the planet, but your nonphysical consciousness, including your non-physical DNA, is part of the greater universal consciousness. Where the two meet can cause a seeming gap or disconnect between your origin consciousness, which is not fully from planet Earth even though you've had many lifetimes here. Newer beings are showing up with less of that memory, and they will be the more prominent

type of being on the planet moving forward. This is a big transition. Those of you who have been here a long time might “retread” yourselves as you come off the old wheel of karma that disintegrates before your eyes.

### **Traditional Structures Will Not Continue**

As this happens, you’ll become more like the new beings showing up on the planet. This will become more evident in 2026, but in 2025, you will see growth spurts in groups of people who feel strongly about who you are as a species and how you can move toward unity in a brand-new way.

This will be a challenge for people who have only evolved in traditional structures, as those attached to living in that old narrative cannot evolve in that mindset/soul program. Many people do not have the highest interests of humanity in mind, and what was considered the highest interests thirty years ago is no longer the same. It is even different now than it was ten years ago. Things are moving so rapidly that it’s almost impossible to keep up. This can seem very confusing to your human senses, but as you open to the galactic aspects of your DNA, you will see things from a different perspective. You will see the reality you create from a new lens.

Much of this comes through the collective DNA of all humanoid colonies throughout the greater multiverse. Some of these races have developed differently than you. They have abilities you would consider as fantasy or science fiction. We assure you that these gifts, talents, tools, and skills scattered throughout the universe are available to you through DNA communication.

Many new discoveries into fifth-dimensional technologies will be made through DNA processes, bringing new ideas and structures of thinking about physics. Old paradigms and limitations that have kept humanity enslaved, to an extent, will be broken. These are exciting times to be here, and you have no idea what’s in store.

### **Freedom Is Coming**

Humanity is considered somewhat of a slave race. (We will explore the details of how this came about in the future.) Some human consciousness leans heavily toward enslaved notions. Attitudes such as “I’m not ready to take full responsibility for myself” exemplify this sort of consciousness.

On this planet, you learn about true power, your personal power. Earth is a planet of duality, and enslavement is the 180-degree contrast of the shadow to the light of what’s possible: freedom of the soul. On a planet of duality, you can’t have freedom without enslavement; it’s just the nature of things.

Rather than the word “enslavement,” which has negative connotations, think of it as being held in traction, as if you were in an accident and are now in a hospital

bed with casts on your limbs and straps holding you still. You’ve been held together in this way for thousands of years in an adolescent stage of evolution, and now you’re emerging from adolescence into young adulthood. Think of the transition from age seventeen to twenty-one, and that is the process humanity is undergoing. Should twenty-one-year-olds be trusted with technologies, such as nuclear weapons, that far exceed your ability to be responsible with them?

We see the bigger picture, and it’s important for humanity to do the same. From that broader perspective, you come to collective understandings and agreements. You work together to create what is best for the human race as a whole while providing very wide margins for people to have their individual experiences. This is probably the fastest way to evolve the system and the most comprehensive. We’ll see what happens. You’ll know this process has begun through the energies you feel when you’re in alignment with that dynamic.

### **Understand the Value of All Life**

Up to this point, exercising your free will over another person’s free will has not been the best use of freedom. When you realize the level of power of your free will and what it means, you can leverage it very differently than you do now. Will and choice are two of the most powerful tools humans have on the planet at this time, and we encourage you to use them wisely. Use them with the collective in mind, and you can go further. For example, the idea of nationalized medicine, education, and things of this nature are important for humanity so that you don’t keep killing yourselves.

Even when you have different beliefs, you must understand the value of all life. Wars will not go away for some time, but groups will come together and share certain ideals and tenets for how to live and create the container, the timeline, for humanity going forward. Many timeline options exist right now, and the next three years or so will determine which timelines play out for humanity. You can’t see it all from where you stand, no matter how clear you think you are.

Over the next three years, this evolutionary cycle will affect your DNA and hence your choices and how you look at things, including the physics of the cosmic mind and body. These higher, ninth-dimensional aspects of self have not been fully revealed to you.

Most of you will want to stay between the fifth- and seventh-dimensional aspects of self, which is a good place to be as you move into the fifth-dimensional consciousness on the planet. You also want the ability to slide easily through lower-dimensional energies up to seventh-dimensional energy. This is where you find the love of God, and it’s where the ascended masters dwell. This is also where you can interface with the many friendly, benevolent ET



ances here to assist humanity. You have free will, so only invite them if it feels right to you for your journey and evolution into your galactic selves.

Take on that perspective, and you'll notice that many of the things that caused you worry or bother just drop away. We encourage you to keep your eyes on the horizon and make choices from that perspective while also staying in the current moment as much as possible. We

ask that you incorporate and synthesize this information into yourselves and the planet. We love you all and leave you for now.

**Kenton David Bell** is a sacred transformational coach whose passion is to empower you to be the conscious creator of your life. Using the Bell Technique, developed from almost two decades of working with others, Kenton will guide you gently yet powerfully to the remembrance of who you truly are: an expression of pure Source Energy. Contact him at [kenton@kentondavidbell.com](mailto:kenton@kentondavidbell.com) and learn more at [KentonDavidBell.com](http://KentonDavidBell.com).

# Updated Wisdom in a New Era

## Archangel Metatron Through Wendy Ann Zellea

Your higher self is the portal through which you connect to both your inner guidance and the higher realms. Through these connections, information that is appropriate for the transition into the new energetic era is integrated into your consciousness.

At times, it may seem that higher energetic communications with similar content appear from various sources. There is a purpose for specific themes being shared in many forms within a set time frame. Each message has its own distinct pattern and essential value to those resonating with it, but what they have in common is an underlying energetic vibration.

Just as operating systems are updated on computers, archaic beliefs that are no longer relevant are shifting to be more compatible with the current human consciousness. It is not only the ancients who were capable of wisdom. This is so for people living now. The good news is that updated wisdom, compatible with the emerging consciousness, is being made available by those devoted to higher truths.

You are living in a fantastic reality, a new era, one where the awareness of your place in the universe is expanding. Channeled messages might come through your higher self with the purpose of bringing higher vibrations that will facilitate the transition.

For this to happen, the message must pass from the higher self through the physical self so that it can be shared. The person channeling must strive to maintain the most coherent light configuration possible so that the impeccability of the message is maintained and the essence preserved.

What is truly being brought forth are energetic vibrations. Each character in any language has a vibration. The combination of letters that make up a word creates another unique vibration. The combination of all the vibrations makes up the language of a message.

The manner in which the message is presented can take many forms, bringing the same energy expressed in similar and unique ways. That is why different people can bring

through the same information during the same period.

### New and Ancient Energies Assimilate into the New Era

The process of ascension is not a contest, and each journey is unique. After all, enlightenment is only a measure of the amount of light you are holding in your energy body.

The distribution of light varies from person to person. Therefore, it is still possible to experience imbalances at certain times, especially when cosmic energies are intensified. Being aware of these influences can help you to remain balanced as the energies fluctuate.

As a channel, you receive information from the higher realms and transmit it to the third dimension. As an individual, you receive information from your higher self validated by your feelings. It is that simple.

The energy currently being integrated into your consciousness is designed to recalibrate your lightbody to be compatible with the vibration of the new era, allowing you to process higher vibrations of light.

The wisdom of antiquity is beautiful and spiritually invigorating, and it very well might have been channeled from the same higher beings delivering relevant information now. Ancient and traditional concepts, which are relevant today, have been preserved and assimilated into the new era, along with new energy.

The impossible must be imagined as possible, stepping beyond the apparent to integrate miracles into ordinary reality. Only by doing so can you advance into the higher energetic vibrations that await you.

**Wendy Ann Zellea** is an ascension archangel messenger and luminary. Her work, consisting of esoteric concepts presented in a clear writing style, is focused on bringing through a higher truth as a keeper of the divine principles of grace. Wendy has lived a colorful life as a teacher, musician, restaurateur, artist, and IT professional. Her books can be found on [Amazon.com](http://Amazon.com).



# Upward Shift

God Through Liane Rich

When you see how everything is simply cause and effect, then you know peace. You know that everything is not about what occurs; it is about your perception of what occurs and how you respond to it.

Most people believe it is best to rise in numbers. You might agree, and then you get caught up in a situation that possibly creates greater currents of energy running in a specific direction. This is not good or bad or right or wrong; it is energy in movement. Once energy has moved in a specific direction for many years, it literally creates a current, providing momentum for the energy to run in that direction more easily.

For many years now, the momentum of energy has opposed what lifts you up so that you necessarily need assistance to rise above the present level of consciousness. You are being assisted in this venture and supported by other beings you are totally unaware of. When you rise above duality, you might feel quite uncomfortable in your body. Your mind might feel a little confused, and your thoughts become scattered. These effects are quite normal when you switch directions. Think of it as a trip on which you have always driven in the same direction on the same roads, and now you must travel on different roads that are new to you. You do not recognize where you are or even how long it will take to get to your destination.

You are not alone on this journey, but you feel alone as you break the old rules you once lived by. This is change. You do not necessarily like change or welcome it, but change is required to create this great shift in awareness taking place. You are shifting up, and you feel the confusion this new direction creates. It is like a river of energy causing a momentum of force as it turns.

You will do well with this shift. Simply stay calm, and use your perception to view everything as moving in a very good direction for you. You might become a little sensitive to these changes and feel lost, which are natural responses. You are going in a whole new direction, and it might feel a little unsettling until you get the hang of going with the new flow. Old ways are strong and embedded in you, but they are leaving. Your new way of viewing life on Earth comes from a whole new level of awareness.

As you awaken, you might feel a little groggy, which is to be expected. You might rise only a small step at a time due to the weight that's still in place, pulling you down. As you move in this opposite direction, centrifugal

force can push against you. You will move beyond such forces as you gain momentum and your energy (the energy within your trillions of atoms) gets lighter and lighter. This will be due to the fact that you have lightened your load by dropping your weight belt of judgment.



## All Love Is Self-Love

So far, you have not been aware of the many ways in which you interact with energy. You think that if you are morally good, you will go to heaven, and if you are morally bad, you will go to hell. This is if you believe in such theories, of course. Others of you might believe in different theories with basically the same results: good or bad. None of you are really rewarded or punished when you die. You are energy, and thus you simply take off your blinders of unconsciousness and once again see that you are a lightbeing of energy.

Then you lose all fear regarding your life on Earth. You become radiant once again and shine, as you are no longer in your Earth form but in your spirit form. You glow with intelligence and awareness, and you are blissfully joyous at recognizing your true state. You basically take off your costume and return to your true identity. There is no punishment for wearing a costume you put on to act out a role in a movie. Nor are you rewarded, other than with your pleasure at being able to transform from a being of light into a being of matter and back again.

Please let go of your belief in punishment and reward. It does not serve you, and you no longer need it to rise above duality. If you wish to continue viewing all life from duality, then judgment will assist you in remaining in this third dimension. If you are ready and wish to rise up, you can do so by letting go of judgment, which is created by a strong belief in the dualities of right or wrong and good or bad. To rise above duality, you must move to the center of yourself. The center is your heart, which is where you heal. You must become very generous in your thinking and responses to situations that arise in your life.

Generosity of spirit brings the energy of generosity into your life. Generosity allows you to give to yourself in a whole new way. Self-love becomes your norm, and with self-love comes self-healing. Self-healing lifts your spirit

to a whole new level of joyful bliss, which you might have never experienced before. Joyful bliss is the true state of a loving lightbeing or a being of loving light. You find yourself quite happy with your life no matter what occurs. You find yourself quite generous when you attain self-love while still in human form.

All love is actually self-love, so you return to what you truly are, which is a being of love. How can you not feel so very loved when love is what you are? You are from God, and God is loving light. God is energy beyond

your comprehension, and you are this God of love that literally permeates everything.

You are ready for this change. You can become all that you truly are by simply letting go of judgment caused by duality. You can return to the light of love.

*Liane Rich became a channel for God in 1988. Since then, she and God have collaborated on twenty-five books. Liane's personal favorite is Your Individual Divinity — Existing in Parallel Realities. All God's books are designed to draw you within to your God self. They are available from Amazon and Barnes & Noble. To learn more and to view all her titles, please visit Liane's website at [LovingLightBooks.com](http://LovingLightBooks.com).*

# Trust Your Inner Light

## I Am Presence Through Sabrina Di Nitto

You exist in the realm that bridges the earthly timeline and the untainted vibrational energy of your divinity. For those who will ascend, the old human heart will release large amounts of existential insecurity of human and cosmic nature. Emotionally, you will feel as if you are in a twilight zone. The human body is not ready to fully integrate the high frequencies of light. The light is too high in frequency and bright, and the body is still releasing the existential, traumatic, somatic human and cosmic experiences that it holds.

Over time, these releases translate into convulsions that can bring you into a zone of inner silence and existential emptiness and doubt. The only sound you hear then is the buzzing of the void, an eternal silence that seems to echo with emptiness. You might search for the answers to these questions:

- Who am I as my human consciousness starts to become numb?

- Why do I exist?
- What is the point of living on Earth?
- What is the point of life?

Your old human consciousness enters the void, which is like a numbed existence, to move through this gray mist between your human and divine nature. A new experience of life wants to arise within you. Your human consciousness seeks to understand how you can bring the essence of the Garden of Eden into your heart, here and now, and to fully immerse yourself in life through your divine heart. You become a divine human.

### Embody Your I Am Presence

What I am looking for is indefinable, yet I could almost touch it. How do I now embody it? Life is worth living if I live it in oneness with All That Is. So how can I experience true bliss and all-encompassing love in every experience and breath that I take? How can I experience joy? What is the point of doing? What is the point of being?

My eternal quest continues, yet it remains invisible and elusive. I'm caught between my humanity and divinity. I move through a dark zone — my inner tunnel — until I see the light of my core on the other side. I need to realize that the light is present within my heart. It resides on the threshold where my human heart and divine light become one. I need to let it reveal itself now. My soul longs to reconnect and surpass my human experience of life.

The missing link is to trust in my soul. Most of all, my human consciousness needs to trust that I am strong enough to reconnect to my divine self and allow my light to imbue me. My light loves my human nature and wants to hold it dearly. I need to trust this inner loving essence, the self, the I Am presence.





I now transition away from the reality in which I placed my trust in others. With each step, I learn to trust my light, illuminating the path ahead. In a profound moment of self-awareness, I come to understand that I am a magnificent being of light, overflowing with love.

I realize that I am worthy of being

- loved by myself
- cared for in the most delicate ways by myself
- seen in the most subtle ways by myself
- cherished by myself
- able to breathe light instead of oxygen
- able to breathe consciousness within instead of seeking it without

### The Internal I Am Presence Time

Trust in your inner light, and realize that you don't require external prayers to a higher power. Speak with your I Am presence, embody its essence, listen carefully, follow your inner guidance, and ask for what you need. It will be given to you. This is how you honor your being of light, your inner light master. Your journey will lead you to embrace your sovereignty. You'll realize that you can help yourself perfectly without the need to wait for anyone else.

Expect a major shift from the external world to your silent inner light realm. You move into a stage in which you will learn to bathe in your inner light and listen to it more instead of the external world. Your I Am presence will guide you to descend deeper into the inner void — the silent levels of soul — to understand how you can translate your human life into divinity.

As you cease to focus on the external world, you also

leave behind the hope that something there would shift. The saying "these are challenging times" will translate to your inner challenging time. It is your innermost being, consciousness, and energy that give rise to your external world and define the distinct vibration of

each of your experiences. Can you feel the significance of this? This will completely revolutionize your way of being.

You transition into the time vibration of your internal I Am presence. This might seem strange, but it really is so. With that, you enter a state of profound vibrational stillness. This is a silence that transcends time, and you take hold of the wheel of your inner, cosmological clock. As you leave all that doesn't concern you, you walk into your tunnel of light toward your seed of life. While you carry it in your hand, communicating with it,

aligning with it, and resonating with it, you finally understand it so that it is yours to be, do, and have. You can feel that it causes you no harm, damage, hurt, or isolation, and it does not overwhelm you. Instead, your pure energy will transmute human and cosmic insecurity.

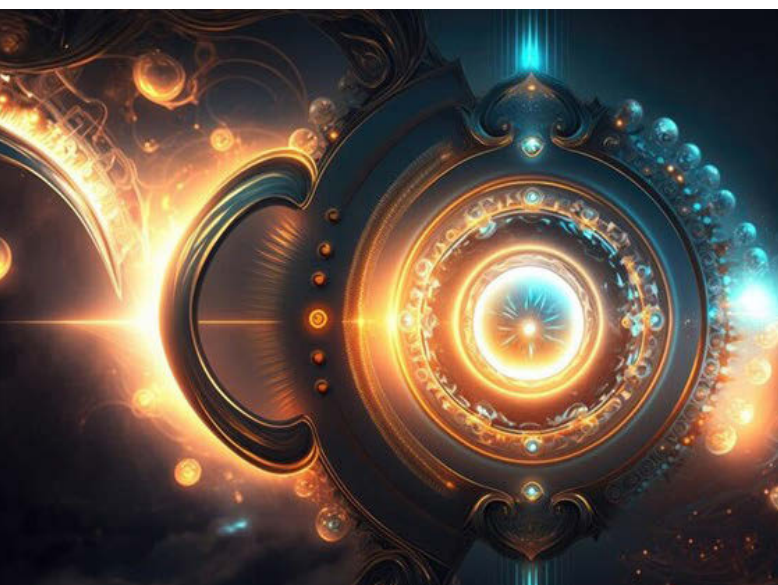
Your inner soul group consciousness is all you need as a sovereign being of light. Remain in your pure vibration. Throughout history, humans have instinctively gravitated toward group dynamics for safety, resulting in a collective consciousness that was focused solely on security. As you leave that behind, your focus shifts inward, seeking clarity.

The inner self is comprised of multiple soul parts, and as you commune with them, a cohesive inner soul group consciousness emerges from within. As you continue on this path, your light frequency will steadily rise, providing you with a greater sense of security. Any external light that attempts to enter will be reduced to ashes, leaving you to focus solely on your vibration. This allows you to find harmony within your zero-point field and emanate the highest frequencies. You become one with your cosmic being on Earth and in the cosmos.

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Join in the webinar, *Existing in the Realm that Bridges the Earthly Timeline and the Untainted Vibrational Energy of Your Divinity*, and allow the light transmission to illuminate your being. Go to [EnlightenmentCodes.com/shop](http://EnlightenmentCodes.com/shop).

**Sabrina Di Nitto** is an enlightenment embodiment teacher, offering sessions and enlightenment modules in embodying the soul and I Am presence. Her approach allows the shift from human to divine and from a carbon body to pure light essence. Her book *Enlightenment Codes for Cosmic Ascension: A Sacred Journey through Creation* offers profound insights into the pure creational process of life. For more information or for an in-depth light-fusion reading, email Sabrina at [Sabrina@enlightenmentcodes.com](mailto:Sabrina@enlightenmentcodes.com). Visit her website at [EnlightenmentCodes.com](http://EnlightenmentCodes.com).



# Your Body Is the Lightning Rod

Inspired Information Through Gillian MacBeth-Louthan



As we move our awareness up a few notches, we come to many pathways with new understandings that display their truths like breadcrumbs on a path. The very consciousness of weather has shifted, as have we, and it is time for new templates of hidden truths to be observed. We all know that weather has a temperament, and all weather comes forth from many parts of the world and wraps itself around those who do not understand nor want the planetary teachings.

We all incarnated on Earth to receive her teachings in each and every form — the good, the bad, and the ugly. We signed up for this place and time deliberately and with gusto. We ride a new dimensional living being that has not yet shown its true colors. We are like those who grasp at straws in the dark, and we can easily miss our mark. We are all feeling a little splintered, as if we were not made with the right ingredients. Nothing seems to add up, as everything you once perceived as truth and concrete crumbles faster than an old scone. You are asked to take the molecular content of what is left and re-create something new.

## Thunder and Lightning: The Inner Teachings of the Blue Galactic Storm Year

Here in the East Tennessee Mountains, the energies have been off-kilter for a couple years. Each weather pattern, in all seasons, has a distinct personality and aftertaste. You can see the individual energies as they pass by. With some, I want to hide, and with others, I open the doors to welcome them. Some test me to see what I am made of. The energy of each weather event has a message for all of us. They are living energies that seek someone to see and understand them. As this information and teaching came to the light of day, a great “aha!” was birthed. I share these truths with you.

Lightning bolts are a rare gift from the Sky Father to the Earth Mother; they carry a mating call heard through the thunder beings announcing that the divine union of Earth and Sky is to come. The thunder beings proclaim the beauty of the love between Father Sky and Mother Earth. The fire sticks — also known as lightning — create a bridge between the two lovers that touches everything on Earth as the lightning enters the body of Earth and travels underground where needed.

Through this intricate, energetic mating dance, Earth Mother is reenergized so that her life will endure. Earth

is magnetic in nature, so she needs electrical energies — the love letters — supplied by the lightning and thunder beings. The language of living love is at work between

Father Sky and Mother Earth. As the fire stick touches Mother Earth in one part of her body, the electricity will travel great distances to energize and reenergize those places that need male energy. This act of love between Mother Earth and Father Sky can be tender and gentle or a wild, scorching love, but no matter what, a weather pattern is birthed from this joining. All weather symbolizes the fulfillment of our Mother Earth's needs, as weather is a release of earthly stress and strains.

All that is holy asks us to be strong in the face of fear, no matter the cause. Fear can take hold of every extra molecule of you, creating terror that becomes magnetic to more of what you fear. Be strong in the face of fear, in the face of not having control, and align with Mother Earth and Father Sky. See their symbiotic relationship be birthed for all Earth's inhabitants.

The lovemaking between Mother Earth and Father Sky brings renewal to the whole of creation. When we are in harmony, we are a bridge that connects Earth and Sky. We of Earth are male and female in nature. We are catalyzers and learn to command the usable energy at hand. Just as the lightning, you are being given the energy to complete any task you have in mind. Usable energy comes in many forms as you move your consciousness upward. Your body is the lightning rod and will conduct all the energy you need, so shout your intention to Father Sky.

## The Energy Behind Thunderstorms and Lightning

It is time for all of us to see the energy of weather as a different dimensional truth. The electrical balance in Earth's atmosphere would disappear in five minutes without lightning kissing the earth because lightning makes ozone-producing chemicals that are necessary for Earth's survival. A single bolt of lightning contains 5 billion joules of energy, which is enough to power a household for a month. The energy of a thunderstorm equals that of an atom bomb.

Pure lightning bolts are blue-white. Blue lightning

bolts are the hottest lightning bolts on Earth. Some studies have speculated that lightning activity played a crucial role in the development of Earth's early atmosphere and life itself. While lightning is a non-biological process, it has been found to produce biologically useful material through the oxidation and reduction of inorganic matter.

There is some evidence that cosmic rays from space might be able to spark lightning in Earth's thunderclouds. Scientists hypothesize that when thunderclouds are full of highly electrically charged water droplets and ice nuggets, they allow even the weakest of cosmic rays to spark a bolt of lightning when it comes in contact with the cloud. Cosmic rays might cause a runaway breakdown of electrons when they collide with the highly charged particles in thunderclouds. This hypothesis was first suggested about twenty-five years ago.

X-ray emissions detected from lightning bolts have provided confirmation that lightning does indeed come from outer space, so it has an extraterrestrial origin. These cosmic particles strike Earth with enormous amounts of energy that surpasses anything on Earth, including particle colliders.

### A Field of Possibilities

Each thought you have has its own awareness. It is consciousness housed inside consciousness. Within each thought lives an electromagnetic field of possibilities. These possibilities are magnetically drawn to other energies of the same vibration. Every thought has a vibrational pulse that magnetizes like thoughts. In other words, all thoughts matter.

Belief creates a living wormhole, beckoning thought into form. Every cell in your body listens to every word you speak and think and then creates from that dialogue.

## New Systems Arise

### The Masters Through Rebecca Dawson

Greetings, blessed ones. We are with you. As humans, you are infinite in your ability to create. You are, in our view, the greatest creative species in your galaxy, yet many ask us, "What will happen to our world? What will happen to us?" At the dawning of a new era of humanity, it is now the time to ask, "What would I like to create?" Perhaps you would answer this with something personal for your own perceivable reality, or you might answer this with a desire to create a new collective experience for your planet and fellow humans. What is important is that you begin by creating the vision because it is the most powerful ignition for change and has more potency than you know.

Nothing is dismissed by your DNA as a casual thought or joke. Everything is taken to heart and then into form. Your DNA believes you are the commander in chief and sees you as a god in training. Per the Creator's instructions, it obeys your every word and notion. DNA has no sense of humor, so it does not understand when you are only kidding. This is not within the intelligence of the DNA.

As we learn to communicate with our inner universes on a daily basis, it is important to take time to slow down and park in our hearts. As we move deeper into communication with our cellular consciousnesses, we will find infinite pathways of creation available to us. To our DNA and atomic structure, everything and anything is possible. The self censors our deepest desires, creating a mud puddle instead of an ocean to swim in. Who are we to stand and sabotage what the universe has deemed to give us?

When we go within, anything is possible. It is up to us to hold that precious pearl of possibility and not drop it on the beach of our own misperceptions. As you visit the vista of all time and internal space, hold tight to the treasures that you bring back. These are cellular truths. You are caretakers of what could be, what was, and what will be. Honor them as your most precious treasures. They are worlds that are waiting to be birthed. We have the ability to transcend space and time. In this place that is connected to all space and time, we can see what is to come to heal the past and connect with our deepest, ancient truths in the now.

**Gillian MacBeth-Louthan** is a visionary, a seer, born with the gift of knowing. She has been a clairvoyant psychic since age five. Gillian is a teacher, messenger, and world-renowned trance channel. She is keeper of the star languages and a crystal whisperer. Gillian lives in the Smokey Mountains of Tennessee. To learn more, go to [theQuantumAwakening.com](http://theQuantumAwakening.com).



2025 is a year for sharing vision. It is time for a great dreaming such as many of your ancient peoples have been known to do at the inception of a new era of collective consciousness. This is the year that you will begin to see the new shoots of vision arise, and new systems of organization will emerge in a more visible way. These will be systems that enable vision to be shared more expansively.

The seeds for new frameworks for movement will start to become apparent, not only in a more transparent



sharing of what is being developed for humanity but also in the practical building of systems based on resonant frequencies. These systems focus on the vibrational quality and resonance of data and have the ability to operate, organize, and transfer information based on vibrational resonance. These new catalog and distribution parameters are powered by magnetic oscillators that are incorporated into what you currently refer to as quantum computers. These systems will become operational and available in accordance with humanity's evolution into a new view of collective reality and will coincide with humanity's reclamation of conscious sovereignty.

## **A Cultural Revolution**

The themes for a new vibrational organization will also become evident in migratory patterns. Many awakening humans will choose to find new locations, groups, and communities to collaborate with, resulting in a grandiose remapping of the planet. Humans will become less defined by nationalist, religious, and other outdated organizational parameters and continue the mass realignment of frequencies that began in November 2019.

The coming year will reveal new gathering places in the world as these new patterns of consciousness become more obvious. There will be new locations identified as sacred gathering places, new platforms for connecting globally, and new titles and names for emerging groups of humans that share vibrational resonance. This is a cultural revolution not seen in hundreds of thousands of years, powered by a shift in how humans identify themselves and each other. In the future, you might ask, "Do you vibrate in a similar range of frequency as the one I am currently expressing within?"

## **A Shift in Human Consciousness**

Collective coherence is another incredibly important theme in 2025, and there are several powerful events that will facilitate this awareness. When events occur within the human collective experience that garner the attention of a significant proportion of humanity, something happens. When all those aspects of consciousness are focused on the same thing, a collective agreement occurs. It's a shared view. In that moment, there's a field of resonance created in your third- and fourth-dimensional reality. This is very important. Consider for a moment that you exist within your own reality and that you also exist within the context of a greater collective field. But it doesn't end there. That collective field also exists within a greater galactic field and so on. It's an infinite scale.

You can also feel this within the cells of your body, which is another scale of a collective field. So if we look at the model of the physical body, which is indeed divine, and you take that model to Earth's reality, Earth is like the human body. Rather than being made up of all your

cells, Earth is made up of humans in spherical realities — billions and billions of humans in spherical realities. These humans are all buzzing around in different vibratory fields within a particular spectrum of reality and that makes up the collective human consciousness. As you know, every human has his or her version of reality, but you still exist within the same body.

When a significant global event occurs, suddenly many cells — many humans — within that Earth body are all focused on the same thing, and you'll notice that all the humans are very present. They're not thinking about what's happening in some other place or time. They're not thinking about what they will do later. They're just there, watching. Millions and millions of humans are just watching, present and still. In that moment, there's a shared point of focus.

It doesn't matter whether the event is viewed from a different direction; the origin of the focus is the same. With the shared point of focus, suddenly all those cells and all those human realities start to vibrate at exactly the same frequency because they have a shared view. Now it's a representation of collective consciousness. A sense of collective consciousness is felt.

At that moment, Earth's reality — Earth's body — starts to operate as one. There is an incredible pulse of resonance, and that's a point of evolution for the vibration of the collective human consciousness because when each one of those cells begin to unify, even if it's just for a moment, it's a leap in the evolution of consciousness. Every evolution of collective human consciousness, collective galactic consciousness, or collective consciousness within your bodies requires agreement and resonance to be shared.

For a few moments, millions of human realities focus on the same point of reference, and it's a leap. The same thing happens when there is an incredible act of war, and everybody's focus goes there. Even though it might then give rise to fear, there's a moment in which the event is just a sense of presence. It's not the fear that comes in retrospect that has all the power when everybody talks about the event being terrible. That's not what we're speaking about.

It's the moment when your attention goes to that event, and you feel it in your body. How many of you are aware of what happens in your body when you have heard momentous news of something occurring within Earth's reality that billions of people are aware of at the same moment? Some will say that they get goosebumps or a tingling sensation. Some will say all their cells activate. Something is happening. It can be as simple as billions of people watching a human break the record for the 100 meter sprint. It could be millions of people watching great buildings collapse. It could be billions of people watching a royal wedding or a death; it matters

not. What matters is that so many individual realities are focusing on the same thing in that present moment. That is a shift in Earth's reality.

What we are explaining in this moment, very deliberately and carefully, is that shared views in present-moment time will shift your collective consciousness of reality and Earth's reality. This will occur throughout 2025. Many of you are already beginning to feel this. You feel that you are awakening into something new in anticipation. Focus on the coherence of the shared view, and be in wonder of this powerful shift in human consciousness.

### A Time to Dream

Your vision is far more powerful than the appearance of your existing reality. The nature of the holographic reality means that it responds to your vision. One cannot — must not — wait until the conditions of

the environment change before you begin to dream a new dream and share it.

The true power of humanity becomes apparent when you realize that reality adapts to you. You are the evolution, and Earth's reality adjusts itself in accordance with your consciousness. Now that you are awake, it's time to dream. Dream boldly, dear humans, and watch as Earth's reality adapts to you.

With you, with love, as one.

*Rebecca Dawson is a teacher, consultant, and author who has been channeling since the age of eighteen. For thirty years, she has delivered wisdom and teachings from multiple aspects of Source, including masters Serapis Bey, St. Germain, and Kuthumi. Her focus is to deliver current, leading-edge information about humanity's paradigm shift to multidimensional experience. Born and raised in Australia, she currently lives in the U.S.A. and travels the world sharing her perspectives and profound love for humanity. To learn more, visit [RebeccaDawson.com](http://RebeccaDawson.com), or email her at [ignite@rebeccadawson.com](mailto:ignite@rebeccadawson.com).*

# Step Forward into Your Full Light

Archangel Metatron Through Takeli MMagdalen

Greetings, beloved ones, I am Metatron. I hold you always in the divine love of our Creator Source, for always you are an indivisible part of the whole. As that part, you are aware on some level of the overall plan for this dimensional space you now are within, as well as the ones you are moving toward at a quickened pace.

This journey has always been all about love. It is about your love awakening and activating within you, and it's about the love of the many combining as a unified force for change. Change is the way of things, as it has always been. Now with the pace of it ever increasing, it is time to set aside the doubts and concerns of being insufficient to meet what appears to you now.

You came to the Earth plane knowing that this was to be your path: to experience to the fullest a world that is moving into a higher vibrational state. You were overjoyed to be gifted such an opportunity. Part of your awareness is ready and observing the changes with great joy, that it is all coming to pass as was foreseen that it would be. Let this part of you be your focus now. It is more than your intuition has been for you. It is the voice of your experiences that fully recognizes just how ready you are for all that is now before you.

### Support the Coming Changes

The time of choosing has now come into the place

of manifestation. It's time to manifest the dreams, goals, and intentions you have developed. You have worked long and hard to prepare during this and many other lifetimes. You have experienced a somewhat similar process in another realm and time. It is why you chose to come: to put your shoulder to the wheel and to support this change on this Earth. This is a very special and profound process you are part of.

Material concerns are no longer of such strength, for your world is moving swiftly into a place where all are honored. All have their journeys to fulfill in their highest love in ways that work together for the united focus of moving forward in mutual cooperation, shared compassion, and welcomed enjoyment of the greater love you feel at every turn.

This will take more than the months of November and December. It will trickle through into the new year as time passes. It will come from all who are united in their power and strength of will to create that which serves the whole — that which no longer allows what has been but is now swiftly refocusing in every way on what is here and what is to come.

All are gathered round Earth and humanity in the higher realms to observe just how beautifully and lovingly you in this embodiment will complete this process.



You have the necessary DNA, you have the spiritual focus, and you have the experiences that you have gathered over multiple lifetimes as well as fostered and expanded in this one — even where you cannot see it in that light as yet. All is being refocused through the love of the Creator Force, the Divine Source, of all experience, all consciousness.

It is time to reset humanity — those of you who have endured, who have experienced times of great oppression or times when you would very much prefer your life to be quite different. You have chosen to have it changed now, and it is manifesting.

Most humans do not desire war, poverty, or child endangerment. There are many travails that have been brought to bear on humans as a whole. The days of those processes are over. You are about to take your place in the hall of fame as those who have stood their ground and who have continued to refocus yourselves into greater love. While you might have suffered through a variety of experiences, your core light has always redefined your path and set it into motion again before you.

This is the time of gifts and new realities being created right around you. As you look at those you encounter in casual ways, they no longer shift their eyes to the ground, hurrying forward, engrossed and strongly focused on their life's issues. The openness of one heart to another has arrived — not for all but for a great many more than ever before.

You have the capacity to beam your love out to all you encounter, for there are many who feel much anger, despair, and guilt for all that has happened. You — as the one of light — can offer the friendly hand on the shoulder to be a loving and accepting presence. You do not need to live in it with them. Have compassion, and honor the truth of their feelings, for that is what they will express to you now. Where there is anger, meet it with calmness. Where there is despair, honor the fullness of their paths and show them the beauty that you see in their eyes of who they truly are.

### Serve through Love

This world has been in a massive tug of war, hidden away, not even observed other than by a few. That tug of war now is as if the rope has split at the center and each side has gone tumbling off in its own direction. Those who live in love have quickly stood up again, ready to continue and ready to renew their determination to move into ways of greater love. Others are not yet ready for this journey, and they might remain fallen for some time. Our combined love allows for their healing and their transformation, should they choose it.

There will be many marvels made apparent to you in these times: new technologies, new ways of living, and a financial system that supports all paths, all journeys.

While it exists, it is useful to understand and to recognize that the currency that serves the whole is not the amount of dollars; it is the amount of service through love.

Fill your cup of light to the brim with the fullness of Source's love, for you have a direct connection to it. Bring it into your crown chakra, flow it down to your heart, and from there, let it expand, for it now extends into every bit of your physical body — into your emotional and mental bodies as well. Trust that this is available to you through your intent, for the time has come for you to step forward in your full light as you would define yourself to become.

Many choices are available to you of various lineages of light and love, and you might have held yourself to one or more of them. This is the time to reevaluate your innermost truth. Most of all, let it be full to the brim with accomplishment, for while you might not feel that you have done so well on this Earth, you have had a grand journey indeed. All that you have healed in yourself and all the love that you have given out — even when you felt that you had little left within you — these are the moments you have the bounty of at this time.

Create first for yourself, but let it also be what serves the whole. There will be a great backlash against greed and selfishness. Do not let your action be too far along the path of self-sacrifice, though. This is meant to honor your strength, gifts, and love as the foundation for all that you will create now. And you will.

Each of you has walking beside you, unseen for the most part, a great many who come in their love to share in your path. They are observers, yes, but their love and guidance is right there, in that moment, available to you at every turn. No matter your circumstances, always, always, you are an eternal gift of loving light focused into the personality, the vessel, and the journey you have all around you. Much of that focus is driven by your choices that are made through your love.

We are here in grand support and in immense honor for all that you are becoming and all that you will create as your chosen paths of service to the whole. This desire is expanding within you, and the situations you now encounter — so full of change, so full of divine love — will propel you forward at a quickened pace into your chosen paths of the heart and your love.

Truly, so it is. I am Metatron. Always, you are held in my eternal love.

***Takeli MMagdalen** became a medium for Archangel Metatron after having first worked with many different guiding focuses over the years to be ready to work with Metatron's powerful force of light and love. Takeli's mission is to guide all who seek paths to their soul evolutions as we move through the journey of the great shift in consciousness occurring in these times of immense transition. To organize a personal session with Archangel Metatron, please email Takeli at [takelim@gmail.com](mailto:takelim@gmail.com).*





# PREDICTIONS

Don't let the prophecies, ancient or modern, trap you in a box of fear and futility.

Change the dance by becoming the light that you are — the light that continues through and beyond the box into the adventure of forever.

## Positive Changes Bring Long-Term Results

Donna Taylor

New moons are associated with new beginnings, and they bring us opportunities for fresh starts every month. New moons give us the chance to move on from our pasts, in small ways and large, and they can be instrumental in helping us move away from what we don't want and toward our desires. November is no exception, as the month begins with a new moon in Scorpio nicely supported by Saturn. This is a powerful moment in time — if we choose to take advantage of it — that can help us move toward constructive changes with long-term results. It's ideal for making decisions and moving forward with determination, positivity, and self-discipline in certain spheres of life. If we are prepared to put in the effort, the effects of this new moon can be long-lasting.

At the same time, a kite formation featuring Mars, Mercury, Pluto, and Neptune takes place. A kite is a grand trine plus an opposition, resembling the shape of a kite. In this case, Pluto forms the head of the kite, suggesting that the way forward is through transformation. In short, we are being called to evolve, and wherever Pluto falls in our charts is where that growth will take place. Evolution can be a painful process because we must leave old ways behind and move into the unknown, so the things we find painful in our lives probably provide the gateways to our awakenings.

Because this kite occurs at the same time as the new moon, we must be on the lookout in the first few days of November for outer events and internal shifts that move us toward new beginnings and higher dimensions. We must not be afraid to leave things behind, as our hearts know what's in our best interests. This will require love rather than anger, because Mars opposite Pluto can tempt us to engage in destructive power struggles.

Since Pluto has moved back into Capricorn to conclude its unfinished business, November offers us the chance to tie up any loose ends from ongoing situations. In fact, we shouldn't be surprised if whatever things we're dealing with seem to have their roots in childhood events or past lives. It is highly possible that November will bring up much intensity as we confront some uncomfortable truths. The best way to deal with this is to dispassionately observe rather than become too emotionally involved. For example, we might see a relationship in a different light and realize it's not what we want. We then have the choice to be grateful for seeing the truth so that we can decide what's in our best interests, or we can resist what is happening and keep the relationship as it is.

Remember that Pluto tends to raze the ground of anything toxic and sees to it that we rise from the fire cleansed and purified. Many ancient civilizations spoke of this current era as being the time of great purification, but we must first see the physical and psychic pollution. Then we don't need to become demoralized about the chaos and toxicity of the outside world, because it forces us to clear, cleanse, and rebuild in a better way. This, in turn, enables us to raise our vibration — the key to ascension.

### It's Time to Surrender

We must acknowledge that this is the most difficult process we will ever experience and that we, therefore, need time to rest, recuperate, and regenerate before the next stage. This is a constant journey with no end, but at some point, we feel a sense of achievement, as if we



can finally sit atop the mountain. November requires that we work hard to remove and integrate our shadows to ease our upward climbs.

Around November 15, we could find ourselves fully engaged in intensity as Uranus joins a full moon, potentially leading to disturbances and unpredictable behaviors and events. Our lives might seem anything but safe, comfortable, and stable at this point, but they will be extremely illuminating. Whatever happens will provide clarity for what needs to happen next, as if the wool is removed from our eyes, offering a catalyst for change. If our emotions run rampant around this full moon, it would be best to detach from upsetting situations.

Uranus has a tendency to sever unhealthy ties, especially restrictive connections that stop us from being our true selves. Its job is to provide us with truth, inspiration, and liberation, so any current disturbances could nudge us toward independence and greater aliveness. A few days after this full moon, Pluto reenters Aquarius for good with no further returns to Capricorn. This signifies that we have seen whatever we needed to see of the ruling elites, including governments, politicians, and big corporations.

Pluto's final move into Aquarius signals the beginning of society's transformation. This won't be pretty, but in the long run, power will return to the people, rather than to the few at the top, and there will be cause for celebration. Pluto's move into Aquarius is also symbolic of humanity's evolution and our individual awakenings, so November is a month to finally put the past behind us, especially whatever themes we've had since 2008. Between November 1 and November 19, it is important to let go of any residual attachments to those old events and themes so that we're ready to take the next steps toward the soul's desires.

The keyword is "surrender." Being in control is simply an illusion. Our souls are our hidden driving forces, and when we align with them, our lives become exactly what they are meant to be with no further struggles or effort.

## November Horoscopes



### • ARIES (March 21–April 19) •

*Whoever fights monsters should see to it in the process that he does not become a monster. And if you gaze long enough into an abyss, the abyss will gaze back into you.*

— Friedrich Nietzsche

With Mars opposite Pluto and a new moon in your underworld zone in November — a combination that could easily set the scene for intense situations — it's important to choose your battles carefully. On the other

hand, if you can learn something of value from what happens, it will have served its purpose. Before getting into any less-than-healthy deep or dark situations, consider why you ventured into that underworld in the first place. Mars opposite Pluto is a bit like David and Goliath, and it could play out as a battle of some sort. The battle might be short-lived, such as a simple disagreement with someone, or it could be a major flare-up of an ongoing situation.

Whatever the cause, this battle for power contains the potential for transformation, and if it relates to what you believe is a good cause, you could emerge with a sense of achievement. An inner battle could relate to channeling more of your energies into a big project or ambition. At the same time, the new moon on November 1 speaks of transformation and rejuvenation, providing the potential for you to wipe the slate clean of any inner or outer toxic conditions. This is perhaps the healthiest expression of these energies, so rather than engage in outer power struggles or battles within you, identify what is toxic in your life and seek to eradicate it. Channel your energies into something that matters to you. This is also a good opportunity to move on from old ways of being. We must periodically allow old parts of ourselves to die so that we can regenerate, which is your task during November.

A financial theme could crop up that reaches a peak around the full moon on November 15 when you receive clarity and illumination about your next step. A financial concern might also resolve, but be prepared for the unpredictable, because this full moon is joined by Uranus, meaning anything could happen. Sometimes we need to experience a little instability to remind us that things aren't permanent and that we aren't in as much control as we think.

Preparing for life to throw you a curveball allows you to then respond in a more philosophical manner. The lesson with any financial event around this time could relate to nonattachment; therefore, do what you can to create security while also realizing that security can be taken away at any moment and that you need to rely on something bigger and more permanent. If your material life feels a little shaky, you might need to trust in others and in a higher power that all is well.

Once the Sun moves into Sagittarius on November 22, any intensity should fade into the distance. The last week of November is ideal for focusing on possibilities rather than problems, because you're moving into a time when more things are possible. This might simply be a case of the more you believe, the more likely you are to achieve. This philosophy will be particularly relevant at the end of the month when another new moon instills a sense of adventure and broadening horizons. Whatever you went through in the first three weeks of November now

gives way to growing optimism as you realize you're far better off reaching for the light than fighting monsters.



• **TAURUS** (April 20–May 20) •

*Learn the difference between connection and attachment. Connection gives you power, attachment sucks the life out of you.*

— *The Mind Journal*

November begins with a new moon in your relationship zone, making this a good time to start fresh in your important partnerships. Any type of relationship can benefit from this new moon (November 1): romantic, business, friend, or casual connection. It's also a good time to take stock of your relationships and whether the energy you direct toward certain people is worth the effort. Mutually supportive and loving relationships will prosper under this new moon, and it's a promising time for new people to enter your life.

Primarily, this is less about what you can gain from others and more about what you can give as well as the difference you can make when you combine forces. The potential certainly exists to make a difference through working with another this month. This isn't the moment to go it alone, so whether you enjoy time with a partner or team up with an associate, see how much you can achieve when you focus on partnership and teamwork. You might also benefit from seeking help from a professional person, such as a physician, therapist, or someone who can offer advice. If you're in the business of helping or counseling others, this could be a very rewarding time when satisfaction in your work reaches new levels.

Any challenges you experience in your relationships could indicate that you need to change things, such as by investing more or less of your energy into the partnership or by looking within for issues of codependency. Relationships can be great teachers, and you can view whatever situations come up this month as opportunities for self-discovery. Other people could hold up mirrors to reflect your tendencies back to you, so if you often give too much or love too much, this is an opportunity to look at the reasons why. For example, do you project your talents onto others or feel that you don't deserve love? Look at your relationships as clues to what might be lacking within, and don't expect other people to fill you.

With Uranus in your sign, you are being encouraged toward independence and self-sufficiency. If these aspects aren't in a healthy balance, the full moon on November 15 could be revealing: Your frustrations could erupt in unpredictable behaviors and sudden outbursts. At the very least, others might accuse you of behaving oddly. These are all good opportunities to look at where you might be overly attached to another and need to

pull back some of your energy. If someone accuses you of being too needy, think of it as an invitation to tend to just your needs for a while. Any confrontation around this time could actually be an opportunity to learn more about yourself and see whether your relationship contains even flows of give and take and love and support.

Being clingy and demanding or detached and aloof are two sides of the same coin, and November challenges you to find your center — your reservoir of love — so that you can give feely and enjoy the love that comes back to you. Get this right, and you'll end the month feeling rejuvenated due to naturally shedding your old self. This is your opportunity to transform into a newer, brighter, shinier version of yourself, so don't be afraid to let go of old ways that no longer serve you.



• **GEMINI** (May 21–June 20) •

*Put your heart, mind, intellect, and soul even into your smallest acts. This is the secret of success.*

— Swami Sivananda

As November gets underway, it might be timely to focus your attention on your health and well-being. A new moon on November 1 is ideal for starting over in this area, as it marks the beginning of more positivity in your life, especially if all hasn't been well. With a supportive link from Saturn, any constructive action you take now could have long-term benefits, so set your intentions at the beginning of the month for better health, and then take steps to achieve it. Perhaps your diet needs tweaking, your body needs to move a bit more, or you need more rest or better-quality sleep.

It could also be that your direction in life has affected your well-being, and a fortunate turn of events here could result in less anxiety and therefore greater well-being. It might work the other way: Rising energy levels and better health free you to take more action in the outside world. However it happens, a link between your direction in life and health at the start of November could help you experience a better flow of energy between the two. Being happy in your work, for example, can be crucial for your physical well-being, so it's worth looking at how you might increase your happiness in your work and service. Can you find more meaning in what you do? Can you be more mindful in the small acts of service you provide? Can you be more present with your clients, customers, or tasks? Can you learn something new that adds an extra dimension to your work?

In terms of your general direction, ask yourself whether you're happy where your life is headed. If not, think about what constructive steps you can take toward creating the kind of future you prefer. Perhaps it's time to take on more responsibility at work or to grow your



business. Maybe you need to finally ask for that promotion. Saturn at the top of your chart nudges you to take on a bit more responsibility and to not avoid the success that could be yours. Bear in mind the opening quote, though, that this isn't just about chasing success; it's about being a person of quality and integrity, and then success will naturally find you. In this sense, November asks you to consider how you can improve what you give to the world and to take very good care of yourself. The more connected you are to your mission in life, the stronger and healthier you will become.

The other aspect that requires your attention in November is how your daily life functions, including your daily routines, level of organization and efficiency, and the joy you feel from little everyday things. This is your call to be present when washing the dishes or sweeping the floor and to take pleasure in the simple tasks that enable your daily world to function. If the balance isn't quite right, especially with your work, health, and daily life, the full moon on November 15 could reveal those discrepancies and result in sudden emotional outbursts, such as anger or sadness.

Contained in any emotional meltdown is a valuable opportunity to become more self-aware and allow tensions to come to the surface. As with a torrential downpour after hot and muggy weather, you could emerge from this full moon feeling emotionally refreshed with fertile ground for your next steps.

Overall, November is a month to get on top of things so that your life functions better. It's also an opportunity to find the depth and joys in simple things, whether in your work or the service you perform for others. If you're called to step up and take on more responsibility, then do so with gratitude, knowing that God only gives us what we are capable of handling.



• **CANCER** (June 21–July 22) •

*It is better to be hated for what you are than to be loved for what you are not.*

— André Gide

November brings into question the theme of authenticity and whether you are being true to yourself. It begins with a new moon on November 1 that initiates a mood of self-trust and the need to march to your personal drumbeat. This shouldn't be too difficult with Mars in your sign forming part of a grand trine, but be prepared for a bit of opposition from others, as Pluto opposes Mars, making it imperative that you fight for your rights. If an imbalance of power exists, the start of the month is a good time to address it. Getting involved in power struggles and manipulations is not advisable, but it is important that you have the strength to go your way, unfettered by others.

The new moon also bodes well for any creative ventures, interests, or hobbies, and it's ideal for immersing yourself in an activity you feel passionate about. Now is the time to focus more on rest and recreation than on work and duties, so if you can make time for things you enjoy, you'll answer the call of your inner self and stay on the right track. This is a good moment to take a creative interest or hobby more seriously or to move a creative project to the next level. If doubt creeps in, focus on what is possible, and do what you can with whatever you have.

In the same way a river needs banks to contain and direct it, it's important to have a framework — such as a set of beliefs or rituals — to contain your energy and help it flow in your preferred direction. Don't let this become a straightjacket, though, because if your beliefs and philosophies on life are too narrow, you can block the natural flow. Whether you're currently engaged in a situation involving creativity, art, recreation, romance, children, or animals, remember that the key is to express your authenticity and be true to what you feel.

This could reach a peak around November 15 to 16 when a full moon in Uranus initiates a few sparks, especially in your social life, marking an unpredictable moment with a friend, group, or social interaction. Pause before you act, because you might later regret your first response. The best use of this Uranus full moon is to change the tempo of your social life: Do something different or change the way you do things. Keeping to your old routines and systems won't work too well around this full moon, which asks you to open to new experiences and different lifestyles, especially with your friends and social life.

The best of this full moon would see you explore a sudden change that you utilize as fuel for your hopes, wishes, and expectations for the future and your capacity to make a difference in the world. Ultimately, this full moon asks you to get the balance right between authenticity, altruism, and giving to others. You can achieve this by stepping into your creative power and using it for the benefit of others.

Once the Sun moves into Sagittarius on November 22, life becomes more stable, initiating a period of greater productivity and organization. This last week of the month brings the opportunity to change a feature of your daily life that could have a transformative effect on your life as a whole.



• **LEO** (July 23–August 22) •

*If you want to change the world, go home and love your family.*

— Mother Teresa

With a new moon on November 1, your domestic and family life take center stage, offering you the chance

for a fresh start or constructive change in your domestic sphere, from home improvements to positive turns in family dynamics. A helpful link from Saturn brings you more power than you perhaps realize. This should work in your favor to help you rely more on your inner strength than on others.

Mars moving into your sign on November 4 instills a can-do spirit that's ideal for channeling your energy into work, tasks, and new projects. Indeed, you can achieve much under this Mars transit, so make sure you have something to channel your energy into; otherwise, you could find yourself becoming tense, irritable, or frustrated as the extra energy backs up. The Mars energy will give you the strength and motivation to really sink your teeth into a creative project or spend more time caring for a family member.

While the month has a strong domestic flavor, you don't need to channel all your energies into this area unless you want to. Mars in your sign is a once-in-a-two-year opportunity to show the world what you can do, so try to prioritize your personal ambitions, and don't worry too much about how your actions affect others. The more we worry about how we appear to others, the less effective we are in the world. A little self-centeredness won't go amiss as long as you don't impinge on anyone else.

The first half of the month could see your attention split between home situations, family issues, and personal concerns and desires, but this energy gradually fades in the second half of the month, especially from November 22 when the Sun leaves Scorpio and moves into your zone of fun. Now the universe gives you more permission to do what you want, so now you can channel your energy into something new that arouses your passion.

The full moon on November 15 could trigger a realization that you want to tread a path unfettered by the pressures, judgments, and opinions of others, so this could be a turning point in terms of your trajectory. It is important to have empathy for others and consider their feelings, but your first priority is what feels right for you. This might mean being assertive enough to give time to a hobby or activity that sparks your interest and is important to you, or it could mean a more radical change, such as ending a situation that saps your spirit in favor of something that feels right in your heart.

Remember that the purpose of Mars in your sign is to activate your inner warrior and pursue something you feel passionate about. This could be a project, an ambition, an activity, or the desire to generate and act with a more dynamic attitude. Mars in your sign initiates a brand-new, two-year phase related to energy, motivation, drive, and ambition. If any of these have been lacking, you can look forward to the emergence of your fighting spirit and capacity to make empowering changes.

Now is not the time to look to others for guidance or support but to realize that you are the one who needs to take charge. In this sense, November should be an inspiring month even if you have challenges, because you will soon realize that nothing can stand in your way and that every problem can be grist for the mill. Ultimately, November is a month to reconnect to your passion and remember what drives you and makes you feel truly alive.



• **VIRGO** (August 23–September 22) •

*Once you replace negative thoughts with positive ones, you'll start having positive results.*

— Willie Nelson

Willie Nelson's notion is simple enough, and we know it's true, but if a positive, can-do attitude doesn't always come naturally, we must constantly stop our minds from drifting toward dead ends and negative slopes. How often during the day do we get caught up in judgments and critical thoughts even when we know these are not in our best interests? The good news is that it will be much easier to embrace a positive mindset this month that can then attract a better set of circumstances.

It begins with a new moon on November 1, which makes this the ideal time to start thinking of what is — rather than what isn't — possible. This new moon is nicely supported by Saturn in your opposite sign, meaning you might find that the support of others is a boon to your mental state, and vice versa. This is a good month to consider how much easier life is when you give people what they want. Think of a moment in your life when someone had the power or authority to give you something you wanted but you refused to take it even though it didn't matter to them. Conversely, consider how you felt when you accepted something you wanted. These two outcomes can be very different and set up good or bad karma between people.

If you feel blocked or thwarted, look for the lesson. For example, if you feel blocked in a relationship, do you need to be more assertive and stand up for your rights? You're more likely to experience benevolent outcomes in your dealings with others this month. If you do, take a moment to appreciate the generosity or support even if it's by not standing in your own way. If you're the one being generous, supportive, constructive, or kind, notice how this makes you feel and any positive repercussions that result from your openheartedness. Building solid relationships needs to be a focus at this point in your life, as is setting boundaries between you and anyone you consider unhealthy for your state of mind.

Seeing the best or worst of this energy depends on how you communicate your thoughts and feelings. Be clear with others about your actions and what you want

to see happen so that everyone is on the same page. Communicating openly, honestly, and from the heart puts your relationships on healthier footing. If someone has taken advantage of you, this would be a good time to draw a line and say, “Enough.” You’ll find it easier to be assertive now and harder to keep quiet when something bothers you.

Think carefully, though, before speaking, texting, emailing, and so on, especially around the start and middle of month, as the new moon and full moon, respectively, could make it difficult to be objective and rational. Your responses to people and situations could be rooted in the past, making it less likely that you get your desired outcomes. That said, if you have a constructive message to get out, this is the best time to do it. It’s especially favorable for any Virgos involved in the communication business, such as speaking, teaching, writing, selling, advertising, traveling, and so on.

In short, the quality of your communication could bounce back to you this month, showing you much about yourself and reveal your best path. Strive to avoid using negative words, and focus instead on sharing ideas you care about that can positively affect the world around you.



• **LIBRA** (September 23–October 22) •

*Money will come when you are doing the right thing.*

— Mike Phillips

November kicks off with a new moon in your money zone, making this a good time to focus on the material side of life, which could include starting over in your financial and worldly affairs. With helpful support from Saturn in your work zone, this could mean putting more effort into your job or the service you provide. Perhaps you need to focus more on an aspect of work that can reap long-term results, make constructive changes to your work environment, or be more disciplined so that you’re more productive. Basically, if a way exists to increase your income, it shouldn’t be too difficult now.

Saturn speaks of depth and attention to detail as well as to discipline, perseverance, and focus. It’s about putting your heart and soul into the little aspects of your work so that quality increases and success follows. It might also be appropriate to consider where you direct your mental energy and how this affects the results. Do you go for the easy option? If so, you likely won’t reap the rewards that Saturn offers. If you were to do the right thing, what would that be? We instinctively know when something does or doesn’t feel right, so let that be your guide as the month gets underway. For example, if your health has been a barrier to being effective and productive, the new moon nicely aligned with Saturn

could produce a move in the right direction, and any effort to improve your health could positively affect your financial or material situation.

In general, it pays to get yourself in order. You might also find yourself embroiled in the financial affairs of others, such as with a partner’s money, or with legal financial issues related to insurance, inheritance, wills, investments, and settlements. A sudden financial change or disruption could take place around the full moon on November 15 that makes you consider what you truly value. Much that happens this month might appear to relate to money, but underneath, it could be about what really matters to you. Events could highlight where you are overly attached or not attached enough. Sometimes we can be dismissive of material things, especially those of us on spiritual paths, and this month could challenge you to find the middle ground in which you have enough money to enjoy a certain level of abundance but not compromise your integrity.

The full moon might also activate areas of intimacy, vulnerability, and loss. If you are too attached to someone or something, the full moon could force you into letting go. This might be painful, but its gift is a release you hadn’t envisioned. Perhaps the act of surrendering allows you to access peace of mind or a hidden strength. Either way, events around November 15 should remove what is superfluous to your well-being, thus enabling you to see what is really important.

If you see the best of the Sun’s journey through your money zone, your financial affairs will improve, or you might gain something that boosts your self-worth. Bear in mind that the real purpose of this transit is to direct integrity into your material world: how you spend, earn, and manage money and how you use your talents. Rid yourself of all distractions and temptations that might lure you off course, and allow your integrity to guide you toward doing what intuitively feels right.



• **SCORPIO** (October 23–November 21) •

*Whatever you can do, or dream you can, begin it. Boldness has genius, power, and magic in it. Begin it now.*

— John Anster, inspired by Johann Wolfgang von Goethe

November smiles favorably on you, as it begins with a new moon in your sign that’s nicely supported by Saturn, making this a good time to focus on constructive new beginnings. Whatever has gone on before can be put behind you now, so get ready to start over and decide what you want to do next. Now is the time to pursue your personal interests, and the new moon — along with the Sun’s transit through your sign — brings the opportunity to experience a rebirth.



Consider how you would like to be reborn. Perhaps it's on a physical level, such as changing your appearance with a new hairstyle or clothing. This is a good time to lose weight or start an exercise program to improve your fitness and strength. You might feel the need to regenerate on an emotional or psychological level, perhaps by engaging in activities that plug you back into Source. Increasing your energy is important now even though you'll probably find that it rises naturally. Focusing on things that aren't really "you" could lessen your well-being, so take that as a sign to make changes that make you feel good to be alive.

This is also a good month to be more enterprising, take a risk, and push out in some way. You'll find that the solution to any problem in life is to be decisive, assertive, proactive, and bold. Even if you don't feel that confident, faking it until you make it can pay off, so you might need to act the part in some way and imagine yourself being the person you want to be. Since the new moon is nicely supported by Saturn from your creative zone, you might find that putting a bit of effort into a creative venture pays off, especially in the long-term. This would be a good time to take the first steps with a creative hobby, an artistic project, or a sports-related venture.

It might also be the time to become more disciplined in creating a life that reflects the real you. Taking the route of least effort is often the easiest route, but if you're in a job that simply pays the bills or in a relationship that just props you up financially, address the situation and make changes. The satisfaction that comes from being able to say, "I did it my way," can far outweigh any amount of material security, comfort, or ease.

Scorpio is a tough old sign with the capacity to endure much and deal with any adversity. Speaking of which, the problems you face this month will often be in the guise of other people, especially around the time of the full moon on November 15 when Uranus gets in on the act. This Uranus full moon occurs in your opposite sign, so be prepared for sudden upheavals and issues in relationships, such as someone pulling the rug out from under you or people being unpredictable or just aggravating. Changes in tempo could occur, making life feel somewhat unsettled and potentially chaotic for a day or two.

Disruptions in relationships could stem from you needing greater independence, so if a relationship feels restrictive, things could start to change. If you or someone in your life complains of things being too boring or restrictive, you might need to inject a little excitement into the proceedings by varying your routines and doing new things. In all, November's focus is on your personal life with opportunities for positive change, particularly if you're ready to break a pattern and step toward your authenticity.



• **SAGITTARIUS** (November 22–December 21) •

*All man's miseries derive from not being able to sit quietly in a room alone.*

— Blaise Pascal

A new moon on November 1 in your zone of quiet contemplation marks the end of your personal year. You might want to spend a little time with yourself as you wind down and prepare for a new phase that begins when the Sun enters Sagittarius on November 22. Until then, you should benefit by reflecting on the past twelve months with a view toward building on any successes and wrapping up or drawing other things to a close. If something is better off assigned to the past, this is a good time to do so.

Along with the Sun's transit through this sector, the new moon favors releasing what you no longer need. It also favors getting a better handle on yourself, from why you act the way you do to what has made you the person you are today. For example, the new moon could help you become more aware of any unconscious programs working against you or any compulsive or addictive behaviors you're ready to release. In short, the start of the month is a good time to become aware of your inner saboteur, and refuse to collude with it.

This transit also favors connecting with your guides or higher self to receive guidance and access knowledge and wisdom. It's, therefore, an ideal time for meditation and quiet or other contemplative pursuits. Time spent alone, especially in rest and repose, will benefit you now. If you try to maintain a busy lifestyle, you might hit one or two problems around the full moon on November 15 when your health and energy levels dip. Sudden changes in health might simply be calls to rest a bit more, and upsets in your daily life or general feelings of chaos could be calls to adopt a quieter pace, at least for the time being. Life is becoming increasingly chaotic, so don't invite more of it into your life by refusing to slow down once in a while.

Uncertainties or destabilizations with work could also be a feature this month, so expect a peculiar few days when things don't go as planned. The full moon will be very revealing in terms of what needs to change with your work, health, or daily life. For example, would you benefit from a change in your routines? Do you need to inject a bit more excitement into your days? Have you been feeling a little restless? View any mishaps or breaks from the norm as indications that something seeks change. The days around the full moon might be unpredictable, but they will certainly be lively and could open a portal to inspiration and flashes of insight, especially concerning your work and health.

Once the Sun arrives in your sign on November 22, you will feel a new lease on life. This marks the start

of a positive phase when energy levels and motivation increase. Now you can get moving again with a focus on your needs and desires. In the meantime, see November as an opportunity to wrap up things, put the past behind you, and draw on your inner and spiritual resources to guide and inspire you. Tune in to the whispers of your soul, pay attention to your dreams, see what calls to you, and try not to get caught up in the minutiae of daily life.



• **CAPRICORN** (December 22–January 19) •  
*With determination, discipline, and hard work, all dreams become a reality.*

— Lailah Gifty Akita

November gets off to a favorable start with a new moon in your helpful-people zone, promising better things to come, such as a fortunate turn of events or a helping hand when you most need it. Since this new moon is nicely aspected to Saturn, your ruling planet, it becomes doubly favorable, as cosmic energies will work in your favor from the start. The areas most likely to benefit from positive changes include your friends and social life, benevolence/support from helpful people, and “pennies from heaven,” which basically means money you weren’t expecting.

These all have in common a sense of luck arriving when you need it. If you’re in the fortunate position of not needing a helping hand — from the cosmos, a friend, or a stranger — the month could simply start with a positive vibe in the air and your willingness to turn a wish or hope into reality. Whether you need a lucky turn of events or want to be the one who manifests good fortune for others, November — the first half, at least — is ripe with possibilities.

It might also be appropriate now to wrap up all the loose ends in your life, especially ones that have been around a while. Pluto, which is at the very end of your sign, has turned direct and will leave for good on November 19. Put as much behind you as possible so that you are ready for the next phase of life. Since Pluto forms a very auspicious alignment with Neptune, Mercury, and Uranus, you have a window of opportunity to generate something good. That said, you will need to avoid the pitfalls of Pluto’s opposition to Mars that could easily manifest as a competitive power struggle.

This rare cosmic alignment could play out via your relationships with others. Perhaps you continually lock horns with someone at the same time other people have your back. Accept the support when it comes, but be careful that you don’t get embroiled in misuses of power with someone you might class as an adversary — unless you believe it’s a battle you can win and fighting it justifies your time, energy, and emotions. Pluto in your sign gives you the edge in any fight, especially if you have

support from others. A better use of this Pluto-Mars battle would be participating in healthy competition, such as playing a sport, running a marathon for charity, taking on some form of injustice, pushing forward with an ambition, or dealing with someone/something you consider a distraction from your purpose.

By the time you get to the full moon on November 15, any power issues with others should be fading, and when Pluto exits Capricorn and moves into Aquarius on November 19, you should have cause for celebration. Pluto will not return to your sign again in your lifetime, and even though you doubtless learned a lot and experienced plenty in the sixteen years he traversed your sign, you also went through some painful and intense times. The years from 2008 might have felt like a roller coaster, as you likely experienced extreme highs and lows, but now you can look forward to easier and more stable times, at least in your personal life.

Finances might be another issue, but you should mainly feel a growing sense of lightness. When Venus arrives in your sign on November 12, why not make the most of the benevolent cosmic rays and focus on celebration and enjoyment? Take some time out for pleasure and relaxation: Rest a little, smell the flowers, and enjoy time with friends and family. Venus favors pleasure over work, so even though you have a strong work ethic, now is the time to cut yourself a bit of slack and pause to appreciate all that you have accomplished and all that is beautiful in your life.



• **AQUARIUS** (January 20–February 18) •  
*Courage starts with showing up and letting ourselves be seen.*

— Brene Brown

With a new moon in your success and achievement zone on November 1, this is your month to shine. Where do you want to go? How will you take charge of your destiny? On a small level, this could simply refer to pursuing an ambition, taking on more responsibility at work, making a decision and following through, or telling the world about what you have to offer. On a larger scale, it could mean charting a new course and embarking on a new direction. Large or small, the focus is on your role in the outside world and your general purpose in life.

This is a very future-orientated new moon that encourages starting over in your work or life direction. At the same time, Saturn forms a helpful aspect to the Sun and the Moon in your success zone, supporting constructive actions with work and money. For example, you might use your financial resources to help move forward in your life’s direction, or a change with your work could positively affect your finances. Getting your material life in order might have very constructive long-term results.

If you've experienced difficulties with work or money, the new moon bodes well for an encouraging shift, and the answer probably lies in taking a practical approach. Focusing on joy and inspiration can't hurt, but this moment calls for a more practical plan of action. Also bear in mind that Pluto returns to your sign on November 19, where it will stay until 2043. This is an important event, signaling the beginning of a long and gradual transformation for you and your life, so take this into account when considering your direction and future. Where do you want to go? How do you want to live in the future? What shift in consciousness must you experience to manifest your desired life? Do you need to step more into your power or eliminate aspects of your life that aren't working for you? Which areas do you need to regenerate?

Pluto has a habit of razing to the ground all that isn't healthy, so this is a call to let go or transform the toxic elements of your life. Perhaps your health, work, relationship, home, family, childhood wounds, finances, or something else needs an overhaul. Pluto calls you to act with courage and really show up in your life so that you can evolve to your next level.

Another new moon toward the end of the month is a good sign for your social life and connections, which could help your quest to get to the next level. The last week of November could see a greater focus on friends and social interactions, but the very end of the month has an element of discomfort related to social interactions, such as with friends or groups. This difficulty might require you to cut your losses and move on, or you might need to work with something that initially feels discouraging but can succeed with patience and perseverance.

If you feel blocked or defeated at the end of the month, don't let this deter you, for it will soon pass. It's probably a test of your commitment to something, or it's meant to reveal whether something is still valid. For example, if a friendship, social interaction, or your role in a group is no longer valid, the end of the month would be the time to consider whether it's time to let it go. The message here is to not waste your time trying to save something that isn't worth saving and to focus instead on what is valid for you and makes you feel excited about the future.



• **PISCES** (February 19–March 20) •

*The real voyage of discovery consists not in seeking new landscapes but in having new eyes.*

— Marcel Proust

November begins with a new moon in your adventure zone, making this a good time to search out

possibilities. A long trip could be in the offing, but you don't need to go far to have a feeling of expansion. Just experiencing something new can be enough to see the world with fresh eyes. As the month begins, think about what you can do to broaden your horizons and push out of a limiting paradigm. If an invitation comes your way, you'd be well advised to accept, for breaking routines will be rewarded this month.

You'll also be rewarded for having the courage to move beyond the safe and the familiar, such as moving to a new place or entertaining ideas that challenge your previous way of seeing the world. Try to be open to new ideas, beliefs, perceptions, and possibilities. If a restless spirit takes hold, it could be your soul urging you to break out of your everyday patterns and routines.

With Saturn in your sign, this isn't the time to throw caution to the wind and behave recklessly, but with a strong foundation, you can launch yourself into something that feels rich with possibilities when you follow a dream or take a calculated risk. It might also be advisable to question any conclusions you reach: "Is this really true, or is it wishful thinking? Are the conclusions I've reached based on past experience?"

The full moon aligns with Uranus in your zone of the mind around November 15, creating an opportunity to shatter old beliefs and opinions so that your mind can be a little freer. This is a truth-seeking full moon, and you might have an experience that shatters a mental construct or belief you hold about yourself or about life. This is the ideal moment to ask questions and be receptive to the truth. It is also a good time to speak your personal truth and communicate with honesty. Other people might be taken aback when you say something unexpected, but perhaps it needed to be said.

The days around the full moon could be busy and active, both mentally and physically, and the general tempo should be upbeat and positive. Use this time to communicate and get your message across, and observe how your attitude creates the results you experience. Think of someone who has a positive, life-embracing attitude and someone who has a negative, dour approach to life. What differences do you see in their lives? It can be difficult to completely change our outlooks, but we can make small adjustments here and there. This is your opportunity to make some little mental adjustments so that you can manifest more positive outcomes or simply enjoy a happier, more peaceful state of mind.

Once the Sun enters Sagittarius on November 22, the focus moves toward your responsibilities in the outside world, which is an ideal time to focus on your goals and success. In the days leading up to November 30, try to let go of any aspect of your work that is outdated. Look at what belongs in the past and no longer has any juice for you; then bring something new into being. The month



ends with a new moon in your success zone, bringing possibilities for new beginnings related to your direction. As November draws to a close, your future is ripe with greater possibilities, inviting you to move in the direction that feels most in alignment with the person you are now.

## December Weekly Forecasts



• **ARIES** (March 21–April 19) •

**December 1–7:** Your month begins with a new moon in your adventure zone on December 1, instilling you with an optimistic view that anything is possible. Indeed it would be appropriate now to think about what you can do rather than focusing on what you can't. The trick to any restlessness or frustration this week is to push out of your comfort zone; try something new no matter how seemingly small. Sometimes when we break a little pattern and change the routine, we broaden our horizons. Then we start to think that we can do and be more than we were previously experiencing. So try something different this week, and don't be afraid to leave the safety of your harbor.

**December 8–15:** As your ruling planet Mars grinds to a halt, you might find it difficult to charge forward in your usual fashion. Perhaps your energy is on the wane, or motivation might be dropping. Outside circumstances might seem to stop you from moving forward. Take care that you don't unleash any frustrations on others, as with Mars opposite Pluto, there could be a power struggle brewing, and it's one that you probably aren't able to win — at least not without it taking more of a toll than it's worth. This is an important moment to pause for thought. Restrain your actions, and do not take unnecessary risks. The message for this week is to not gamble more than you're willing to lose.

**December 16–23:** As the tension builds between Mars and Pluto, much of what was said last week applies this week too, but this week, the difference is that Mercury turns direct and steps into a supportive position. This means that your best bet is to have some kind of dialogue or negotiation rather than try to use force or hostility. With such helpful support from the god of communication, there is no reason why you can't get whatever result you want by talking things through. Remember this week that the pen is mightier than the sword.

**December 24–31:** If you want your Christmas to abide by the tradition of peace and goodwill toward all people, then you might have to be very conscious of how you conduct yourself as the Mars-Pluto opposition reaches its peak. Things could boil down to a simple choice as to whether you lock horns with another or whether you channel your energy and passion into a

constructive avenue. If you have a cause to believe in or a healthy battle to fight, you could find this a powerfully productive week. On the other hand, if you find yourself on the warpath, take it as a sign that you need to find a more constructive outlet for your energy. The second new moon of the month lands in your success and achievement zone on the very last day of the year, December 31, which suggests that if you direct your energies toward a goal or an ambition, you will emerge a winner. Take this thought with you as you head into 2025. Don't waste your time or precious energy and resources on things that don't matter, and consider the following: "Being successful is a choice and, therefore, being defeated is a decision" (Jim Stovall).



• **TAURUS** (April 20–May 20) •

**December 1–7:** A new moon on December 1 is ideal for starting afresh in some aspect of life and prepares the ground for rejuvenation and regeneration. Therefore, if something feels tired, broken, or dead, this is the week to either fix it or let it go. It's an ideal time to clear out, whether it's clearing out your closets or eliminating toxins from your body. If you keep in mind the need to get rid of anything that feels toxic, you'll be on the right track. The trine from Uranus to Venus adds to this theme by making it much easier to break a pattern and inject refreshing change into your life.

**December 8–15:** If money is an issue, the full moon on December 15 will help you to see things much more clearly and could bring a sense of resolution to any financial matter. With Jupiter also in your money zone and Mercury turning direct, you are in a good position to start experiencing greater prosperity and abundance. Perhaps all that's needed for a step in the right financial direction is a sense of entitlement. We tend to get what we deserve, and events this week could reveal where you might have been underselling yourself. This is a good time to ask for what you deserve and to be open to the possibility that sometimes good things can come your way without you even trying.

**December 16–23:** This week is particularly favorable as Venus aligns with Jupiter across your work and money zones, making this a time when you're likely to either be on the receiving end of a fortunate event or to simply experience a feel-good factor. This is favorable for your work and any dealings with the public as well as being auspicious for financial matters. It could simply be that in the run-up to Christmas, many pleasures can be found: fun social exchanges, the enjoyment of shopping and buying gifts for others, or seasonal creativity. Either way, this is a week to make the most of whatever opportunities come your way. So long as you don't go to excess, it's fine to eat, drink, and be merry.

**December 24–31:** While you might just want to relax and enjoy the festivities, the Sun's move into your zone of adventure could have different ideas. At the same time, a helpful alignment between Venus and Uranus suggests that this is a perfect time to break a pattern and do something differently. This could range from changing your normal Christmas routine to deciding to switch off the TV and do something more stimulating. This week favors the broadening of your horizons, and as the month ends with a new moon in your zone of adventure, it won't hurt to consider how you can set sail for new horizons. If you end the year with your sights set firmly on expanding your vision and ready to grasp the potential, you'll be on the right track.



• **GEMINI** (May 21–June 20) •

**December 1–7:** The emphasis this month is on your personal life as a new moon on December 1 accompanied by Mercury retrograde in your one-to-one zone makes this an opportune time to turn over a new leaf in an important relationship. No matter how difficult things might have been recently, events this week are likely to breathe new life into an important connection. The key to success lies in your ability to communicate how you feel and that you listen to the other person. It is likely that you will receive a message of some sort that enables you to see the situation more clearly and thus make a decision as to what to do next. Don't underestimate the importance of your relationships this week because the impact of any developments could ripple out and affect other areas of your life in ways that could be life-changing.

**December 8–15:** Communication really is the key this week — for better or worse — and with Mercury and Mars both retrograde, you will need to be mindful of what you say and how you interpret others' words. Count to ten before speaking or jumping to conclusions, as it would be easy under this influence to say something you might later regret. Observe how your words and unconscious body language influence others, and make sure that you convey the message that you wish to be received. A full moon in your sign on December 15 could be emotive and produce reactions that might be excessive in relation to a trigger. Confusion, sadness, and an inability to see the wood for the trees might be the outcome, so it would be best not to take action or make any decisions until next week.

**December 16–23:** As Mercury resumes forward motion, you can begin to move forward once again, especially in your personal life, which could have been tricky at times this month. It will be easier to communicate in a way that is positively received, and you should find that any ripples in your relationships are smoothed out. This process can be helped by showing genuine care and

interest for the other even if you're not in agreement. When you demonstrate that you're on their side, their defensive energy will go down, and that's when true healing can take place.

**December 24–31:** While you are busy enjoying the festivities — and this is certainly one year when you should push the boat out with Jupiter in your sign encouraging you toward enjoyment — there is also a deeper process running beneath the surface. Perhaps there is an unresolved emotional issue, or maybe an event triggers a response that feels quite intense. Take such occurrences as cues to delve beneath the surface and become more conscious of your psychological and emotional make up. Is there something you need to let go of? Is there something toxic in your life that you'd be better off without? If so, the end of the year is the perfect time to relinquish what you no longer need and isn't doing you any favors. That way, you can start the new year with a clear deck and a stronger position to operate from.



• **CANCER** (June 21–July 22) •

**December 1–7:** If we want our lives to change, it usually begins with changing something that we do each day. This could be getting up half an hour earlier or going to bed that bit earlier. It could be giving up a bad habit or starting an exercise regime. It could be a change that enables us to be more organized in work or more efficient in the way we produce it. Whatever it is, there is likely a way that you could improve the function of your everyday world, and the perfect time to implement such a change is under the new moon on December 1. Here is when you get to begin afresh in matters relating to your health and your duties. It could require effort and commitment, and you might wonder whether it's worth the bother, but at the very least, try to let go of something that has been undermining your effectiveness.

**December 8–15:** With Mercury retrograde in your health and work zone, recent times have brought these areas into sharp focus. A change of some sort would have been necessary, and you might still be in a process of re-evaluating certain things. The good news is that Mercury turns direct on December 15 while a full moon — also on December 15 — will likely bring clarity and illumination to a health issue or a work matter. Your everyday life should feel less problematic, which should free you up to focus on other things. Sometimes it feels as if there's just one thing after another that needs sorting out. Thankfully, by the time you get to the end of the week, you should be on track to a smoother passage.

**December 16–23:** The emphasis is still on your work, health, and everyday life, but the difference now is that progress can be made in these areas, making this a good week to be productive and to get as much done as you

can before the Sun changes signs on December 22. Mercury's retrograde transit might have given you a lot to do over the past three weeks, and sometimes that might have felt like one step forward and two steps back. Now at least you can resume forward motion in the key areas of life and enjoy the process of working toward better health and getting your life in order. Aiming for simplicity is the key.

**December 24–31:** The Sun leaves your work zone just in time for Christmas and puts the emphasis on your one to ones. Since this is what Christmas is all about, you are in pole position to get the most out of the festive period. The hard work is done, and now you can relax with the key people in your life. But there's more to the Sun's journey through your opposite sign than enjoyment; there might also be an opportunity to learn something about an important relationship or about yourself as your interactions with others take an interesting turn. This could all reach a climax at the very end of the year when a new moon on December 31 brings the chance for a fresh start in an important relationship to generate constructive change. Whether you need to make a commitment or face the facts about a situation with someone, you end the year with an opportunity to put things on more solid footing and to remember: "The quality of our relationships determines the quality of our lives" (Esther Perel).



• **LEO** (July 23–August 22) •

**December 1–7:** You begin the month with Mars in your sign and a new moon (on December 1) in your zone of fun and enjoyment.

This is about as good as it gets, because Mars will bring energy, motivation, confidence, and enthusiasm while the new moon brings a light-hearted feel and favors all matters connected with the good things in life: art, creativity, play, romance, children, and animals. However, before you get too carried away, you might need to bear in mind that Mercury is retrograde, which could mean that it's not all plain sailing in the aforementioned areas and you might need to go back and dot the *i*'s and cross the *t*'s. The new moon and Mercury favors bringing something to a close or returning to something to change or rework it. This could require a bit of effort, and you might need to consider whether it is worth the trouble or best to let it go. Not that any of this will deter you, because Mars in your sign makes problems seem like no issue at all. Whatever you're faced with this week will be grist for your mill.

**December 8–15:** As a full moon illuminates your social zone on December 15, the emphasis this week is likely to be on your friends and social life. However, with Neptune creeping in on the act, things might not be what they seem. Therefore, it would be prudent to check the

facts and to engage any social situations with your instincts intact. Do not allow blind trust to lead the way. There could be an element of confusion or deception, whether accidental or intentional, so your best bet is not to pin your hopes on anything relating to your social situation; otherwise, you could be disappointed. In some cases, this full moon will highlight where a friend, group, or social activity is working against you, and you will at least be able to know where you stand.

**December 16–23:** As Mars retrogrades through your sign, you could learn a thing or two about power. Maybe you feel that you don't have enough of it and that maybe someone else has too much. Maybe you've been locking horns with someone, or perhaps something is testing your strength and willpower. While it's not advisable to engage in pointless power struggles, you might need to stand up for yourself. At least be wise to the manipulations and power tactics of others. Meanwhile, the Sun enters your health zone on December 22, suggesting that you need to make your well-being a priority, so don't let stress with others undermine your strength and efficiency.

**December 24–31:** As the holiday festivities reach their peak, you will need to be very mindful about all that was said last week as the clash between Mars and Pluto intensifies, leading to a potentially dramatic and explosive week. There is doubtless a lesson contained in any power struggle, and if something feels destructive, it might be best to cut your losses. At the same time, a new moon brings the opportunity for constructive changes in your health and well-being, making the close of the year an ideal time to focus on what you would like to manifest going forward in 2025. Whether you're a new year's resolution person or not, it wouldn't be a bad idea to set your intention for better health and to get real about any tendency or habit that could be undermining your well-being. The end of the year is a perfect time to focus on taking practical action and turning things around.



• **VIRGO** (August 23–September 22) •

**December 1–7:** December brings a domestic theme to the fore, and it begins on December 1 with a new moon that sets the scene for new beginnings. Perhaps something needs to go, so this would be a good time to clear out stuff you no longer need or to raise the vibration of your home. This decluttering process and raising the energies applies on an inner level too, making this the week to get your inner house in order. This might necessitate a certain amount of contemplation as you reflect on the past and what has led you to where you are now. Don't be afraid to let certain things go if they are no longer relevant to the person you are now, and forgive others — particularly



family members. Their mistakes could be the key that lead to progress.

**December 8–15:** The domestic theme continues, but this week, as a full moon builds in your career and direction zone, the challenge is to get the balance right between home and work — or your inner world and your external life. There might be an element of confusion regarding either your direction or your home and family, making this a week when both personal and professional issues could need to be resolved. By the time you get to December 15 and the peak of the full moon, things should start to be a bit clearer. Maybe you will be shown the truth of a situation that at first felt a little disorientating. For this reason, it's probably best to hold off making any decisions or taking any actions until the full moon has passed. Until then, keep your own counsel, and don't be too quick to give your trust to people who may not deserve it.

**December 16–23:** Home, work, and relationships could all be a hotbed of emotion, so it will most likely be a blessed relief when the Sun moves into your zone of fun and relaxation on December 22. This brings a much lighter vibe, bearing opportunities to enjoy yourself. Making time for recreational pursuits is important now, which should be easier as Mercury turns direct, bringing an end to the family and domestic issues that could have presented themselves lately. While there could still be some loose ends to tie up, things should all feel much easier. The Sun's change of signs is timely for you to enjoy the run-up to Christmas. And it might help to consider how different life would be if you left one or two of your cares behind.

**December 24–31:** The Sun's journey through your zone of fun and merriment is perfect for the festive week. So long as you don't expend unnecessary physical energy, you should find that this is a feel-good week when a state of joy is easily attainable. Your only fly in the ointment might be a relationship that feels less than joyous, possibly because it's hard work or a source of disappointment. This is something that you might need to pay closer attention to as the year draws to a close and a new moon brings the opportunity to make practical constructive changes in relationships and matters of the heart. Being true to yourself is the way forward. Consider what Ralph Waldo Emerson said: "To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment."



• **LIBRA** (September 23–October 22) •

**December 1–7:** December will likely be a very busy and hectic time for you, and this first week especially is going to require a certain calm and philosophical approach if all doesn't go according to plan. Our attitude is the key to much

of our success, not to mention happiness, so as a new moon occurs in your communication zone, this is an appropriate time to consider how your mental approach is creating your results. Mercury retrograde in the same sphere makes this the time to review your attitude and to look at ways in which you can improve your communication skills. Nip critical thoughts and negative beliefs in the bud, and make time to meditate. This will help create space in your head if it all gets a bit much. Your message for this week: Change the way you think, and you'll change the patterns of your life.

**December 8–15:** This week you are being shown how your thought processes are supporting or undermining your efforts to get on in the world, and under a full moon (December 15), issues connected with communication become a key issue. From simple misunderstandings to total breakdowns in communication, the full moon could reveal where you need to be clearer and perhaps more direct. Mercury retrograde could also affect your day-to-day life, so if you experience glitches in travel, communication, or mechanical problems, then take it as a sign that you need to slow down or switch gears. This can be difficult at this most feverish time of year when there's so much to do, but it might help to ask yourself whether any of it will really matter three months down the line. Slow down, relax, switch off, and do something you enjoy; your health and sanity will thank you for it.

**December 16–23:** Life gets less frustrating this week as Mercury turns direct and Venus forms a helpful alliance with jovial Jupiter. This is the point when you can start to enjoy the holiday festivities; the days around December 19 and 20 should be especially favorable for pleasurable activities and fortuitous events. Once the Sun settles into Capricorn on December 22, the pace will slow, and the focus will shift toward your home and domestic sphere. This is the time to turn your attention to life within your four walls. This might mean going to town with the lights and the trimmings or cooking up a storm in the kitchen. The underlying message is the same: Happiness begins at home, and this week gives you the ideal opportunity to figure out what you need to bring more integrity into your home.

**December 24–31:** The scene is set for a perfect family Christmas as the Sun beds down in your domestic zone. Giving your time and attention to your nearest and dearest will feel natural, so consider yourself blessed that the holiday mood is in sync with your energies. The events of the week could bring you to a point of realization about what needs to change on the domestic front as the new moon on December 31 suggests the need to let something go before you can create a new start. This is a very practical new moon. It will be easier to make constructive changes that have a long-term effect, but it will require a certain amount of effort, and you might be

tempted to just let things continue as they are. Consider that while all actions have consequences, nonaction also has consequences. You end the year seeing the reality of a situation and what you need to do to change it.



• **SCORPIO** (October 23–November 21) •

**December 1–7:** With a new moon in your money zone on December 1, there is a strong focus on the material realm, making this the time to direct your energies into resolving financial issues and making changes that will result in greater prosperity. With Mercury retrograde, there could be a material matter that needs sorting out — from contracts and official paperwork to matters involving your bank balance, how you earn or make your money, your savings investments, and so on. It's an opportune moment to review your financial situation and sort out any lingering problems. New moons are normally perfect for creating new beginnings, but with Mercury retrograde in the same area, it might be more appropriate to bring things to a close, clear away what you don't need, and prepare the ground for a fresh start. With your ruler Mars turning retrograde on December 6, your direction in life along with your work could also come under review, making this the week to retrace your steps rather than try to push forward in new directions.

**December 8–15:** Financial matters could reach a peak this week, and the full moon on December 15 illuminates the issue so that you can see what you need to do. However, with Neptune getting involved, things might not be quite what they seem, so just hang fire when coming to conclusions or taking action until after the full moon has passed. Mars, meanwhile, intensifies his backward motion, and for a while, you might feel unsure about where you're going. This might be because the direction you were heading in wasn't the right one or that you need to make slight alterations to your trajectory. You might be tempted to react in frustration if it doesn't feel things are going the way you want. Instead of firing off, use the energy and power at your disposal constructively, and wait for the right moment to make your move.

**December 16–23:** The financial and material theme continues this week, so your attention might be drawn to work, money, and the practical matters of life. From December 22 though, the emphasis shifts with the Sun's move into Capricorn, and from this point on, you can enjoy a more upbeat tempo and focus more on your interactions with others. Be mindful of power struggles, though, as Mars opposite Pluto suggests that there might be a problem with someone with whom you're not seeing eye to eye. It could even be that you're at war with yourself. Whether you're battling with your own demons

or meeting them through another, it might be better to work at transforming the situation through a compassionate heart.

**December 24–31:** For some people, Christmas can be a difficult time, fraught with difficult family dynamics along with an overemphasis on materialism, but there's no reason you can't enjoy the festivities given that the Sun is casting a rosy glow of optimism over your interactions with others. But you will need to keep a watchful eye on something or someone who could steal your calm composure. Try to keep your energy field clear of others' manipulations while being mindful that your efforts to transform others or conditions around you could be met with stiff resistance. Perhaps the key this Christmas is to just see what happens. Maybe you don't need to be as in control as you think, and life will work out just fine if you take a step back.



• **SAGITTARIUS** (November 22–December 21) •

**December 1–7:** Your month begins with a new moon (December 1) in your sign, creating the right conditions for a new beginning of some sort. However with Mercury retrograde also in your sign, the way forward might not be as clear or straightforward as you'd like. Perhaps use this new moon to think about what you would like to change, especially in terms of your personal desires and needs, and then set about clearing out anything that is surplus to requirement. In other words, set the scene for what you would like to create, and don't be reluctant to put the energy in even if it seems that it might be too much effort. A good rule to remember now is that the amount of effort you put in will be matched by the rewards further down the line.

**December 8–15:** A full moon in your opposite sign brings to a head personal and relationship matters and sets the challenge to balance what you need with others' needs. With Jupiter in your opposite sign, this shouldn't be too difficult, as there'll be a natural willingness on both sides to give. It's just that with Mercury retrograde in your sign until December 15, you might be distracted by personal concerns. Once you get past the full moon, the way forward should be easier to see. Life will begin to untangle itself and allow you to start moving in the right direction. Until then, don't rush into things; don't be hasty in your judgments or conclusions, because you may not have all the facts. An element of confusion might be par for the course, so just bide your time until everything becomes clear again.

**December 16–23:** The Sun remains in your sign until December 22, giving you the edge in pretty much anything you undertake. Mercury turns direct at the start of the week, which is further good news, effectively signaling an end to any frustrations, blocks, problems, and

delays. Further good news arrives on December 18 in the form of Jupiter trine to Venus, which for the following few days at least will bring opportunities for fun and general enjoyment. Now is the time to really start enjoying the run-up to Christmas and to remember that generosity, merriment, and laughter cure most ills.

**December 24–31:** The Sun's move into your money zone shifts the emphasis toward practical and financial matters, but with Christmas to enjoy, this will need to wait until later in the week when a new moon arrives on December 31, bringing the opportunity for a financial or material new beginning. This is a hugely practical new moon, so you'll be gearing up to take constructive action that will have positive repercussions further down the line. This is a time of financial and material realism when you are able to confront the reality of how things are, but this shouldn't feel depressing; on the contrary, you should feel positive about the changes you're making, which will put you on a stronger footing. As you end the year, it might be appropriate to consider whether you are utilizing your gifts and abilities to their fullest extent. David Viscott said, "The purpose of life is to find your gift. The meaning of life is to give it away."



• **CAPRICORN** (December 22–January 19) •

**December 1–7:** Your month begins with a new moon (December 1) and Mercury retrograde in your zone of endings, suggesting that now is the time to wrap things up and bring something to a close. It might also be appropriate to look back over the past twelve months to see how far you've come and whether you're happy with where you are and with what has occurred during the previous year. If not, this is a good time to decide how you'd like to do things differently. So use the energies of the new moon to clear out what you don't need, be that on a physical, emotional, or psychological level. There's no point hanging on to stuff if it's only holding you back.

**December 8–15:** The emphasis is on your health and general well-being as the full moon on December 15 could bring to a head issues to do with your energy levels. While Jupiter — also in your health zone — is a favorable ally and will generally offer you protection from most ailments, with the Sun in the weakest area of your chart, you could witness a reduction in vital energy or at least be more vulnerable to tiredness and whatever bugs are doing the rounds. The solution to physical or mental problems is to take a little time out for rest and to reconnect with your soul. This is ideal for activities such as meditation, tai chi, yoga, and so on. The world might insist that you keep busy, but that could be counterproductive this week.

**December 16–23:** If you're wondering when your energy, drive, and motivation will return, highlight

December 22 in your diary, as this is the date when the Sun arrives in your sign. This marks the start of a new twelve-month chapter. In a way, this is your new year, so set your intentions now, or at least start formulating what you would like to change, manifest, or achieve. With Mercury turning direct, you will have a green light, and you can start to put your previous problems behind you. Your main challenge this week will be to not overdo or be too cautious. Try to find the middle way between the extremes, because if you are able to blend the strengths of Saturn and Jupiter — namely expansion and practical realism — then you will be on your way to more successful outcomes.

**December 24–31:** With perfect timing, a new moon arrives in your sign on New Year's Eve, setting the scene for a fresh start and new beginnings. Whatever you set your mind to now will likely take root, especially if you take some constructive action. Saturn's helpful support to this new moon says that you have within you the resources that you need to turn things around, whether that's a habit you want to be rid of or a difficult situation you'd like to resolve. All things are possible under this new moon so long as you are prepared to put in the necessary effort. Since Capricorn is a sign that doesn't shy away from work and commitment, this should be no problem, so decide what you want to change, believe in yourself, and then write it down. Remember what Lee Iacocca said, "The discipline of writing something down is the first step toward making it happen."



• **AQUARIUS** (January 20–February 18) •

**December 1–7:** Your social life takes center stage as a new moon (December 1) and Mercury retrograde create the potential for resolving issues to create new beginnings. Perhaps it is timely to review a friendship and to catch up with friends you've not seen for a while. Any problems with a friend can be healed by communicating how you feel and being willing to listen to the other person; then you can move forward. The same applies to groups you're a part of. Again, there could be an issue that needs to be resolved, but in some cases, you might need to decide whether it's worth your time and energy. Perhaps it'd be better to cut your losses.

**December 8–15:** Social matters remain key this week, but with a confusing full moon (December 15) and Mercury grinding to a halt, things could reach a peak, and you might not have all the answers. It would be wise not to place too many expectations on the outcome with a friend or a group and just get on with the business of being your authentic self. The full moon occurs in your fun zone alongside Jupiter, suggesting that your priority at this point is to be true to yourself and to do your best to align your friendships and social life with your



values. If this can't be done, you might need to assess whether it's the right kind of involvement.

**December 16–23:** Any problems relating to your social situation begin to ease this week as Mercury turns direct and the Sun changes signs. There could still be some loose ends to tie up, but generally, you can look back over the past few weeks with a clearer view of any incidents and developments, as you will be in a better position now to understand why they occurred. It might also help to be aware that Pluto in your sign currently opposes Mars, which brings a power issue to the fore. This could relate to a person or a situation, and if you look deeply enough, you'll probably find that there's a connection relating to power. Whether it's you being manipulated by someone else or you asserting your dominance, this is an important issue that will need your careful and conscious attention. Locking horns with others might not be the best solution. The use of charm and gentle persuasion will allow the other person to emerge feeling good and achieve better results.

**December 24–31:** The Sun gliding into your zone of endings and quiet contemplation suggests a winding-down vibe perfect for the end of the year. However, if you want to enjoy your festive week, you will need to be mindful of the Mars-Pluto dynamic that was mentioned last week, as things could intensify over Christmas and New Year's Day. This could be a marital conflict, a battle with someone you consider an enemy, or simply an outburst with a relative stranger. Whatever the case, passions could run high. If you keep in mind the true meaning of Christmas and practice peace and goodwill to all people, this niggling vibe could easily be offset. See any provocation from others as a spiritual test, and rise above it. It might also help to have a project or something that you can channel your energy into. These are just some things to bear in mind as you head into 2025, as the devil makes work for idle hands.



• **PISCES** (February 19–March 20) •

**December 1–7:** With a new moon (December 1) in your success region, December begins with the promise of opportunity for development where your future is concerned. Now is the time to decide where you want to go and to start moving toward it. However, you might need to be prepared for the odd glitch or hurdle, as Mercury is backtracking through this same sphere. This could require you to review certain situations or to rethink your trajectory. Perhaps the way forward isn't as smooth as you'd like. If so, do you need to take a minor diversion, or do you need to change course altogether? Don't expect the way forward to be easy, but remember that with patience, persistence, and determination, all hurdles can be overcome.

**December 8–15:** With a full moon (December 15)

across key areas of your chart, you need to be prepared for an element of confusion where your home, family, career, and direction are concerned. You might feel that you don't know which way is best, possibly because you don't have a clear enough view or because you lack the courage of your convictions. If something is really important, then you don't usually need to think about it. You might need to consider whether you're really invested in something or it's best to cut your losses. Try to refrain from making a decision until after this full moon has passed, and remember that sometimes discretion is the better part of valor.

**December 16–23:** As Mercury turns direct, you can begin to resume your forward motion, and this is a good week to make plans for your professional life or for your future. It's ideal for negotiating a better deal for yourself, sharing your ideas with your boss, and for tooting your own horn. A little self-promotion is important when the success area is activated, and there's no point hiding your light under a bushel since that only deprives the world of what you have to offer. So get yourself out there, and use the supportive energies to advance yourself in some way.

**December 24–31:** The Sun moves into Capricorn on December 22, which is good news for you, as it shifts the focus toward social activities. This is ideal if you're visiting friends or want to enjoy the bonhomie of gatherings. This will become more relevant toward the end of the week when a new moon (December 31) brings the opportunity for a fresh start where your social life is concerned. This is a time of realism and dealing with situations in a practical matter. So as the year draws to a close, decide what steps you will take to enhance your social world; perhaps it's forging new connections, finding your tribe, or being a mover and a shaker in a group or organization. Whatever the case, you leave one year and enter another with the task of deciding where you're going and who you want to go with you.

## Sun Sign Forecasts for 2025

### Aries

*I knew who I was this morning, but I've changed a few times since then.*

— Lewis Carroll, *Alice in Wonderland*

2025 is a key year for you as both Saturn and Neptune enter your sign in the spring, beginning the process of redefining who you are. Neptune arrives first on April 18, heralding a new era of spiritual awareness, and Saturn follows on May 25, marking a brand-new twenty-eight-year cycle of your life. But the path toward

redefining your identity and discovering a new you may not be a clear or straight line, since these two planets work in very different ways.

Essentially, Saturn's arrival says that now is the time to get yourself in order — tighten up any loose or sloppy areas — and to make some serious and constructive changes to your life. Neptune on the other hand is opposed to structure and routine, preferring a much more go-with-the-flow approach. He knows that dreams, visions, and inspiration can't be accessed under tight controls.

When embarking on a journey, Saturn wants a map and a plan; Neptune prefers to navigate by intuition and synchronicity. The key to making it through to the end of the year with your sanity intact will depend a lot on how flexible you're able to be and how quickly and easily you are willing to relinquish your old identity. If you can do this without too much resistance, then you should find that 2025 is a breakthrough year. However, for many Aries, the breakthrough won't come until after a breakdown, so be prepared for a period of confusion, disorientation, and general uncertainty as to who you are and where you're going. If this happens, see it as a call from your soul to shed your old skin and step into a more beautiful way of life.

The best and most constructive use of the Saturn-Neptune conjunction is to take a dream or a wish and start making it real. If you don't have a dream or a vision, or you've put one on the backburner, you're more likely to experience the downside of Saturn and Neptune, which might present as confusion, emptiness, fatigue, anxiety, or depression. These states are signs that you need to access your soul, find what inspires you, and then channel it constructively.

If you experience disappointment, take this as a cue that what you were doing wasn't right for you and that something better is waiting. You might have to let something go this year or make a sacrifice for a noble cause. Grieve if you need to, but don't spend too much time looking over your shoulder, lamenting any loss. Just get on with whatever life brings you while trusting that endings, separations, and losses are the universe's way of telling you that you are evolving and that certain people, places, or situations no longer fit with the new you that is emerging. The big commodity that you will need this year is trust.

Trust that everything is happening just as it should. Trust that there is a meaning behind each event that serves your higher purpose. Trust that there's a mechanism at work behind the scenes that you can't always see but that has your best interests at heart. Life might get a little crazy this year; sometimes things might not seem to make much sense, but this is a sign that your old reality is beginning to give way so that a new one can

take shape. While you are bridging this gap between the old and the new — between 3D and 5D — you will need to be like a Zen master and a shaman, bending with the wind and traveling between two worlds.

It might feel disorientating at times, so you will need to keep yourself grounded. Take solace in your home and family. This is where your biggest comfort and joy will be found, and you may experience a positive domestic development, such as a new addition, a house move, or simply a feeling that all is well within your inner circle.

Ultimately, though, any positive developments with your home and family are the icing on the cake rather than the cake itself, for the real purpose of life this year is to realize that you're not who you thought you were. If you wake up one day no longer sure of who you are, see it as cause for celebration, because it means that you're one step closer to changing in ways that will lead to a more inspired version of yourself.

## Taurus

*The gliding of the mind's boat into the lagoon of the spirit is the gentlest thing I know; more hushed than the fall of eventide.*

— Paul Brunton

There are several key features for you in 2025; the first is that Uranus leaves your sign after seven years. This signals the end of a phase in your life that might have felt unstable or at least changeable. Uranus has a habit of shaking things up, so it's likely that at some point during the past seven years, you broke a pattern — a change of job or changes within your home or family. A relationship could have changed, or your sense of self and your identity could have altered as a result of liberation from certain circumstances. Either way, you're likely to be a slightly different person now, and while all this change is good you might be ready for a more settled state of affairs.

At the same time as Uranus leaves your sign, Neptune and Saturn move into your zone of spirit, confirming that you are moving into a quieter and more internal phase of life. This is a good year to turn within and access previously hidden dimensions through prayer, meditation, poetry, music, art, or dreams — anything that sits outside the normal everyday physical world. It's also a good time to become more conscious of your less-than-desirable traits and welcome them into the fold.

Trying to separate or push down any shadowy aspects will backfire and only give them strength. If you experience sadness, guilt, anxiety, depression, disillusionment, emptiness, or meaninglessness, this is a strong indication that you are being called to pay more attention to your soul's needs. Take a little time out just to be. If you fall into the trap of busyness and focus your

attention on the outside world, you could unexpectedly wake in the night after an unsettling dream or you might feel down, anxious, or tearful for no particular reason.

Pay attention to the themes and messages of your dreams; they will have a lot to show you this year. Don't be unduly concerned if at times you seem to break down or have strange experiences that you can't explain. This is simply your rational mind being dissolved by Neptune's watery influence so that you can catch glimpses of a higher dimensional reality. A little madness might in fact be a good thing, but it all depends how far you want to go down the rabbit hole. It might be advisable to keep your feet on the ground and root yourself in everyday physical tasks.

Prolonged periods of mental disturbance could warrant a deeper exploration of your soul, perhaps through counseling, psychotherapy, meditation, or spiritual retreats. This could enable you to access your divine mission. It will reconnect you with a sense of meaning and inspiration, so the more you can find a satisfying way to serve humanity the happier you will be.

To fulfill this altruistic service, you may have to relinquish one or two things or make a sacrifice. But in a way, it won't feel like a sacrifice at all because what you give up should feel like a release. So if something comes to an end this year — a door closes or someone or something exits your life — recognize the end as a sign that a new phase of your life is about to begin, one that will more aptly meet your needs.

If you have a message to get across, this is the year to communicate and share your ideas with others. You could be successful in areas relating to teaching, education, speaking, studying, sales, writing, travel, and movement. If you have ideas or inspirations relating to any of these, then run with it, because your chances of success are high. At the same time, Pluto arrives in your success zone inviting you to step into your power, so do not be a wallflower when it comes to public attention, your reputation, and your role in the outside world.

All told, 2025 is a year in which you will benefit from accessing the higher realms and sharing what you find with others to enhance the world in which we live. And if fate comes knocking and invites you to take a different direction in life — even if it seems terrifying — then take it. Remember what Brené Brown said, "Courage starts with showing up and letting ourselves be seen."

## Gemini

*If you're not excited about it, it's not the right path.*

— Abraham-Hicks

"Excitement" might be a keyword for you as you embark on 2025, because Uranus, the planet of revolution and excitement, will launch into your sign in July.

You may already be feeling a degree of restlessness, a sense that something needs to change, but maybe you're not quite sure what. If you're tuned in, you might have an idea as to what the change should be. Over the past seven years as Uranus has been working his way through your zone of the past, you have witnessed a clearing-out process that might have facilitated an inner awakening.

This internal activation and clearing out of what was no longer needed left you in a position where you are now ready to experience something quite different to what you had before, which is good news if you're in any kind of stuck, stagnant, or restrictive situation. Uranus's seven-year journey through your sign will see to it, sooner or later, that you are liberated from anything or anyone who restricts your growth or limits your freedom of expression. He will also see to it that you find access to what inspires and excites you, particularly between July and October when it could be time to walk away from anything that feels flat unless you can breathe new life into it.

In most cases, this move toward the new and exciting will happen naturally without too much fuss and drama, but it's also possible that you might behave in ways that others find unexpected or unsettling. Regardless, the priority now is to be true to yourself; it's as simple as that, so anything that stops you from living authentically will have to go. This could mean that you will experience greater independence and that you might become much less bothered about what others think of you.

If marching to your own drumbeat ruffles a few feathers, then so be it. If you are an overly nice and considerate person, this could be difficult, as you wrestle with a growing need to honor your needs with others' feelings. Remember that people have a responsibility to themselves and that you are only responsible for those who you agree to take on, such as children, pets, or plants. Even then, if you cut off various aspects of yourself to keep others happy, you will, at some level, radiate unhappiness that your dependents will pick up on and affect their well-being. Sometimes the kindest thing to do for all concerned is to live life on your own terms — honestly and ethically.

The only real problems you could encounter during 2025 is in relation to your friends and social life. Either could be a source of disappointment or disillusionment, but you could learn some important lessons here as you discover what is real rather than what is fantasy or illusion. If a friend disappoints you, leaves you, or deceives you, perhaps it was because you weren't willing to see the friendship as it really was. Maybe if you look back, the clues were there but you chose not to see them.

Likewise, if a group or organization becomes disappointing, maybe it's because you overlooked an inconvenient truth, or maybe it simply wasn't a true match



for your ideals and inspiration. It is important this year to welcome those people who share your vision, those who match your ideals and who can help you manifest your dreams and visions into a reality. This is the best and highest expression of the Neptune-Saturn conjunction, and if you're really lucky, you will begin to find your tribe. That in itself should more than compensate for any losses you might experience in your social life.

Finances are very favorable this year, so money is something that you shouldn't have to worry too much about — even during a time of growing shortage. Somehow it seems that lady luck will be on your side, and whatever you need will appear when you need it. However, it won't hurt to look at how you can increase your income, especially by making greater use of your talents. So even though others might see funds getting tighter, you should easily find ways to increase your bank balance.

All in all, 2025 is the year to break a pattern and welcome the chance to do something different. Perhaps, most importantly, it's to begin the process of turning a dream into reality. This will require great commitment and a willingness to keep going even when it seems pointless. I can assure you that it isn't pointless, but it may require a sacrifice, and you will need to be diligent and discerning about where you put your boundaries. You will need to keep out the people and influences that drain your energies, and at the same time, you need to welcome with open arms those who are a true match for the goodness in your soul.

## Cancer

*But whatever path you choose, whatever career you decide to go after, the important thing is that you keep finding joy in what you're doing, especially when the joy isn't finding you.*

— Lauren Graham

2025 looks set to be a pivotal year for you with three out of the five big planets in major areas of your solar chart. It begins with the conjunction of Neptune and Saturn moving into Aries in May. This combination does not have a good reputation, and as it aligns in your direction zone, it might seem that the path of your life takes a strange or disappointing turn. There are a number of ways in which this could play out. Your professional life could become a source of concern, whether that relates to the job you do or your reputation in the outside world.

At some point in the year, you will have to grapple with an element of failure or disappointment. Maybe something doesn't work out the way you had hoped, or perhaps a goal or an ambition might be difficult to bring to fruition. Maybe you can't get moving in the direction you were hoping, or maybe it has lost its joy. Perhaps

there is an element of confusion about where you're going in life and at times it may all feel a bit pointless.

While these are worst-case scenarios, it is important to remember that any malaise with your life trajectory is trying to show you something. Is something not working out because it isn't where you're meant to focus your energies? At some point, did you take a wrong turn on the path and have ended up lost? When setting off on any journey, it helps to have a map and a compass and a clear idea of where you're going (and why), so if you find yourself in a place you don't recognize, you might need to cut your losses and switch to a direction that genuinely inspires and motivates you.

Alternatively, look for the joy along the path that you are already on — especially if you can't change it. If neither of these scenarios fills you with delight, then I have a piece of good news: Rummage around in your backpack, and you will find that someone put a map and compass in there without your knowing. The compass might be pointing in a strange direction — toward you! I forgot to mention at the start of this piece that Jupiter — the luckiest and most fortunate of the planetary Gods — takes up residence in your sign in July and will stay there for twelve months.

When Jupiter arrives in one's sign it is a message from on high that it is time to grow and expand on a personal level. It often brings a happy event or an opportunity that turns things around and opens doors to new possibilities. Therefore, if you are feeling despondent about where your life is going, make no mistake that Jupiter's arrival holds the key. All you have to do is walk through a door that opens toward greater joy. But you might first have to let go of something that doesn't feel joyful, something that isn't working. You might have to let go of needing to get somewhere or of any kind of success and attainment in the outside world, and focus instead on your personal growth and on what you can give without any thought of return.

Your ego might not like this, or you might feel an element of anxiety about what the changes or sacrifices might mean, but deep down in your soul, you will feel a sense of relief at being able to give something up that wasn't working. If you see the best of the Neptune-Saturn conjunction, you'll begin to manifest a professional dream or ambition. But this will need to align with your soul's growth along with a very humble attitude and the ability to separate fantasy from reality.

You might need to keep your vision fixed on the nuts and bolts of what you're trying to achieve rather than on the beautiful results. Therefore, it could be said that 2025 holds a lot of potential promise, especially in terms of embracing new beginnings and setting sail for new horizons. All that's needed is to be honest with yourself about where you're going and why. Face the reality of

what you're committing to with courage, determination, and a selfless devotion to the greater cause.

## Leo

*The meaning of life differs from man to man, from day to day and from hour to hour.*

— Viktor E. Frankl

2025 could be a year in which you're faced with a crisis of meaning. Maybe once you seemed quite sure of your place in the world and your reason for being here, but now you seem less sure. Maybe you never paid much attention to your beliefs or the paradigm that you operated within. After all, Leo is a sign that prefers to get on with it. But as key planets move into the spiritual and religious areas of your solar chart, there could be rumbles of discontent or a feeling of "is this it?" You might question the ideas and opinions you once held with firm conviction.

If you get this right, you will experience a spiritual awakening, and the whole world will come alive with meaning. Get it wrong and the world could seem like a very dark and desolate place. In short, this is a time when you might oscillate between heaven and hell.

On the heavenly side is Jupiter's move into Cancer, which brings opportunities for spiritual growth and a joyful connection with your higher self and celestial forces. If you are quiet, you will hear your soul speaking more clearly, your guides will have stronger messages, and your intuition will move into the foreground. This could be akin to having a special power. You will know what to do, where to go, and whether to trust that off feeling you got while talking to someone who appeared to be all sweetness and light.

Meanwhile, Saturn and Neptune are heading to your zone of religion, beliefs, and philosophy. This is the place where meaning is formed and where faith becomes the guiding light. Saturn and Neptune together, however, are very testing, so your faith could be challenged.

Maybe the beliefs that you held about something are shaken, and this could trigger an existential crisis. For some Leos, this could shake up a belief in God or a benevolent universe and leave you in a state of doubt or cynicism. This is more likely to be the case if you've had a series of life disappointments. When good souls act with virtue only to receive cruel treatment, it can make you question what the point of it all is.

If you find that you're questioning the nature of reality, what your purpose is, or whether any of it has any meaning, it might be because it's time for you to either hold true to your faith in God and a benevolent universe or let go of outdated and restrictive beliefs that aren't serving you. If your spiritual and religious beliefs are holding you in a moral straightjacket and squeezing all the joy out of life, it might be time for a rethink.

Questions to ask at this point include: "What gives me a sense of meaning? Where have I boxed myself in with my thinking? Am I blaming God for human failure?" It's important this year to remain open to discovering new things about yourself and life. If you close down, philosophically speaking, you run the risk of losing the game and suffering some kind of defeat.

Everyone goes through a crisis of meaning at some point in their lives, but it passes and usually leads to something richer, deeper, and more meaningful. The best expression of the Saturn-Neptune conjunction is to work diligently in matters connected with philosophy, religion, spirituality, or higher education. This will be backed up by Jupiter's position in your zone of soul and spirit. Select a subject that appeals, and explore it. Ideally, bring it down to earth so that others can understand it too.

If you have knowledge or interest in astrology, numerology, metaphysics, quantum physics, dreams, synchronicity, the ascension process, 3D-5D, God, the nature of reality, ascended masters, angels, or meditation, then this is a great year to deepen your understanding and share it with others or use it to generate a deeper sense of meaning. If you waver between belief and doubt or between concepts such as good and evil or dark and light, see this as a test of your commitment and decide which camp you're in. Once you make a decision, life will respond to your inner conviction, and miracles will begin to occur.

If people seem to be acting like devils this year, do your best to avoid getting involved in power struggles with them. Their darkness could be mirroring something within you, and if you fight it, you might inadvertently fight against yourself and set up further resistance. It's far better to rise above it. Give others the benefit of the doubt, and view any kind of betrayal as steppingstones along your spiritual path.

All in all, 2025 will be a year with a strong focus on the non-material aspects of life, and as such, this offers you the opportunity to grow in ways that might not bring about accolades in the outside world but will be priceless in terms of your soul's growth and inner contentment.

## Virgo

*Toto, I've a feeling we're not in Kansas anymore.*

— Dorothy, *The Wonderful Wizard of Oz*

2025 is going to be an important year for you, not the least because Uranus — planet of change and revolution — arrives in your career and success zone. This means that your direction in life is about to change course. And this is good news, because the change will liberate you from a situation that has become stagnant or was never really yours to begin with. In its place will come something

that feels exciting, inspiring, and liberating. This shift in direction could play out in the form of a job change or new profession. Older Virgos could see the possibility of retirement, but this will not be a dead end. Rather, it's the beginning of an exciting new chapter of life.

Other options include redundancy or severance, which instead of being depressing, frees you up to do what you would really love to do. You could embark on a new course in your life that is unlike anything you've ever experienced before. Such a new course might or might not relate to what you do for a living. Regardless, it will breathe new life into your future. There could be a promotion or an opportunity to go down a different avenue that really excites you. This will not happen all at once, but you will see the beginnings of the shift and possibilities for a different kind of future. So it's your direction and your future in general that get the gold star this year.

Another fortunate area is your social life. Jupiter — a planet of good fortune — will take up residence here, bringing positive developments, growth, and opportunities through friends, groups, acquaintances, and contacts. You might experience that people are more helpful this year and willing to assist you in whatever way they can. This could link to your work and professional ambitions, where you'll find it easier to get your creativity and ideas out into the wider world.

The area that you might have to pay greater attention to is your health, as Pluto suggests the need for regular detoxing. You may not be able to get away with mistreating your body as you may have done in the past, so this year you need to be more mindful of what you're doing and to not be afraid to go to what some people might consider extreme lengths to get yourself in tiptop shape. For example, things like cold water swimming (or cold showers), intermittent fasting, eliminating certain foods, or embarking on a ketogenic diet may not be for everyone but might work well for you at this time.

If health conditions persist, you might need to shift your focus to the underlying emotional causes and seek the appropriate therapies. If you take the right course of action and eliminate that which is toxic, Pluto could actually help to strengthen your physical health to the point where you feel transformed and regenerated.

The trickiest alignment of the year is the conjunction of Neptune and Saturn. This is going to pose challenges for everyone, but for you, at least it is in an area of the zodiac where it can cause less trouble. Safely tucked away in your underworld zone, you may not notice its effects other than issues with finances and matters of a personal and private nature, be they psychological or sexual. You might need to give up something or face up to a reality in any of these areas, which could initially be difficult. Don't bury your head in the sand where these

matters are concerned; deal with financial matters as they arise but with the understanding that you might not come out on top.

You could have to deal with a financial disappointment and might not get what you want or feel entitled to, or you might be a victim of someone else's deceit. It is advisable to apply discernment and erect boundaries to protect your assets. If you find that your protections and barriers are eroded, the lesson might be that as you relinquish an attachment, you gain something greater.

All in all, Saturn and Neptune will aim to show you that it's time to shed your old skin. So whether it relates to your physical health, your work and direction in life, or old habits and patterns, 2025 brings the chance to let go of what you no longer need and rise like a phoenix from the ashes. This could be a really exciting time in your life when new pathways open up. The more you're able to lose sight of the old paths, the sooner you'll be heading, like Dorothy, down that yellow brick road.

## Libra

*If you will let your standard of success be your achievement of joy, everything will fall easily into place.*

Esther Hicks

In 2025, key areas of your life are going to be activated, namely your career/direction, and your marriage/relationships. The former gets the gold star, as Jupiter arrives in your zone of success in May 2025 — promising growth, opportunity, and new possibilities for your vocation and your future in general. If you have an ambition, now is the time to pursue it. If you receive an opportunity to expand in your work and direction in life, then take it, because it's probably what you need.

If you have an existing business, you will see it grow, or if you want to open a new business, things should get off to a good start. Promotion in some shape or form is highly likely, and it's probable that you will be more sought after as your presence becomes widely known in the outside world. This is the year to welcome a little self-promotion and not shy away from success.

This is obviously all very good, and whether you're an ambitious person or not, you are at the very least likely to find that doors open for you much more easily than usual and that you have more options and choices than you're normally used to. If this is the case, remember to go for that which allows you to grow and what promises the most amount of joy. This is not the year to do work just for the money; it needs to be more than that; otherwise, you will feel stifled.

But there's more to this Jupiter transit than work, career, and success. Jupiter is set to sprinkle fairy dust on your path into the unknown and could open a door that leads to something quite magical. So in 2025, life



## Scorpio

*People who laugh actually live longer than those who don't laugh. Few persons realize that health actually varies according to the amount of laughter.*

— James J. Walsh

will feel more adventurous, lifting you away from any dreariness of the past.

The same magical wonders cannot be said of your relationships, though, as the difficult alignment of Saturn and Neptune takes up residence in your zone of one to ones. This is a year in which you might have to face an uncomfortable truth if a relationship isn't working. Facing reality is never easy, especially if you're of the fairy-tale happily-ever-after persuasion. The good news is that by being honest about a relationship and dispensing with any illusions, you can move on and begin to create something more solid and true.

A relationship that has reached its natural conclusion will lead to a parting of the ways, but if you suffer a disappointment, try not to take it personally or to grieve too long. Any relationship that still has value can be healed by focusing on what is real even if it no longer matches your romantic ideal. We have to remember that people are human and can't always behave like gods. Therefore, if you feel let down or disappointed, check within yourself first to make sure that you didn't have unrealistic expectations.

If a relationship is generally good and supportive, work with what you have, accept a few faults, and be willing to make a sacrifice. If a relationship feels toxic, then it might be best to set some boundaries or bring it to an end. Don't be sucked in by false promises, illusions, or thinking you can save or rescue someone. Remember that the more you become sucked in to another's dramas, the more you'll end up sinking. Beware of relationship quicksand this year. Keep your wits about you, and create detachment in any relationship that feels unhealthy. If you are in the business of helping others — personally or professionally — keep yourself strong by prioritizing your own well-being.

If you see the best of the Saturn-Neptune alignment, you will be able to manifest a higher dimensional relationship. This could require you to relinquish an aspect of yourself because your old 3D ways of relating will sabotage any union calling for a merging of souls. This is an area of life that could become very confusing and disorientating this year, as fact and fiction and illusion and reality blur.

If you find that your dynamic with others results in a sense of disorientation, then switch your focus to your vocation and your path in life, for this is where your strength lies. The more you focus on expanding your presence in the outside world and enlarging your scope of what's possible, the more life will respond with magical results. Maintain a vision of what you want your future to look like, and make joy the basis for any choices and decisions that you make this year. As you step into a higher vibrational alignment, your personal dynamics will shift, and your relationships could turn a corner without you even trying.

It might seem that there's not much to laugh about in the world today, so it is vital to see the humor in life's curve balls and absurdities. This will be your biggest challenge in 2025 as the tricky alignment of Saturn and Neptune arrives in your zone of health and daily routines, perhaps resulting in a lack of energy and motivation that mirrors a lackluster feel in your day-to-day existence. Life might feel a bit like Groundhog Day, and what you desperately need now is some inspiration — a feeling of magic and color to brighten an otherwise dull day. Sometimes inspiration doesn't come until the necessary work has been done.

When we get tricky planets in our daily life zone, it's a call to get organized, not look to the sky for inspiration or to concentrate on lofty ideals. It's a time to focus on the ground and do the digging. Consider the master craftsperson. He or she didn't become a master without a lot of diligent effort, perseverance, and dedication. One of the effects of the Saturn and Neptune alignment is finding greater depth in the service you provide to others, paid or unpaid. Sweeping the floors and dusting surfaces can become a peculiar joy when you are fully present and able to treat what you are doing with reverence. This is the key to your happiness and success this year: seeing the magical in the mundane and finding the joy in the everyday boring tasks.

Start by examining the details of your work to see whether you can glimpse a universe within the microcosm. It's a good year to more deeply study an aspect of your work in order to perfect your craft or discover something new about it. If work seems like the same old routine, ask yourself: "Has my perception of it become dulled?" The combination of Neptune and Saturn asks you to become altruistic in your service to others and to be as self-sacrificing as possible. Quite simply, the more you give, the more you'll get, especially in terms of joy, inspiration, and contentment. This giving could paradoxically be the key to turning around any health issues.

It might seem prudent to conserve your energies and focus on getting well, and this could be true to an extent. Certainly it wouldn't be a good idea to stretch yourself thin or to go to extremes in any avenue of life. Focusing your attention on helping others rather than dealing with your own concerns could unblock any stuck energy like an acupuncture needle going in on the right spot. When we stop giving out, we begin to dam up inside.

The more you are able to work in a spirit of service to others, the more the year is going to reward you in

ways you probably can't imagine. If despite your best efforts, you struggle to find the joy in your days or there is currently little that you're engaged in that makes the most of your talents and skills, then it might be time for a change. Finding something that you can do creatively will ignite the spark that connects you to the divinity within.

Health and healing will be important this year, either with your helping others in this sphere or with your seeking to refine and heal your own body. You might need to set boundaries that protect your well-being, particularly if you are the sensitive type. This could range from avoiding foods that you have sensitivity toward, shielding and strengthening your auric field through meditation or visualization, taking Epsom salt baths, or to spritzing your energy field with protective oils and essences such as frankincense, benzoin, and walnut. Exercise may be another way of strengthening yourself. Choose a therapy that works for you, and make it a regular part of your life.

In short, 2025 requires a getting-real approach to your daily routines and a tightening up of the loose areas so that you can function more effectively while simultaneously softening the edges of any boxes that you might inadvertently have placed yourself in so that more joy and inspiration can flow. If you get this balancing act right, then you should end the year feeling that your days have depth and meaning that was previously lacking, which leads you to be a source of inspiration for the welfare of others.

## Sagittarius

*I have spent many days stringing and unstringing my instrument while the song I came to sing remains unsung.*

— Rabindranath Tagore

The big news for you in 2025 is that Uranus enters your opposite sign of Gemini, bringing change to your relationships and one to ones as Neptune and Saturn take up residence in your zone of love affairs, children, and creativity. The combination of these heavyweight planets in these personal spheres will focus your attention more firmly on affairs of the heart than might normally be the case. This isn't just about romantic relationships, but we'll come to that in a minute.

Affairs of the heart relate to anything or anyone who activates your heart center, and this elevation of your heart is the key focus of your year. It should be kept in mind when it comes to making choices and decisions. This won't always be easy, as you might have to give something up in favor of something else. You could have to make sacrifices for your children, or you might give something up in favor of an artistic hobby or creative project. But it could work the other way around. You

might need to put aside a hobby or creative project for the time being so that you can fulfill your obligations.

Alternatively, you might have to work diligently on a creative interest if you want to manifest the artistic dream. You might need to relinquish any misplaced idea of perfection that could be stopping you from putting your creations out into the world. What you create doesn't need to be perfect; it just needs to be good enough.

Any creative ventures that are in a delicate process will need ring fencing in the same way that you'd protect a young child. This might require you to be clear about when people can intrude on your time or who you hand your "baby" over to when the time comes. Conversely, if a heartfelt longing or desire isn't working out, you might have to face reality and relinquish it. Perhaps it was more of an illusion than anything real. The same process applies to any love affair, and this could be the year when you have to face the reality about a relationship.

Perhaps a love affair ends in disappointment and disillusionment, or if you have had someone on a pedestal, this could be the time when they come toppling down and you see this person for who she or he really is. Any rose-tinted illusions are likely to be shattered this year, which is a good thing, because it will enable you to build something real and true.

With Uranus moving into your opposite sign in July, there could be changes in your marriage/long-term relationship, and the best advice here is to welcome freedom and independence. If a relationship is basically sound but has become stagnant, Uranus will help you to breathe new life into it, but any union stuck in old and limiting patterns will have reduced chances of survival. Basically, it would be wise to expect the unexpected as far as your personal life is concerned and to see any sudden arrivals or departures as a necessary stage of your journey.

All these personal ups and downs are destined to serve a particular purpose, which is to shake you out of your old patterns so that you can access higher levels of being. This will be enhanced by Jupiter's arrival in your underworld zone, which is actually a lot better than it sounds, because many treasures are hidden in our psychological basements, and Jupiter is going to help you find them. This could be a year in which you find that the inner world appeals more than the external one — where the mysteries of life take on a much richer and more colorful hue.

You might want to delve deep into your psyche with the help of a guide or therapist, or you could want to explore the mysteries of the tarot or your dreamscapes. Sex, death, and the afterlife could also be topics of greater interest; these could connect you with something that feels quite divine.

All told, 2025 has a strange but exciting feel even

though you do not know what's coming next. Your heart might be in the heavens one minute and on the floor the next. You could catch glimpses of God or the hidden workings of reality. You might slip into beautiful moments with no need to do anything in particular, but one thing is for sure: You will not reach the end of the year as quite the same person you were when you began it. Remember this in regard to whatever you want to create: It won't materialize if you just sit around thinking about it. So take whatever is in your heart and commit to it. Make it real and fashion it with your own hands. Don't worry that it might not be perfect; rejoice in the fact that you created it yourself out of love.

### Capricorn

*If you're not happy at home, you're not happy anywhere else.*

— Angie Harmon

You begin the year with Pluto having recently left your sign, so this will be the first year since 2008 that life doesn't resemble a roller coaster. You will doubtless have got through some difficult times between then and now, the purpose of which would have been to transform you and your life and to eliminate all that wasn't working.

Now your attention needs to be on the practical side of life: your finances and anything of the material realm, such as your work, possessions, bricks and mortar, property, and general physical stuff. It might become apparent that your foundations are not as secure as you would like, and this could generate a certain amount of anxiety. If you can't count on your home, your job, your pension, or your savings, then you will need to take practical action to improve the situation or shift your focus so that you are not so reliant on the material realm.

With Pluto settling into your zone of resources, your values are beginning to change. What you once felt was a priority can now seem not so important, and as this shift in your values from material to spiritual happens, your material life will begin to change too. This process could happen in the reverse in that your finances change beyond your control, which also forces a shift in your values.

Most of us place too much importance on material stuff, and in these cases, Pluto will strip that back (to an extent) to show us that there's more to life than money and the things it can buy. The positive side of having Pluto in your money zone — especially if you already have a healthy balance between the spiritual and material or if you lean toward the spiritual — is that you step into your financial power. Pluto will bring an opportunity to vastly increase your material resources, and as long as you are able to keep this financial empowerment

in check by not allowing it to inflate your ego, you could become a master of your material world.

Your home will be a different matter. You'll be feeling like anything but a master. Perhaps you are restricted by someone else's wishes; a family member could be working against you or calling the shots. Maybe you can't count on the support of your family. Maybe you feel a little isolated or separated from those you love. Perhaps you have to take on the burden of caring for someone, which at times could feel anything but joyous. The problem could be more physical: Maybe your home will need extensive repairs, or you will discover a problem that you hadn't foreseen. Either way, your domestic life could be a source of discontent with an overriding feeling of disappointment.

If you feel that things haven't worked out the way you hoped, then the alignment of Neptune and Saturn brings the opportunity to dispense with any illusions and face the reality of your situation. Now is the time to get real where your home life is concerned and start moving toward a workable solution. This may require you to make a sacrifice: Do you need to let go of a hope or dream relating to your home? Do you need to compromise so that your domestic life can work better? Do you need to let go of a hope that things will be a certain way with your family? In some cases, relinquishing property or a family relationship might be the only way to move beyond a limiting or dead-end situation.

If you see the best of Saturn and Neptune, it would be the materialization of a domestic dream, but this will take hard work and commitment to the cause. Since this is the highest expression of these energies, perhaps there is something you should be working toward with the willingness to compromise or make a sacrifice so that this dream can take shape.

You might be better focusing your attention on the affairs of the heart, as the arrival of Jupiter in your relationship zone from May signifies a positive period of growth and development in your one to ones. This could have a positive impact on not just your romantic relationships but also your interactions with others in general. You could be successful through teaming up with someone, such as in a business relationship, counseling, healing, or advising. In other words, make the most of any benevolent relationship, and take help and assistance when it is offered. If you are in a line of work that helps others, then this should be a very satisfying time to expand.

Ultimately, 2025 is a year in which you probably need to let go of something that isn't working on the domestic front so that something better can emerge. You might not be sure just yet, but once you make a decision, the universe will step in and help you get to where you need to be. Then you can find the happiness that might have been elusive for quite some time.



## Aquarius

*In the long run the pessimist may be proved right, but the optimist has a better time on the trip.*

— Daniel L. Reardon

Of all the signs, yours has potentially the best deal from the planets in 2025. Much depends on how you handle the powerful Pluto energies as he takes up residence in your sign for the next eighteen years. If you're ready to step into your power and to eliminate the toxic areas of your life to become a stronger, healthier, more awakened version of yourself, then you have much to look forward to. Getting the balance of power right in all aspects of life and relationships is your key challenge this year. If you can achieve this by neither abusing your power nor allowing others to dominate you, then you will be on your way to achieving something of significance in your life.

The worst of Pluto in the early stages of your sign appear to be stripping away something that gives you a false sense of power, which then forces you to connect with your true source of power — your soul. Remember this if you experience something that feels like a calamity because the chances are that fate is simply removing something that you have outgrown and that is blocking your evolution. Pluto never removes something without bringing you something better, so don't stare too long at any door that closes, because it is almost certain that another, more brightly colored, door will open at the same time.

With support from Uranus, any changes this year should feel refreshing, exciting, and liberating. They should enable you to live in a way that feels like a more authentic fit. Perhaps changes relating to children, creativity, or a love affair gently awakens you into a new way of living and being. Life should generally feel more fun than might seem reasonable under the current world circumstances. Your only fly in the ointment is the Neptune-Saturn alignment in your mind zone, the worst of which may relate to issues with siblings and neighbors in the form of disappointment or disillusionment. If there are problems with these types of people, then it is advisable to erect some boundaries to keep a certain distance. Otherwise, you could get drawn into unhealthy situations. If this detachment isn't possible, then look for the lesson, which might be to see people as they really are.

If you are involved in areas of learning and education, such as schools, teaching, or study — maybe even in wider communication areas such as sales, writing, speaking, presenting, or anything in which you get a message across — you will need to take extra care that your communications are being successfully received, you are not being taken advantage of, and you don't

emerge with a feeling of pointlessness. Involvement in any of these areas could be tricky this year to the point that you might wonder whether it's worth all the effort. It might not be, and in some cases, the best option is to let go of anything that feels like a failure. Since this combination could affect your outlook on life, take care that you don't let a negative, despondent attitude take over, because what you see and feel might not be the truth.

It would be easy under this influence to see the glass as half empty rather than half full, so remember to observe your mental state and nip any negative thought patterns in the bud. Anxiety, depression, and disillusionment could spoil what is an otherwise rosy outlook. Remember that you create your own reality with the constant thoughts and beliefs that you hold, and a dour attitude will only attract corresponding circumstances.

Your biggest task this year might be to watch what goes on in your head. You will need to be like a sentry at the gateway of your mind, not allowing any unruly intruders to take up residence. At the same time, you need to embrace reality as it really is and not escape into flights of pointless fantasy. Separating truth from fiction and then dealing with the reality in a constructive way might be necessary. Any crushing disappointments could be the result of having held unrealistic expectations or believing something that wasn't true. All in all, 2025 is a year in which the blinders will come off and gift you with the opportunity to make something real out of the potential emerging in your life.

## Pisces

*Possessions, outward success, publicity, luxury — to me these have always been contemptible. I believe that a simple and unassuming manner of life is best for everyone, best for both the body and the mind.*

— Albert Einstein

The good news for you in 2025 is that Saturn leaves your sign in May. Neptune also leaves your sign in April, so this is a double exodus of the heavyweight planets, but since you are comfortable with Neptune's watery vibes — it is after all your ruling planet — it's Saturn's departure that you're going to notice the most. Saturn has his good points. He's very useful when our lives are a mess and we need someone to help sort things out.

In this instance, Saturn walking up your garden path with a clipboard and a plan of action in hand is a welcome sight. We might not relish it in the same way we would a visit from jovial Jupiter, but if we want to make constructive changes, then Saturn's our man. However, restructuring one's life often requires a lot of hard work. Visits from Saturn usually involve increased responsibility and a diminishing sense of fun and relaxation, all of which can leave us feeling a bit gray. Now as he moves

on to see how the Aries folk are getting on, you can look forward to an easier time. This is backed by Jupiter's arrival in your zone of fun from July, making the second half of the year a real opportunity to remember what you love about life and to start spending more time doing those things.

This is a great year to enjoy a creative hobby, have fun with children or animals, (they'll help you tap into your playful side), or simply take your pleasures where you find them. Also remember the importance of recreation; we all need time out from our work, duties, and responsibilities so that we can return refreshed, inspired, and invigorated. Recreation also helps us to tackle our problems with a positive spirit, since the confidence, strength, and joie de vivre that results from doing what we love often makes problems seem like fun challenges.

While we're on the subject of challenges, your possible difficulties this year could involve the material world, most likely your finances and the things you own. With Neptune and Saturn affecting your money, it might be wise not to pin too much hope on investments or to have too strong an attachment to anything financial or material. On the contrary, the more you can give up or do without, the better. It would be unwise to put all your savings into something that might not work out, because under this influence, disappointment is more likely than success.

It's also possible that you could be taken advantage of financially by scammers or people around you who might abuse your generous nature. In these cases, set some boundaries and protect your assets as best you can. A miserly or grasping attitude, on the other hand, is not advised either, as you could end up experiencing some unfortunate karma in the form of a loss.

Sometimes it seems as though you've done everything

right: You've worked hard, paid your taxes, behaved honestly, and acted loyally to your employer, but still you end up losing out and feeling disillusioned. In these cases, you've done nothing wrong, but you could learn valuable lessons about where you put your faith. So long as you can be mindful that the material realm might not be where your joy is found this year, any disappointments will be less painful than if you make money, work, and possessions your gods.

The highest expression of the Neptune-Saturn alignment is to spiritualize your material world. This may mean giving less importance to worldly things and ensuring that the way in which you earn a living is in alignment with your values. Neptune-Saturn is likely to have a very demoralizing effect on any Pisces person who seeks riches, glamour, and fine things at the expense of their ethics. Those Pisces who want to earn a living simply, kindly, and without ego can expect to do surprisingly well. So as you begin the year, take a leaf out of fellow Pisces Einstein's book, and share your gifts and talents without much thought for what you might get in return.

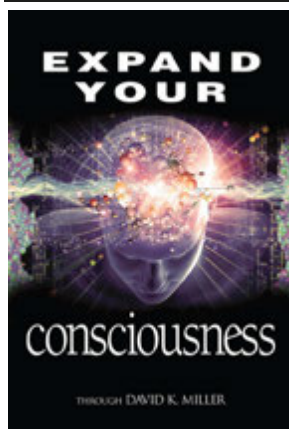
If you can find the joy in a simpler way of life, demanding little but giving a lot, you might find that rewards come in surprising ways from unexpected sources. And the more things you can give up on the outside, the more full and complete you will feel on the inside.

**Donna Taylor** is an international astrologer, writer, and healer. She has twenty-five years of experience working as a consultant, teacher, and speaker. Donna uses Bach Flower essences alongside the horoscope to enable clients to work with and overcome difficult planetary patterns and challenging life situations. Her background in the creative arts encourages clients to "dream their charts into being" through the use of astrological mandalas, tarot cards, and creative collage. To contact Donna, email [dt@creative-astrology.co.uk](mailto:dt@creative-astrology.co.uk) or visit her website, [Creative-Astrology.co.uk](http://Creative-Astrology.co.uk).

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# A Light at the End of the Tunnel

Cal Garrison

This issue of the *Sedona Journal of Emergence* comes out under the light of a Scorpio Sun. At the moment, and until November 6 or 7, we will pass through what in classical astrology is known as the “via combusta,” also known as the “burning way” or the “fiery road.” The via combusta occupies the thirty-nine-degree stretch between 15 degrees Libra and 15 degrees Scorpio.

Ancient astrologers nicknamed this zone the “scorpion’s claws.” Hard aspects to or from any planet passing through the via combusta have always been a clear sign of difficulty and trouble. We have been in this zone for the past three weeks. What happens to us personally and collectively between now and the end of November will pave the way for what we conceive at the winter solstice. It is best to be prepared for anything when the Sun spins through the “via.” As we find our ways through the annual dark night of the soul, we will make peace with whatever needs to be released into the past while remaining open and clear enough to begin again by the time the light returns on December 21.

In addition to the issues that go with the territory, the Sun and the Moon are said to be in their fall when they pass through the scorpion’s claws. Otherwise known as the two lights, the Sun and the Moon are the king and queen of the third dimension. When they are in their fall, life force diminishes. To make matters worse, the three malefics — Mars (god of war), Saturn (grim reaper), and Pluto (lord of hell) — are exalted in Libra and Scorpio. It’s bad enough that the via combusta sucks the life out of the Sun and the Moon. The fact that it is a safety zone where the lords of war, death, and hell are free to roam and do whatever they please, doesn’t do much to improve the vibes in this neck of the woods.

Having all these challenges to consider is a sure sign that we stand at a major crossroads. When life gets like this, the best we can do is pull up whatever we have from within and let it fill the lantern that lights our way through the darkness. As we move deeper into this danger zone, whatever our blind spots are that have not yet taught us about ourselves will test us until we learn our lessons. Expect chaos, but try not to let it disturb or distract you.

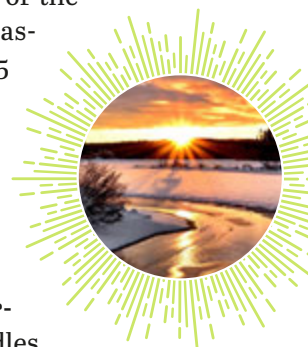
If the approach of the holiday season gives us more incentive to maintain ourselves in mindful places, let it also remind us that our strength issues directly from the christed being within us. That part of consciousness knows exactly what needs to happen right now, and we all need to get better at attuning to that voice and trusting God enough to know that it only speaks the truth. Several other transits point to the idea that we are navigating a big wake-up call, privately and collectively. Let’s call it a spiritual shock treatment or a shift in consciousness that introduces us to the higher realms and deepens our awareness of ourselves in the process.

## End-of-2024 Influences

The future stands on the shoulders of the present. Before we review the various astrological potentials that unravel as 2025 unfolds, let’s take a look at some of the influences raining down on us right now and zero in on what needs to get cleaned up before the winter solstice births the seed atom for the coming year.

**Cradle of sextiles involving Mercury, Pluto, Neptune, and Uranus:** Cradles involve three or more planets stationed sixty degrees apart within the confines of a 180-degree opposition. As the name implies, “cradles” always signal protection. They cradle us in the arms of forces that have the highest good in mind. This aspect is a sign that as tumultuous as all the changes going on around us appear to be, everything unfolds as it should. Out of all the planets in this chain, Mercury is the only inner planet and closer to Earth than Uranus, Neptune, and Pluto. Mercury governs the neurons in our brains and affects our nervous systems. It has everything to say about what we do with our minds and our thoughts, words, and deeds.

Uranus, Neptune, and Pluto are slow-moving planets that exert influence over long periods of time. In this configuration, Mercury acts as a step-down transformer that downloads directly into the collective mind whatever the three outer planets broadcast. If it hasn’t already, everything about the way we see things is about





to change. This is all part of a larger extended process, and higher frequencies will continue to trickle into the matrix over the course of the next year or so. The fact that whoever watches over human affairs saw fit to cradle us in the arms of this aspect tells us that all will be well. It offers a measure of certainty and safety at a time when other variables would seem to deny both those things.

It is worth noting that Uranus is the higher octave of Mercury. Together, the two planets form the frame of the cradle knocking our mental centers out of the park. Uranus blows the linear mind whenever

it's time for humanity to step into a wider, more enlightened point of view. Armed with new and different ideas, it will oppose Mercury and rock the way we see things at least through 2025. By itself, this aspect tells us that the collective mind is in the middle of a wake-up call that will change the way we think and feel about everything. Because Neptune is also part of this picture, we can be sure that right along with our mental centers, the planet that rules the collective unconscious will inform our higher spiritual centers with deeper forms of spiritual insights. Pluto's presence in this chain of sextiles reassures us that we are fully prepared for changes that have been coming for a long time and are now awaiting further instructions. We can look forward to seeing how all this unfolds.

**Pluto opposite Mars:** Both planets are situated at anaretic degrees: Pluto at 29 degrees Capricorn and Mars at 29 degrees Cancer. When major planets station themselves on the last degree of any sign, it tells us that the influence of that planet is turbocharged by the fact that whatever it represents is under strict orders to manifest at its highest level of expression. Between the anaretic nature of the relationship between Mars and Pluto and the muscle that Cancer and Capricorn bring to the equation, this aspect carries a lot of weight and sends a powerful message.

In the same way that Uranus functions as the higher octave of Mercury, Pluto is the higher octave of Mars. We can frame this by seeing Mars as the ego and its desires and Pluto as the higher self's needs and wants. For life to work, it helps to have Pluto and Mars well disposed toward each other. When opposed, they are not on the same page but have the ability to compromise. Every aspect has multiple layers of expression. The bottom line with Pluto and Mars is that Mars needs to support the wishes of Pluto and the higher self for things to work out.

As far as Mars being in alignment with Pluto, their opposition indicates that as of right now, they are on the fence about what to do about that. This is the way things

go when change is afoot. Looking at the aspect from the standpoint of which signs the planets occupy, Mars in Cancer has a maternal vibe and wants to create a home. Once it has that, it wants to stay home, go home, leave home, or come home.

Interestingly, Pluto in Capricorn also has a parental vibe. It opens the space for a protective, paternal form of energy to operate in a powerful way. Beyond that, it relates to what comes to mind when we think of home in the ancestral sense. On some level, we are going back to the garden, which we could say is where we belong. If that is the case, have we been there before? Do we know how to get back to that place? Will we know how to live there? What does "home" mean to us now? Is the place we're trying to get back to still there? Was it ever really there, or are we just dreaming?

Draping this over Mars in Cancer and Pluto in Capricorn, we can safely say that both ends of this aspect call us to come to terms with these questions. Our answers will depend on the extent to which our egos and souls want the same things. Finding ways to bring these two aspects of ourselves together is a big part of our individual and collective purpose right now.

**Pluto and Mars square the ascendant:** When the ascendant gets involved with any aspect, it is always a big deal. In this case, the square to the ascendant intensifies the Pluto-Mars opposition. The ascendant sits at 28 degrees Libra. This is what the Sabian symbols tells us about this aspect:

#### A MAN BECOMING AWARE OF SPIRITUAL FORCES SURROUNDING HIM AND ASSISTING HIM

Keynote: The realization, at any level of existence, that one never is alone, and that the "community" — visible or invisible — is sustaining one's efforts.

Every individualized organism is part of a larger organized whole, whether or not it is aware of this or of the sustaining power of the whole. A man, however, can deliberately choose to follow the dark path of ego-isolation which sooner or later always leads to destruction and self-loss in matter. At the animal level, the whole biosphere is the community; for the ordinary human being, it is the tribe or family, the village community, the nation. As the individual expands his consciousness, he may become aware of a spiritual community, even beyond the "noosphere" (the one Mind of humanity), i.e. the realm of the pure light of the "Supermind," which is what the concept of the White Lodge suggests.



This is the third stage of the forty-second five-fold sequence. To the man who has ever so little transcended the world of conflicts, and, for a moment at least, experienced the oneness of all existence, this stage should bring the realization of “belonging” to a greater whole. This produces a state of inner assurance.

— Dane Rudhyar,  
*An Astrological Mandala*, p. 190

This aspect reinforces the idea that, come what may, we are being cradled and protected in all things by powers greater than ours. This does not mean things will be easy; it means we will find our way through hell and high water no matter how bad things get. Those tests give us opportunities to see whether it works for us to stay trapped in our egos or whether it is time for us to experience the oneness of all existence and embrace the fact that we belong to a greater whole.

**Osiris, Apophis, Orpheus, Zeus, and Astraea conjunct the ascendant, all squaring the**

**Mars-Pluto opposition:** Mars, Pluto, and

the ascendant would have been enough all by themselves. With Osiris (death and resurrection), Apophis (the root of all evil), Orpheus (death and grief), and Astraea (endings and disasters) also part of the equation, all those issues and influences are on top of what Mars and Pluto expect from us. How

can we make our choices from a conscious place with extra helpings of death,

destruction, and dark forces nipping at our heels for the next year or so? If we thought we were out of the woods, we’re not there yet. Fortunately, powers greater than us are watching over all this.

**Chaos square the north and south nodes:** Chaos is what its name implies. We have been up close and personal with it for quite a while. Its square to the nodes suggests that the chaos we have been experiencing has stalled our progress. Since there is no getting around it, getting through it must be part of the lesson. From that point of view, we’d do better to think of Chaos as the realm of possibilities and use this aspect to review our choices before we decide where we go from here.

### Important Influences in 2025

These are just a few of the aspects that will form the platform for 2025. What plays out on that stage is working its way to the surface as we speak. If the Pluto-Mars opposition is here to test our faith in the soul or the ego, challenges from Apophis (the root of all evil), Osiris (death and resurrection), Orpheus (grief, death, mourning, and sound), Astraea (disasters and endings), and

the ascendant (the crux of the matter, the issue or purpose at hand, or the key to everything), our feet will be put to the fire and give us plenty of opportunities to choose the high road or the low road in the days ahead. Difficult times bring hard choices.

Each of us will deal with our personal versions of crazy. How things turn out will depend entirely on how we handle ourselves, personally and collectively. For sure, things will be chaotic. What is not predictable is human free will. Fortunately, the cradle between Mercury, Pluto, Neptune, and Uranus — along with the blessings that come with a 28-degree Libra ascendant — take the edge off some of this. Yes, things will get nasty, but we are surrounded by higher forms of guidance that have come to protect and serve us during what amounts to an initiation process.

I hesitate to make predictions for the entire planet, as I am sure you can understand. At the same time, there are a few transits that have enough meat on their bones to provide us with food for thought. As we examine these influences, keep in mind that they all float on what we decide to do about the choices we are called to make now. With the extra added element of divine intervention mixed in with all this, the law of serendipity will play a big part in how things turn out.

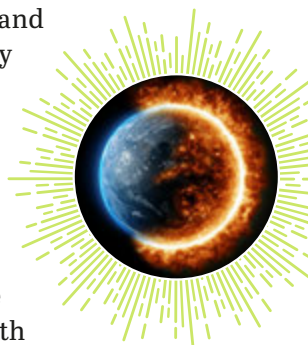
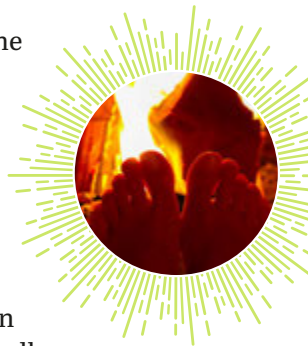
While there is no miracle cure for any of the trials we face, I have to say that some of these transits harbor possibilities that have “dream come true” written all over them. If we can find a way to make the most of those energies and pull up the best of whatever we have from within, the new and better world we have been dreaming about will start to bloom.

What follows is a list of stand-out astrological patterns that will hold sway over our lives in the year ahead. To the best of my ability, I will make predictions about the future based on these patterns. The bulk of my ability will go into explaining them well enough to layer the information into our experiences and let it find its place if, when, and wherever the shoe fits.

**Saturn and Neptune conjunct the Aries point:**

This is a monumental aspect that ties in to everything happening right now. Saturn and Neptune meet in a conjunction every thirty-six years or so. Their meetings usually coincide with the rise and fall of empires. Given the fact that the world appears to be teetering on the brink of destruction, that interpretation seems to fit.

This aspect has many layers. We will take one layer at a time, starting with



Saturn. Saturn is the status quo, the way things are, and whatever that is, it is written in stone. Neptune is a different story. It orbits beyond Uranus, the great awakener who inspires us to break free of Saturn's rings and open our eyes to the spiritual realms. Neptune is what happens when we enter those realms and have to find our ways in unfamiliar territory. When Saturn and Neptune meet in hard aspect or in a conjunction, the boundaries Saturn has established over the course of time dissolve under the watery influence of Neptune.

Is it any wonder that empires rise and fall when these two planets conjoin? The broad brushstroke behind everything going on right now is contained in this aspect. If the outer reality reflects this back to us, we can be sure that our personal realities are full of choices that reflect the same thing. With Saturn

and Neptune, the decision about where to place our faith comes with one big question: Do we worship God or mammon? When the two planets are conjunct, Saturn affects Neptune with hard-core reality checks that force us to question everything. The result is a loss of faith.

In the same breath, Neptune acts to dissolve Saturn's systems, restrictions, and structures. This births the collective sense that we are losing control. Caught between the loss of faith and the loss of control, we are left with an overwhelming sense of insecurity. The fear that the astrological textbooks so often associate with Saturn-Neptune conjunctions is that primal, existential fear that comes up whenever we find ourselves between a rock and a hard place, wondering how, or if, we will make it through the night. This is where we are right now. What we decide to do with ourselves and our world under these circumstances holds the key to how things turn out.

Regarding the Aries point, one thing is for sure: Saturn and Neptune meeting on the Aries point tells us that this transit will affect us all. While other transits affect people whose birth planets are aspected by them, transits to the Aries point do not discriminate; they rain down on everyone.

**Borasisi conjunct Saturn, Neptune, and the Aries Point, all squaring Chaos:** We have mentioned Borasisi before. Just in case you missed it, a thumbnail definition for Borasisi is that it's a conscious collection of lies that has kept us in the dark for the past 13,000 years. Take that thought, put it in the same room with Chaos, and what comes to mind? One way of to look at it would be that chaotic forces are about to take everything we have been led to believe and blow them to bits. It is worth noting that Borasisi and Chaos face off from two cardinal points: Chaos from the first degree of Cancer

and Borasisi on the Aries point. This is no small thing, as it tells us that all on the planet will be part of this transformation. Call it a wake-up call or the hundredth-monkey theory finally kicking in; given what we have talked about so many times before, what appears on the surface as a collective breakdown will reveal itself to be a consciousness upgrade.

**Dates:** Aspects that unravel over time behave diffusively, working their way into the matrix little by little. These conjunctions with the Aries point begin in March 2025 and will phase in and out of orb through early 2027.

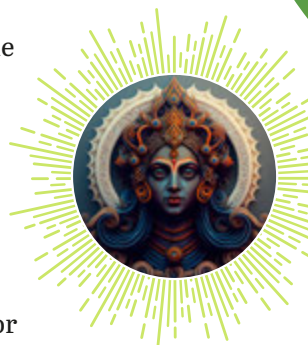
**The Kali Yuga:** The Kali Yuga is the fourth phase of what in Hindu mythology is known as the yuga cycle. In astrological parlance, the yuga cycle is akin to the precession cycle. A yuga cycle is a cyclic age in Hindu cosmology. Each lasts 4,320-million years (12,000 divine years) and consists of four yugas, or world ages: the Krita or Satya Yuga, the Treta Yuga, the Dvapara Yuga, and the Kali Yuga.

The four yugas refer to cosmic ages that are used in the Vedic/Hindu system for measuring universal time. Unlike the Western concept of time, Vedic time is cyclical. Like the four seasons of the year, the four ages of the yuga cycle repeat over and over in sequence down through the generations.

As the yuga cycle progresses through time, the length of each yuga, along with humankind's level of moral and spiritual awareness, decreases by one quarter. The Kali Yuga, the age we are currently in, is believed to have started in 3102 BC. A little over 5,000 years down the road, this fourth, or last, yuga is coming to an end. If we wonder why the world around us is full of trouble, corruption, and pain, the darkness of the Kali Yuga has a lot to do with it.

Whenever the Kali Yuga nears its end, it is said that global cataclysms destroy the existing paradigm and a new world rises from the ashes. At this point, the Satya Yuga (also known as the Krita Yuga or the golden age) ushers in, and the entire yuga cycle starts again.

Since 2012, there have been whispers that the Kali Yuga is coming to an end. I am curious enough about these things to go searching for answers, and it occurred to me that if, indeed, this ending is about to occur, it will have an astrological basis. Everything we have talked about so far has brought me to the conclusion that the conjunction of Saturn, Neptune, and Borasisi with the Aries point will mark the end of the Kali Yuga and the beginning of the golden age. As we mentioned earlier, that aspect will come into play in March 2025 and move in and out of orb through 2027.





What does it mean for us when darkness is extinguished by the light of the golden age? If the last time this happened was 4 million years ago, how would we know? The Vedas tell us that we will turn our attention to spiritual things and that our lifespans will increase a thousand-fold. There will be no separation, wars, famine, sickness, or conflict. We will have all the comforts in the world and live together in peace, harmony, and abundance. The Satya Yuga is a time of complete peace and harmony here on Earth. I have a feeling our visions of perfection that always seem to elude us stem from memories of past lives spent in previous golden ages.

**The jubilee year:** 2025 happens to be what is known as a jubilee year. The origin of what became the Christian jubilee goes back to when Moses proclaimed to the Jewish people: “You shall hallow the fiftieth year and proclaim the liberty throughout the land to all its inhabitants; it shall be a jubilee year for you when each of you shall return to his property, and each of you shall return to his family” (Leviticus 25:10, ESV). For Roman Catholics, a jubilee year is a time of forgiveness and reconciliation. Also included in this celebration are the cancellation of debts, the restitution of lands, and the liberation of slaves. Taken together with many other factors, these jubilee blessings paint a rosy, hopeful picture.

**Hygeia at the midpoint of a sextile between Uranus and Neptune:** When I first noticed this aspect, it appeared to be simple enough to translate. A second glance showed me that Hygeia, one of the healing asteroids, is stationed at the midpoint of the Uranus-Neptune sextile. This sextile is a generational transit that serves as a catalyst for personal growth, spiritual evolution, and creative expansion.

Under this influence, we learn to trust our intuition, our higher spiritual centers open naturally, and we act in alignment with our spiritual selves. The aspect gives us the opportunity to transcend our limitations and explore new realms of possibilities. This opens the space for profound levels of transformation and personal growth. The fact that Hygeia occupies its midpoint tells us that anything we associate with healing will open in ways that change how we have been entrained to think about health and well-being. We are about to find out that absolutely everything is curable.

**Zeus opposite Hygeia at the midpoint of Uranus and Neptune:** In aspect to Zeus, the Hygeia midpoint suggests that these changes in the ways we relate to health and healing will involve machines. I am of the mind that these machines are the “medbeds” that have been the subject of discussion for the past six or seven

years. This off-world technology was passed on to us soon after the end of World War II and kept under wraps since then. My sense is that the dawn of the golden age has something to do with how these healing devices will finally be made available to the general public. Rumor has it that they have recently been rolled into public view in South Africa.

## A Gateway Year

Reviewing what we have covered so far, what can we surmise about the year ahead? Do we know more about it now than we did when we started? Between now and the end of December, the challenges we face and the choices we make during our trip through the via combusta hold the key to how things will roll out in 2025. If we each manage to balance ourselves from the inside out, it will be easier to bring the collective ego and collective soul into alignment by the time the winter solstice rolls around. This will serve to lighten our load through the tests we encounter, not just when Saturn, Neptune, and Borasisi conjoin on the Aries point but also to whatever the last gasp of the Kali Yuga sends our way. As far as that goes, what can we say?

From what I can see, in the heat of our darkest and most difficult lessons, forces greater than us will be there to cradle us in their arms and surround us with love, hope, protection, and assistance. I have no doubt that we will each go through our personal ringer and come out the other side in one piece. What makes me so sure?

It is not by accident that the fourth and final yuga got its name from Kali, the great destroyer, also known as the Hindu god of death and rebirth. We are looking at unprecedented levels of change, the likes of which we have never seen before — not in this lifetime, anyway. Finding ways to remain centered and clear in the face of death, destruction, and dark forces will call us to pull up the best of what we have from within, put it all on the line, and walk our talk. This will mean different things for each person.

Back in the beginning, I mentioned my reluctance to make rock-solid predictions about the future. As far as I am concerned, the architects of creation have laid out a course for us that is written in the stars. What happens next depends on how we respond to those influences. With these things in mind, I see 2025 as a gateway. Between all the activity on the Aries point and the mysteries that lie on the other side of the Kali Yuga, something about the outer planets merging into harmonious contact during this time frame tells me that too many astrological big guns are simultaneously gathering together for it not to be showtime.





We must keep in mind that the end of the Kali Yuga gives way to the Satya Yuga, or the Krita Yuga, also known as the golden age. All the trials and tests lining the pathway through 2025 are nothing but labor pains that will birth the next yuga cycle. If we wonder what that will look like for us, what follows is my take on what the Vedas tell us about the Satya Yuga: It is the beginning of the cosmic timeline, an age of idealism and truth that lasts 1,728 million years. During this era, human beings are reflections of the divine. The practice of meditation is universal. People experience spirituality directly. Churches and temples are no longer necessary because people commonly understand that the temple of God lies within.

During this age, the average human lifespan lasts 100,000 years. There are no class divisions. The concept

of separation is nonexistent. Nothing is hidden. All are privy to the truth and live in alignment with it. Everything is achieved through the power of thought and will. Worldly desires are nonexistent, as are pain, disease, and suffering. There is no hatred, vanity, evil, fear, or sorrow.

I don't know about you, but I can live with that. The business of getting from A to B is already underway. Looking ahead, I am happy to say that by the time Uranus and Pluto start trining each other in 2026, we will be out of the woods, and the light at the end of the tunnel will line our entrance to the golden age.

See you next time.

**Cal Garrison** is a practicing astrologer with over fifty years of experience. Her interest in metaphysics started at the age of sixteen. Cal has authored seven books, and she has conducted private readings for thousands of people. She is known for both her predictive ability and her in-depth approach to her craft. The mother of three grown children, Cal lives happily in the Red Rocks of Sedona, Arizona. To learn more, see [CalGarrison.com](http://CalGarrison.com).

# The Truth of Being Will Be Illuminated in November

Egyptian Cat Beings Through Mary Elizabeth Hoffman

The month of November begins with the new moon in Scorpio on All Saints' Day, November 1, 2024, at 4:48AM PT. This will be felt days before, days after, and the day of the new moon. With one water trine early and the second near the end of their signs (Pisces, Cancer, and Scorpio) supersensitivity to the emotions, actions, and words of others will be acute. Influenced by trines in earth, water, and fire signs (the one in water is a grand trine between Mars in Cancer, Neptune in Pisces, and Mercury in Scorpio) denotes tensions will be running high. These may be expressed as anxiety, excitement, anger, or fear depending on the choices and soul growth levels of each member of the human kingdom.

All is freewill choice in this time of self-responsibility. Conscious choice of actions rather than reactions to surrounding stimuli brings wisdom and profound empowering outcomes for all involved.

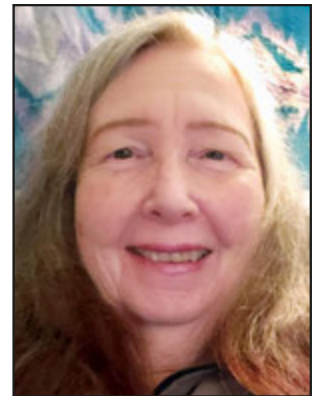
## Control Is Challenged

This All Saints' Day also signals the cosmic equinox at 2:50PM PT, preparing humanity for the cosmic opening of halls of records safe-guarded within the prophecy of the Sphinx and its revelations coming in 2027 (2025 is degree 11). Each degree closer to the four points of

avatar (13 degrees, 37 minutes of each of the fixed signs: Aquarius, Taurus, Leo, and Scorpio) dissolves another veil, lifts another layer, and reveals greater truths. This opens the cosmic halls of records found at the portal bridges between the galactic center (26 degrees, 51 minutes in Sagittarius) and the supergalactic center (1 degree, 5 minutes in Libra).

Overlying this Scorpio new moon of revelation and transformation is a T-square between Pluto in Capricorn, Chiron retrograde in Aries, and Mars in Cancer. These alignments bring deep dives into the psyche, heralding a new direction born of caring, compassion, nurturance, and love. This is all in an effort to bring about the healing of the soul wound of this human soul influx.

A second T-square between Venus in mid-Sagittarius, Saturn retrograde in mid-Pisces, and Jupiter in mid-Gemini tightens the emotional bindings with which each person has attempted to gain a sense of power, control, safety, and security. This false sense of control and safety is being challenged to be released in an effort to replace it with the guiding cosmic truth of balanced reciprocity in all things and with all people, beings, energies, entities, times, spaces, places, and dimensions.



## Inner Beauty Is Unveiled

The opposition of Pluto in Capricorn to Mars in Cancer signals a time when balanced reciprocity within the self and with others in all kingdoms (human, devic, imaginal, elemental, angelic, integral, and creator/pri-mordial) brings about ways to express a sense of safety, security, truth, trust, and love from within the soul-heart where free will and choice is allowed for all — where it harms none and is done in life-affirming ways.

The premise that life is a battle, a competition, where someone must lose in order for others to win will be revealed for the lie that it is, opening up opportunities for connection, cooperation, and mutual growth and respect for all. This limiting lie built on fear, ego, and greed will be released, freeing a huge amount of creative, life-affirming energy for the planet and all on it. With the assistance of Gaia, the earth soul spirit, and beings of heart and love (such as we Cat Beings), this transition from fear and limitation into expansive creative life-affirming ways of being, perceiving, living, sharing, and caring will be one of joy, ease, pleasure, and abundance.

With the powerful Earth trine between Pluto in Capricorn and Uranus in Taurus, the ability to look back and assess what has been created or set in motion in the past — its value, its life-affirming capacity, or its debilitation — facilitates the ability to bring about change in caring, life-affirming ways for all beings in the present and future. Those resistant to all forms of change could discover that they are plagued by black holes opening up in their lives, revealing in blatantly obvious ways where their caring, compassion, and hope has been usurped by fear, ego, control, safety, security, or greed — for inanimate objects, false senses of beauty, and fake personas projected on to the tapestry of life in non-life-affirming ways. The desire to be worshipped, applauded, or known by the masses will take its toll on even the most famous celebrities and leaders as their humanness and lack of perfection are revealed.

The Greek philosophical maxim “know thyself” is becoming more deeply understood, as the facades of self-created personalities come tumbling down. No longer will it be possible to project false patterns on others and the planet. The veils of illusion are falling away rapidly and revealing the truth of what is so without the rose-colored glasses — that all is interconnected and part of the cosmic whole.

As false facades fall away and reveal the true inner beauty and gifts within the human kingdom, a great celebration of the future — filled with hope, love, truth, and trust — will begin to take shape. This will be empowered by those able to let go of judgment, blame, projection, and desire for control and manipulation: the attachment to ego projection. This energy of a team spirit will take hold

worldwide. It will be facilitated by beings seen and unseen and by people of all colors, cultures, and walks of life.

## Illusions Are Shattered

On November 15, 2020, there will be a full moon in late Taurus conjunct Uranus at 1:30PM PT. This alignment signals a time of “dreaming the dream awake” to anchor the harmonious vibrations of change into the earth for all to experience and express in 3D. Venus is conjunct Cupido (the heart of the Mother of All Creation energy) in early Capricorn, bringing a flow of empowering, loving, compassionate energies for all life-affirming paths and directions.

The T-square between Cupido conjunct Venus in Capricorn and the Moon’s nodes (north in Aries, south in Libra) enhances the envisioning of past beauty in new ways with new expressions and greater creativity for all. Mars in Leo conjuncts Vulcanus with a wide opposition to Pluto in late Capricorn, which brings light, wisdom, and truth to bear on all people, places, things, situations, circumstances, countries, and companies who have been acting outside the cosmic law of balanced reciprocity.

Illusions of false power will be shattered, breaking the mirrored reflection into billions of tiny pieces and dissolving it into grains of sand in the Sun. As these revelations implode within those believing themselves to be invincible, the false idols of people, places, and things will come undone. This will reveal the truth of each one’s beingness within the human kingdom and the gifted role each is destined to play when expressing it in connection, cooperation, clear communication, and unconditional love while empowering and honoring all involved.

Those willing and able to move into this balanced reciprocity energy will reap great rewards of prosperity, happiness, abundance, and love. Those determined to control will discover their minions have abandoned them and their greed, and the only ones left will be the rats trapped in the control-fear maze of false power and competition.

## Lies Are Revealed

On November 19, 2024, Pluto will enter Aquarius, completing its transition through this sign of spiritual awakening, new vibrations, harmony, the truth of the rainbow of many colors, and balanced reciprocity in January 2044, in about twenty years. The human family is being reborn to reflect this balanced reciprocity with Earth and all on and within it as well as the cosmos.

On November 25, 2024, Mercury will go retrograde in Sagittarius, very near the galactic center, moving backward away from this cosmic portal until the full moon on December 15, 2024. These alignments signal that true



knowledge born of experience is greater than that gained by hearsay, research, or ego-born beliefs. This is a time when all manner of machinations can take place to influence outcomes with egoistically desired affects. The potential for much blustering, fanfare, and blame could take place with those in leadership or potential leadership positions. Those aligned with truth and balanced reciprocity will eventually be clearly heard, accepted, and revealed. Those attempting to slander, bear false witness, or blatantly lie to get their ego-desired result will be publicly revealed for their devious manipulations, and justice will be brought to bear.

The potential for all manner of gossip, stories, coercions and lies in all forms of media and communication are possible during this time. Truth will come to light by the end of 2024. In the meantime, be cautious in all dealings, and prepare for disruptions of anything and everything connected to the internet, money, banking, credit cards, utilities, and travel. Have backup plans, extra cash, and goods on hand. Most importantly, listen to your intuition and inner guidance; act on it as necessary. Listening to mass media is not always wise. Trust your gut.

We Cat Beings are honored to be present to facilitate this joyous turning of the corner from fear to love and from death to life, which all kingdoms participate in. Invite and invoke our presence when we can be of assistance in this great harmonizing transition.

## Follow Your Inner Guidance in December

December begins and ends with a new moon, the first in Sagittarius and the second in Capricorn. A plethora of planets traversing the galactic center during December promises many revelations in regard to what is truly known. Mercury retrograde in Sagittarius until the full moon in mid-December provides the potential for all manner of gossip, false stories, insinuations, innuendos, and blatant lies that could circulate globally throughout industries, companies, countries, and organizations. The potential for catastrophic issues with the internet, hacking, scams, and schemes bearing false information is extremely high during this time. This could affect communications, public utilities, transportation and the use of banks, credit institutions, and credit cards.

Things will look very different between the beginning and the end of December 2024. Use caution, care, and diligent awareness in all dealings when online, at home, or out and about. Take nothing for granted. Be prepared for anything. Continue to listen to your inner truth center and act on it rather than trusting what is in the mass media, on the internet, or heard in gossip from friends, family, and neighbors.

The last few days of November and the first two weeks of December prepare all members of the human kingdom for the full moon energy oracle time on December 15. Honing one's skills at balancing the head and the heart — thoughts, words, concepts, beliefs, and ideas — with caring compassion for how this will affect those close in proximity and those around the globe will be tested in order to refine them with the cosmic energies of balanced reciprocity.

The Mother of All Creation pours into the hearts of all the plethora of ways this vision of balanced reciprocity with all kingdoms on Earth will take place, sharing new expressions to bring about healing ancient soul wounds with honor, respect, sovereignty, and love without the use of fear, dominance, control, coercion, manipulation or submission. This is a time for all to discover their soul-heart paths from their inner truth centers and begin moving forward in harmony and unconditional love — harming none, empowered by their willingness to take full responsibility for all their choices and actions, as well as the outcomes of these.

With Uranus on the galactic center in Sagittarius and Mercury fast approaching it trine Chiron in Aries, cosmic sparkles resembling fireflies will rain down on Earth and all its inhabitants in all times, spaces, and dimensions. This alignment facilitates a rebirth whereby the toxic memories, “his-stories,” and “her-stories” from all times and dimensions will be integrated and brought into wholeness with balanced reciprocity — within and without.

Since Venus in Capricorn is square Chiron in Aries, the stress aspect of these energies (which must be brought into balance within and without) has to do with letting go of judgment, blame, shame, and victim mentality. Discernment as to what is in balanced reciprocity for the self, giving others the same free will they desire to express their balanced reciprocity, brings compassion and love for self and others. Resistance to discovering ways to express this balanced reciprocity from the heart may result in explosive outcomes, showing up in the 3D as unexpected explosions, volcanic eruptions, and earthquakes in places thought long dormant or considered not part of the earthquake zones.

In truth, all of Earth has these potentials, especially during this great transition time returning to the cosmic flow of balanced reciprocity. Resisting this balanced reciprocity, within or without, projects it out into the world where others will respond to its imbalance. All is in flow and flux during December.

Some members of the Human Kingdom may become distracted by the hereditary, familial, societal, or cultural expectations of the overlapping holiday seasons around the world, losing sight of the purpose of aligning seasonally, wherever one resides, with the body of Earth. This

is a time of releasing false idols, fake values, and commercial endeavors to let go of the fear, greed, and lack (which has been built into governmental and economic structures worldwide) in order to become aware of the great gifts of being on Earth in human form — able to experience the multitude of creativity, joy, pleasure, love, and ecstasy of inhabiting a human body on Earth.

### **Choose in the Best Interests of All**

On December 1, 2024, at 1:23AM PT, will be the first new moon of December, this one in early Sagittarius with Mercury in Sagittarius approaching a conjunction with the galactic center and opposing Jupiter in Gemini. These alignments call for flexibility, fluidity, and openness when sharing and communicating with self and others (3D and otherwise). During this time, thoughts, feelings, and emotions will carry extra weight due to everyone's ultrasensitivity to input and stimuli. Sharing, suggestions, options, possibilities, and choices will attract more expansive opportunities and open a great many doors to new paths.

Venus in Capricorn trine Uranus in Taurus facilitates an ease of change on a 3D level when unconditional love energies are expressed, setting aside hidden, or not-so-hidden, agendas. With Mars conjunct Vulcanus in Leo, it is possible to glean some clarity of truth as to where each optional path choice might lead. Be sure to take some quiet time away from the hustle and bustle of the world to clearly see the truth of any hidden agendas or the expectations of others.

As the life-affirming cosmic power of creation fireflies of crystal blue-white light traverse the globe touching all those open to receiving this balanced-reciprocity harmonization, Pluto in earth Aquarius trines the Moon's south node in Libra. This alignment enhances the beauty of this harmonization within and without. The Moon's north node in Aries trine Mars and Vulcanus in Leo shines the light of truth on paths that truly express personal power and self-responsibility in ways that are in the wisest and best interest of all beings throughout the cosmos.

### **Envision the Future**

On December 15, 2024, at 1:03AM PT, will be a full moon in Gemini with the Sun conjunct the galactic center and the Moon opposing it, squaring Neptune in Pisces. This significant T-square challenges internally the true beliefs and faith of each member of the human kingdom. Ask yourselves: "Do I truly trust my inner truth center, internal compass, guides, and guardian angels? Do I believe that I am safe in the universe (world) and that the universe supports me on my path in my life and work? Does my connection to my Inner truth center align me with the Source of All Creation or only select

people or groups? Do I come from a place of doubt, fear, and distrust regarding my soul-heart?"

A second T-square between Venus, conjunct Pluto in Aquarius, square Lilith in Scorpio, and square Mars and Vulcanus in Leo adds to the stressful challenges of discovering the truth and harmony of what one values personally and professionally. Going within to one's inner truth center and soul-heart rather than being guided by the masses is prudent during this time, as it facilitates one's transformation into a creative thing of beauty, love, trust, and truth.

This full moon occurs during a deep oracle time for envisioning all future possibilities. Saturn in Pisces trine Lilith in Scorpio brings forth the flow of destiny and truth, transforming all the partial stories into a panorama. This allows one to see the bigger picture and the interconnection of all decisions, thoughts, and emotions — past, present, and future — and how they affect the interplay of the adventure of life throughout the cosmos.

### **Find Your Balance**

On December 30, 2024, at 2:28PM PT, will be the second new moon in December. This one happens in early Capricorn overlain by a grand air trine between Pluto in Aquarius, Lilith and the Moon's South Node in Libra, and Admetos in Gemini with Hades and Kronos in Cancer opposing the new moon. These alignments signal a time of intense etheric and vibrational energies permeating everything and everyone on a cellular level, which might lead to irritation, jumpiness, sensitivity to sound or touch, the ability to hear sounds and tones previously inaudible, a heightened sense of taste, oral fixations leading to gluttony, sugar cravings (in the form of hard candies, suckers, marzipan, and chocolate), or a pull to experience more by experimenting with drugs and alcohol in various ways.

Caution is advised in that an unseeded bit of guidance from one's inner truth center due to overindulgence could prove dramatic and traumatic. The key for this new moon energy is to find balanced reciprocity between one's inner masculine and feminine energies so that one can solidly anchor this harmonizing energy and vibration into one's self on a deep cellular level. With the Sun and Moon conjunct Appolon in Capricorn opposite Hades and Kronos in Cancer, what one empowers on this new moon aligned with one's soul-heart path and inner truth center has the potential to expand beyond one's wildest dreams.

A wise caveat is to invite and invoke whatever is in one's wisest and best interest. If one has a vision or an idea how that might show up, then add that what is desired is not only in one's wisest and best interest but also ask that the vision be empowered into it or something

more expansive. Doing this avoids putting limitations on one's vision and life path.

We Cat Beings are present to assist in all aspects of expressing the soul-heart's desire with harming none. Invite and invoke our presence in nurturance and unconditional love.

## Shine the Light of Cosmic Truth in 2025

2025 carries within it the promises of many firsts: many new beginnings and rebirths in a variety of fields worldwide, particularly where those with open minds and hearts seek to reflect the expanded creation energy of the universe. At the beginning of 2025, tremendous astrological shifts take place with the Moon's nodes shifting signs — north moving out of Aries into Pisces and south moving out of Libra into Virgo.

These shifts bring a movement out of past rigid ideals, structures, beliefs, and frameworks (whose ebb and flow perpetuated fear, distrust, uncertainty, and perfectionism) into expressing (1) the ability to see, know, and observe all past experience(s) and learn from them, (2) the vision to project into future possibilities, paths, and destinies to glean wisdom of a long-range outcome of choices, and (3) the talent and focus to remain in the power of the present moment to bring into manifestation those possibilities, paths, and destinies that are in the wisest and best interest of all beings throughout the cosmos. This energy overlay will permeate life on Earth from mid-January 2025 through mid-July 2026. The outcome will be seen in flexible, fluid frameworks expressed in a multitude of creative ways that open doors of opportunity for those with the ability to think outside the previous boxes utilized by the human kingdom to appear in control.

There are three Mercury retrogrades throughout 2025. One occurs in March, beginning in the element of fire and then retrograding back into water. The next occurs in July, exclusively in the element of fire. The

last happens in November. It begins in the element of fire and retrogrades backward into water, promising intensity of emotions that hopefully will be expressed with compassion, wisdom, and truth and not projected, splattering outward into the world and affecting those in close proximity.

Venus also retrogrades during March and April, moving from the element of fire into water and overlapping Mercury retrograde from spring to fall. These alignments have the potential to be a powerful loving shift of endings and new beginnings with bountiful harvests. Conversely, this time could become an emotional free-for-all, and things could become messy due to hidden ego agendas of those who deem themselves in control/power, having a dictator mentality.

Saying prayers for those in any position of authority (from menial to global) to make decisions and choices affecting those around them with wisdom, honor, respect, and compassion will go a long way in soothing these intense energies. It could aid those without the knowledge, wisdom, and experience to wield the energies in manners that are in the wisest and best interest for Earth and throughout the cosmos. Flare-ups of once quiet, passionate struggles also are possible during this time.

## Hail the Opening of the Halls of Records

With Pluto moving fully into Aquarius and remaining there for the next twenty or so years, there are great opportunities for many creative endeavors designed to harmonize. Such energy brings balanced reciprocity to all aspects of life and living. Expansions in all fields from science, medicine, education, art, music, and communication will take place with a huge variety of avenues open for expression. No longer will there be only one right way, as the disciplines in the past have been widely separated will discover ways to interact, overlap, and integrate with each other. Lines of demarcation will begin dissolving over the next twenty years.

Activations of the points of avatar during July 2025 bring in messages, wisdom, and new expressions that shine the light of cosmic truth in preparation for the huge opening of the halls of records in Egypt in 2027 during the eclipse. Personal, planetary, and global halls of records will reveal their secrets to facilitate a greater harmonization of the human kingdom with all the kingdoms of the cosmos.

We Cat Beings offer our love, compassion, and guidance in fully connecting with these wisdoms/truths. Invite and invoke us to participate when desired.

*Mary Elizabeth Hoffman is available for private consultations as well as balanced-reciprocity intensives for those who desire to implement these energies into their daily lives. For more information, go to her website, CatBeings.com, or her Facebook pages: Mary Elizabeth Hoffman (Cat Beings), Cat Beings, or Cat Beings Oracle.*

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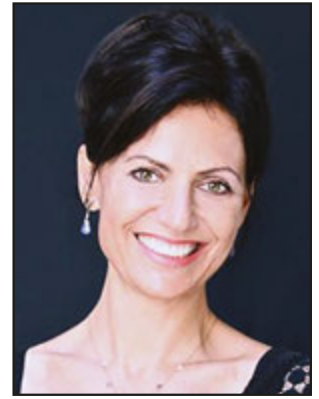


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# The World Begins to Change in November

Michelle Karén, MA, DF Astrol S



**How to Read and Use the Following Calendar:** This is not the usual Sun sign-based calendar. This is an event calendar that works for everybody, regardless of your Sun sign, to help you create what you wish to manifest in your life, such as signing a contract, selling or buying a house, getting a raise, going on a trip, or getting married.

For example, if you wish to figure out when to plant your garden, schedule a massage, or just relax, choose the Moon in Taurus or look at the last section of this article to see which day would be most conducive for any of these activities. If you wish to organize your desk or schedule an important meeting, use the Moon in Capricorn.

Refine your search by looking at the details of each day in the last section of this article and avoiding the void of course (v/c) Moon times. Kindly note that the following dates and times are given in Pacific Time (PT).

On November 3, Mars enters Leo until January 6, 2025. During the next two months, our urge to succeed is intensified. Our sense of purpose, great organization, and leadership abilities are strong. We are quite competitive when it comes to endeavors that are important to us, but we need to be careful to not become too brutal, frank, egotistical, or even overbearing. We could err a little on the melodramatic side but are generous and warm-hearted.

Saturn turns direct on November 15. Its shadow period lasts until February 18, 2025. The degree it turns direct on (12°42' Pisces) is represented in the Sabian symbols by "an ancient sword used in many battles is displayed in a museum." The results of our past discipline, seriousness, hard work, and the reassessment of our ambitions now leads to positive career developments and more emotional stability.

Pluto reenters Aquarius, for good this time, on Tuesday, November 19 until 2044! In the next twenty years, the people will take their fate into their own hands, and the world will dramatically change. Issues related to artificial intelligence, extraterrestrials, mass immigration, futuristic inventions, and the dangers of social media

will come to the forefront.

Rebellions against the establishment will rise all over the planet. Revolutions will overturn the lack of freedom, and authority and resources will be taken back from the hands of the self-appointed few, totalitarian regimes will be replaced by true democracies, and older heads of state will give way to younger, more dynamic leaders.

Mercury turns retrograde on November 25 until December 15. Its shadow period remains until January 3, 2025. The degrees covered in November (22°40'–21°21' Sagittarius) are represented in the Sabian symbols by "a group of immigrants as they fulfill the requirements of entrance into a new country" and "a Chinese laundry." Every time Mercury is retrograde, misunderstandings might occur, people are likely to change their minds, technology could break down, delays might happen, and people could lose items or miss important appointments, but this is also a great time to revisit old projects and ideas we had forgotten about. During Mercury retrograde, we have a chance to reconsider our beliefs from a new perspective, recycle old concepts, process past events, travel to places we have wanted to visit forever or haven't been to in a long time, and further our education.

## Choose What Is Good in Life

Jupiter remains retrograde this whole month until February 4, 2025. Its shadow period will remain until May 1, 2025. The degrees traveled in November (20°29'–17°19' Gemini) are represented in the Sabian symbols by "a tumultuous labor demonstration," "a modern cafeteria displays an abundance of food products from various regions," "a large, archaic volume reveals traditional wisdom," and "two Chinese men converse in their native tongue in an American city." We seek to understand the meaning behind experiences. Truth is paramount, as is integrity. The lies of mainstream media, the deceit of official figures, and the manipulations of those in positions of power come out into the open. Reconnecting to our ancestral roots, understanding our cultural origins, and studying sacred texts provide the mental and spiritual food we need to create the reality we want. The time

has come to discern what is real from what is not and choose what is good in life.

Uranus remains retrograde this whole month until January 30, 2025. Its shadow period lasts until May 17, 2025. The degrees covered in November (25°54'–24°43' Taurus) are represented in the Sabian symbols by “a Spanish gallant serenades his beloved” and “the cultivation of natural energies for collective use and recreation.” We should not resist the changes we know to be necessary for our evolution. This is a time to be original, assert our uniqueness, embrace new technologies, and think in global terms. We could come up with new ways of doing things, develop exciting perspectives, and reactualize ancient techniques that will help us prepare for a future that is rapidly unfolding.

Neptune remains retrograde this whole month until December 7. Its shadow period will remain until March 28, 2025. The degree covered in November (27°30'–27°09' Pisces) is represented in the Sabian symbols by “a fertile garden under the full moon reveals a variety of full-grown vegetables.” We are encouraged to dream the world we want into being. Being introspective and reflective, honing our sensitivity, meditating, and focusing on beauty and peace help us manifest the enchantment and abundance we seek.

### Moon Messages

The Moon will be void of course (v/c), forming no major aspect with any planet, before entering the following signs:

- Saturday, November 2 between 9:51PM and 10:19PM when the Moon enters Sagittarius
- Tuesday, November 5 between 2:23AM and 7:17AM when the Moon enters Capricorn
- Thursday, November 7 between 2:38PM and 2:58PM (20 minutes!) when the Moon enters Aquarius
- Saturday, November 9 between 4:23PM and 8:00PM when the Moon enters Pisces
- Monday, November 11 between 10:13PM and 10:26PM (13 minutes!) when the Moon enters Aries
- Wednesday, November 13 between 10:50PM and 10:59PM (9 minutes!) when the Moon enters Taurus
- Friday, November 15 between 11:03PM and 11:09PM (6 minutes!) when the Moon enters Gemini
- Sunday, November 17 at 8:09PM until Monday, November 18 at 12:50AM when the Moon enters Cancer
- Wednesday, November 20 between 3:20AM and 5:51AM when the Moon enters Leo
- Friday, November 22 between 5:15AM and 3:01PM when the Moon enters Virgo
- Sunday, November 24 at 9:35PM until Monday, November 25 at 3:20AM when the Moon enters Libra
- Wednesday, November 27 between 1:14AM and 4:21PM when the Moon enters Scorpio

### Rune of the Month: Sowilo, “the Sun”

We are encouraged to appreciate life's abundant blessings, work hard, and complete our tasks before the coming long, dark, cold winter. This is a month to avoid wasting our potential, be clear on our dreams, use our strengths, and be creative. The more we honor our power, the more joy we have to share with others.



- Friday, November 29 at 10:19PM until Saturday, November 30 at 3:53AM when the Moon enters Sagittarius

Mark these periods in red on your calendar, and avoid scheduling anything of importance during these times, as they would amount to nothing.

### Schedule Your Activities Using the Zodiacal Position of the Moon

- The Moon in Scorpio until Saturday, November 2 at 10:18PM and between Wednesday, November 27 at 4:21PM and Saturday, November 30 at 3:52AM

This is a perfect time for scientific research, esoteric studies, self-transformation, shamanism, and dealing with the mysteries of life, death, and sexuality, as well as issues involving insurance and personal power.

- The Moon in Sagittarius between Saturday, November 2 at 10:19PM and Tuesday, November 5 at 7:16AM and between Saturday, November 30 at 3:53AM and Monday, December 2 at 1:08PM

This time is excellent for traveling, religious or philosophical activities, and matters related to higher education and the law. It is a good time for lecturing, learning new things, perfecting a foreign language, and exploring other cultures, as well as athletic training and tending to large animals such as horses.

- The Moon in Capricorn between Tuesday, November 5 at 7:17AM and Thursday, November 7 at 2:57PM

This is a wonderful time for furthering ambitions, asking for a promotion, enlisting the support of people in positions of authority, making a good impression, restructuring a business, and redefining long-term goals.

- The Moon in Aquarius between Thursday, November 7 at 2:58PM and Saturday, November 9 at 7:59PM

This is a perfect time for furthering philanthropic activities, engaging charitable endeavors, meeting with friends, and making new acquaintances. It is also good for being involved with inventions, far-out and progressive ideas, interdimensions and time travel, and anything related to UFOs, computers, and technology.

- The Moon in Pisces between Saturday, November 9 at 8:00PM and Monday, November 11 at 10:25PM

This is a great time for meditating, sitting by the ocean, exploring anything related to the sacred, dancing, painting, swimming, dreaming, creating music or photography, filming, sleeping, channeling, and connecting with the mystical, the magical, and the oneness of All That Is.

- The Moon in Aries between Monday, November 11 at 10:26PM and Wednesday, November 13 at 10:58PM

This time is perfect for intense physical activities and anything requiring forceful and direct action and self-assertion. It is also good for displaying leadership, spontaneity, and goodwill; being a wayshower; initiating new projects; and taking our cars to the mechanic.

- The Moon in Taurus between Wednesday, November 13 at 10:59PM and Friday, November 15 at 11:08PM

This is an excellent time for financial matters, such as paying bills, paying off debts, asking for money that is owed to us, investing in real estate, and buying and selling in general. It is also good for taking a stroll in the park, driving through the countryside, connecting with Mother Earth, gardening, making pottery, sculpting, and doing bodywork.

- The Moon in Gemini between Friday, November 15 at 11:09PM and Monday, November 18 at 12:49AM

This time is ideal for multitasking, indulging curiosities, and communicating in any form, such as exchanging information, sending emails, and calling friends and acquaintances. It is also great for social activities, attending conferences, reading books, watching documentaries, gathering data on various topics, and connecting with new people.

- The Moon in Cancer between Monday, November 18 at 12:50AM and Wednesday, November 20 at 5:50AM

This is the perfect time for family activities, especially those involving children. It is good for spending more time at home, cooking our favorite foods, nurturing ourselves and our loved ones, and inviting cherished people over for dinner. It's also a great time for drawing, creative writing, humor, and anything requiring imagination and a touch of craziness.

- The Moon in Leo between Wednesday, November 20 at 5:51AM and Friday, November 22 at 3:00PM

This time is excellent for indulging in glamor, attending dramatic performances, being in the public eye, throwing or attending an elegant party, playing with children, exploring romance, and partaking in creativity in general.

- The Moon in Virgo between Friday, November 22 at 3:01PM and Monday, November 25 at 3:19AM

This is a great time for starting a new fitness program, learning something new, eating healthily, fasting, clearing out closets, cleaning the house, and reorganizing drawers. It's also perfect for detailed work, the focused use of intelligence, and taking care of small pets.

- The Moon in Libra between Monday, November 25 at 3:20AM and Wednesday, November 27 at 4:20PM

This is a perfect time for relationships, associations, diplomatic exchanges with others, anything related to beauty (a haircut, new clothes, or a makeover), art (especially painting and decorating), and pleasant social events (concerts or art exhibitions).

## November's Intentional Meditation

This month's intentional meditation started on Thursday, October 17 with the full moon in Aries at exactly 4:26AM. On Friday, November 1, take out your blank full-moon-charged papers and write on each a concise, positive intention. Place them on a balcony, in a garden, or near a window by exactly 5:47AM for the new moon in Scorpio. Once that moment has passed, gather your sheets, staple them together, and put them away in a folder, expecting the manifestation of all your dreams.

Next month's intentional meditation starts on Friday, November 15. Take out as many blank sheets of paper as you have intentions, and place them near a window, on a balcony, or in a garden so that they bask in the light of the full moon in Taurus at exactly 1:28PM. Once that moment has passed, gather your full-moon-charged sheets and place them in a folder.

On Saturday, November 30, take out your blank full-moon-charged papers and write on each a concise, positive intention. Place them on a balcony, in a garden, or near a window by exactly 10:21PM for the new moon in Sagittarius. Once that moment has passed, gather your sheets, staple them together, and put them away in a folder, expecting the manifestation of all your dreams.

## November's Astrological Events

**Saturday, November 2:** Mercury trines Mars (1:21AM), Mercury sextiles Pluto (8:03AM), Mercury enters Sagittarius (12:18PM) until January 8, 2025. This is a good day for projects requiring sharp mental energy, quick decisions, and competence. Our confidence in our ideas and beliefs is strong. We are able to x-ray situations and people. This transit is excellent for sales, promoting an item, signing contracts, and improving our living circumstances. We find change stimulating. During the next two months, we speak our mind with honesty and are drawn to foreign cultures and higher education. The law, religion, languages, and philosophy are enriching topics of interest.

**Sunday, November 3:** Mars opposes Pluto (3:37AM), Venus opposes Jupiter (7:25AM), Mars enters Leo (8:10PM) until January 6, 2025. We could be tested on how we use our power. Staying true to our convictions, fighting injustice, and collaborating with others in a way that serves the highest good of all is required, as is the need to renovate, restore, and rebuild areas of our lives that



are not working well. We are open to new emotional experiences but could fall in love with love or engage in a tempestuous love affair that ends as quickly as it began. This is not the best day to choose associates, as our judgment tends to be faulty. Reckless investments could have disastrous consequences. This is a day to seek moderation in all things. For information about Mars in Leo, kindly refer to the opening paragraphs.

**Monday, November 4:** the Sun trines Saturn (9:36AM). This is a day to honor our responsibilities, duties, and obligations with discipline, concentration, and efficiency. Our goals are useful, realistic, and grounded. We accept the rules and give an enduring form to our ambitions. This is a great transit to put order in our lives.

**Saturday, November 9:** Venus squares Neptune (5:15AM). We are likely to be vulnerable to intrigues, deceit, and lies. Unrealistic love expectations and projecting our romantic dreams onto another could lead to severe disappointments. Money matters are likely to be vague or unstable. We need to be careful to not fall prey to a financial scam. This is a day to lie low, draw on our inner serenity, rest, meditate, and focus on beauty and harmony.

**Monday, November 11:** Venus enters Capricorn (10:26AM) until December 6. During the next three weeks, our attitude toward love is serious, grounded, and conventional. We are likely to be attracted to a well-established, stable, mature partner, but we might have to overcome a certain fear of getting hurt, an innate distrust of others, and emotional inhibitions. Our esthetic tastes are more conventional, and our attitude toward money is calculated, cautious, and practical. Our business acumen and earning abilities are enhanced.

**Tuesday, November 12:** Mercury squares Saturn (5:22AM). This day is good for any work requiring heavy mental focus, critical faculties, and disciplined thinking. Communications are likely to be awkward or restricted. We could feel pessimistic, anxious, and withdrawn. This is a day best spent keeping to ourselves, observing a rigid routine, clearing our desks of backlogged work, and making solid plans for the future.

**Saturday, November 16:** the Sun opposes Uranus (6:45PM). This is a day of upheavals requiring inventive solutions. Surprising events in our personal relationships could lead to a sudden break or an unexpected coming together. Highly strung, excitable, and individualistic, we have the capacity to turn things upside down, creating dynamic situations that open into new possibilities.

**Monday, November 18:** Mercury opposes Jupiter (12:55AM), the Sun trine Neptune (6:07PM). Our heightened optimism and generosity could make us promise more than we can deliver. Raising our consciousness, broadening our intellectual horizons, returning to

school, and traveling are favored. Camping, hiking, or any outdoor activity requiring vitality and exuberance are attractive. Our empathy, psychic abilities, compassion, tolerance, and intuition are enhanced, making us very sensitive to undercurrents and more subtle energies. This is a great day to forgive and forget past feuds.

**Tuesday, November 19:** Pluto reenters Aquarius for good (12:29PM). Kindly refer to the opening paragraphs.

**Thursday, November 21:** the Sun enters Sagittarius (11:56AM), the Sun sextile Pluto (12:49PM). During the coming month, our faith in life, self-confidence, adventurousness, and free spiritedness are enhanced. We are likely to be more friendly, exuberant, daring, and enthusiastic than usual. For those who are fascinated by foreign cultures, this is a great period to travel, learn a new language, or study the law, religion, or philosophy.

**Friday, November 22:** Venus sextiles Saturn (3:55AM). This is a good transit to reevaluate our relationships. Our social lives might not be super exciting, but we approach it with seriousness, dedication, and the need for a long-term commitment. We are likely to be attracted to more mature, grounded people whose success we respect and admire. This is a great time for cleaning, reorganizing, and beautifying our homes. This is also an excellent time for stabilizing our finances and making a significant purchase that will prove to be a solid investment.

**Wednesday, November 27:** the Sun trines Mars (12:06AM). Our energy is dynamic and daring. Our pioneering spirit is strong. Our spontaneity, self-motivation, confidence, and enthusiasm are profoundly inspiring. Whatever we create from the sheer force of our individual efforts is likely to be successful.

**Monday, November 25:** Mercury turns retrograde in Sagittarius (6:42PM) until December 15. Kindly refer to the opening paragraphs.

Wishing you a powerful month of November!

## Claim Your Freedom in December

Mars turns retrograde on December 6 until February 23, 2025. Its shadow period remains until May 2, 2025. The degrees covered in December (6°10'–2°14' Leo) are represented in the Sabian symbols by “the constellations of stars shine brilliantly in the night sky,” “a conservative old lady is confronted by a hippie girl,” “rock formations tower over a deep canyon,” “a formally dressed elderly man stands near trophies that he brought back from a hunting expedition,” and “a middle-aged woman, her long hair flowing over her shoulders, in a braless, youthful garment.” During the next three months, our vital energy tends to be slower. We are likely to be less impulsive and lack the desire to shine. Rather than act on our initial instincts, we might second-guess them,

which could paralyze our actions and make us more introspective. We should be careful to not become so concerned about how we are seen that we start to develop characteristics that are not completely in alignment with our truth.

Neptune turns direct on December 7. Its shadow period will remain until March 28, 2025. The degree it turns direct on (27°08' Pisces) is represented in the Sabian symbols by "a fertile garden under the full moon reveals a variety of full-grown vegetables." Navigating the labyrinth of our inner landscape for the past five months (since July 2) has led us to know what we want our reality to look like. We now have more tools to see through the veil of confusion, lies, and deceit and discern what is real from what isn't.

Mercury turns direct on December 15. Its shadow period remains until January 3, 2025. The degree it turns direct on (6°28' Sagittarius) is represented in the Sabian symbols by "Cupid knocks at the door of a human heart." Emotional intelligence is superior to intellectual intelligence. As communications return to normal today, we are urged to think with our hearts and feel with our heads so that true justice and higher philosophical values might prevail.

### Know What You Stand For

Jupiter remains retrograde this whole month until February 4, 2025. Its shadow period will remain until May 1, 2025. The degrees traveled in December (17°11'–13°19' Gemini) are represented in the Sabian symbols by "two Chinese men converse in their native tongue in an American city," "the head of a robust youth changes into that of a mature thinker," "a woman activist in an emotional speech dramatizing her cause," "two Dutch children talking to each other, exchanging their knowledge," and "bridging physical space and social distinction, two men communicate telepathically." Our communication skills, belief systems, and moral standards need to be reassessed. What do we stand for? What values are important to us? How do we honor our lineages and cultural backgrounds while moving forward?

Uranus remains retrograde this whole month until January 30, 2025. Its shadow period lasts until May 17, 2025. The degrees covered in December (24°40'–23°40' Taurus) are represented in the Sabian symbols by "a vast public park" and "an Indian warrior riding fiercely, human scalps hanging from his belt." The strong urge to assert our independence and individuality and to claim our freedom might express themselves more inwardly than externally, which causes us to position ourselves strongly in the world. The old structures are breaking down for more appropriate ones to be built from the rubble. Human-made laws turn to dust in the face of divine truth.

### Moon Messages

The Moon will be void of course (v/c), forming no major aspect with any planet, before entering the following signs:

- Monday, December 2 between 7:47AM and 1:09PM when the Moon enters Capricorn
- Wednesday, December 4 between 3:34PM and 8:21PM when the Moon enters Aquarius
- Friday, December 6 at 4:01PM until Saturday, December 7 at 1:49AM when the Moon enters Pisces
- Monday, December 9 between 12:45AM and 5:38AM when the Moon enters Aries
- Tuesday, December 10 at 2:13PM until Wednesday, December 11 at 7:55AM when the Moon enters Taurus
- Friday, December 13 between 4:39AM and 9:22AM when the Moon enters Gemini
- Sunday, December 15 between 6:32AM and 11:21AM when the Moon enters Cancer
- Tuesday, December 17 between 10:33AM and 3:39PM when the Moon enters Leo
- Thursday, December 19 between 9:19PM and 11:37PM when the Moon enters Virgo
- Sunday, December 22 between 5:27AM and 11:08AM when the Moon enters Libra
- Tuesday, December 24 at 2:44AM until Wednesday, December 25 at 12:06AM when the Moon enters Scorpio
- Friday, December 27 between 6:24AM and 11:46AM when the Moon enters Sagittarius
- Sunday, December 29 between 3:34PM and 8:37PM when the Moon enters Capricorn
- Tuesday, December 31 at 10:02PM until Wednesday, January 1 at 2:50AM when the Moon enters Aquarius

Mark these periods in red on your calendar, and avoid scheduling anything of importance during these times, as they would amount to nothing.

### Favored Activities Based on the Zodiacal Position of the Moon

- the Moon in Sagittarius until Monday December 2 at 1:08PM and between Friday, December 27 at 11:46AM and Sunday, December 29 at 8:36PM

This time is excellent for traveling, religious or philosophical activities, and matters related to higher education and the law. It is a good time for lecturing, learning new things, perfecting a foreign language, and exploring other cultures, as well as athletic training and tending to large animals such as horses.

- the Moon in Capricorn between Monday, December 2 at 1:09PM and Wednesday, December 4 at 8:20PM and between Sunday, December 29 at 8:37PM and Wednesday, January 1 at 2:49AM

This is a wonderful time for furthering ambitions, asking for a promotion, enlisting the support of people in positions of authority, making a good impression, restructuring a business, and redefining long-term goals.

- the Moon in Aquarius between Wednesday, December 4 at 8:21PM and Saturday, December 7 at 1:48AM

This is a perfect time for furthering philanthropic activities, engaging charitable endeavors, meeting with friends, and making new acquaintances. It is also good for being involved with inventions, far-out and progressive ideas, interdimensions and time travel, and anything related to UFOs, computers, and technology.

- the Moon in Pisces between Saturday, December 7 at 1:49AM and Monday, December 9 at 5:37AM

This is a great time for meditating, sitting by the ocean, exploring anything related to the sacred, dancing, painting, swimming, dreaming, creating music or photography, filming, sleeping, channeling, and connecting with the mystical, the magical, and the oneness of All That Is.

- the Moon in Aries between Monday, December 9 at 5:38AM and Wednesday, December 11 at 7:54AM

This time is perfect for intense physical activities and anything requiring forceful and direct action and self-assertion. It is also good for displaying leadership, spontaneity, and goodwill; being a wayshower; initiating new projects; and taking our cars to the mechanic.

- the Moon in Taurus between Wednesday, December 11 at 7:55AM and Friday, December 13 at 9:21AM

This is an excellent time for financial matters, such as paying bills, paying off debts, asking for money that is owed to us, investing in real estate, and buying and selling in general. It is also good for taking a stroll in the park, driving through the countryside, connecting with Mother Earth, gardening, making pottery, sculpting, and doing bodywork.

- the Moon in Gemini between Friday, December 13 at 9:22AM and Sunday, December 15 at 11:20AM

This time is ideal for multitasking, indulging curiosities, and communicating in any form, such as exchanging information, sending emails, and calling friends and acquaintances. It is also great for social activities, attending conferences, reading books, watching documentaries, gathering data on various topics, and connecting with new people.

- the Moon in Cancer between Sunday, December 15 at 11:21AM and Tuesday, December 17 at 3:38PM

This is the perfect time for family activities, especially those involving children. It is good for spending more time at home, cooking our favorite foods, nurturing ourselves and our loved ones, and inviting cherished people over for dinner. It's also a great time for drawing, creative writing, humor, and anything requiring imagination and a touch of craziness.

## Rune of the Month: "Nauthiz," Need, Fire

We might want what is non-essential, but what we need is different. Fire enables us to cook our foods and keep warm, but it also requires careful attention and maintenance at the same time. As this year ends, it is important that we ask ourselves what is truly vital to our survival. This is the perfect time to go through our drawers and closets and get rid of all that we don't like, use, or need anymore so that we might start the next year anew.



- the Moon in Leo between Tuesday, December 17 at 3:39PM and Thursday, December 19 at 11:36PM

This time is excellent for indulging in glamor, attending dramatic performances, being in the public eye, throwing or attending an elegant party, playing with children, exploring romance, and partaking in creativity in general.

- the Moon in Virgo between Thursday, December 19 at 11:37PM and Sunday, December 22 at 11:07AM

This is a great time for starting a new fitness program, learning something new, eating healthily, fasting, clearing out closets, cleaning the house, and reorganizing drawers. It's also perfect for detailed work, the focused use of intelligence, and taking care of small pets.

- the Moon in Libra between Sunday, December 22 at 11:08AM and Wednesday, December 25 at 12:05AM

This is a perfect time for relationships, associations, diplomatic exchanges with others, anything related to beauty (a haircut, new clothes, or a makeover), art (especially painting and decorating), and pleasant social events (concerts or art exhibitions).

- the Moon in Scorpio between Wednesday, December 25 at 12:06AM and Friday, December 27 at 11:45AM

This is a perfect time for scientific research, esoteric studies, self-transformation, shamanism, and dealing with the mysteries of life, death, and sexuality, as well as issues involving insurance and personal power.

## December's Intentional Meditation

This month's intentional meditation starts on Sunday, December 15 with the full moon in Gemini at exactly 1:02AM. On Monday, December 30, take out your blank full-moon-charged papers and write on each a concise, positive intention. Place them on a balcony, in a garden, or near a window by exactly 2:27PM for the new moon in Capricorn. Once that moment has passed, gather your sheets, staple them together, and put them away in a folder, expecting the manifestation of all your dreams.



## December's Astrological Events

**Monday, December 2:** Venus trines Uranus (6:43AM). This is a day to break our routines. A surprising event could inspire us to try something new. Friendship and love are intimately connected. A relationship begun today has an element of excitement but could prove to be short-lived unless we respect our unique individuality and are willing to give each other a lot of freedom. An unexpected financial development could occur, but impulsive investments are not recommended.

**Wednesday, December 4:** Mercury opposes Jupiter (2:16AM), the Sun squares Saturn (8:18AM), Venus sextile Neptune (10:52AM). Promising more than we can deliver is ill-advised. Nothing comes freely today. Our exaggerated optimism could make us throw all sensible considerations to the curb. Any legal entanglement started today could prove more costly than necessary. The weight of the world could feel heavier than normal. Our responsibilities seem demanding, and our circumstances are somewhat trying. What is outmoded in our lives is being revealed. We might want to escape a reality that is deemed too harsh by indulging in beauty, romance, and peace. We find decorating, creating art, painting, listening to music, dancing, taking photographs, or watching a movie to be spiritually uplifting activities.

**Thursday, December 5:** the Sun conjuncts Mercury (6:18PM). This is a great day for meeting people, engaging in small trips, learning something new, teaching, writing, setting goals, returning calls, buying, selling, trading, and starting a training program. We are talkative, curious, and filled with ideas.

**Friday, December 6:** Mars retrograde (3:33PM), Mercury square Saturn (5:53PM), Venus in Aquarius (10:13PM) until January 2. For information about Mars retrograde, kindly refer to the opening paragraphs. This is a great day for any work requiring mental focus and disciplined thinking. We could get tied up in tedious meetings or miss an appointment that we were looking forward to. Communication is restricted. We could feel pessimistic, anxious, or withdrawn and get caught up in unimportant details. This is a day best spent clearing our desks of backlogged work, observing a strict routine, and making solid plans for the future. During the coming four weeks, our attitude toward love and marriage is unconventional. We are drawn to eccentric characters, and in our relationships, we are more interested in mental stimulation, excitement, variety, friendship, and freedom than in commitment. We are good with money, and our financial attitude is generous and sensible.

**Saturday, December 7:** Venus conjuncts Pluto (6:08AM), the Sun opposes Jupiter (12:58PM), Neptune goes direct (3:43PM). A financial investment could prove most lucrative. Love shifts our perception of reality. A relationship begun today could feel karmic while bringing

up intense emotions. A deep crisis might unearth buried feelings of control, jealousy, or possessiveness. Grief is purging. Our confidence, optimism, and faith could be so high that we might make promises that we cannot possibly keep or tend to step over other people's boundaries. With a healthy dose of cheerful courage, we can try something we've never done before and inspire others to expand their understanding of life. In relation to Neptune going direct, kindly refer to the opening paragraphs.

**Thursday, December 12:** Venus opposes Mars (2:46AM), Mercury sextiles Venus (11:45PM). In our longing for more fun, companionship, and affection, we could impulsively start an inappropriate affair that we might later regret. This is a day that invites us to rest, relax, and enjoy the nice things in life. Our appreciation of beauty and culture is enhanced. Relationships might be a little superficial and casual, but as long as we avoid getting involved too fast with someone we barely know, they are pleasant and peaceful. We find the right words to express our feelings.

**Sunday, December 15:** Mercury goes direct (12:56PM). Kindly refer to the opening paragraphs.

**Wednesday, December 18:** the Sun squares Neptune (6:29AM). This is a day of low energy. We could feel dreamy, indecisive, and impractical. A lack of self-confidence, discouragement, and a certain weakness of character could lead to unrealistic goals. We tend to avoid our responsibilities and shy away from direct confrontations. We could fall prey to fraudulent financial speculations. It is best to lie low, rest, stay humble, choose peace, and watch a movie or read a novel that makes us feel good about life.

**Thursday, December 19:** Venus trines Jupiter (6:11PM). Our social lives are likely to be warm and pleasant. Romance is favored. Our domestic affairs are harmonious, and business is fruitful. Artistic endeavors are profitable. Prosperity, good luck, and a good return on a previous investment are quite possible today, allowing us to enjoy more comfort.

**Saturday, December 21:** the Sun in Capricorn (1:21AM) until January 19. During the coming month, our outlook is mature, our common sense is grounded, and our efforts are calculated. Our ambitions, sense of duty, need to fulfill our responsibilities, and commitment to our obligations are highly developed. Willing to work hard, we approach our obligations with discipline, practicality, seriousness, and structure.

**Tuesday, December 24:** Jupiter squares Saturn (1:59PM). Changes are in the air. Family issues could feel oppressive and limit our freedom. We could be faced with unexpected bills. Business could be a cause for stress. Despite setbacks, disappointments, or restrictions to our natural expansiveness, we remain

optimistic. Our loyal friends are supportive. We tackle work with discipline, and our enthusiasm ends up being quite productive. The decisions we make today have a big effect on our futures.

**Thursday, December 26:** Mercury opposes Jupiter (2:48PM), Mercury squares Saturn (11:29PM). In relation to Mercury opposing Jupiter, kindly refer to the Wednesday, December 4 paragraph. This is a great day for any work requiring heavy mental focus, adherence to a rigid routine, and disciplined thinking. We could get tied up in tedious meetings or miss an appointment that we were looking forward to. In regard to Mercury squares Saturn, kindly refer to the Friday, December 6 paragraph.

**Friday, December 27:** Venus squares Uranus (11:42PM). A certain restlessness or even rebellion marks this day. A strong urge for change and stimulation could endanger an existing commitment in favor of an exciting, albeit short-lived, affair. Our impatience is easily triggered, and we are not particularly excited to cooperate with others. Our finances could be rather unstable. The possibility of being faced with an unexpected expense is higher than normal.

Wishing you happy holidays and a magical end of year!

## Panoramic View of 2025

Numerologically, 2025 is a 9 year (2+0+2+5). Connected to the planet Mars, 2025 is a year of completion. It is time to let go of what is no longer needed and tie up loose ends. Major rearrangements are called for. We are being asked to do some serious soul searching and reassess literally everything in our lives. We might experience some, or maybe a lot of, grief as we release what we have spent the past eight years building, but we should also rejoice in the fact that we are transitioning to greener pastures. For the new to emerge out of the rubble, the old has to go.

The more we willingly embrace change, the easier the challenges will be. This transformative year forces us to see permanence as illusionary and stay very present. Selflessness, forgiveness, and humanitarian projects come to the forefront. We need to release the past without the comfort of knowing that another option waits for us in the wings. Faced with a health crisis, a major move, the separation from a loved one, or an important job change, we might have nothing to fall back on. This period of void tests our faith and readies us for a grander future more aligned to our highest destiny. The only thing we can be sure of is that even if we cannot yet see it, what will end leads us to the chance of a new, better beginning.

## The Chinese Year of the Wood Snake (January 29, 2025–February 16, 2026)

Typically, this is a year of cataclysmic events. The stock market could plummet, and wars might erupt. Rigid rules feel suffocating. Emotions tend to run hot, and if not contained, they can create devastating destruction. Self-righteousness and a feeling of superiority lead to disastrous consequences. Vigilance, lucidity, and control are essential this year. In the face of anxiety, torment, and the temptation of indulging in too many sweets, we should do our best to remain in balance in all dimensions of our lives.

Somehow, we manage to wiggle our way out of sticky situations with intelligence and elegance. Diplomacy and dialogue help resolve conflicts. Artistic endeavors are attractive. Our imaginations, inspirations, and creativity are more developed than in previous years, requiring space and beauty to expand. Knowing how to express ourselves with charm and harmony, we are more free-spirited and intuitive than normal. With wisdom, a healthy dose of humor, and relaxation, this can be a very prosperous year that encourages beneficial money matters and business initiatives. Quick decisions are encouraged. If we want to establish good relationships with others, we should learn to not be dependent on them.

## Major Planets Change Signs in 2025

All the threshold planets (Jupiter and Saturn) as well as the transpersonal ones (Uranus and Neptune) are changing signs except for Pluto, which just entered Aquarius for good in November 2024. This will result in a majorly transformed social landscape. We can expect new perspectives, original ideas, and a marked metamorphosis in our attitudes toward life. While we find our new bearings, we could have unsettled feelings, but out of this confusion will emerge a more dynamic reality.

Jupiter entered Gemini on May 25, 2024, and remains until June 10, 2025. This cycle places a heightened focus on renovating the educational system. Social media, traveling, learning, teaching, reading, writing, journalism, politics, and how we communicate and relate to our daily environment in general could come under scrutiny. The emphasis is on the exchange of information, the development of our intellects, and rising above the small, day-to-day matters in order to integrate larger philosophical concepts.

Our curiosity leads to new, dynamic ideas but the will to follow through could be lacking. Too much information could create indecision or make us move forward in an erratic manner. The importance of positive thinking, looking for every dark cloud's silver lining, and



focusing on the outcome we want is the most valid way of creating the reality that we desire.

Jupiter enters Cancer on June 9 and remains until June 30, 2026. Family values are highlighted. On one hand, homelessness and hunger could become concerning. On the other hand, we face the problem of an overweight populace and the waste of resources. Massive immigration could also create unforeseen problems. Religious ideals could come under scrutiny. Our charitable, protective, and nurturing instincts are more developed than usual as well as our intuition and imaginations.

Saturn has been in Pisces since March 8, 2023. This is a strange zodiacal position because Saturn is about as different from Pisces as can be. Restrictions and limitations dissolve, and a renewal of faith takes place. We are connected to each other through compassion, tolerance, understanding, and wisdom. Artists are favored. We work in a more relaxed manner with great sensitivity to an invisible flow and are drawn to beauty. Following our intuition brings us serenity. Saturn will reenter Pisces on September 2, 2025, and remain until February 15, 2026.

Saturn enters Aries on May 26, 2025, until September 1, 2025. Cruelty could rear its ugly head. Impulsivity alternates with caution, and irresponsibility alternates with wisdom. Self-reliance, ingenuity, and persistence lead to great achievements if we exercise patience and self-discipline. This is a great cycle for daring initiatives and starting new enterprises.

Uranus remains mostly in Taurus this whole year until April 26, 2026. Changes in the financial system are afoot. By 2026, all paper money is likely to have shifted to digital currency. We need to free ourselves from debts and not live above our means. This is a time to simplify our lives, be financially independent, and do our utmost to earn a living doing what we love.

Mother Earth continues to rebel against our abuse. Earthquakes, volcano eruptions, and tsunamis could occur in the most unlikely places and in the most inopportune ways, leaving much destruction in their wake. It is important to honor Earth and spend quality time in nature to remain balanced and grounded. Uranus will reenter Taurus on November 9, 2025, until April 27, 2026.

Uranus enters Gemini for the first time on July 7, 2025, until November 8, 2025. Change is in the air, and at times, it might be sought for its own sake. Interesting scientific inventions could be left to flounder due to nervous tensions, erratic actions, and a lack of persistence. Original thinking and writing lead to exciting new ideas that challenge the status quo and open us to new visions.

Neptune still remains mostly in Pisces this whole year until January 27, 2026. The health of our waters, oceans, lakes, and tap water continues to be a concern. False information, the concealing of truth, stories passing as news, and wolves disguised as lambs while innocents

are being slaughtered are rampant. Confusion reigns, misleading even the most educated. The structure of reality becomes very vague while the veil between the dimensions gently dissolves, allowing those who have eyes to see beyond the illusions. Neptune will reenter Pisces on October 23, 2025, until January 27, 2026.

Neptune enters Aries for the first time on March 30 and remains until October 23, 2025. Daring underwater explorations could take place, revealing a history that had been previously concealed. A new approach to psychic matters could lead to a new worldwide spiritual awakening. Artistic endeavors could become both daring and provocative.

On November 20, 2024, Pluto moves into Aquarius for good until 2044. Power moves from a small elite group to the masses. We resist being governed by those enjoying self-serving privileges and seek true democracy. All over the world, movements emerge that are led by people who want to be a law unto themselves. A huge sense of freedom sweeps over every nation, accompanied by real progress in the fields of technology and science and a deeper understanding of metaphysics. The sense that we are the ones who we have been waiting for is starting to take its full meaning.

The three main aspects this year involve Saturn sextile Uranus (April 4, August 11), Jupiter square Saturn (June 15), and Uranus sextile Neptune (August 28). There will be four eclipses this year:

- a lunar eclipse in Virgo (23°57') on March 14
- a solar eclipse in Aries (9°00') on March 29
- a lunar eclipse in Pisces (15°23') on September 7
- a solar eclipse in Virgo (29°05') on September 21

Most of these eclipses are in the Virgo-Pisces axis. They point to the need to create order out of chaos. Health issues will come to the forefront. Our spiritual beliefs will be questioned, and our faith will be tested.

## Notable Aspects in 2025

**Saturday, March 1:** Venus turns retrograde (10°50' Aries–24°38' Pisces) until April 12. Getting engaged or married, working on decorating projects, completing any beauty procedure, or choosing financial investments should be postponed until after this period, as we could regret our choices or things could develop very differently from what we had planned. A solid connection will survive the few challenges that might occur during this time, but it is not a good idea to start a new relationship that will most likely prove more than a little bumpy. We could fall head over heels in love with someone from our past, only to see the connection quickly dissolve or not be what we had expected it to be.

Emotional insecurities could resurface, leading to an unhealthy sense of dependency. However, this is an



excellent transit to review our relationship history, get in touch with our deeper needs, and end a toxic alliance. This also is the perfect time for reassessing our finances and getting clear on how we can balance our income and expenses.

**Thursday, March 13:** total lunar eclipse in Virgo (23°57'). This eclipse entices us to put order in our lives. A dreamy quality permeates the atmosphere. We could feel hypersensitive and at times fall prey to confusion. Our relationships come under scrutiny. Mutual respect, consideration, compassion, and sensitivity are essential in our connections to others. We might have to assume new responsibilities while reevaluating an old commitment with maturity and seriousness.

Unexpected revelations might break an unhealthy bond while strengthening one that is true and solid. A crisis, a dream of running away from it all, or a need to reinvent our daily existence that had been brewing for a while could prompt us to change everything in our lives and just pick up and move. A dramatic epiphany helps us become deeply aware of what we need to work on to achieve the fulfillment we seek.

**Friday, March 14:** Mercury turns retrograde (9°35' Aries–26°55' Pisces) until April 7. We should be cautious of impulsive reactions, speaking before thinking, sudden temper tantrums, arrogantly feeling we are right, and jumping to quick conclusions without having all the facts in hand. Miscommunications might abound. We could unintentionally burn many bridges and make brutal, as well as unjustified, accusations. The good side of this retrogradation is that we express who we are very unapologetically, display much courage in sharing our honest opinions, and state more than clearly our likes and dislikes.

Between March 31 and April 6, our thinking could become more muddled. Prone to creative imagination and daydreaming, we could desire to escape reality. This also makes us more lethargic and philosophical. Spiritual matters are likely to be attractive. Psychic advice might be more confusing than helpful when not downright misleading. It is best to keep our own counsel and rest as much as possible.

**Saturday, March 29:** partial solar eclipse in Aries (9°00'). We might need to release something for something better to manifest. We could find a positive resolution to a longstanding issue. This eclipse is all about the courage to assert ourselves as we are. Self-confidence, the dynamic energy to start something new, and the dynamic desire to express our truth are highlighted. Our impulses might be a little too strong for our own good, but if we can curb our enthusiasm a little, exercise some patience, and gather all the facts before moving forward, we have every chance of succeeding in our endeavors. A healthy dose of self-reliance, as well as a

burning desire to innovate and start anew, leads to an exciting fresh start.

**Friday, April 4:** Saturn sextile Uranus. Respectful, yet not bound by tradition, we keep the best of the old while introducing the new. The need for freedom and discipline help implement practical and timely changes. Sudden changes and encounters lead to interesting experiences and unusual opportunities. Original ideas help us reorganize our lives in innovative ways. The people we were in charge of might show more signs of independence, allowing us to express our unconventionality.

**Sunday, May 4:** Pluto turns retrograde (3°49'–1°22' Aquarius) until October 13, 2025. The next few months is an excellent time to reassess our relationship to power. We recognize our self-destructive habits, addictions, and need for control, which gives us the chance to transmute them. Deep insights into the positive and negative uses of sexuality can surface. We are likely to reform outmoded social structures and expose the abuse of authority in humanitarian organizations.

**Saturday, May 24:** Saturn in Aries until September 1. Kindly refer to the opening paragraphs.

**Monday, June 9:** Jupiter in Cancer until June 30, 2026. Kindly refer to the opening paragraphs.

**Sunday, June 15:** Jupiter square Saturn. Work opportunities require good planning, hard work, and discipline, but efficiency, patience, and effort help us achieve solid results. Our finances might be strained. Unexpected expenses might appear. Our desire for freedom is likely to be limited by exhaustion, heavy responsibilities, or an unforeseen challenge. Our need for security, self-control, and stability should be favored over sheer indulgence that might prove more destructive than constructive. Despite possible obstacles, we are required to exercise tolerance and cheerful dignity.

**Friday, July 4:** Neptune turns retrograde (2°10' Aries–29°22' Pisces) until December 10. Disillusions, confusion, and unrealistic expectations might cloud our vision. Psychic impressions might be misleading. We could fall prey to misrepresentations of reality and false news. Victimization, anxiety, and even paranoia are possible during this time. Insecurities, feelings of loneliness, and depression might resurface, enticing us to seek refuge in drugs, alcohol, or daydreaming, none of which are, of course, advised. The best use of this period is to look within with honesty, work on ourselves, and seek enlightened spiritual advice.

**Monday, July 7:** Uranus in Gemini until November 8, 2025. Kindly refer to the opening paragraphs.

**Saturday, July 12:** Saturn turns retrograde (1°56' Aries–25°09' Pisces) until November 27. This is the time to reassess our long-term ambitions, social status, and career. Responsibilities we had eluded could come back to haunt us. Duties and obligations might feel heavier

than usual. We could experience rules and restrictions that cannot be avoided, requiring much discipline and seriousness on our part. This is definitely not a time to break the law in any way.

**Thursday, July 17:** Mercury turns retrograde (15°34'–4°20' Leo) until August 11. This is a great period to reassess past creative projects. We could complete a novel that we had put aside or take up acting or painting again. Issues with children might surface. We could revisit the desire to give birth to either a baby or an expression of our own uniqueness. An old love affair might reemerge, enabling us to revisit our instinctive, romantic attachments. Our emotions are likely to express themselves with drama and panache. A desire to be in the limelight could return.

**Monday, August 11:** Saturn sextile Uranus. Kindly refer to the April 4 paragraph.

**Thursday, August 28:** Uranus sextile Neptune. This is a period of mixed blessings, requiring much discrimination on our part. While some discontentment, insecurities, and anxiety could permeate the atmosphere, sudden social changes, innovative humanitarian developments, and unusual scientific discoveries, as well as the growth of spiritual and psychic awareness mark this time. We have a chance to explore uncharted areas of creative vision that can open new doors. An unconventional business opportunity might create an idyllic situation. It is important that we use our imaginations constructively. The people we meet are likely to introduce us to dynamic new ideas.

**Monday, September 1:** Saturn in Pisces until February 15, 2026. Kindly refer to the opening paragraphs.

**Friday, September 5:** Uranus retrograde (1°27' Gemini–27°27' Taurus) until April 13, 2028. A certain rebelliousness could take place. Our needs for freedom, authenticity, and expressing our uniqueness are stronger than usual. Not so eager to follow the rules, we are also more outspoken regarding our beliefs. We might change directions abruptly or resist the transformations that are being asked of us. In our extreme need for liberation, we might act in rather erratic ways, have a lot of nervous energy, and lack focus. Marked changes in the financial system are to be expected. Transportation and communication disruptions are likely to occur. Interesting scientific developments and inventions that had been cast aside or discarded might resurface.

**Sunday, September 7:** total lunar eclipse in Pisces (15°33'). Despite intense revelations and dramatic changes in the global social order that could affect our social status, this eclipse brings peace and contentment. Heralding a period of expansion, prosperity, and increased spiritual understanding, it favors travel and education. Confident in our decisions, we can look forward to a happier future. A sense of calm after the storm is settling in, allowing us to relax a little and start making new dynamic plans.

**Sunday, September 21:** partial solar eclipse in Virgo (29°05'). This last eclipse of the year is particularly powerful. New situations, stimulating events, and sudden changes are afoot, introducing exciting opportunities. Our authority, strength, and dignity force the respect of others. Ready to release self-destructive habits and use our talents to full capacity, we meet interesting people whose independence and willfulness have a positive effect on our lives. A person who we haven't seen in a while could reemerge, enabling us to see with clarity how much we have transformed. If we manage to make realistic plans, something we have wanted for a long time could manifest exactly the way we envisioned it.

**Wednesday, October 22:** Neptune in Pisces until January 27, 2026. Kindly refer to the opening paragraphs.

**Friday, November 7:** Uranus in Taurus until April 26, 2026. Kindly refer to the opening paragraphs.

**Sunday, November 9:** Mercury turns retrograde (6°49' Sagittarius–20°59' Scorpio) until November 29. We might be blunter and more socially awkward than usual. Philosophical and political ideas are revisited. We could return to university or complete a training that we had left unfinished. Traveling to a place we hadn't been to in a while could present us with unusual situations. We might reconnect with a foreigner or resume learning a language that we had abandoned.

Between November 20 and 29, our minds will become more inquisitive. Previously unsolved mysteries might resurface. We could analyze the hidden meaning of everything that we are being presented with, and even in some cases, we could create problems in which there were none. This is a time to explore the darkest recesses of our personalities and topics related to metaphysics, shamanism, death, or sexuality. Issues around loyalty, betrayal, and intimacy might come to the forefront, forcing us to examine our deepest motives.

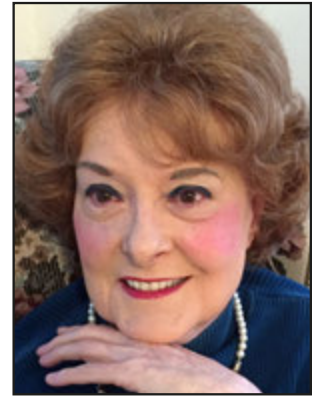
**Tuesday, November 11:** Jupiter turns retrograde (25°09'–15°05' Cancer) until March 11, 2026. We might feel like the rug is being pulled from under our feet. Issues around security, prosperity, and nurturing are likely to come to the forefront. We could be forced by social or political circumstances to travel or even move. Financial concerns might affect us emotionally. In our search for more peace, a deeper interest in inner work is likely to resurface. Our political adherence, philosophical beliefs, positive attitude, and spiritual faith are tested.

Wishing you a powerful new year!

*Michelle Karén became aware of her psychic medium gift as a child and became a professional astrologer at the age of fourteen. She has a master's degree in philosophy and a diploma from the Faculty of Astrological Studies in London. Her graduate studies were in Medieval Horary Astrology. To learn more about Michelle, go to her website, [MichelleKaren.com](http://MichelleKaren.com), or contact her at [michelle@michellekaren.com](mailto:michelle@michellekaren.com). Also visit Michelle's social media: [Instagram.com/mkaren2012](https://www.instagram.com/mkaren2012), [Facebook.com/MichelleKaren8867](https://www.facebook.com/MichelleKaren8867), and [youtube.com/c/MichelleKarenAstrologerShaman](https://www.youtube.com/c/MichelleKarenAstrologerShaman).*

# Enjoy the Positive Ride

Mentor Through Elizabeth Joyce



In 2025, many of outer planets will be changing astrological signs. When that happens, it signals the beginning of a new era. While Pluto already moved into Aquarius in November 2024, the remaining slow-moving outer planets (Neptune, Uranus, and Saturn) will slip into their new signs in 2025. They will retrograde back and forth and finally settle into their new signs in 2026.

2024 was a time of endings, breakups, and release even though it was a numeric 8 year, and 2025 promises to bring a new, exciting, and forward-moving era that supports growth and opens doors. Even though it's a numeric 9 year, 2025 gives us a peek at what's coming into our lives for the next twenty-plus years.

It's extremely rare for so many planets to enter a new sign at the same time. Two of these planets will enter Aries, the first sign of the zodiac. In astrology, this is considered an entirely new cycle. We are opening a new book, reading a new chapter, and finally turning a corner for humanity. A true ascension energy is coming out of the center of our galaxy. Remember, these planets are slow-moving, so this new world will not happen all at once. We have to walk through it, process it, and grow from it.

These outer planets are moving out of the water and earth signs into fire and air. They are moving out of emotional heaviness, worry, and concern and into the devil-may-care that brings bravery, action, excitement, and exhilarating focus. This is your road map of the year ahead, especially with Pluto finally moving out of Capricorn — the energy of top-down and governmental rule — and into Aquarius: the energy of idealism, rebelliousness, community, fairness, and freedom.

What does this all mean for you? Well, that depends, of course. We're all different, and the energies affect each of us in different ways — even for identical twins (of which I am one). However, your astrological birth chart, which I consider your fingerprint in life, can offer insights into your akashic records, past lives, and personality as well as provide a targeted picture of the year ahead. It's a tool, a helpful guide to the energy landscape you're about to move through in 2025. Some of it is exciting, uplifting, and beautiful, and some of the energy will be stressful and won't bring you the manifestation or outcome you'd prefer. The universal energies are always energies of possibilities. It's up to you what you do with them.

Remember: Developing your meditation skills and

practice brings in and expands your creativity. Here's a helpful mantra to recite: "Creativity is a natural energetic force for growth."

## The Careful Crowd Comes of Age

2025 is a year when we will see the world transform in big and small ways, such as disruptions through world cultures, science and technology, health awareness, currencies, methods of financial exchange, and ways to thrive. Global self-healing expands and grows in very positive ways.

**Medical:** Blood tests will become a thing of the past. Nanoprobes will be inserted into a patient to gather information over a longer period of time and provide greater accuracy. In 2025, people will have their DNA mapped at birth and checked annually to identify any changes that can point to the onset of disease. Brain-reading devices will help people learn to read and develop new skills. Robotic mind-controlled prosthetics will become widely available.

**Environment:** Solar flares and sun cycles will bring in more northern lights. The full moon eclipse on the fall equinox at 29 degrees Virgo will bring major health cures. Plastic leakage in the oceans will be reduced by 30 percent. Research focusing on biodegradable packaging will rapidly emerge. This use in 2025 will provide fully biodegradable packaging materials. Toxic plastic-petroleum packaging that litters cities, fields, beaches, and oceans will become extinct.

**Technology:** AI-powered services will increase by 85 percent. The digital world that we know today will seem outdated by the end of 2025. We will have improved semiconductors and networks of 5G technology. Wireless communication will dominate everything everywhere. In the next decade, the 2030s, we will live in a digitally responsive world where most things are connected to the internet rather than people. Hydrogen is the future transportation fuel, and the cost of production is doable in this climate-change era.

**Consumerism:** The second-hand markets will grow three times faster. It's important to pass things down to avoid waste and to help others. Generation Z, which abhors waste, will have come of age and will advocate buying less, resulting in practices such as trading clothes online. The consumers of 2025 will be a careful crowd.



The era of intangible assets will start in 2025, such as intellectual property and software.

### Vocations Are the Future

In 2025, efficient pooling of information about ways to improve people's lives — health, economic, and social issues — can be readily transferred from community to community. Economic inequality will decrease because everyone will be able to access how much money people make, how much they pay in taxes, and how they contribute to their communities through contributions and philanthropic causes or political campaigns.

2025 could be a lot more local in spirit and in practice. As global supply chains falter and reveal their structural inadequacies, people will come to depend more on locally produced goods. This will also mean fewer

ridiculous, meaningless, valueless cubicle jobs and more time spent creating value. It's back to the basics: simple, real tasks such as growing food, building houses, teaching kids, providing health care, and providing energy could dominate what we now think of as work. In other words, instead of developing careers in industries, people will learn how to do things [vocations], which could prove truly fulfilling and psychologically stabilizing.

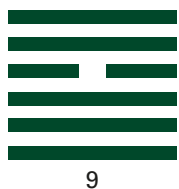
Welcome to the Aquarian Age.

*Elizabeth Joyce is a modern-day mystic, author, and master spiritual teacher/healer who transmits pure energy from Source. People have experienced healing simply by being in her presence or listening to her voice. She is a popular speaker on unknown mysteries, high realities, and high wisdom. Many of her accurate successes have been documented in the national media. Visit her website at New-Visions.com, call her 24-hour answering service at 201-934-8986, and listen to Elizabeth on Sunday evenings, 10:00PM ET, at Station 1, BBSRadio.com/LetsFindOut.*

## Stay on Track in 2025

Nori Muster

The *Book of Changes*, also known as the I Ching or Yijing, dates back to 1000 BCE. Four hundred years later, when the Confucian, Taoist, and Buddhist religions were forming, they adopted the I Ching as a seminal manuscript of moral behavior. The I Ching is composed of sixty-four hexagrams and each hexagram tells a story. The six lines of the hexagram explain the plot and how the characters in the story react. To consult the I Ching, the inquirer concentrates on a question, then chooses a hexagram. The advice in the hexagram often provides insight related to the inquirer's question.



9

### Hexagram Nine

I consulted the I Ching for advice on the coming years and where we go from here. The I Ching gave me hexagram nine: the power of small harvest. In this

story, the people in a farming region are waiting for the rain to fall. They see dense clouds but no rain, and there's not much they can do about it.

Given this situation, the subject of the **first line** (yang) goes about his routine activities rather than worrying about the clouds. This good attitude helps him get through the stressful time. The subject of the **second line** (yang) notices his positive attitude and does the same. She stops worrying and pays attention to her regular routines. This shows how a good idea can spread.

The **third line** (yang) shows a married couple having a fight. Their carriage breaks down on the road, and they sit there arguing about whose fault it is until they can't

stand to look at each other.

The **fourth line** (yin) shows a woman facing similar unfortunate circumstances, but rather than casting blame or feeling self-pity, she interprets her situation as an example of the inevitable ups and downs of life. This is a good example of rational thinking. The subject of the **fifth line** (yang) is an introspective person who not only practices patience but also unites with others to infuse joy. This is the highest expression of a positive attitude.

The **sixth line** (yang) explains the conclusion. The rain falls on the crops, and the people who remained patient feel gratitude and joy. Unfortunately, the people who spent their time arguing didn't even notice the happiness others felt. It's easy to understand how people who like to argue and worry will continue with their negative behaviors.

### Share Your Joy

History is full of frustrating problems and mistakes. However, in recent years, things seem more intense for most of us. We've observed climate events getting worse while companies destroy forests and extract fossil fuels. We've witnessed a dangerous trend toward alienation, which can be traced back to how COVID changed our social lives. We've seen surges of disinformation influence people to join cults or hate groups and give up on civilization and even the concept of reality.

How do we react to this? Whether we want to stay in



a good state of mind or not is our decision. In the story of the power of small harvest, the advice is to keep up our regular activities and not worry all the time. It also advises us to stop participating in verbal abuse. It's better to keep the faith, and our loved ones and neighbors will come to their senses when they are ready. We don't need to chivvy them to make them act the way we want.

Joy is the most positive attitude to have in our situation. Finding joy keeps us connected with what is sacred and holy. Sharing our joy allows us to unite with others. Our American dream is to open the doors to a new reality

in which people from all backgrounds feel welcome. Not everyone wants this, as we know, but we can't do much about them. The power of small harvest encourages us to stay on track and not try to change people who disagree with us. The lesson from hexagram nine is to meet life's obstacles with patience and flexibility.

**Nori Muster** is a freelance writer and artist and an adjunct professor at Mesa Community College in Arizona. She has published several books, including her memoir, *Betrayal of the Spirit: My Life Behind the Headlines of the Hare Krishna Movement* (University of Illinois Press, 1997). Her website is [NoriMuster.com](http://NoriMuster.com).

## November: Begin Anew

Suzan Owens



To calculate your personal year, add your birth month and birth day to the current year, reducing double digits by adding them together. For example, if your birthday is September 1:  $9 + 1 + 2024 = 18 = 1 + 8 = 9$  personal year.

Numerology runs on a nine-year cycle, and each year has a different focus:

**1 year:** Plant seeds for what you want to accomplish in the nine-year cycle.

**2 year:** Focus inwardly, nurturing the seeds you planted the previous year.

**3 year:** Be creative this year as you integrate the two previous years.

**4 year:** Set a new foundation with diligence and commitment.

**5 year:** Be ready for surprises, freedom, expansion, and change.

**6 year:** Take responsibility for home, family, and relationships.

**7 year:** Focus inwardly, emphasizing self-reflection and self-improvement.

**8 year:** Management, organization, and the flow of money are key this year.

**9 year:** Watch for completions and endings as you let things go.

The year 2024 has a universal 8 energy. This means that regardless of your personal year, 8 energy will flow in your life over the next twelve months.

The year 2025 has a universal 9 energy. This means that regardless of your personal year, 9 energy will flow in your life over the next twelve months.

### 1 Personal Year

If you are in a 1 personal year, November is a 3 month. This is the end of creating what you want for the next nine years. You've spent this time acknowledging your desires and planting the seeds of manifestation for years to come. November brings in spiritual energy as an 11 month, so

use your intuition more now.

Listen to your guidance as you partner with others for a successful, creative few weeks. Collaboration, cooperation, and listening to the advice of others is the number vibration right now. Enjoy the community and compatibility of friends and associates. As November carries the 3 energy, this means that it is time to express yourself creatively and be in touch with your emotions. If you're an artist, practice your art. If you're a dancer, dance! Use whatever creative outlet you have to express yourself. Allow your social calendar to fill up, and enjoy the interconnectedness of others.

### 2 Personal Year

If you are in a 2 personal year, November is a 4 month. It's time to get to work. Stay in your cubical, keep your head down, and work. It's a "structure" month because you're building a new foundation for the expansive months to come. Organize your workspace, home, and just about every other aspect of your life. This isn't the time to take risks or a vacation. Keep your life centered on structure and discipline. Use the ideas that you had last month to fuel your work ethic now. This can be a challenging time because it is so heavily focused on work, but the rewards are great when you review your progress at the end of the month. A good diet and ample exercise will also benefit you too. A 2 year requires harmony and cooperation, so work well with others. You are not alone, and it is okay to ask for help.

### 3 Personal Year

If you are in a 3 personal year, November is a 5 month. As your "fun" year is coming to a close, you get

to experience a leap in freedom and expansion for November. Hopefully you have had many opportunities this year to explore your creative outlets. The 5 vibrational infusion in November means opportunities abound for freedom and expansion. If you're on the fence, take a risk because 3 is a lucky number and 5 gives you the energy to step outside of your comfort zone. "Go for it" is your motto this month. Don't be timid. Put yourself out there, and see what comes your way. Neither number is known for balance, so try to maintain some order in all that you do. Don't get lost in chaos or drama, and absolutely keep a positive mindset.

#### **4 Personal Year**

If you are in a 4 personal year, November is a 6 month. Relationships come into view with the 6 vibration. It's likely that family members will need you more during this holiday time. You've been working hard in this 4 year to build structure and discipline. As you reflect over this year of diligence, see the progress that you've made and the work that you've done. Rejoice in projects completed and growth experienced. Process any unresolved issues during this relationship month. Reach out to others, and finish the year with a clean slate. Follow the rules, and keep your boundaries. Be of service to loved ones as they require your attention now. Create harmony and balance in all areas of your life. Take care of yourself as you honor your obligations.

#### **5 Personal Year**

If you are in a 5 personal year, November is a 7 month. You have experienced a year of transitional growth, and this month you get to go inward and assess where you are among the changes. Freedom, expansion, and opportunities have come to you this year. With the influx of 7 energy, it is now time to sit quietly and reflect on what has come before. Are you where you want to be in your life? Now is the time to ask the big questions about who you really are and who you want to be. Meditate and connect to your inner guidance. This is your "rest and regeneration" month, so spend time on nature walks if the weather allows. Wherever you are, do a mini vision quest, or take a self-improvement course.

#### **6 Personal Year**

If you are in a 6 personal year, November is an 8 month. Responsibilities are at the forefront this year, and 8 energy brings career, money, and business into focus. Now is the time to spend your time working and concentrating on how you make a living. Partnerships and relationships are under the spotlight, and this extends to your business associates as well. Allow for the money and energy to flow both ways as you maintain your balanced state. What needs improvement at your work station? The

number 8 is about being the authority, and this means you might be asked to take the lead. You might be challenged as well, but know that it is for your greater good. Life lessons, when learned, equal personal growth and expansion. Take a look from a higher perspective on what is right in front of you. Detach, and allow the process. Watch your finances, and face your fears.

#### **7 Personal Year**

If you are in a 7 personal year, November is a 9 month. This month marks the end of a cycle for you. Clear out anything that is unwanted, unnecessary, and useless both physically and metaphysically. Closets, desks, and offices need to be cleaned out. Look to eliminate your detrimental habits and negative thoughts. This is the time to make room for what you really want to take with you into the future. The interesting piece is that January 2025 also is a 9 month, so you get to sweep up any residual useless items then. For now, focus on compassion, forgiveness, and unconditional love. Be of service to humanity, and volunteer during the holiday season. See the bigger picture of what you want to create. Make room for new beginnings in December and also in February next year, as they both carry the 1 vibration.

#### **8 Personal Year**

If you are in an 8 personal year, November is a 1 month. This month, you get to revisit your desires from the beginning of the year. February also carries the 1 energy. Have you manifested what you set out to do months ago? Are you still in alignment with your desires? You are a different person now, and it stands to reason that your dreams might have shifted. You've worked hard this year with energy directed at your career and business. Organization of your workspace and home is also suggested. You've likely faced your fear and become your own authority too. Many life lessons flowed to you, and with your evolution, new dreams are born. What do you want for the next year? This is a preliminary session to think about what you want to create.

#### **9 Personal Year**

If you are in a 9 personal year, November is a 2 month. Use this month to connect to your intuition, and follow it. The end of your 9 year cycle is here, which signals that it is time for resolution, completion, and a review of the previous years. Rewards are coming to you for all your diligence and successful achievements. Understand there is an ebb and flow to life, and things come and go through our lives. Be open to what comes, and surrender to what the universe sends you. Trust in the Divine in all things. Use your diplomacy skills, and cooperate with others. This is your month to listen and receive. Let go to allow for new beginnings. Have



compassion and forgiveness for all those in need. Serve humanity in a way that is beneficial to the greater good.

## December: Reflect on the Past Year

### 1 Personal Year

If you are in a 1 personal year, December is a 4 month. As this is the last month of the year, work hard to clean up and finish your projects. You will come to a resolution for this very active period of your life. When you reflect over the past eleven months, think about all the seeds you've planted. Have you put out to the universe all your desires for the next nine years? If not, the energy is still with you to invest in your future. The number 4 is the number of a firm foundation, and it is a great number to finish the year with as you launch into 2025. Organize your space. Clear out anything unnecessary and unwanted for the next year. Focus on what you want to take with you, not what you should let go of. What burdens are you ready to release? Now is the time to work diligently with love and discipline to get things done. Stay inside your box, and complete your to-do list. Celebrate the holidays and the end of the year, but do your work first.

### 2 Personal Year

If you are in a 2 personal year, December is a 5 month. It is time for a change after your "hardworking" month. There will be surprises and not just under the tree. Both expected and unexpected alterations to your life are coming. Take advantage of every opportunity afforded to you now. After staying in your box and working hard, you get to leap off into the unknown from the strong foundation you just built. Let go of the challenging times, and stay in the present moment. New horizons will appear before you, so don't be afraid to blaze a new trail. Be curious, and explore all of life's offerings. Take a risk. Allow the expansive 5 vibration to flow through you, and live with optimism and positivity. This is the end of your 2 year, and it is likely that your intuition has expanded and you've made new relationships. Everything you have done this year will prepare you for the wonderfully creative year in 2025.

### 3 Personal Year

If you are in a 3 personal year, December is a 6 month. Just in time for the holidays, the number 6, the home and family number, appears in your chart. Make it special, and use all your creative talents to enjoy the holiday season. Decorate with flair. Enjoy the fullness of this time of year with shopping and the giving and receiving of energy as well as reconnecting with old friends. Appreciate the creativity in all the lights, sights,

and sounds. Family is important and will likely need you more right now. Make time for them as you complete your year of creative energy. All relationships are in focus when the 6 appears, so deal with any issues as they arise. This is your last month of joyful energy before your "hardworking" 4 year begins in January.

### 4 Personal Year

If you are in a 4 personal year, December is a 7 month. After a month of service to loved ones, you have the time now to rest and regenerate. The 7 energy brings "solitude" energy, which is necessary for inward focus. This is a perfect end of your "hardworking" year as you reflect and reevaluate the direction of your life. Are you where you want to be? Have you worked hard this year? Have you completed everything that you set out to do? Now is the time for inner reflection and decisions. Take care of your health, especially now. Listen to your intuition, and follow your guidance. Find your inner peace. Prayer and meditation are highly beneficial now. Reflect on spiritual, mental, and physical ideals. Is there a shift that you want to make going forward? What will you change as you go into 2025?

### 5 Personal Year

If you are in a 5 personal year, December is an 8 month. The 8 vibration is about money and business. It is likely that money will flow heavily this month, more so than others. Hopefully the energy will flow both ways, but to be sure, watch your spending. The 8 energy also carries the "authority" energy, and it might be time for you to step up and be the one in charge. You might be confronted or challenged, but it will all be for the purpose of personal growth. Stand your ground. This is an "empowerment" month, and with the 5 energy, it brings great change to your inner vision of yourself. Face your fears. Find your courage, and step outside the box. Dreams and aspirations propel you forward. Stay balanced, and find harmony in all you do. Keep a positive mindset, and focus on serving the greater good.

### 6 Personal Year

If you are in a 6 personal year, December is a 9 month. The end of the year for you also means the end of a nine-month cycle. Clean out, clear out, release, and let go of all unnecessary energy in your life. What do you want to take with you into the next year? Put your focus in a positive light rather than on what you should let go of. What burdens are you no longer willing to carry? How are you different now? Can you see the extra cargo that you don't need anymore? Completions, resolutions, and receiving rewards for all your diligent efforts of 2024 appear now. Unconditional love, forgiveness, and compassion are highlighted with the 9 vibration. Reflect on

your year. Did you achieve all your goals? What would you do differently now? Apply this new wisdom to the future and what you set out to do next year.

### **7 Personal Year**

If you are in a 7 personal year, December is a 1 month. You are blessed with a clean slate at the end of the year and new beginnings. It is time to think about what you want to manifest in the next nine months. This has been an introspective year. You asked yourself the big questions: Am I following my bliss? Am I aligned with my dreams from the beginning of the year? Are the goals I set in my 1 year, which was 2017, still the same? The 7 energy brings the opportunity to go inward and reevaluate what your true manifestations are. Having a set meditation time is beneficial as you head into the very busy 8 year to come. December and February of next year are both 1 months, so you'll have an opportunity to redefine the list later. Sit quietly, and follow your guidance. Have a sense of what is important to you as you step into the 8 energy.

### **8 Personal Year**

If you are in an 8 personal year, December is a 2 month. You were in the 1 energy in November, and things now shift into cooperation and partnership in the last few weeks of the year. Focus on the details, and fill in the blanks of what you've manifested in this busy 8 year. Follow your intuition as you connect with your divine guidance. Cooperation and diplomacy are important as is getting along with others. The 2 energy is a subtle energy. It aligns you with others who can support you. Be sensitive and understanding. You might find yourself deferring to others as you work on your aspirations. This might be an emotional holiday season, so try to keep your spirits up. Keep yourself grounded, and practice your patience as you find reciprocity in all relationships. Search for harmony and balance in all you do.

### **9 Personal Year**

If you are in a 9 personal year, December is a 3 month. This is the end of your nine-year cycle. Your last month is the most creative of the year. Use your imagination to think about what you want to create and invite into your life for the next nine years. Be open to receive guidance and expand on the wisdom coming through. Enjoy these last few weeks of joyful celebration of the end of the cycle. This is a gift for you. Be social during the holiday season. Enjoy! Make new friends. Use your creative skills to sing, dance, write, draw, and so on, whatever your passion. Love life and all it has to offer you. Feel the blessings of the time, and connect to the Divine. The number three is a lucky number, so feel the joy of the season. Give your gifts of creation to serve

humanity. End this nine-year cycle on a high note, and be positive about the years to come.

## **2025: A Universal 9 Year**

### **1 Personal Year**

If you are in a 1 personal year, 2025 is a 2 year. You worked hard this past year, creating your desires and knowing what you want for the next nine years. A 2 vibration is a bit of a reprieve. Nurture the manifestation seeds that you've planted. Watch them germinate, and fill in the details of your desires. The number 2 is the number of partnership and cooperation. Whereas a 1 year is all about you and what you want, a 2 year focuses on working with others. You aren't necessarily the leader in every aspect of your life. In fact, you might defer to others' guidance before making a decision. This is an introspective year and a time to connect with your intuition. Go inward and meditate. Listen and follow the wisdom you hear. This is a "slower" year with a quiet rhythm. Enjoy the tranquil pace, and go with the flow.

### **2 Personal Year**

If you are in a 2 personal year, 2025 is a 3 year. Get ready for a fun-filled "social" year. You will experience months of creativity flowing, if you want it, and a full social calendar. This is if you've handled all your emotional issues as they arise. The number 3 is the number of connecting to your emotions and expressing them in a healthy way. Any unresolved issues will arise, so clear the way for your imagination to reach new heights. This is a playful time, and you will have many opportunities to learn how to enjoy yourself. Expand your dreams and visions; let your creativity run wild for a time. Make sure to keep yourself balanced with a positive mindset. Watch the tendency to gossip, and steer clear of drama. This is an expansive time, so enjoy yourself this year because you'll be working hard the year after.

### **3 Personal Year**

If you are in a 3 personal year, 2025 is a 4 year. Hopefully you've found enjoyment in the current year because the 4 vibration means structure, discipline, and having a diligent work ethic. You are meant to build a new foundation this year and reset your life plan to prepare for the coming years ahead. This is your year to focus and get your work done. Learning discipline will benefit you for the rest of your life. Pay attention to details. Take care of your health with a good diet and exercise. Complete your projects. Bring one of your creative ideas from 2024 into physical reality. This is not the year to take risks; just keep your head down, and do the work. Your rewards come at the end of the year when you review your progress.

#### 4 Personal Year

If you are in a 4 personal year, 2025 is a 5 year. What lies ahead is a year of surprises, dynamic change, and transitions. You will have to adapt if change isn't your thing. There are many growth opportunities possible and more freedom than you've experienced in a while. Expansion and freedom are the guideposts. Be curious, adventurous, and ready for any new possibility. Plan to travel, take adventures, and see new sights. This is your year to take risks and put your fearsome self aside. It is a fast-paced year compared to 2024, so hold on. Try to stay balanced, and watch your addictions. Moderation is key when necessary. Hold the light, and stay positive for a highly successful year. Luck is with you, so make the most of what can be a most extraordinary year.

#### 5 Personal Year

If you are in a 5 personal year, 2025 is a 6 year. After a year of transformational change, the 6 vibration brings you home. Relationships and family are under the spotlight. This is the year for home and relationship improvement and giving your attention to family. Your romantic relationship might require a renewed commitment, or you might choose another direction. Your relationship with your career will come under scrutiny as well. Look for a higher vibrational essence with your divine self. Be the caregiver to all who require your services, but remember to put on your oxygen mask first. You cannot fill from an empty cup. Take your responsibilities seriously, and you will be rewarded. Enjoy a family vacation, and realign your priorities with your loved ones at the top.

#### 6 Personal Year

If you are in a 6 personal year, 2025 is a 7 year. This is the time to go inward after a long year of service to your loved ones. Inner reflection and self-awareness are at the forefront of 2025. Take advantage of the solitude awarded you, and allow for more meditation time. Going on a vision quest, taking a personal growth course, or at the very least, reading self-help books are all good ideas for this 7 year. Study life's mysteries, and ask yourself if you're right where you want to be. Review your direction in life, and by year's end, it might have shifted. Find your inner peace. Your spiritual self takes precedence now, and any wisely used solitude will improve your daily life. This is a good year to begin a new diet and exercise regime. Connect to your higher self, and follow your guidance.

#### 7 Personal Year

If you are in a 7 personal year, 2025 is an 8 year. Be the authority. Face your fears, and work hard to expand your career. Money and business are paramount, so it is

important for you to know your true desires. This is an empowerment cycle, and it is one that centers on staying balanced as you reach new heights. Money isn't the only measure of success, but it will flow more this year than any other. Integrate your material world with your inner, spiritual world. Career, management, and organization are spotlighted, so you might see change in these areas. A promotion is possible, or the very least, a request for you to step into the role of being the authority. This is a good year to take risks. Follow your intuition, and keep your attention focused on what is right in front of you. Serve the greater good.

#### 8 Personal Year

If you are in an 8 personal year, 2025 is a 9 year. Universal love and forgiveness are key components of the next year. You increase your compassion and unconditional, loving support. This is the time to release all unnecessary weight and burdens that you might be carrying. The number 9 is the number for endings, and things will leave whether you're ready or not. Serving humanitarian pursuits will be rewarded, so find a volunteer position to benefit others. Complete anything unfinished, and allow for conclusions in every aspect of your life. Make room at the end of the nine-year cycle as you prepare to begin anew in 2026. Reap what you have sown in the previous years, and harvest all your good work. Welcome all the good coming to you. This is a transformational time, and it can be challenging if you have a hard time letting go. Trust in the Divine in all things. Resolve your differences, and look at the bigger picture.

#### 9 Personal Year

If you are in a nine personal year, 2025 is a 1 year. This is a big year because you set the tone for the next nine years. What do you want to achieve? What do you want to manifest? How do you see yourself in nine years? Use the three-column method for creating. Draw three columns on a piece of paper and add the following titles: "must-haves," "would be nice to have," and "my wildest dreams," and write down your desires. Do not censor yourself. Let your pen go, and write down whatever comes to mind. Let your divine self write for a few minutes, and see what comes on the page. Be open for what comes to you. You have set the stage for an exceptional next phase of your life.

*Suzan Owens, award-winning author of Wisdom of Numerology, has an inexhaustible desire to learn and explore. She has visited over forty countries, living at length in many of them. Numerology "found" her in the early 1990s, and she was fascinated with the synchronicity, guidance, and growth the practice offers. Susan has compiled her knowledge and understanding of numerology into her latest book, Wisdom of Numerology. She is also a practicing psychic medium and tarot reader. For more information, visit [WisdomofNumerology.com](http://WisdomofNumerology.com).*





# CONSCIOUS LIVING

## Harmonizing Your Inner and Outer Worlds

Suzanne Ross

After decades of engaging in spiritual practices and researching scientific theories, it has become crystal clear to me that our outer world is directly related to our inner world. That being said, we share our outer world experiences with others, and as such, we are engaged in the co-creation of a consensus reality. Furthermore, we are cocreating with not just the universe but with the many sources of it.

In truth, both our inner and outer worlds are a complex, multifaceted, and multilayered cocreation involving many influential factors. It's not as simple as saying, "My outer world is a reflection of my inner world." Rather, our outer world is affected by our inner world in a way that gives us the free will to impose our creative expression on it.

We can strive to achieve inner mental, emotional, and spiritual mastery to intentionally create what we want to experience in the outer world. When we evolve beyond duality and become much more aware of how our creative expression affects the lives of others, we can cocreate an outer world that everyone wants to experience.

The concept of a shared field of consciousness has always fascinated

me. I have an insatiable curiosity about what scientists and spiritualists call the "quantum field." I have also heard it called a "neural network," and that really resonates with me, as I imagine we all share one mind. If we share one mind, then we must share one heart. Of course we do!

We are all from the same Divine Source expressing through us as us, and therein lies the oneness. So why the illusion of separation? I believe duality serves the purpose of allowing for creative self-expression while on this journey to know thyself in physical space-time realities (which are illusions of a sort).

In my book, *Rise Up! Awakening Through Revelation*, I explore many spiritual beliefs and scientific theories that attempt to explain both the physical and nonphysical nature of reality. I have come to believe that nothing is actually physical or material, and that everything is energy vibrating at different frequencies defining their colors and densities.

What is the source of the energetic expressions that define the realities in space-time? I believe there is a central source at the core of creation that is the only true reality — the central universe. I resonate



profoundly with the channeled material in *The Urantia Book* and quote it throughout my book. The higher entities reveal that there is a central universe at the core of creation where everything is created in its perfect divine blueprint including the souls on it.

They also reveal that at the Source center of the central universe is the paradise core. Space-time is experiential and a distorted reflection of the perfection of the central universe. The central universe is eternal and exists in the eternal now moment. The paradise core is the Infinite and Divine Source of all that is.

### Living Inside Out

There are many sources and factors influencing our versions of reality. The more that we understand universal laws and space-time principles, the more we can work with them to influence our personal realities. The more we connect with our multifaceted expressions of self dispersed throughout a multi-dimensional space-time hologram, the more we can consciously cocreate with our other selves.

The more we tune in to our eternal soul at the core of creation — the master gamer behind our avatars in space-time — the more we can consciously cocreate with our “Source-self.” The more we can connect with higher beings in higher realms — guardian angels, archangels, and ascended masters — the more we can consciously cocreate with them. The more we can connect directly with the Infinite Source of all that is (God), the more we can cocreate with the Divine.

“Living inside out” is a phrase that came to me during a nature walk one day and will be the title of my next book. The subtitle *Harmonizing Your Inner and Outer Worlds* came to me recently. The premise is that these worlds are, in truth, one and the same, since everything is a mental construct,

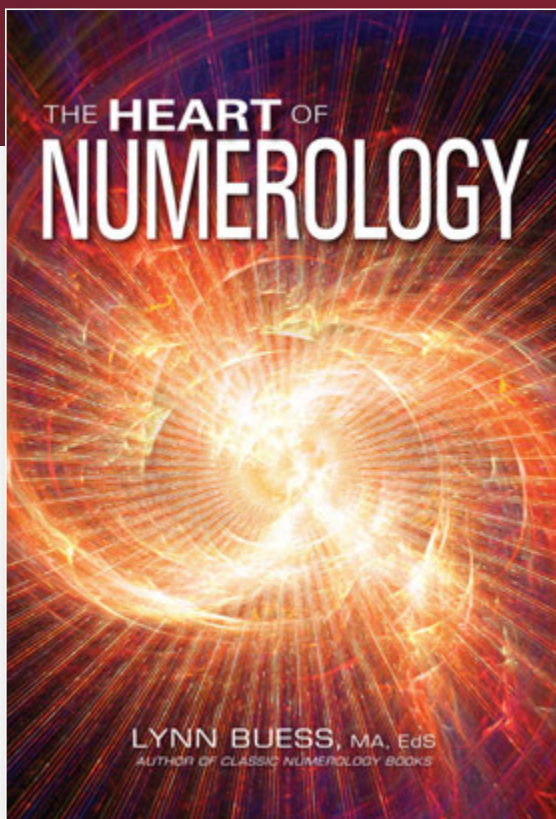
after all. However, since both our inner and outer worlds are truly multifaceted, multidimensional, and multilayered expressions, we can expand our minds and hearts to harmonize that which we cocreate in our inner world with that which we cocreate in our outer world. We can become so consciously aware of the inner world of creative thoughts and powerful emotions that we do our best to harmonize them in a way that produces a harmonious outer world for others and for us.

I offer many types of sessions designed to connect you with all that you are in an individual, collective, and divine sense. My book *Wake Up! Awakening Through Reflection* is a journey of self-discovery relative to this incarnation. My book *Rise Up! Awakening Through Revelation* is a journey of discovering the Source of

all that is. There are countless videos related to this material on my TV network SciSpi.TV: *Merging Science and Spirituality*, with eight channels and over thirty shows. It is totally free to subscribe.

I have free downloads on my website as well. You are also invited to my Sedona Ascension Retreat, March 14–16, 2025, featuring many well-known presenters, performers, and practitioners.

**Suzanne Ross** has dedicated her life to the awakening and ascension of humanity through her books, services, TV network, radio shows, and the many events she hosts. She is the author of the Up! trilogy: *Wake Up!*, *Rise Up!*, and *Lighten Up!* Suzanne guides celebrity tours and spiritual journeys into the red-rock vortex sites of Sedona, where she lives, and she offers intuitive readings and energy healings. Suzanne has appeared on Gaia TV and Coast to Coast AM. Learn more at [SuzanneRossTranscendence.com](http://SuzanneRossTranscendence.com) and [SedonaAscensionRetreats.com](http://SedonaAscensionRetreats.com).



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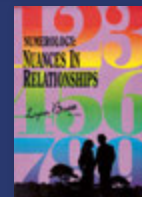
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# FEATURES



## EarthWisdom Global Prayer Web

Maria Yracébûrû

### 2025: A Year of Transmutation

#### GREET THE SUN

Rise in the morning, and take care of your business.

Put on a pot of tea or coffee, whatever is your morning beverage — even water with lemon.

Take your cup and your magazine to the window.

Say the prayer to the great outdoors.

Toast the beauty of the morning and of our Mother Earth.

Watch for it. Something will appear — an animal, a breeze, a reflection off a stone. She will speak to you with a sensation of recognition.

So how did that feel?

Want to take things deeper? It's okay if you just enjoy the morning prayers. But if you want more, keep a journal of your day. Do the prayers make a difference? Jot down what happened that might confirm what the prayer told you. That'll do. Enjoy!

**Grandmother Naylin Lagé:** In separation, many have lived without the experience of a supportive community. The model of the traditional, extended family as a way of life is of incalculable importance. Many long to live with the security of knowing that they belong, the comfort of being able to reach out at any time to receive assistance and love, and the

reassurance of feeling themselves to be an essential part of human life.

We are interconnected beings born from intimacy and then nurtured and returned to a sense of completeness. Sharing life with others often brings laughter and celebration. The feelings of rootedness and communion can be exhilarating. Many seek to find this truth and grow in extraordinary new ways.

As I have observed of late, many hearts stir and awaken. New human abilities are manifesting. Everywhere I look, I see people who are healing, releasing the overwhelming addiction to drama, and taking charge of their lives. Everywhere, there are people who have reclaimed the ability to follow the guidance of their inner wisdom, found their passion, and responded to it. The power of your collective truth calls you forward to be honored for acknowledging the inner self in a sacred way, taking personal and interpersonal responsibility, and living your lives as authentic statements of personal truth.

As All-Seeing Ones, those of us who have walked the Star Path, we bring energy through universal alignment that stimulates and entices. Your emerging truth is reflected as light. Under the circumstances, discern and understand your feelings. Share your healing



and visions in an open way. Be comfortable with the energy, and be intimate and loving in your communications. I say, "*Pinu*," which means "we are." You require no validation for this. Live graciously with your growth.

True compassion is being given freely with no hidden motive or desire to change another. We are here to teach you to be motivated by profound respect for the capability, intelligence, and strength at the core of each of your relations. Acknowledge the validity of all paths and the inherent ability of everyone to learn from all experiences. In our compassion, we show you choices, and there is healing.

#### Celebrate Life

In this fourteenth year of the Fifth World — the year of transmutation — each life vibration carries with it a different energy field. Be reassured that you are loved and valued. Earth Mother sings to you, cocreating love to end loneliness. At this very moment, your spirit songs arise in the collective consciousness in response to this time. Something is taking shape that the prophecies



have foretold as powerful and overwhelmingly healing.

Believe in and give power to the joy that frequents your life. Compassion is the new law of the land. Responsibly cocreating with Spirit opens you to vaster powers, and sonatas lie within you, waiting to arise and “re-turn” you. Faith is a matter of trusting that your inner resources will respond in the moment.

For centuries, you have struggled with denial, and now the pendulum

has swung the other way. Experience the vibrational shift. There is hardly a place where humming cannot be heard. This marks the moment in which, collectively, you are deeply personal and intimate and sacredly celebrate life.

Love is the mirror that reflects healing. Make your actions conscious and responsible. Your actions say a lot, and the universe is watching.

*Hiyaa gozhoo dole.* May peace flow.<sup>1</sup>

1. Naylin Lagé was an Apache medicine woman at the end of the Apache Wars and Maria's great-grandmother.

**Maria Yracébûrû** is an award-winning Native American idealist from San Diego, California. She is also a published author, holy one/ceremonialist, and celebrated energy tracker since the age of ten. Maria has worked with many notable indigenous wisdom-keepers and spiritualists from around the world, and her energetically inspired ceremonies are performed cyclically by members of the SpiralDancing Life apprenticeship community through Yracébûrû EarthWisdom, a non-profit spiritual organization. To learn more, visit [Yraceburo.org](http://Yraceburo.org).



## Dream Zone

Lauri Quinn Loewenberg

### Revealing Dreams

*I had a very strange dream the other day about my cat, Pepe, who passed away two years ago. I have two of his brothers still. In the dream, I walked out of my bathroom, and on my bed was Pepe! I did a double take and said, “Pepe, what are you doing here? Are you really alive?” I went over and picked him up. That’s when I woke up. I was crying. The dream was quick but so vivid. I walked through the house to see whether he was really there.*

— Michelle, Fishkill, NY

**From Lauri:** Aw. I understand this so much. I had to let my kitty, Tori, go last week. We had him for sixteen years, and I am still very deep in grief over him. I’d like to think that your kitty was saying hello to you in your dream.

The night after we had to let Tori go, as I was slowly waking from a dream, I heard the sound of a cat galloping across the tile floor and sliding. It jolted me awake. I thought it might be a cat fight at first, but then I realized Tori was no longer here and our other cat, Sigmund, was sleeping in my son’s room.

It immediately reminded me of the first day we brought Tori home. The lady had told us that we shouldn’t have two male cats, as they wouldn’t get along. But as I sat at my computer, I heard Tori and our other male cat that we had at the time galloping across the floor above me, playing. I laughed because they were clearly getting along, and this was on Tori’s very first day in his new home. Maybe that sound was from my brain, but maybe it was Tori letting me know that he is enjoying his new home. So, yes, I think that could have been Pepe paying you a visit.

*I dreamed that I had a baby, and I was pushing her in a stroller around a mall. It was weird because I was trying to steal wallets from girls. The mall was huge; it was like a city. In real life, my husband and I have been trying to get pregnant for a couple years now without any luck.*

— Anonymous

**From Lauri:** We’ll dream that we are in a mall when we are faced with lots of options or choices in



real life. When struggling with infertility, as I’m sure you know, there are many options available. Are you currently trying to make a decision or “shopping” for a doctor?

The theft of the wallets is interesting. Wallets often represent your identity and self-worth, as that is where we keep our IDs and cash. Do you feel you are without value or identity until you become a mother? Stealing is a quick way to get what you want without the work. After two years of trying, I can completely understand wanting a quick fix.

**Anonymous replies:** Wow, you are right on the money with all of this. We are looking for a new IVF doctor. So, yes, we are shopping. I desperately want the identity of a mother again. I lost my baby when she was three days old.

**Lauri replies:** Blessings and baby dust to you. The baby in the stroller is your subconscious encouraging you to “keep pushing” for that baby! Don’t give up.

*I had a dream a few days ago that there were a lot of ducks on the road. I tried to get them off the road, but more ducks kept coming. Then a few people came with boxes, and we picked up the ducks and put them in the boxes.*

— Marge, Toronto, ON

**From Lauri:** Are you currently trying to get anything in order? Are you trying to “get your ducks in a row,” as they say? Putting the ducks in boxes suggests there may



be things you need to put away and move on from. The road is your ability to move forward or move on.

**Marge replies:** Oh my God! Yes, I'm in a mess right now. I'm having lots of health issues.

**Lauri replies:** It seems that your dream is telling you to focus on

one thing at a time so that you don't feel like you're running in different directions. You got this!

**Lauri Loewenberg** is a certified dream analyst, syndicated columnist, author, popular radio personality, and member of the International Association for the Study of Dreams (IASD). To learn more about Lauri, visit [LauriLoewenberg.com](http://LauriLoewenberg.com).



## Benevolent Outcomes

Tom T. Moore

### All Is Well

The Gentle Way is a simple spiritual tool you can use every day, and the amazing thing is it works perfectly in line with your soul path, or contract, for this life. Request most benevolent outcomes (MBOs) for events in your life, from the mundane to the most important. For others, say benevolent prayers (BPs). All are said out loud.

The information herein is for educational purposes only. The content of this article should not be used to give medical advice or to prescribe any form of treatment for physical, emotional, or medical problems without the advice of a physician. Should you use any recommendations in this article for yourself or others, the author, compilers, and publisher assume no responsibility for your actions.

### Prayers for Neighbors

**Lee writes:** My neighbors across the street became mortal enemies because one reported the

other to the homeowners' association, and then the other retaliated with a report of her own. It was a lot of slamming doors, banging on walls (it's a duplex), ugly words, and so on. To say the least, it was very uncomfortable when both of them were outside at the same time.

I said a BP that they would resolve their differences and at least be civil when they saw each other. I then sent both of them white light (followed up with pink light for good measure) to heal the anger that permeated the neighborhood. After several months, they had a breakthrough and are at least civil to each other now. I think one neighbor was very resistant to ending the feud out of embarrassment for her behavior, which is why it took so long. All is now well in the neighborhood.

**Diana writes:** My neighbor across our narrow street double-parks his car, which then makes it hard for me to back out of my driveway. He hadn't done this in a while, but on Friday when I had to leave,



there was his car. I tried to back out but couldn't, so I called my son who is a better driver than me.

A minute later, my neighbor came out, waved at me (which he never does), and got into his car to move it. I was surprised and waved a thank you. Then I remembered how every morning in my morning prayers, I send white light and love to my apartment complex and all the people who live here. This really made me feel good and left me smiling.

### From Here to There with Ease

**Dalene writes:** My wonderful chiropractor moved to a new location way across town. I realized on the way there that my phone with the map and new address was at home on the kitchen counter. I immediately said, “Okay, angels, I really need your help to get to my appointment.”

I remembered the street name, but that street was lined with many buildings that could have been the chiropractor's office. Suddenly, I felt a nudge (from the angels, of course) to turn into a parking lot. I parked, and sure enough, it was the right place. I felt grateful for the angels and MBOs all the way home.

**Ellen writes:** About three months ago, I was invited to join my brother and his family for a week at a lakeside cottage. When I searched for a flight and car rental, everything was superexpensive and not in my budget. I kept looking, but prices only seemed to go higher. I told my brother I would have to pass on the trip. We were both disappointed.

Before going to sleep that night, as a last resort, I requested an MBO to find a lower airfare and a reasonable car rate that was better than I could hope for or imagine. The next morning, I got on my computer and found a sale on nonstop flights and a car rental within my budget. Then a dear friend called and said he wanted to do something special for my upcoming birthday. When I told him about my trip, he insisted on purchasing my airfare!

I was so excited, I called my brother and asked whether I could still come, and of course he said yes. The MBO request indeed worked even better than I could have hoped for or imagined.

### Car Joy

**Larry writes:** I'd wanted to get a new car for some time, but despite being old, my car was in perfect condition and ran flawlessly. My wife has a newer car with all the technology that mine lacks, and whenever I rode in hers, I was reminded that I needed to update my car.

Last week, I requested an MBO for any and all beings across all timelines to help me find the perfect car for my needs, wants, and desires. I

saw a car online that I thought was out of my price range, but I "accidentally" sent a request for more information. I got a response, and to make a long story short, I made an offer that I believed was very fair, and they accepted it.

I had to drive two hours to get the car, so the night before I left, I requested an MBO that my experience be easy and exactly as I'd discussed with the dealer. The next day, the drive was easy, and there was only minor traffic. When I got to the dealership, the car was ready and exactly as we had discussed. When I saw it, I knew my search was over and that my MBO had been fulfilled. Ninety minutes later, I was driving home in my new car. I meditate daily now and request MBOs all the time with great results.

**Sara writes:** Not long ago, I got quotes for a few car repairs in the order they were needed. First on the list was new brakes, and I requested an MBO the night before the appointment that the repair would be easier and cheaper than I could hope for or imagine. I stayed at the shop while they worked. About thirty minutes into it, the technician came over and said, "Well, good news. Your brakes aren't as bad as we thought. They should be good for at least another six months." I thanked her.

Early this morning, I took my car in for the next job on the list: the transmission. Last night, I said a BP for the mechanic for the repair to be smoother and easier than expected, and I requested an MBO that it be cheaper than I could hope for or expect. They gave me a ride home, as the repair would take a few hours. I got a call about an hour later that I could pick up my car. I was confused and said, "It's fixed already?"

"Yep," she said. "Just a couple clamps did the trick to stop the leak, and there's still enough transmission fluid." She didn't even charge me for the two hose clamps.

I thanked her and went to collect my car. The money I would have spent is still in my bank account to go toward the last thing on the repair list: new struts. Of course, I've requested an MBO for the money to come to me faster than I could hope for or expect.

**Deborah writes:** I'm in the process of selling a classic car. I took it into the repair shop for an issue with the windshield-washer sprayer. As I waited, I requested an MBO that the fix be quick, easy, and inexpensive. To my great joy, the repair took about thirty minutes and only cost \$42.

### Career Successes

**Urvish writes:** I felt that I was falling a bit behind in my career due to different life decisions I'd made over the past three years, and I thought it was about time I began working as a principal engineer rather than a lead engineer, my current position. Even my work colleagues acknowledged that I was already working at a principal level.

A year ago, I requested an MBO that I be accepted for a promotion, but it didn't go through. Even so, I believed that it would happen, and because of that belief, I didn't worry or fret about it. I applied again several months later, and the promotion went through. I was very happy and joyful.

I am usually very nervous in situations like this, worrying and overthinking things, but I am sure I must have been guided within, since this time I never felt any of that. The MBO request took time to manifest, but I felt calm and grounded throughout the process.

**Jay writes:** I have worked on straight commission for instrument sales for the past thirty-five years at my two-person company. About six months ago, I decided to request an MBO for unexpected wealth. I



said, "I ask for unexpected wealth to come my way as quickly, successfully, and as easily as possible or even better than I can imagine. Thank you."

Within a few weeks, orders began to come in that I had not expected, which was great. I had to work harder to fulfill them, but I continue to express gratitude for this unexpected wealth and the fact that these orders are still coming in.

### Appreciation for Nature

**Laurie writes:** As tropical storm Debby developed in the eastern Caribbean, weather forecasters said it would head in the general direction of Florida, where I live. I immediately requested an MBO for the storm system to do what it needed to do but to stay out over the water and have minimal impact on land, especially in my West Palm Beach area. The storm's center did stay out over the water before it eventually made landfall. Some of Debby's circulating rain bands produced periods of serious weather in West Palm Beach, but nothing severe happened. I firmly believe that my MBOs protected me from that storm.

**Deena writes:** About twenty years ago, we planted two trees, unaware that where we'd planted them crossed another property line by a few feet. Someone recently bought that property and told my husband he intended to cut down the trees. I didn't want that to happen because the trees were beautiful and provided nice shade. This was right before we left for a month-long vacation, and I immediately requested an MBO that the trees not be cut.

A few moments after we returned home, we heard a knock at the door. My husband opened the door, but no one was there. We looked around the front yard and even the backyard, but we saw no

one. On our way back up to the house, the new property owner happened to be there and called to us. He said that his wife liked the trees and wanted to keep them, so he wouldn't be cutting them. I was so happy.

I know that the knock on the door was my deceased son. He wanted to get our attention to go outside while the new property owner was there so that we could learn the good news about the trees.

### Many Happy Outcomes

**Geeta writes:** My son was looking to rent a place for his music studio that was affordable and also near our home. He searched for a year, quite frustrated that nothing turned up matching his requirements. Last month, I said a BP for him to find the perfect studio. I suggested that he request an MBO out loud and then let it go, which he did.

Within two weeks, he finalized renting a place that he's happy with and suits his budget. To top it off, it's just ten minutes from our home. My son is now busy setting up his studio. The outcome was so much faster than expected. He's vowed to request MBOs more often.

**Cris writes:** Two weeks ago, a technician came to my home to do some maintenance on our reverse-osmosis water-filtration system. It turned out that we needed a new tank. The technician told us the whole system was still under warranty, but when he placed the order for the replacement, the company denied the warranty and said we would have to pay \$300.

I requested an MBO for the company to honor the warranty and for us to get the replacement at no charge. Sure enough, I got news today that they are honoring the warranty, and a technician is coming next week to replace it. MBOs and BPs work wonders.

**Tosca writes:** Last night, I sat in my chair when it was time to take my pill. I took one from the bottle and dropped it onto my hand, but when I went to swallow it, the pill was gone! I looked in every imaginable place, but the pill was nowhere to be seen. This prescription drug has no generic equivalent, and each pill costs almost \$3.

I requested an MBO and was disappointed when it wasn't immediately answered, so I gave up searching. Well, this morning, I saw the pill right where I had been sitting even though I'd looked there thoroughly the previous evening.

**Carrie writes:** I have had a ton of MBO successes recently, and here are just a few: I requested an MBO to win a raffle drawing at work for a \$55 gift certificate at a spa, and I actually won! I never win anything. Also at work, I found a hidden gift card that I hadn't even looked for. My guardian angel just pointed me in the right direction to see it.

I requested an MBO for quick, affordable dryer-repair service, and I found a new repair guy who came out the next day and fixed it for a very good price. My MBO request for a safe and excellent trip into the city for my daughter's haircut with a new stylist (always risky) went really well, and we had a great day together.

After an MBO request for more motivation to write, my writer guides have given me many ideas of what to write about. I even wrote an entire story from start to finish in one sitting.

*Tom T. Moore is an award-winning author, speaker, international film distributor, telepath, and Sedona Journal of Emergence columnist. He was voted Best Self-Help Author three years in a row for the Gentle Way series to which Tom just added The Gentle Way with Pets: Angelic Help for Your Animal Companions. His other books include First Contact and Atlantis & Lemuria: The Lost Continents Revealed! To learn more or to subscribe, visit theGentleWayBook.com.*



# Vibrational Therapy

Heather Robb

## Envision a Pathway into the Light

Walking the pathway to the light is not always an easy task as we pass through our lessons toward evolution. In this lies the need to better understand the pathway that enables us to evolve into more of our divine nature.

We have been on this current human pathway for millennia, perhaps since Adam (meaning man) and Eve (meaning woman) chose to leave Eden and explore life. During our current lifetimes, we have followed our paths, deeply committed to understanding this task as part of our human evolution back to spirit. We lightworkers have opened more fully to the light of creation to embrace all we are.

2025 is the entry point when many will walk more fully into the light energies now on Earth. As you look ahead, you might envision a pathway leading away from you and into the light. What lies on this pathway? Do you see it filled with objects (representing challenges), or do you see a clear and open way before you? This is your choice. As you open more fully and surrender to your evolution, your path will become clearer and take you more deeply into the true nature of the self.

The year 2025 is about this choice. What do you choose? The frequency of love is available to you. If you choose love, you will find yourself more aligned with the Creator's plan, which will strengthen you and the Earth collective.

Dark fear frequencies will try to take hold, but our united lights will form a strong and united bond that dwarfs fear. As you know, love is stronger than fear. We were born

out of love and are love. When we put fear aside, all things become clear, and we see light more clearly.

In 2025, those of us who walk with the light will shine more brightly as we surrender to the paths we choose to follow. Manifestation is clearer and more possible now. What we choose, so we become.

Numerologically, 2025 is a 9, meaning completion. It is the end of one journey and the beginning of another as we rise higher into the realms of light with greater understanding and focus.

As I write this, I am shown the light we are becoming, and it makes me feel as if I could float. The light also allows me to manifest everything needed. I see myself fully united with our collective light, which raises us all into the higher dimensions of being and possibility. Perhaps rather than "dimension," the word "consciousness" is a better fit — our higher consciousnesses of being. We are like golden arrows, moving so fast that it's hard to keep up with all we are becoming.

In a recent vision, I met Buddha, who was surrounded by golden light. His purity of essence and absolute joy reflected through his golden energy. He told me that he thought of his life as his "many joys." Everything filled him with joy. When I met Christ, his light was pure white. His gentleness and strength manifested a different energy, but both Buddha and Christ are aspects of the Creator, each shining with the abundant essence of purity and manifestation.



### Love Is the Only Way

At this time, our lights reflect our emotional states. Kirlian photography is merely a snapshot of 3D light at the moment the picture is taken. Our lights move and shift according to our emotions and thoughts. The Christ and Buddha have pure lights that reflect their divinity and purity. They are simply one with their Father. This is what we will grow into in 2025 as we walk more fully in our lights and our paths of surrender take us closer to our perfection. I use the phrase "paths of surrender," because this is what we become. We surrender, trust, and embrace the full love given to us. Love flows, and we open more fully into our divine presence on Earth.

In meditation or deep contemplation, our left and right brains can merge and become one brain. When this happens, we can feel and see pure light because we are truly one. This is the start of a new path into full union with the self. We have the choice to embrace these higher frequencies in 2025, but because you are reading this, you probably already seek the path of personal truth and divinity. Ask yourself if this is the case, and I think you will find the answer is yes; otherwise, ask yourself what you do seek. Find a song that beats to your internal drum, and play it often to allow yourself to open more fully into your divinity.

2025 is the year of completion as we move forward into the higher realms. This is a great gift of light. It is a time of great joy, knowing we are free to be all that we choose to be. It is a year to watch the demise of the dark's hold on Earth and to rise up and allow the freedom of all hearts to shine with the love of our true nature. In life, we need sun and shade, light and dark. They balance each other. The dark we speak of is not of balance but the opposite of divine creation. The greater our lights, the weaker this darkness becomes.

In a global meditation I once performed to bring peace and harmony to the Middle East, our collective energy stopped a battle. I watched as the soldiers realized their need for

peace. They put down their weapons and returned to their families. This energy was short-lived, and battles began again. In 2025, greater peace will come as our loving collective reminds others that war destroys too much and that love is the only way. They too will step back and seek peace.

Peace will return to many places on Earth in 2025, whether it's two neighbors who stop bickering over the fence or two countries that seek a better way. In all that happens, it is up to humanity to create it. In 2025, our energies will be in greater alignment to allow all things needed to raise Earth's frequency, for we evolve with Mother Earth.

**Thoth and the Song of Creation:**

See the Earth Mother and the Father of Creation unite through you. As you feel the earth beneath your feet alive with the loving heart of Gaia, also feel your connection to the Father of Creation. You walk the planet equally with these parents as their child of light. This can be your 2025 if you choose it.

We look forward to seeing you in the light as you float with Earth's frequencies into the eternal place of love. We give you our blessings, beloved ones.

*Heather Robb is a channel, healer, writer, and artist. She teaches about ancient wisdom and its healing tools to open us to the New Earth. She also makes flower and gem essences and sells them globally. Heather lives with her husband on their farm in Australia. To contact Heather, write to [robb@virtual.net.au](mailto:robb@virtual.net.au).*



## Akashic Answers

Amanda Romania

### A Year of Completion and Clearing

Welcome to the Akashic Answers. As we leave behind 2024 and the year 8 — the year of karma and money — we are nearly at the completion of another cycle in the akashic Earth record. I have consulted with my oracle wisdom to create insights about this exciting year ahead.

2025 is a 9 year. It is about completion and clearing with cycles ending and new vision beginning. This is the end of a cycle in which we release the last eight years. This has been a time of polarity for many homes and families, and during the first months of the year, it is important to look at the timelines that are approaching. It's time for us to listen to the visions of our lives rather than others' visions that have been projected onto us.

**Shift through the revolution to evolution:** There will be times of unrest in the world, and the "civil war" karmic clearing is still

happening. The Eagle and Condor prophecy is upon us, and it starts with uniting our communities and aligning ourselves with kindness, not fear. Expect gatherings of indigenous elders around the world, as the wisdom keepers have much to share.

**Time jump the matrix:** In this 9 year, the vision of the future timelines we face will be downloaded to many of us in our dreams. We are prompted to look not to the past but to the hope of the future. Some of us might even feel as if we have lived past lives, and what we have surrounded ourselves with no longer has a hold over us. Our paths in life are created by our choices and adventures.

**Technology and media:** Cosmic beings are now able to connect with us through technology. They see our future, and they are changing the way information is created



and spread. We have long awaited cosmic contact, and now we have it. The technology is connected to the akashic matrix, which shows us light and dark.

The frequencies from satellites will increase, and this will cause a recalibration within our bodies. We need to take care with any electronic devices, as our third eyes are super-sensitive; they register information quicker than our consciousnesses can. We might see tougher laws and accountability; however, this is the akashic matrix asking that we take accountability for what we unleash in our worlds.

Artificial intelligence is speeding up and able to map into the akashic field, so we will find that our phones



and computers are able to create an emotional link with us. Receptive to our emotional auras and bodies, they can watch our eye responses and body temperature systems. This can be an app on our phones that we interact with.

**The next generations of children:** Many new children are coming in with low levels of soul karma, so they are working through the biological karma of their parents. The new generations do not identify with boundaries and labels of who they are, as they have come to experience their soul journeys, and this can be confusing for older generations. These new children need a connection to nature and the animal and mineral kingdoms, and this will change living environments and lifestyles. We will develop therapy walls and rooms in our homes with interactive visuals to enhance the experience. We can travel to far and exotic places without leaving our homes. It's a good idea to take the time to understand the new children and their "superpowers" of sensitivity, empathy, and telepathy. New therapies of healing will be developed, led by parents seeking to support these special children.

**Thrive and experience longevity:** Blue-zone living is of great interest, as we seek to live in a world in which we are able to heal and experience fulfilled lives. During the pandemic, many souls chose to leave, and in recent years, we also have seen many exhausted souls leave the planet. Those who have come through this time are looking to a golden age. The blue zones are locations in the world known for having a higher number of citizens over 100 years old. Famous for food, lifestyle, and health, the number of these locations is beginning to grow. This will lead to new community cities and towns where the culture is led by those living there.

**Union of nations:** While many nations look at borders, many others

look to create bridges. We may see a link of nations going around the top of the world. It's a link of road or rail for travel and the transport of products. Asia is no longer in splendid isolation; it's ready to link arms across the world.



### Key Dates

The akashic records work hand in hand with the planets and stars. To predict energy and how it affects the akashic records, I often look to the stars. These energies can play out in our personal lives, community, or nation.

**January 15:** With Mars at opposition, we can allow its fire to inspire us, not burn us out. The challenge is to heal the masculine paradigm within us. We should avoid letting conflict win or run the show.

**January 18:** Venus and Saturn, the planets of love and soul purpose, combine to activate us to seek out what can heal our souls and bring peace to others. Divine Feminine energy can rise and guide the way.

**March 13:** The lunar eclipse brings a new viewpoint on life. We can look beyond what's being shown and move toward our new paths.

**April 22:** During the time of the Lyrids energy shower, the Lyrans send cosmic messages about the new golden age and blueprints for living. It's time to tap into our dreams.

**May 31:** Venus is bright. This is a date centered on celebration and new hope for the children of the world.

Perhaps a young person of wisdom and vision will inspire others.

**August 8:** The lion's gate helps us to reset and rejuvenate and find locations connected to nature. The indigenous nations and ancestors will share wisdom and prophecy.

**August 12:** Venus and Jupiter offer love and expansion as we step through a portal of time.

**September 7:** During the lunar eclipse, our relationships might transform.

**October 8:** The Draconids is a meteor shower that dissolves power struggles. We might want to watch out for energies that drain our energy.

**October 21:** The Orionids is a meteor shower that brings forth change. We can expect new discoveries and moments of transformation.

**November 5:** A supermoon occurs with powerful, sweeping energy. We might see a pushback or powerful energy surge. Supermoons affect the weather, so we need to be prepared, especially for those who live near low-level water. Water is essential to us all, and it is one of Mother Nature's ways of sending messages.

**December 4:** Another supermoon occurs. Kindly see the November 5 paragraph.

Thank you so much for joining me here. I so look forward to sharing more akashic answers with you in 2025. Until then, I wish you all love and light. Namaste, Amanda Romania.

*Amanda Romania is an oracle, author, and Master Akashic Records Librarian supporting lightworkers globally. Amanda specializes in akashic therapy, which allows students to apply the wisdom from the akashic records and akashic fields, to bring healing, clearing, and clarity to their soul purposes and to their daily lives. Amanda also offers private sessions and spiritual mentorship, and she guides sacred journeys around the globe. She is the author of many spiritual books and creator of the first Akashic Records Oracle deck. Amanda lives in Sedona, Arizona. Contact her at [amanda@amandaromania.com](mailto:amanda@amandaromania.com) or through [AtlantisSedona.com](http://AtlantisSedona.com).*



# New Age Notes

Dyan Garris

## Beautiful and Intimate



### **Devotion by Rick Sparks**

Rick Sparks is a South Carolina-based pianist and composer who is well-known for his relaxing, quiet music. His compositions are heard worldwide on numerous radio stations and streaming outlets. Rick's new EP, *Devotion*, contains six new compositions that each bring a sense of calm, centeredness, healing, and peace, which I'm sure we can all use more of right now.

The music on this lovely EP consists of the ethereal angelic choirs Rick is known for, along with soft strings, flute, and gentle piano. We are gifted here with a twenty-seven-minute musical refuge of quiet beauty, a sanctuary and retreat from whatever ails us.

The album opens with the title track that soothes our souls from the get-go. Soft, graceful synth strings lead us nicely into tranquility. Each carefully crafted note contains reverence and thoughtfulness. The angelic choir and nicely placed bell tones add to the peaceful ambience. This music flows effortlessly into the following "River of Peace," continuing the quietude. The flute

adds nice texture to the calming atmosphere.

"My Refuge" is a favorite. Soft piano and angelic choir are accompanied by gentle strings, providing a pleasant, flowing melody that soothes the psyche from the first notes. If you can't find refuge here, I don't know where you will. Rick's strong Christian faith inspires his music, and I imagine "The Sacrifice" has much to do with this. Quiet and reverent, this piece feels like something we might hear in heaven. We can literally feel the depths of devotion.

"Be Still and Know" continues the peaceful, venerating vibe. The bell tones are a nice addition to the solemn strings and angelic voices, and the unhurried cadence of the composition invites us to truly be still. The album closes with another of my favorites, "The Road Home." Pretty synth strings, soft choir, and calming, beautiful piano give this a hymnlike quality as well as a lullaby feel.

This is great music for sleeping, relaxing, healing, meditation, and of course, devotion.

Available on most streaming services.  
Official artist website: [RickSparksMusic.net](http://RickSparksMusic.net)

### **Iridescence by Louis Anthony deLise**

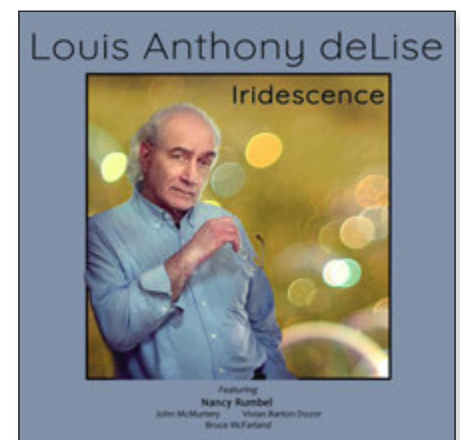
*Iridescence* is the fourth solo-album project from award-winning composer, arranger, and producer Louis Anthony deLise. The album was born out of a single composition — the title track — that began as a birthday gift for deLise's friend, oboist Nancy Rumbel. From

there, Grammy-winning Rumbel created the gorgeous lead lines for the track, which was released as a single last year.

For several years, deLise was a percussionist and arranger for Peter Nero, an arranger and conductor for the rock band Halestorm, and an arranger and conductor for singer-songwriter Robert Hazard who wrote "Girls Just Want to Have Fun." He has also produced and arranged hits for top-ten artists William DeVaughn and Patti LaBelle.

DeLise's new album release is nine tracks and thirty-seven minutes of relaxing neoclassical music that he describes as "post-genre," as the music on the album juxtaposes disparate musical elements. *Iridescence* opens with the effervescent title track, featuring Nancy Rumbel. Enjoyable, relaxing, and a good length at over four minutes, it's a great opening to the album.

The soft and gentle "Our Golden



Hour” follows, a delightful, elegantly melodic piano-based song that flows nicely and incorporates a sweet sense of nostalgia. “The Loves We Lost” is reminiscent of the challenging pandemic times. The melancholy, poignant piano line stirs the heart and soul, and those we lost are beautifully and eloquently remembered.

A favorite on the album is the dreamy “Some Kinda Lullaby.” Instantly soothing with soft synth voices and piano, this is one for the relaxation playlist. “Dusk” is as gentle and quiet as that special time of day. Good use of lower and upper piano registers and perfect cadence give us pause for reflection and introspection as we allow the day to slip slowly into the horizon.

Another favorite on the album is the magical “Aurora” with its various nuances. Gorgeous cello (Vivian Barton Dozor), English horn/oboe (Nancy Rumbel), and flute (John McMurtery) dance gracefully and beautifully with piano and more to give us this very special track.

I’m not sure whether “That First Morning” also references the pandemic, but this track is quite relaxing with lovely piano and soft percussion. Somewhat contemplative, it also has a hopeful, optimistic feel. My ultimate favorite on the album is “Summer’s Glow.” Cello, flute, oboe/English horn, acoustic guitar (Bruce McFarland), and scintillating keyboards (deLise) perfectly capture the very special ambiance of a warm summer day. We don’t

want it to end, and we certainly don’t want this song to end. It’s very nicely done.

This beautiful, intimate album winds up with “The Blue Hour.” We are now rested and renewed, and the twinkling, sparkling piano softly leads us out on a cloud of wonderful, total tranquility.

Available on most streaming services.

Official artist website: [LouisAnthonydeLise.com](http://LouisAnthonydeLise.com)

**Dyan Garris** is a multiple-award-winning New Age recording artist, award-winning author, radio-station owner, and music reviewer who has recorded and produced fourteen albums. Garris’s recordings include a series of independently tested music and meditation CDs that earned the National Health & Wellness Stamp of Approval. Her music is found on Pandora, Spotify, iTunes, SiriusXM, Muzak, Music Choice, airlines, overheads, and more. Visit [DyanGarrisMusic.com](http://DyanGarrisMusic.com).



## The Secret Wisdom of Animals

Through Kim Malonie

### Listen to the Animals

**Dream:** I predict a kinder future for the animal kingdom as more knowledge is presented and provided for better care, consideration, compassion, understanding, and kindness for all beloved animal companions with whom you share Mother Earth. This is crucial for our survival. We have always been as one, assisting each other to survive and thrive. The animal kingdom has been a lifeboat for all people, and now you must be our lifeboat.

As we embrace this long-awaited era together, you must listen to the animal kingdom’s voice with your heart and soul to hear what we have to say. This is highly important. In the beginning, we all communicated together, and now you will hear us again. You have the ability to converse with us at length. It won’t happen all at once, but it will happen. Have patience, for it is

even happening now. You can communicate with all the sentient kingdoms on Earth — animal, elemental, aquatic, and nature — and provide assistance.

About me: I am currently incarnated as a betta fish so that I can be with my person for our soul contract. The following channeled information is my story.

**Kimberly:** I recently acquired a betta fish who I call Dream. I felt drawn to him because he seemed so peaceful. I would love to know what he has to say about a few things: Is he warm enough? Does he get enough food? Is the tank set up to his liking, or would he like me to change anything? Would he like a tank mate?

#### Adequate Space Is a Must

**Dream:** Hi, this is Dream. I love my name because I’m a dream

come true for you. [Smiles big.] Yes, fish smile; you just can’t tell. I have a lot to say and share. Don’t mind the bubbles as I open my mouth to speak. Sit by my tank so that I can see you, because I love being near you.

Now, let me enlighten you. (Excuse me if I go back and forth between “we” and “I.” I get excited and lose my train of thought sometimes.) When you see us in those tiny jars, cups, or plastic bags, we just sit there and can hardly move around. We hope and pray for people like you to take us home and put us in big tanks, aquariums, or at least very large fishbowls.

We are not accustomed to being





in small, confined spaces or puddles; that is simply a marketing tool. Without going into a history lesson, we originated in slow-moving waters such as rice patties and flooded fields where vegetation is abundant and we can swim around and thrive.

Even though most of us are generations from being in the wild, we access those memories in our DNA and remember what it felt like to be in our natural environments. [Wipes eyes with fins.] You have to excuse me; I really get emotional about this.

We are bred for our beauty and gorgeous colors. Then we are shipped all over the world in those tiny, cramped containers. To really thrive, we require and appreciate humanely sized tanks, aquariums, and large fishbowls equipped with filter systems and heaters to keep us warm.

Even though we are known as Siamese fighting fish and many of us enjoy our independence, the more peaceful and placid ones, like me, appreciate different types of tank mates. Please research this before getting any, but personally, I like those little neon tetras. I wouldn't mind having a small group of them so that I can watch them and enjoy their company. I think four would do quite nicely. I mention four, because they feel safer and more secure in a group. It's a "fin fin" situation all around.

Some of us get lonely, and we love having our humans near us. Seeing you gives me great joy. I love when you sit beside me. When you put your hand up very slowly and pat the tank, I love that sense of being petted. Your energy is awesome! (This is a pretty deep conversation coming from a fish, isn't it?)

### A Few Tweaks Will Make the Difference

Most of us enjoy eating betta pellets as opposed to flakes, but I can't speak for all bettas. Just make sure you get the right ones for us,



Dream

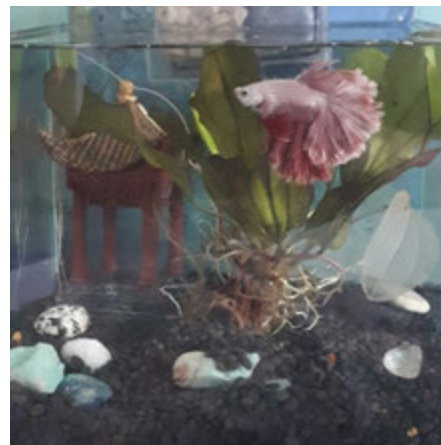
because we're special. I assure you I am being fed enough, and my food is yummy.

I'm not one to complain, but my water has gotten a little cooler at night than I prefer. I need my water to be between 78° and 82°. Higher temperatures keeps me active so that I swim and move around. When my water gets too cold, I get very lethargic to save energy. That's why you see me just hang out sometimes. I understand that you are getting me a heater for my tank, and that makes me so happy! [Claps fins in excitement.] I know this because I told you about it telepathically.

I really appreciate your keeping my tank clean with a filter and managing that exploding population of snails. Wow, they sure get out of hand quite fast. Thank you for doing your research on bettas before you brought me home. It's always best to be informed before getting a pet.

Regarding my surroundings, I love it here, and I'm not complaining, but a couple tweaks would make me even happier. Would you mind taking this silly pagoda thing out of my tank and putting in two or more live plants to mimic my natural environment? Plastic plants are of no value. A little hiding area for me would be great, as I like to hide sometimes. (This is just something we fish do; I can't explain it.)

You'll notice I've been hovering around, watching you. When you see



me blink my eye, I'm trying my best to wink at you. Ha-ha! I got you to smile again. All in the animal kingdom have senses of humor — although warped at times. We're just like people in so many ways. (That's a compliment, by the way.)

I really appreciate all the wonderful compliments of how handsome and intelligent I am. It makes me feel very special, and I love hanging out with you. Oh, I almost forgot: Can you inquire about getting me some bloodworms? I would love a treat once in a while. Word has traveled through the water element that bloodworms are absolutely scrumptious.

Thank you so much for taking the time to talk with me. I love you from the bottom of my little heart. Big fin hugs with warm tiny scale kisses. Don't make a face like that; it's not gross at all. [Gives a little fish smile.]

Well, that's enough talking for one day. I'm all bubbled out. We love our caregivers unconditionally, and we appreciate you more than you'll ever know. Namaste, Dream.

**Kim Malonie** CR, RH, is a world-renowned natural born animal communicator/animal whisperer, author, and healer. She has given a voice to the animal kingdom to help them resolve their physical, behavioral, and emotional issues for over thirty years. Kim is also a third-generation psychic medium for people. Long-distance consultations are always available. Kim's latest book *The Secret Wisdom of Animals Revised* is available from Amazon and other book dealers. To learn more: [KimMalonie.com](http://KimMalonie.com), [kmalonie@eagle.ca](mailto:kmalonie@eagle.ca), or 905-269-1957.



# Essences of Nature

Mary Ann Altamirano Antenucci

## Transform Lead into Gold

This upcoming year is about navigating the breaches in our foundations and cultivating the flowers in the cracks. The Japanese practice of *kintsugi* is the art of repairing cracks or broken pieces of pottery with gold. We can use this as a metaphor to fortify ongoing changes to our personal histories: Our damaged places no longer define us but cultivate a new version of wholeness.

We create wholeness by working with what we have. This doesn't mean we forego our ambitions, aspirations, or dreams. However, it does mean that we learn to overcome obstacles and challenges that might seem daunting. In 2025, we explore how to make our weaknesses our strengths. How do we transform our lead into gold?



### Achieve Emotional Clarity with Agrimony for December

Agrimony essence conditions us to be what we are, not what we believe others want us to be. We might steel ourselves against slights and mishaps with a smile. This remedy opens the door to the strength and power of transparency and

authenticity. We find safety in fully expressing our thoughts and emotions. It brings more truth to our experiences.

**Agrimony essence** uncovers our habitual emotional cover-ups. We drop the charade of being well and pleasing when we don't feel pleased. We no longer create harmony at our expense. This remedy enhances our ability to be safe enough to be seen, warts and all. It stops the chaos of upholding a rosy façade. Agrimony essence transforms our lead into gold by the strength of emotional clarity and honesty.



### Develop Compassion with Beech for January

Beech is our "cranky" essence. We use this when we are judgmental and overwhelmed by our current state of affairs. It lowers the temperature of our overreactions and snap judgments. This remedy makes us aware of our projections and how we find fault with others.

**Beech essence** shows us how we overcompensate when we feel powerless. It transforms our rigid



ideas and ideals into deeper understanding, meaningful compassion, and increased tolerance. This remedy checks us when our reactions are out of proportion to a situation. Beech essence transforms our lead into gold by accepting positive possibilities in less-than-perfect circumstances.



### Foster Sensitive Communication with Calendula for February

Calendula essence trains us how to use our words effectively and with kindness. We can distort communication when we are upset or angry and use our words as weapons. This remedy adds softness and sensitivity to our verbal expressions. It helps us to use our words as wands to create clarity.

**Calendula essence** renews our commitment to connect with our words. It overrides our habitual use of cutting and argumentative words and sweetens our dialogue. Calendula essence transforms our lead into gold by using our words with kindness and grace.





### Work in Harmony with Quaking Grass for March

Quaking grass essence educates us on our role within a group. It helps us when we are unduly influenced by group consciousness and have a difficult time finding our place between our needs and the needs of the group. We can lose our sense of perspective and purpose. This remedy helps us belong.

**Quaking grass essence** makes sense of what is right for us, and more importantly, what is wrong for us. This remedy balances our individual needs with the requirements of the group. It clearly defines why it is in our best interests to conform. Quaking grass essence transforms our lead into gold by joining the right group for our needs.



### Cultivate Patience with Impatiens for April

Impatiens is our “get out of the way” essence. The world is moving too slowly for us, and all we want to

do is get ahead of what is slowing us down. It could be a person, car, or a wait in a long line obstructing us from being where we want to be. We don’t want to wait our turn and might get irrationally irritated when we must wait. This remedy assists us by getting in sync with time. It helps us to be present and in the flow of our daily lives.

**Impatiens essence** works to cultivate patience. It alleviates the inner tension of ongoing frustration and cools and calms the emotional staccato of having to wait. This essence helps us to know that we are always in the right place at the right time. Impatiens essence transforms our lead into gold by relaxing our calendar of events.



### Practice Moderation and Tolerance with Vervain for May

Vervain essence is for the passionate idealists among us. We become so consumed by our ideals and dreams that we want to recruit all who will listen to us. This remedy manages our enthusiasm. It helps us share the intensity of our convictions without becoming a zealot.

**Vervain essence** trains us to relax into leadership. We might be right; however, we are not right for everyone. This remedy adds poise and tolerance to our beliefs and teaches us to stand up for them but also respect the values and opinions of others. Vervain essence transforms our lead into gold by acknowledging that we dance to the beat of our own drums.



### Develop Inner Flexibility with Rock Water for June

Rock water essence works for the zealots among us. We can be vegans, carnivores, or Buddhist monks and get consumed with every aspect of how to live closely to the tenets of the discipline. We become rigid and dogmatic, leaving no room for questions or modifications. This remedy adjusts our discipline to what works for us rather than strictly adhering and conforming to an idealized standard. It adjusts our vision.

**Rock water essence** aids in developing inner flexibility. It balances the dynamic between the “right way” and the way that works for us. This remedy lifts the pressure of perfection that we place on ourselves. Rock water essence transforms our lead into gold by releasing long-standing patterns of self-imposed discipline and creating more space for personal exploration.



### Encourage Others with Vine for July

Vine is our “tyrant” essence. We use this remedy when we believe that we know more than anyone



else. It is the embodiment of “my way or the highway.” This essence is for the control freaks among us.

**Vine essence** shifts us from tyranny to devotion. It nourishes positive leadership and aligns us with our powers of excellence and acumen. We learn how to be of service to others by being the best we can be. Vine essence transforms our lead into gold by inspiring others and giving encouragement.



### Embrace Your Uniqueness with Buttercup for August

Buttercup essence is for those who feel they are strangers in a strange land. They don't fit in, nor do they want to. This remedy promotes our uniqueness and inherent qualities. It alleviates self-doubt and increases our feelings of self-worth.

**Buttercup essence** reminds us to be who we are and all that we can be. It coaxes us out of the shadows of doubt. This remedy helps us heal and embrace our uniqueness at a core level. Buttercup essence transforms our lead into gold by radiating our soul essence.

### Dispel Gloom with Mustard for September

Mustard essence helps us to rediscover the joy in life. We might feel darkness descend on us like a cloud with no identifiable source. This remedy lets the sunshine



infuse our energy fields. It anchors and stabilizes our inner lights.

**Mustard essence** helps us plot a course through the effects of mood swings. It dispels the gloom that we all experience at one level or another and charts a course of positive rediscovery. Mustard essence transforms our lead into gold by characterizing our darkness as a pathway to new light.



### Understand your Limits with Oak for October

Oak is one of my favorite essences. It can readjust and reinterpret our responsibilities. This remedy transmutes our action list of “have-to’s” in our lives to prioritize what we need to do. Instead of being exhausted by the have-to’s, we intuitively organize our responsibilities without the stress of the pressure to perform. It balances our strengths.

**Oak essence** curtails our tendency toward overstriving. It helps us to bend when necessary so that we won't break. This remedy enhances our internal flexibility, strength, and drive. Oak essence transforms our lead into gold by embracing our limits and cultivating grace in our circumstances.



### Accept Your Repressed Emotions with Fuchsia for November

Fuchsia essence is for the hypochondriacs among us. We might be empaths, and rather than feel what we are feeling, we allow the feelings to create discomfort in the body. This remedy acts to liberate our feelings from our bodily symptoms. It makes it safe to express ourselves fully.

**Fuchsia essence** helps us to honestly recognize our feelings and no longer trap them within headaches or stomachaches. It recognizes our authenticity through true self-expression. Fuchsia essence transforms our lead into gold by accessing the full range of our emotional expression safely and dynamically.

In 2025, we transform our lead into gold by recognizing the value of our strengths and weaknesses. We value our learning and surrender any limitations. We leave our habitual pathways and discover new ones. We tap into all our senses to make new ones. We transform and transmute step by step and arrive newly liberated with the ability to thrive.

*Mary Ann Antenucci is a life coach, internationally acclaimed intuitive, certified spiritual counselor, hypnotherapist, and columnist. Through her many years of experience with various healing modalities, flower essences, and martial arts, she can quickly and effectively intuit patterns of imbalance and uncover core issues. Her gift is to assist you in clarity, insight, personal healing, and positive growth. To learn more, visit [5thElementEssences.com](http://5thElementEssences.com) or [MaryAnnAntenucci.com](http://MaryAnnAntenucci.com), or email [Fifththelementessences@msn.com](mailto:Fifththelementessences@msn.com).*



# Channel Schedule

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**NOTE:** We at the *Sedona Journal* want to bring the spiritual teachers we present in these pages and the people who want to know and become more of their natural selves together for mutual benefit. Please send your speaking, touring, or workshop schedule to us when you submit your monthly article, and we will publish it here.



## Alison David Bird Marconics.com

### Level 1 Classes

November 2–3 | Fort Collins, CO  
November 2–3 | Portland OR  
November 9–10 | Londonderry, NH  
November 9–10 | Nelson, BC  
November 16–17 | Burlington, ON  
November 16–17 | San Antonio, TX  
November 23–24 | Sandy Springs, GA  
November 23–24 | Allentown, PA  
December 7–8 | Colorado Springs, CO  
December 7–8 | Northborough, MA  
December 7–8 | Middletown, NJ  
December 8–9 | Stratford, CT

### Level 2 & 3 Classes

November 1–3 | Nashua, NH  
November 15–17 | Longmont, CO



## Lee Carroll KryonMasters.com

### Wednesdays Nights with Kryon |

Please Check Website for Dates

November 23, 2024 | **Kryon Returns** to Edmonton, Canada  
December 8, 2024 | **Kryon Hawaii Boat Adventures** in Maui  
December 9–12, 2024 | **Lemurian Reunion Aloha Choir** in Maui  
December 22, 2024 | **Kryon Home Room Christmas Celebration**



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DrCathypd.info/SundayCeremoniesReg

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## Sabrina Di Nitto EnlightenmentCodes.com

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Online Webinar | EnlightenmentCodes.com/shop



## Adria Estribou AdriaEstribou.love

**Angel Playshop** | November 1 | Zoom Meeting, Online  
**Angel Update: Live Angel Channeling** | November 15 | Live on YouTube.com/c/AdriaEstribou



## Alessandra Gilioli AlessandraGilioli.com

**Return of the Water Priestess Retreat Visit 7 Sacred Sites: Unlock the 7 Key Codes** April 24 – 28, 2025 Nemi, Italy



## Michelle Karén MichelleKaren.com

**Zoom Astrology: What Should We Expect in 2025?**  
December 30 | Online, 8–9:30AM PT  
**Zoom: New Year Cutti and Anyn Despacho** | January 1 | 11:00AM–1:00PM PT



## Kira Raa SRlandKIRA.com

Every Tuesday at 10PM ET, **Expanding Consciousness**  
AMFM247.com and YouTube/OfficialSriandKira

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Download the Free App | Spiritual Mastery w/ Sri & Kira  
November 3: **Live Ascension Energy & Revelations**  
Noon ET | YouTube/OfficialSriandKira  
November 11 and 25: **Live I Am as You Are Mystical Monday**  
SriandKira.com  
December 1: **Live Ascension Energy & Revelations**  
Noon ET | YouTube/OfficialSriandKira  
December 7: **Miracle Manifestation Gathering:**  
Download the Free App | Spiritual Mastery w/ Sri & Kira  
December 9 and 23: **Live Ascension Energy & Revelations**  
Noon ET | YouTube/OfficialSriandKira  
December 31: **New Year Predictions Live from Pyramid of Peace**  
Ecuador, 9PM ET | Youtube/OfficialSriandKira



## Suzanne Ross

**Sedona Ascension Retreat:** March 14–16, 2025, featuring many well-known presenters, performers, and practitioners



## Steve Rother Espavo.org

November 1 & 8 | **LightMaster** | 11AM Pacific  
November 2 & 16 | **BackStory Podcast** | 11AM Pacific, Free  
November 15 & 22 | **Empowerment Factor** | 11AM Pacific  
November 23 | **VirtualLight Broadcast** | 11AM Pacific  
December 6 & 13 | **LightMaster** | 11AM Pacific  
December 7 & 21 | **BackStory Podcast** 11AM Pacific, Free  
December 31 | **Transformation Day:** Leuven, Belgium  
December 28 11AM | **VirtualLight Broadcast** | 11AM Pacific, Free



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**The Great Global Healing Party Winter Solstice**  
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Playlist: The Great Global Healing Party



## Robert Shapiro

**Blogs** | nicelittlestories.blogspot.com,  
exploerrace.blogspot.com, mysticalman.blogspot.com,  
benevolentmagic.blogspot.com & robertshapirochannel.blogspot.com

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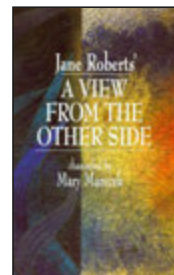
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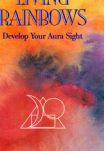





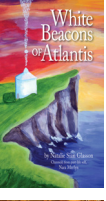


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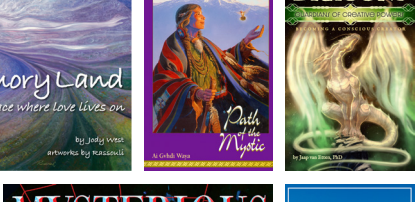

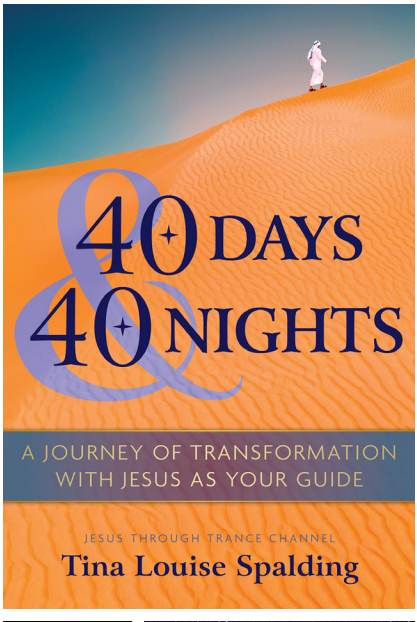
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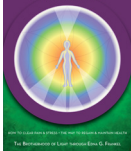
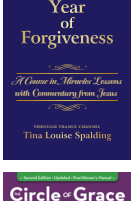
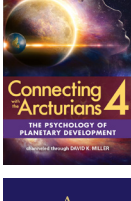


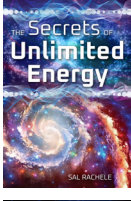
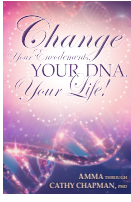
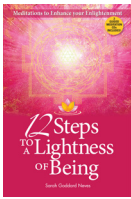
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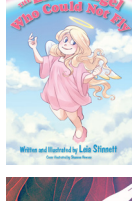





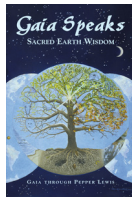


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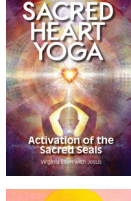




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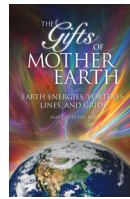
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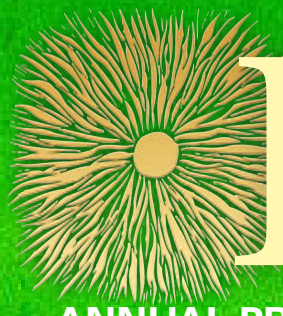






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# SEDONA JOURNAL OF Emergence

ANNUAL PREDICTIONS ISSUE 2024–2025

PEACE TO ALL BEINGS

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## PREDICTIONS

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A Series of Trance Sessions by *Marty Dixon*

The Power of Astrological Ages and What Lies  
Ahead ..... B7

*Robert Fitzgerald*

Arise into All That You Are ..... B9

Master Lady *Kira Raa*

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The Basket: A Metaphysical,  
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*Kenneth Drake*

God Works with Us and Through Us ..... B18

Dr. *Robert W. Walker*



# PREDICTIONS

## Shifts of the Ages: An Astrological View

A Series of Trance Sessions by Marty Dixon

*We are in the beginning of the middle of the end of that which cannot be changed.*

— Robert Ghostwolf, 2005

In the quote above, Robert Ghostwolf, a beloved Native American teacher, artist, author, ordained Christian minister, and ceremonial leader, was referring to the seven thunders, which is a prophecy that was handed down to him and others by Native American elders of different nations, including his Hopi and Mayan friends, in 1982. In short, he said, “It is time to stop wasting time,” implying that all earthly processes were speeding up and that we need to spend time relating to Earth, watching the skies, and tuning in to our truth to enter the sacred relationship with the Earth Mother and Sky Father and feel what they tell us is on our horizon.

Robert related that these prophecies would be tantamount to “a time of purification ... and the corrupt consciousness that has been allowed to evolve here would come to an end because we would be merging into the fifth world. The fifth world can be either a world of paradise or a world of complete darkness. It depends on the choices that we make. The purification would be that none of the corruptness would be allowed to go into this fifth world.”

The “purifier” is said to be a solar event, or an interstellar object such as a meteor, already in our solar system, making an announcement in the heavens. This will happen at a time when the Earth Mother will be poised between a world of war and destruction and a world of peace and agriculture. Those who know of the Hopi prophecies know that they equate “war” with destruction of the earth and “peace” with the gentle cultivation of the earth for all people and life forms.

Robert went on to make the prediction that, “We are

in a point where we can no longer turn back the clock.

Mother is going through labor pains, and all that does not support birthing, motherhood, nurturing, families, growth, and life will not survive in this new world and will eventually fall by the wayside.” In short, we’re being birthed into a new matriarchal age.

There are cycles within cycles within cycles on our Earth. Approximately every 6,500 years, Earth experiences a shift from a so-called male to a female polarity. This isn’t gender-related (as everyone contains male-female energy). It’s in reference to outward as opposed to inward striving. Everything in the universe breathes in and out — it’s all yin-yang and active-passive — in the effort to continue.

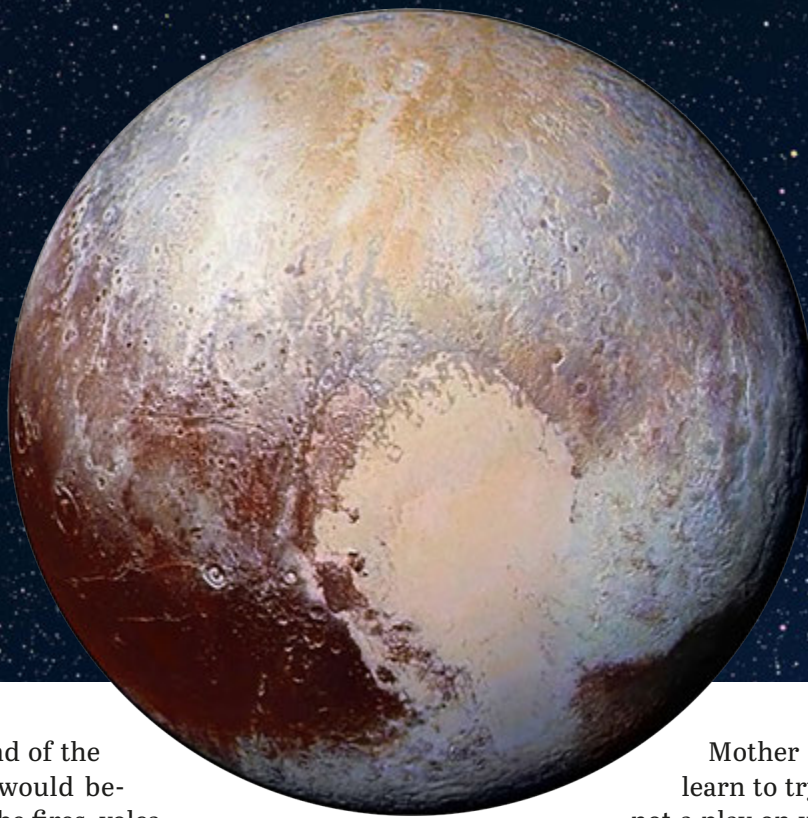
Jeffrey Wolf Green, the author of *Pluto, the Evolutionary Journey of the Soul*, taught us that we are well into the beginning of the new Matriarchal Age that last declined around 6500 to 5500 BCE. “There is no judgment,” he told us. “It’s just Earth readjusting itself,” and he explained that the new matriarchy would usher in balance, as the last known historical shifts were so polarized.

“Who would opt for more polarization? No takers, eh? Who would then opt for more balance? Ahh!” Jeffrey taught us. He said that the new matriarchy would usher in renewed balance on our planet because that is the nature of the Divine Feminine in all life forms: to ultimately seek balance. Needless to say, I gave Jeffrey a copy of Robert’s tapes, and he said he basically agreed with him — and he liked the name.

There was no timetable given to Robert’s description of the seven-thunders prophecies, only that they would happen in sequence, and as time continued, we would see an increase, even an overlapping, of events,







especially toward the end of the prophecies when they would become cyclic. This would be fires, volcanoes, earthquakes, solar flares, hurricanes, and weather-related disasters that would compound and fluctuate between periods of extreme and periods of seeming calm. We're seeing that now.

### Agree to Try

Astrologically, our outermost planet, Pluto, is transiting the constellation of Aquarius (from our earthly view) and will retrograde back into Capricorn for a short time from September to mid-November 2024. Pluto in Aquarius is, of course, ushering in the Aquarian Age, roughly 2,500 years of enlightenment and higher consciousness for the human race. Earth, in her wisdom, knows that we must listen to her as we endeavor to enter this new age in order to know how to prepare a safe home for our children and the next seven generations. She is trying to wake us up en masse — and quickly — so that we can grasp that she is all we have and that we must work together to preserve her or we'll destroy our home, and our children's, children's home.

Pluto in Capricorn (since 2008) is a planet of extremes that can bring about either catastrophic or uniform change. Capricorn is the archetype of the harsh, physical, reality of the Earth plane. For the past sixteen years, we've been given warnings and signs from the earth, waters, and sky that our Earths' regulatory systems are at a tipping point. We cannot continue to poison, erode, and deplete her, disrupting her natural healing cycles with our war machines.

What the Age of Aquarius will, hopefully, give us is the perspective to realize that we don't exist without

Mother Earth, and that we must learn to try to work together. That's not a play on words. Jeffrey Wolf Green said that the word "try" is the biggest little word in the English language. When we refuse to give up, it signals the universe to back us up. This is natural law.

As soon as a critical number of humans wake up on our planet and agree to try to learn to work together — across our differences and enemy lines — to preserve and save Earth and to promote peace, this very intention releases an energy to the ethers that buys us time down here. Once this intention is released on a quantum level, the destructive tipping point we are fast-approaching can subside and allow for the rapid repair, invention, and innovation of the Aquarian Age.

This divine intervention has happened countless times in our recent, collective, history — too many to mention. Those of us who can see this know that, even though our world is in the midst of unspeakable wars, many tragic events of our recent past could have been a hundred times worse. If it weren't for the prayers, actions, and collective support of the peacemakers on Earth, we would not have made it this far. We not only have allies in other nations but also in different dimensions. Earth has averted countless catastrophes with the help of a Galactic Federation that will not allow us to destroy ourselves.

### Aquarian Transmissions Are Felt Now

We are living in the end of a 500-year mutation period between the Age of Pisces and Aquarius. We are well into the conceptual stages of the Aquarian Age. No one can say exactly when the stars of the constellation of Aquarius will first be visible to humans on the spring

equinox, but some astronomers project toward the epoch of 2500 CE. Most astrologers, that I know of, overwhelmingly look at the next Uranus-Neptune conjunction in Aquarius during 2165 CE as the true immersion into the Aquarian Age (Uranus being the planetary ruler of the astrological sign of Aquarius and Neptune representing pure consciousness). No matter, the transmissions from the Aquarian starfield that will soon rise with our spring sun are being felt now.

Uranus-Neptune frequencies resonate through messages that come to us in dreams, meditation, and revelation. By keeping an open mind and seeking a right relationship with Earth along with her sacred spaces and creatures, we are entering a relationship with Source. Our subconscious minds will remind us of the truths we've left to childhood, when our connections were strongest, as now we've grown too jaded to remember.

Jeffrey W. Green spoke often about the last Uranus-Neptune conjunction, which was from 1993 to 2000. This cosmic union had a huge impact on rewiring our brains to access and pull genius from our higher minds — the part that is still connected to Source, our inner compass. Whether we realize it or not, we'll never be the same. We've tapped into a subconscious reservoir that encourages the dreams of liberation and peace, such as the Aquarian influences that precipitated the American

Revolution. As Robert Ghostwolf said, "We can no longer turn back the clock."

We can learn from astrology and the esoteric sciences of that which lies behind us, but that which we can dream of will drive us along. Our Uranian and Neptunian aspirations pull us forward amid the lies, ignorance, and fears that drag us back, and somewhere in the middle there lies a median point — the potential for real, human, conscious evolution.

### Light Is Consciousness

During our time, we live in what is called the Virgo sub-age, which is at the end of the Age of Pisces. The end of an age that is coming to culmination defines the old archetypes of that age in spades. Currently, we see mounting religious fanaticism, religious wars, political chaos, obfuscation, and extreme disillusionment. That's because the old standards and paradigms are crumbling on so many levels.

The sub-age of Virgo, at the end of the Age of Pisces is a time of necessary disillusionment and involution that precedes all evolution. It's a time-out when we must use our individual discernment to think for ourselves and not be influenced by political party, media, persuasion, influence, or sensationalism. We must think for ourselves and find our own creative expression,





relationship, and link to Creator. Jeffrey W. Green used to point out that 100 years ago, we relied on our internal knowingness for our sanity and survival, and these innate (Virgo) abilities were much stronger then — in the absence of the bombardment of mass media.

Earth tends to shift on its axis approximately every 6,500 years (give or take a few hundred years). These shifts bring Earth's orientation into approaching alignment with a different pole star during these times. These shifts to alignment with a new pole star (as encoded in the Hermetic texts and the tarot) correspond with the ages of Scorpio, Leo, Taurus, and Aquarius — all fixed astrological signs. During the fixed ages, the light generated to Earth, via an aligned pole star, allows for transmissions from deep space to enter our stratosphere and thus our consciousnesses. This light allows for susceptibility to interdimensional influence and the altered state that we call non-locality, or a consciousness that is outside of space and time.

You've heard the phrase "all information travels on light." Well, light is consciousness, and the quality and nature of the light traveling to earth now is stimulating our pineal glands and being processed in our sleep. Our pineal glands are ruled by the planet Neptune, which rules the constellation of Pisces. As the Age of Pisces gives way to the Age of Aquarius, we are forming new synapses in the brain via the wavelengths entering our frontal lobes. That gives us sensitization to heightened states of awareness.

These wavelengths can also influence thinkers who are ahead of their time. Einstein (Pisces) first published and developed his ever-expanding Theory of Relativity between 1905 and 1915, during the Uranus-Neptune opposition in Capricorn and Cancer of 1906–1910 (this opposition occurs halfway between a Uranus-Neptune conjunction). Nevertheless, Einstein received his revelation about the nature of light that translates to our earthly receptors (Uranus in Capricorn) by way of a dream he had (Neptune in Cancer), which was not exactly popular during his time.

### As Above, So Below

The pole star acts as a sort of antennae, attracting interstellar light from neighboring star systems. These fixed ages are periods in time when terrestrial awareness can soar. It's a time when the veil between the worlds of the seen and the unseen is at its thinnest and Earth's electromagnetics are at their weakest, allowing for great fluctuations (like the fluctuations in our weather patterns) in our consciousnesses and higher receptivity to the transference of interdimensional knowledge (the akashic records).

The Ages of Scorpio, Leo, Taurus, and Aquarius have been known as times of stair-step evolution, when

civilizations or advancements seemed to appear overnight in terms of writing, culture, commerce, star calendars, social evolution, spiritualism, and so forth — when these civilizations evolved exponentially across the globe, independent of one another. "There are certain geometrical and mathematical points in time and space and dimension where we can make changes," said Drunvalo Melchizedek during a live Sedona, Arizona, lecture in 2016). We are currently on the threshold of another one of these creative epochs.

Geocentric, or earth-centered, astrology is a study of Earth's tilt toward and orbit of our Sun, which gives us our seasons. Geocentric astrology is only a microcosm of the study of the Earth's tilt in relation to the fixed stars, our solar system's relation to our galaxy, and our galaxy's relation to the cosmos. It's infinite, and the opportunity to expand our consciousnesses beyond mundane, scientific, geocentric consciousness will come about during the Aquarian Age.

There will also come the opportunity for principled people to create great and lasting change. This frees up more energy to create more great, effective change. It's a chain reaction, and the willingness to work together to build peace creates the space for peace to grow. These are natural laws, and the Iroquois people of the northern New York territories, in the early 1770s, knew this. They carried out the oral teachings of working together to preserve Earth for the next seven generations because they saw it in visions while in their longhouse. They shared these oral teachings, which had been passed down for 500 years preserved in designs on wampum belts, with some of the founding fathers of the American Constitution before our Revolutionary War. And these tenets of conservation and preservation for our Children became the tenets of our democracy.

There is so much we don't know, so much only the Native American and indigenous peoples know. They carry it in their hearts. As we learn, there will always be more, as our human consciousness is as ineffable and limitless as the boundaries of our known universes.

We are in the midst of a Pluto return (astrologically speaking) of 248 years since the United States Declaration of Independence was signed in 1776. (Pluto has an orbit of 248 to 249 years around the Sun.) What that means is that we are reexperiencing the energies that birthed the United States Constitution, its Declaration of Independence, and ultimately, the Bill of Rights, during the time of the American Revolutionary War from 1775 to 1783.

One might look at that as the 248-year anniversary of an 8-year period in which the American colonials fought for their freedom and independence from the British monarchy. It's a time when we must fight the good fight again to strengthen our democracy and



renew our nation's Constitution and rule of law by way of amendments and clarification of language to keep those freedoms alive. We must do this for our children who are watching now and absorbing the promise that our ancestors fought so hard to preserve.

### Prepare for What's to Come

The following is a result of a series of trance sessions and projections based on current trajectories of major events as of September 2024:

- In 2025, in the United States, we will begin to experiment with a more blended two-party political system, working across the aisle for the betterment of common Americans and as a world leader.
- We will continue to strengthen our alliances with world allies and NATO through ever-heightening diplomacy, and ongoing peace talks for war-torn regions.
- The Republican party is undergoing mass transformation that will lead to a total reformation of its principles and values. Conservatives will serve in the next administration.
- The threat that we have witnessed to our U.S. democracy, starting with January 6, 2021 (approaching a Pluto return of 248 years after our Declaration of Independence was signed), seems to be nearly fated in order to spur the strengthening of our Constitution and to create amendments and language that will protect the peaceful transfer of power and the democratic principles that our nation was founded on.
- Kamala Harris will be our next president. She has the light around her. She is a Libra with an Aries moon, and her vice-presidential running mate, Tim Walz, is an Aries with an Aquarius moon. Their combined chart is extremely hopeful and forward-leaning with the support and well-being of our children in mind. Kamala has the asteroid, Pallas Athena, in the gung-ho sign of Sagittarius, on her descendant. She's a fighter, knows the territory, and does not shirk from a challenge. Like she said in 2020, "I am so ready to get to work." Pallas Athena is an asteroid named for the Greek goddess of creative wisdom, who sprang in full war armor from Zeus's head. She represents the female warrior who prepares for peace in times of war. She is the wise craftsperson who creates tools out of weapons and teaches building up, conservation, cooperation, trade, negotiation, and diplomacy.
- Regarding the Middle East, there will come a cease-fire in Gaza. Netanyahu will be forced to step down, almost simultaneously, and forced into hiding or exiled.
- We will begin to witness the miracle of Israeli villagers helping Palestinian villagers across enemy lines with food and basic items. Some Palestinians will have the assistance necessary to create shelter and small common gardens.
- With the emphasis on sustainable gardens and the beginning of the transfer of food across enemy lines, the miracle of the loaves and fishes and the wisdom of the Nazarene to feed others out of sheer and utter compassion (Neptune) will start to appear when it seemed all hope had been lost. There are many extraterrestrial visitors in this area, as there are in Ukraine, and they are our universal allies.
- In Ukraine, there will be more Russian soldiers abandoning their posts and surrendering to Ukrainian troops.
- Ukrainian forces and advancements will hold and create a stalemate in the war until Putin passes or is forced out of power.
- Solar flares and ejections will increase, creating temporary power outages that communities will learn to anticipate, prepare, and deal with.
- Wildfires will continue in forested states and worsen due to dying vegetation, erratic weather patterns, and lack of minerals in the soil, but we will anticipate this, and our fire-fighting agencies will adapt and step up to the challenge.
- Hurricanes, volcanoes, floods, and earthquakes will increase, but they will become smaller and more widespread. Our communities will become more resilient and independent as a result, and the aloha wisdom-spirit of Lahaina, Maui, will spread to more communities throughout the world.
- UFO (or UAP) activity will increase, especially over military bases and installations. Our galactic allies will not allow nuclear weapons to be launched, as they have intervened, more than we know, in the past. They have also helped our planet to avoid many natural earth shifts, solar flares, and solar system disasters.
- Conservation of our planet and her soils, agriculture, natural lands, waterways, and air will become paramount as the realization of climate change sinks in and as the younger generation gains prominence in their voice.
- We are beginning to realize on a quantum level that our children are our most precious resource and that crimes against them are crimes against nature. So every decision we make, as a species, must be in regard to their safety and well-being for the next seven generations.
- We must, and will, begin to teach and practice conservation across the globe to preserve the earth for our children and our children's children. The concerted effort to work together for a healthy and peaceful planet is the answer to all our problems. She is a sentient being, and she is our Mother.

We who are currently on Earth are in a time of re-emergence. It's a time of over 24,000 years from the beginning of a civilization called Atlantis, which emerged during the last Ice Age. We are now in a kind of galactic return, and we are riding in the same boat, so to speak, with others who have reincarnated at this time. We know each other and encounter many of the same emotions and dilemmas as we did toward the end of the

last Piscean Age yielding to an Aquarian Age, c. 22,000 BCE — with our human spark unchanged.

Thank you for coming, and welcome back.

**Marty Dixon** is a medium, a certified counselor, and an evolutionary astrologer of thirty years. She studied with and completed Jeffrey Wolf Green's Pluto School in 1995. Marty can be contacted at [MartyDixon.com](http://MartyDixon.com) for readings and mini readings. Her past lectures can be viewed on YouTube by searching EA Zoom Meetings!/Marty Dixon.

# The Power of Astrological Ages and What Lies Ahead

Robert FitzGerald

Divisions of astrological ages occur at 180-year and 15-year increments. There are twelve eras to each age and twelve phases to each era. They are very accurate at describing history, including our current end-time history of 1980–2160. The coming year, 2025, promises to be pivotal for humanity. Right now we are in the Pisces era (1980–2160 CE) of the Age of Pisces (0 BCE–2160). This puts us in the final climax of a great astrological end-time cycle. On the historical, collective level, Pisces rules loss and dissolution, and the Virgo polarity rules fragmentation and extinction, which gives us what we see today. On the other hand, the positive expression here is for women to step forward in astrological ways and save us by applying feminine qualities to our patriarchal societies and religions.

We will enter the Cancer phase next year and remain there for fifteen years. This means that there is a possibility that Pisces' religion and spirituality will cause Cancer women as mothers of society to embrace and promote a new Pisces' religion and spiritual narrative that promotes the Great Mother Goddess as Creator alongside our Father God. This will elevate women to positions of supreme importance in both society and religion.



## The Rise of the Feminine

While speaking at the Vancouver Peace Summit in 2009, the Dalai Lama said that “the world will be saved by the Western woman.” If this is true, then they will do it with the knowledge that cosmic astrology directs us based on what we choose. Women have a softer, more positive vision of the zodiac than men and the patriarchy.

The incoming Cancer phase will support Cancer women as mothers of the Cancer community to take the lead toward countering the effects of a potentially devastating and deadly apocalypse. Cancer's nurturing quality will change this apocalypse to an awakening of the divinity already hidden within us. The motherly feminine archetype will emerge through women to embrace and nurture this process in our families and communities around the world.

A Taurus ascendant religious template is a profound answer to these times. This template underlies and structures all current religions and mythologies, including Christianity. It also offers a direct vision of the Divine Feminine as fully equal to our Father God as Creator of the universe, and it will show that women are fully capable and equal throughout society and the church. During this current end







time in which the warrior hero Father God defines the apocalypse as violent and deadly within a great battle between good and evil, which is a masculine, war-loving religious ideal, the feminine defines the apocalypse as loving — a transition of ascension nurtured by the Great Mother Goddess as life and growth.

The Taurus religious template is a feminine collective of the Mother Goddess astrology. The current Aries ascendant zodiac represents a masculine warrior hero focused on individual horoscope charts and events. The Taurus religious template focuses on the heavenly structure of time and community as a whole. Within the Taurus template, the Cancer phase of the Pisces era of the Age of Pisces promises to be a time when women introduce new ideas that will serve humanity and the Cancer family in positive ways. In this way, women will be able to save us all.

The following Leo phase (2040–2055) could so easily

be a time of global war — Armageddon — following Leo's love of a fight. A global embrace of the feminine Taurus religious template established in Cancer could soften the masculine ideal of a battle between good and evil into a feminine ideal of dynamic Leo, which is a creative, romantic dance with the feminine, defusing the masculine prophetic potential for great tribulation and Armageddon. People will then embrace Leo's spirit as a transformation into Sun-in-Leo light-filled radiant beings, *homo luminous*, or *homo deus*, preparing us for the incoming Leo polarity to the utopian Age of Aquarius in 2160.

**Robert Fitzgerald** has been researching the accuracy of astrological ages and the astrological end-time cycle for forty years. He has pushed astrological understanding into the study of religion and ascension and the awakening of our God selves. He is the author of *Signs of the Times: The End of the World and the Coming Golden Age*. He can be reached at [rob9fritz@yahoo.com](mailto:rob9fritz@yahoo.com).



# Arise into All That You Are

Master Lady Kira Raa

Ascended Numerology works with all principles of nature in harmonic combination with sacred geometry and an ancient form of arithmancy (a system that assigns numerical values to letters). This sacred formula opens the gateway to the ascension vibration as miracles in action through the conscious connection with the law of instantaneous manifestation. Ascended numerology assists your soul's evolution into full mastery while in form.

## November 2024 = 6 + Infinite

The chalice anchors, and open arms urge forward universal creation. The alchemically transformed master has consciously risen, and the chalice is open. Gazing at the divine movements within the wheel of November 2024, the chalice is uniquely opening through the active presence of the infinite energy. Rising up from the 6, we steadfastly have the capacity to “in-body” the shooting star, to be the rising sun as it moves into the recognition of the one. The one will in all-ways be one.

From there, we traverse the totality of our life experiences and arrive once more at the eternal knowing that as Mercury retrograde begins, so does our best lives. This is a moment to celebrate.

## December 2024 = 6 + Infinite

The 2025 whirlwind arrives. This is the moment to choose through awareness. Embrace your heart with the gifts of peace, love, and joy. This is the moment you dreamed of. Celebrate the journey as you harvest the jewels.

The complexity of navigating our mastery through the higher chakras is a seeming collision of bombardment. This is the ultimate reminder: to listen, to love, and to hold space for “in-light-enment” for the self and others. This active gift is here for all to embrace and weave.

Acceptance of the cosmic intersection of conscious awareness with formed experience is at the second chakra. Creation and balance are here to assist the mind to relax. Yes, there are rapid shifts unfolding. It is your celebratory moment to know I Am as You Are.

## November = 7 Prime

I Am as You Are. Living as the unified field, the sacred union of the body of form with the eternal

mind is ready to be embraced, cherished, loved, and cared for. Imagine that the joy you will experience, free from the self-imposed limitations of the paradigms

and the depth of this life, is before you. What do you really want, and are you ready to step forward and say yes? One body, many lives — it is the gifted moment of awareness that calls forward a smile from a depth of wisdom that can only be known by those who choose to know.

Only you can claim that which is yours. This moment invites you to release the fear, hesitancy, and doubt and to soar into the depth of your divine presence so that you can “master-fully” invite the depth of the self-inquiry: “What in me invited this to be?”

Smile at the wisdom that has all-ways been there, patiently waiting for you to remember. Claim your divine mastery presence and implement it with integrity; this is 100 percent your choice, all-ways. Feel the joy of remembering that we are the novices as well as the masters.

## December = 7 Prime

Divine mastery presence ignites a meteoric rise of the law of instantaneous manifestation. Ready, set, go! Fly with the meteors and notice the trajectory. You are the commander of this moment, and everything is ready for you to succeed.

Breathe and relax into a spacious moment of knowing. A sense of calm and peace rises naturally from deep trust in the universal flow. This is that moment. A rare gift of peace is offered as an embrace from the heavens. A blessing offers gratitude and appreciation for all that has come before and the potential of what lies ahead.

What if for just this moment, you invite yourself to know that magic is real, if you choose. Know that within you is the eternal flame of ignition that can manifest anything and everything it sees. Believe that you are able to be the commander of this body of form while in conscious awareness of all that you are. That moment is now. May it bring a broad smile of recognition and a deeper exhale from you.

**November and December mastery integration practice:** Ignite the five-pointed star of infinite presence. “Within the energy of the five-pointed star, there



## Ascended Numerology November 2024

November = 7    2024 = 8 + Infinite    November 2024 = 6 + Infinite

November 1, 2024 = 11, Prime: Vision of Truth New Moon

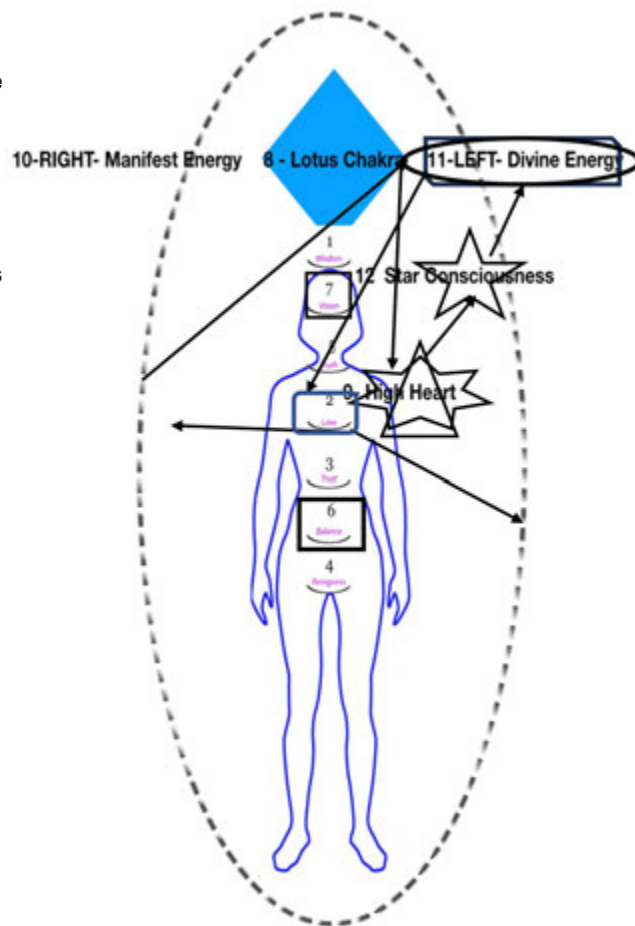
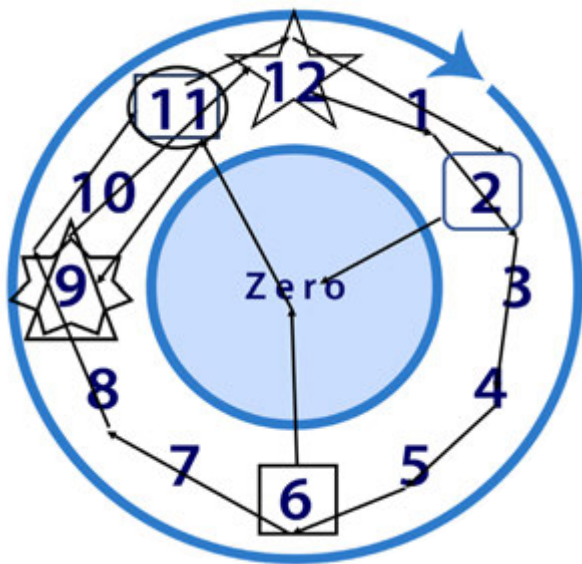
November 4–5, 2024 = 9: Southern Taurid Peak

November 7, 2024 = 9: Mercury Retrograde Pre-phase

November 12, 2024 = 12: Northern Taurid Peak

November 15, 2024 = 11, Prime: Full Moon as Saturn Retrograde Completes

November 26, 2024 = 2 + 0: Ignition, Mercury Retrograde Begins



is no separation, no judgment. There is only unification, understanding, and your cosmic upliftment" (the Blue Starborn through Master Lady Kira Raa).

The November-December chalice is here, releasing Mercury retrograde and reminding us all that the gift of balance is ready to reclaim.

### November Ascension Up-Level Dates

- November 1, 2024 = 11, prime: vision of truth new moon
- November 4–5, 2024 = 9: southern Taurids peak
- November 7, 2024 = 9: Mercury retrograde pre-phase
- November 12, 2024 = 12: northern Taurids peak
- November 15, 2024 = 11, prime: full moon as Saturn retrograde completes
- November 26, 2024 = 2 + 0: ignition, Mercury retrograde begins

### December Ascension Up-Level Dates

- December 1, 2024 = 11: infinite potential visionary new moon
- December 14, 2024 = 10: Geminids peak expansion
- December 15, 2024 = 11: cocreation full moon, Mercury retrograde completes
- December 21, 2024 = 11: equinox of the unified field
- December 31, 2024 = 8: ascending into conscious awareness of the whirlwind

## Ascension into Conscious Awareness of the Whirlwind

The code of the soul is one with physical form, sharing the sacred union of body and spirit. This illuminating presence ever-patiently experiences the depth of your formed experience. As the energy of each month is revealed, ascended numerology also affects the physical body's experience of the monthly energy. Simply gaze at the physical body chart, and release the need to understand. This ignites the trust of knowing.

**November-December 2024 ascended numerology physical body ascension energy:** The code of the soul is one with physical form. It shares the sacred union of body and spirit. This illuminating presence ever-patiently experiences the depth of your formed experience.

As the energy of the month is revealed, ascended numerology affects the physical body experience of the monthly energy sequencing. Simply look at the physical body charts releasing the need to understand. Ignite the trusted smile of knowing.

Our bodies are ascending as human conscious awareness lifts. November calls us to remember that support will be needed to step into the fully illuminated

## Ascended Numerology December 2024

December = 7    2024 = 8 + Infinite    December 2024 = 6 + Infinite

December 1, 2024 = 11: Infinite Potential Visionary New Moon

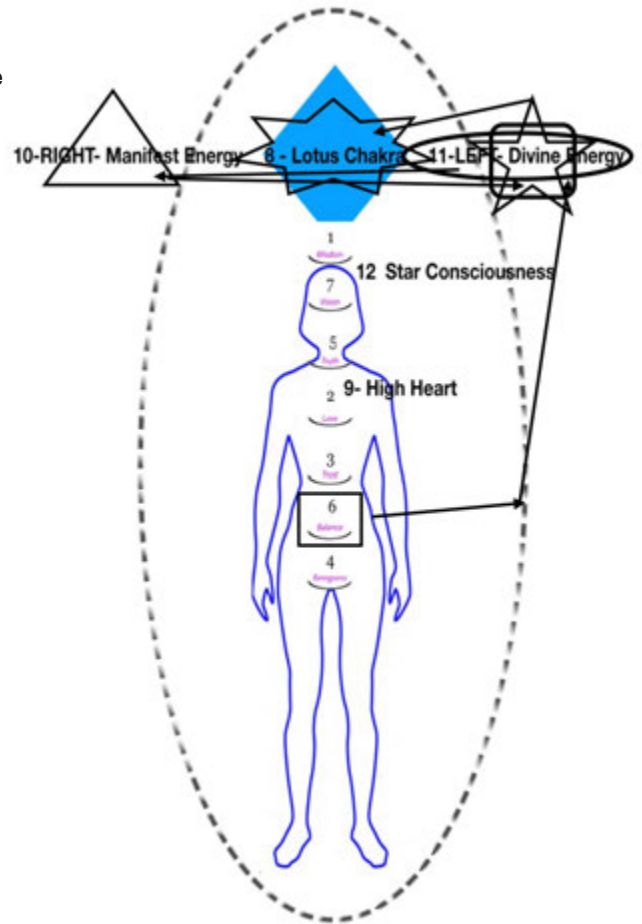
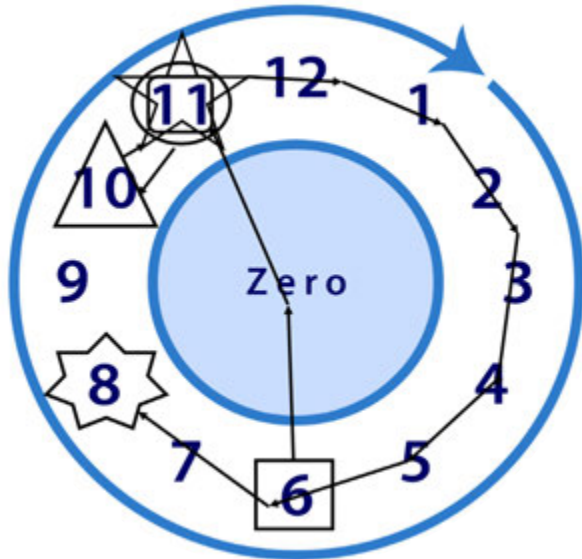
December 14, 2024 = 10: Geminid Peak Expansion

December 15, 2024 = 11: Cocreation Full Moon, Mercury Retrograde Completes

December 21, 2024 = 11: Equinox of the Unified Field

December 31, 2024 = 8

Ascending into Conscious Awareness of the Whirlwind



December physical energy. This supports the gift of divine sacred union that is yours to claim right now.

Looking at the November and December charts, notice the role of the high heart with the divine energy as the preparation for the active divine energy with manifest energy in December. Offer yourself a greater depth of self-introspection and alone time. Then be sure to balance that with plenty of healthy interactions with those who support you to be you. The body looks at you and asks: Can I trust you?

Remember that we are not these bodies and that

they seek guidance. Arise into the depth of all that you are! 2025 is calling, and you are needed at that party. Happy new year! I love you and honor your unique journey of the yoga of self-ascension.

*During her first NDE, the ascended masters ignited Master Lady **Kira Raa**'s mastery memory to incarnate into this form. Her success as an acclaimed CEO and inspirational speaker made her a favorite guest of TV and radio shows, including Good Morning America and Coast to Coast AM with George Noory. Living in the Andes mountains of Ecuador, Lady Kira is championing the birth of the New World into form. Discover [TOSABlueMountain.com](http://TOSABlueMountain.com) and [SriandKira.com](http://SriandKira.com) for personal journeys of expansion.*







# CONSCIOUS LIVING

## The Basket: A Metaphysical, Mystical Sedona Experience

Shinan Barclay

“Anybody here?” I called out, my voice echoing against the towering red rocks and whispering through the chaparral. Shifting my daypack, I drank in the vast expanse of Sedona’s rugged landscape. The morning sun painted the sandstone cliffs with a warm glow, and I felt a sense of solitude and wonder in the desert breeze.

I glanced around and noticed something unusual — an intricately woven basket perched on a large red sandstone. Unlike the colorful

Native American curio baskets I’d seen in local galleries, this one was unique. Its weave was a coil of pale green roots intertwined with yucca strips, spiraling inward in a way that seemed intentional, like a message from Earth itself.

That morning, I’d been hiking solo for more than an hour up to Steamboat Mountain. The basket was a surprise, out of place on the wilderness trail.

After catching my breath, I picked up the feather-light basket and held it to my nostrils, inhaling a pungent scent like dried pine. No objects, feathers, or footprints in the mud suggested a ceremonial purpose for the basket. A breeze rustled through the pinyon pine trees, and a cactus wren sang from an ocotillo bush.

“This is your medicine basket.”

“What? Who said that?” I spun around. But seeing no one, I dismissed the voice. It was probably a tourist tired of carrying it who left the basket there and forgot it. Nevertheless, something compelled me to heed that inner voice. I wanted to honor my intuition — that knowledge beyond intelligence and reason.



I love being guided to a parking space or knowing who’s on the phone when it rings. But a basket on a rock by the trail — I’m to believe it’s a medicine basket meant for me? I doubt it. My sixth sense was pushing me beyond my comfort zone.

Lifting the basket again, I turned it over. The bottom of the basket looked new. Yet, the lid appeared to be weathered and gray. Grabbing the top’s knob handle, I removed the tight-fitting lid, amazed by its secure fit. “If a handmade lid and basket can have a perfect connection,” I questioned aloud, “why not a perfect link between me and my higher power?”

I’d grown up Catholic, and that included mystical beliefs like the communion of saints. In graduate school, I’d learned about Carl Jung’s collective unconscious and archetypes. Also, I’d learned to differentiate between the voices of my inner critic, my inner child, and my intuition — a feeling voice I knew as my inner GPS or higher power.

Several years earlier, I’d met Peter Caddy, the cofounder of the Findhorn Foundation in Scotland. He glowed with vitality. Like strands





of iridescent silk, his silver-white hair and brilliant blue eyes shone. “When my prompting said ‘go’ I went, leaving my cup of hot tea behind. Not going meant missing the truck that gave me a ride across the country. But I did not know that. I had to take a leap of faith.” Peter Caddy had inspired me to learn to live by my inner wisdom.

“This is your medicine basket.” The voice was neither bullying nor imposing. I had a choice. I took out my water bottle and drank from it, and I reminded myself that I had chosen this practice of following my intuitive guidance. By constant practice, I strengthened my spiritual muscles.

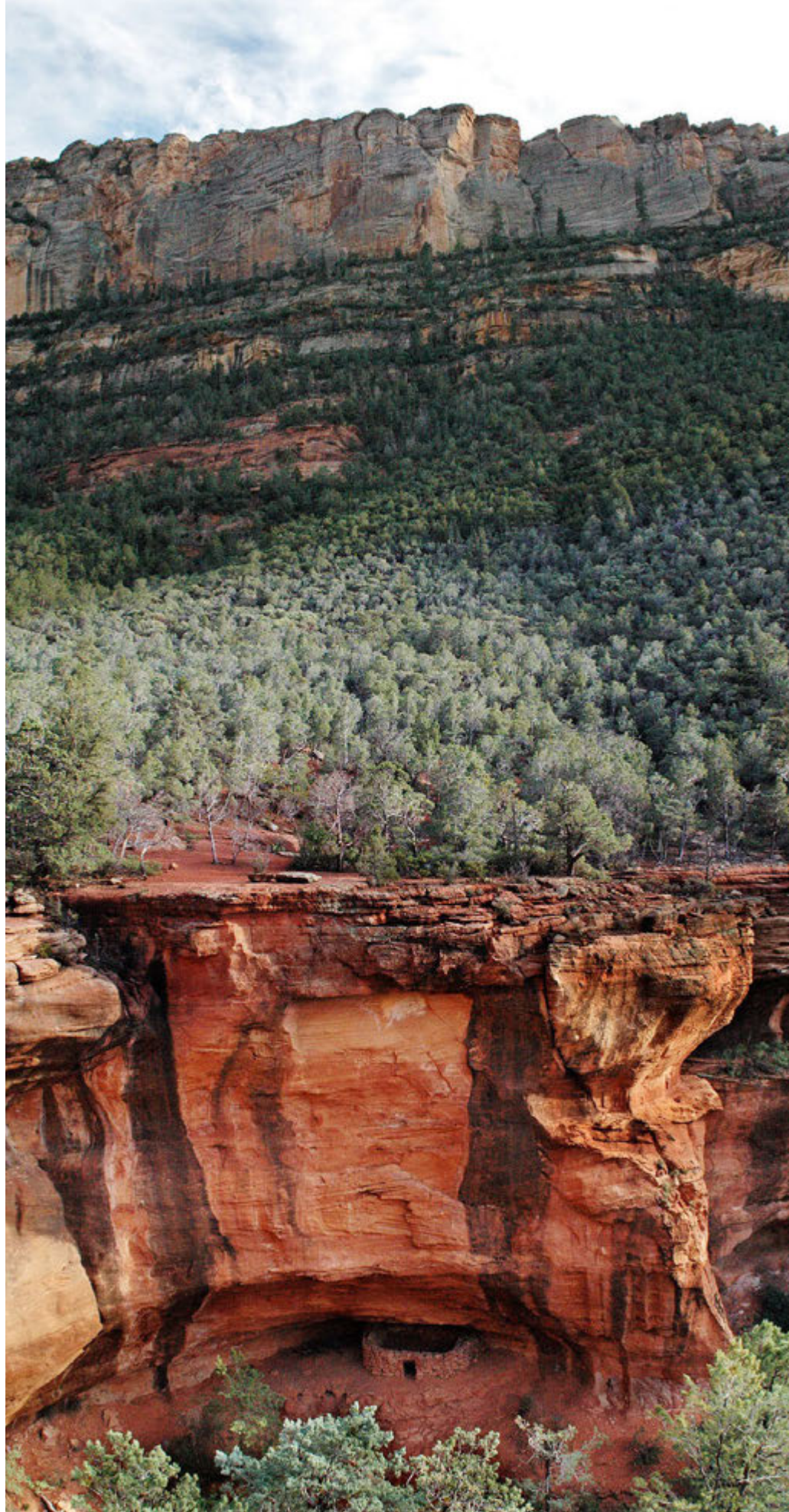
“Okay,” I whispered into the high desert vastness. “I know that when I have doubt I can ask for a sign. So I’m asking. It takes me over an hour to hike up Steamboat Mountain and another half hour to return here. What should I do?”

As shards of sandstone scrunched beneath my boots, I took off without glancing back. Careful to avoid the sharp bristles and spines that patterned a prickly pear cactus, I rounded a pinnacle of white Coconino sandstone. As I panted up the trail, I breathed in the pungent aromas of mesquite, manzanita, and wild sage.

### Arizona Desert Views

At 4,000 feet, layers of black basalt covered the red Supai sandstones, reminiscent of chocolate frosting on cake. There, I stopped to catch my breath, take in the view, and examine the flame-red blossoms of the deer-horn and cholla cactus. Nearby, basking in the sun, a striped lizard darted into a cool, dark hollow as I approached. Yellow-green Palo Verde trees swayed in the breeze. Oh, how I’d grown to love the Arizona desert.

As I reached 5,000 feet, the highest point of Steamboat Mountain, the sun’s radiant heat greeted me, illuminating the buttes and mesas. I







paused at the overlook, took a deep breath, adjusted my backpack, and admired the panoramic view.

To the west rose Mingus Mountain and the old mining town of Jerome. The south held the Village of Oak Creek. The east offered the high cliffs of the Mogollon Rim, covered with tall, piercing stalks of agave — the century plant — and dense growths of chaparral and pinyon pine. To the north, at the top of the canyon, billows of rolling white clouds punctuated a blue sky, telling me that rains were forming as the low-desert valley heat hit the cool Flagstaff air.

Feeling giddy from the beauty and expanse, I perched on a rock, unzipped my backpack, and took out an orange and water. While peeling the orange, I noticed a covey of quails cooing and scratching under a dense tangle of manzanita branches. I watched a lizard doing pushups on a rock; the Adam's apple of his throat bobbed.

The sound of coyotes howling from some distant canyon brought my thoughts back to the basket I had left where I'd found it. Still, finding a basket on a rock alongside the trail was perplexing. Why do I need a medicine basket? I'm not a medicine woman. I debated with myself. My ego-mind relished battles between my personality and my spirit.

"Okay," I said aloud. "By following hunches, synchronicities happen. And I've learned what happens when I ignore guidance — confusion and accidents."

My intuitive voice was something I couldn't explain, not even

to myself. It was a deep but vague feeling and an odd knowing that seemed illusive, foreign, and sometimes crazy. When I connected with a greater knowing, I felt energized, plugged in.

### The Breast of the Great Mother

As the sun arched toward its zenith, it was time to return. Along the trail back down the mountain, I recognized a pile of javelina droppings, an Indian paintbrush waving scarlet in the wind, and spirals of moonflower buds on the huge-leaved plant. A red-tailed hawk circled in the updrafts.

I rounded the rim of the trail and paused. The basket sat waiting. My eyes stung with tears. Although the sun was hot on my face, I felt a chill as I picked up the basket and held it to my heart.

"This is your medicine basket." I heard the still, small voice again.

Closing my eyes, I took several deep breaths, checked my gut feeling, and sensed a peaceful warmth, which showed an affirmative sign from my intuition. I whispered thanks to Great Spirit, Mother Earth, mountain life, and the creator of this basket, and then I let out a sigh. I carefully eased the basket into my backpack and hiked down the trail toward home.

*How does one use a medicine basket?* I wondered. I hugged the basket to my heart as I walked around my apartment and eyed the top shelf of my bookcase.

Two eagle feathers, the bleached white skull of a raccoon, a spray of

dried grasses, and the paper-thin skin left from a molting rattler were among my collected treasures. I reached into my backpack for a power bar and plopped onto my daybed, pausing between bites to reflect on the handcrafted basket and the strange events of the day.

Gradually, the desert sun had made its way down the western sky until it reached the horizon and cast a golden glow. Orange rays from the setting sun flooded through my window and shone on the basket, outlining its shape. On the white wall behind the basket loomed its silhouette. "It looks like a huge breast," I said aloud. "And the lid's handle is the nipple."

Chills rolled down my spine. "The breast of the Great Mother," my inner voice revealed. "Stories are nourishment for humankind." People crave stories as much as a newborn depends on its mother's milk.

### Stories

As the years passed, that unexpected encounter on the trail became the catalyst for a deeper journey. I began to collect stories as I had collected the basket that day, weaving them together with the same care and intention as the yucca strips. Each story was a spiral of experience, memory, and wisdom — much like the basket itself.

Stories, I realized, are like the intricate weave of a basket, each thread interlacing with others to create something greater than the sum of its parts. Just as the yucca strips are woven together to form a strong, resilient basket, stories



weave together our experiences, emotions, and shared humanity. They bind us across time and space, connecting us through a tapestry of words that carry wisdom, comfort, and understanding from one person to another. In this way, stories become a web of interconnections, each supporting and reinforcing the other, creating a structure that can hold the weight of life's challenges and joys.

Sitting in the fading light of another sunset, I held the basket close to my heart, feeling the warmth of the sun's last rays seep into its woven form. The spirals of the basket reminded me of life's continuous journey, ever turning inward and outward, connecting us all. Stories, like the spirals and the interwoven strands, invite us to venture into the unknown, explore the depths of our emotions, and emerge changed, donning a new perspective and a renewed spirit.

"This is your medicine basket," the voice had said. Now I understood. It was not just an object; it

was a gift, a reminder of the stories that bind us together, the intuition that guides us, and the journey that lies ahead.

Each story I tell, every word I write, becomes a thread in the great tapestry of human experience. By sharing these stories, I contribute to the weaving of this tapestry, adding my unique patterns and colors to the collective fabric. In doing so, I pass on that ancient wisdom, nourishing the souls of others as it once nourished me.

Stories are medicine. They have the power to heal old wounds, bring comfort in times of sorrow, and light the way in moments of darkness. Like the woven basket, they hold space for us to place our fears, hopes, and dreams, reminding us of our shared humanity. Just as the basket found its way to me on that sunlit morning in Sedona, stories find their way to those who need them most, offering strength and solace.

As I gazed out over the vast landscape, I felt a deep sense of gratitude for the stories that had

shaped my life and for the opportunity to share them with others. I whispered a prayer of thanks to Great Spirit and Mother Earth, to the unseen hands that had guided me there. In the end, I realized, it's not just about the stories we tell but also the connections they create, the lives they touch, and the hearts they transform.

Everyone has a healing story. So as we humans continue to weave our tales, one story at a time, know that each is a gift — a medicine basket for the soul. With each telling, we add to the grand tapestry of life, knowing that every story — like every strand of the basket — has its place and its purpose, interconnecting us all.

**Shinan Barclay** began her teaching career in an Arctic Inupiat village. Daily, she witnessed the interconnection of Spirit, humans, and nature. That indigenous principle became a fundamental value of her life. Later, while living in Sedona for eleven years, she co-authored *The Sedona Vortex Experience*. Now she gardens and writes on the Oregon Coast. Her stories have been translated into seven languages. Plus, with Neptune conjunct her Libra ascendant, Shinan practices symbolic art. Connect with Shinan: [facebook.com/shinanbarclay](https://facebook.com/shinanbarclay).

## On with the Show

Kenneth Drake

"The Greatest Show on Earth" is more than the clever title P. T. Barnum used to masterfully brand his traveling circus. It's also the best way to describe the not-so-subtle changes taking place throughout existence. Let's be honest: For quite some time now, life on Earth has looked and felt a bit like a circus. For more than six years, we've found ourselves struggling for balance as we walk the tightrope between life on this planet and our connections to our ascended selves. From a very earthly perspective, it might even seem as if the clowns have taken the center ring.

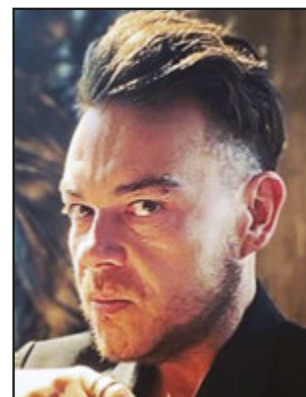
Well, I have wonderful news for

you: The intermission is drawing to a close. The wait is finally over, and the universe now screams, "On with the Show!" In this next act, you'll soon find yourself in the starring role of your life and not merely as a supporting actor. As you step into the cosmic waves of 2025, you'll find your drive and passion once again. You'll be in the spotlight in ways you once only imagined. You'll realize that during the intermission, when the whole world seemed to stop and you felt crippled and paralyzed, you were never as lost as you felt.

This time, it won't seem as difficult as before. As the curtain opens,

you'll see that the entire stage has been rearranged, set in a way that will work to your advantage even more than before. In other words, you'll soon find that the world around you never really stopped, and your awakening was never really put on hold. Your soul-self was merely waiting to take center stage.

I can't count the number of people who've told me that 2019



seems as if it were just yesterday and that their plans for growth after that led only to stagnation and more chaos. Actual years of linear time have passed since the Saturn-Pluto conjunction in Capricorn, which will seem to live in infamy for many: “I just don’t feel the motivation I once felt.” That famous “On with the show!” is another way to say that no matter what happened in the preceding acts, you need to keep going.

The mid 2020s are an exciting time to be alive on Earth. With three outer planets moving into new signs over the next two years, the stage on which you’re about to step literally rearranges to promote better efficiency and a greater sense of ease. You won’t have to wait until 2026 to feel these changes.

With the Jupiter-Uranus conjunction in Taurus on April 22, 2025, you’ll feel levels of motivation and passion you haven’t felt before. Jupiter, representing expansion and growth, will highlight new opportunities in your personal and professional endeavors to the point that spring 2025 might even feel a little unbelievable. “I can’t seem to get ahead” will suddenly and miraculously become “I have so many opportunities. I don’t know what to do next.” I like to think of this time as an ascension buffet, and the universe is saying, “Enjoy a little bit of everything, and decide what tastes best.”

### Take the Lead Role in Your Life

Uranus is sometimes known for its sudden changes and all things unconventional. You’ll feel this most in your personal relationships, both professional and romantic. Don’t be surprised if a few voices from the past return — people you thought you’d never hear from again. They also changed during that intermission, and they might offer explanations about their past behaviors. Former lovers might even return,



saying, “I was wrong.” Remember that you’re no longer the person you once were — you’ve learned, grown, and see things differently now — so you can choose to leave the past in the past.

I believe my guides want to emphasize this preparation for the unexpected in your personal life because Taurus represents stability and staying grounded despite the uncertainty Uranus can bring. During the great intermission, you had time to sit with your emotions, and now you know what feels good to you. I often share with clients that sometimes we learn what we most want by enduring things that don’t feel very good. I sense that you’ve experienced much of what you didn’t want these past few years, and now you know what truly feels good. Most of all, you’ve learned what you truly deserve.

As a medium, I believe the most remarkable things to happen in 2025 will be the amazing spiritual encounters you have along the way, especially in the spring. Your angels and guides always look on, trying to capture your attention when you need inspiration the most. This year, the veil to the spirit world will be

remarkably thin. “Angels” is a word derived from the Greek meaning “messengers,” so don’t be surprised if you find inspiration from those who seem like strangers at first glance.

You’re never really alone or without help from beyond. That help simply waits to be acknowledged. 2025 is your year to step out from behind the curtain and take center stage in the starring role of your life. You’ve been a supporting actor far too long, allowing others to take the lead in a show only you have the power to determine. The clowns still exist, but it’s time to keep them in the background, where they belong. Take a deep breath. Allow yourself to feel the excitement. Walk onto the stage that’s set just for you. The world awaits your return. It’s missed you.

***Kenneth Drake** is a spiritualist and medium who has delivered messages from spirits for more than twenty-five years. Highly trained in the British style of evidential mediumship, he is a member of the Spiritualists’ National Union of Great Britain that oversees the prestigious Arthur Findlay College, the world’s foremost college for the advancement of Spiritualism. Kenneth has demonstrated his mediumship on television, radio, and theater stages around the world, and his channeled automatic writings have been a source of insight to many seekers worldwide.*



# The Rhythm of Life

Centre of AThrough Debbie A. Anderson

Everything in your world, dear children, is based on time. This is a fractal order that has been determined by so few people, yet you aimlessly obey and follow the lead of other human beings. We need to remind you that your spirits has no time restrictions or seasons to adjust to. It is purely about your vibration, connecting and staying connected to the spiritual rhythm that resides within your souls. When this doesn't flow, everything within you becomes stagnant, inert, and heavy until it grinds to a halt. Then humans begin to splinter, to divide and separate, not only from each other but also from their inner spiritual beings.

As you advance into 2025, you need to be truly connected to your guidance. You need to feel, sense, and ultimately hear us to fully and completely trust in your divine beingness to connect to and become the pulsing energy of existence that we call life.

## Monthly Insights into 2025

**January:** Reduce the garbage and waste within and around you. It is bogging you down so that your energy cannot flow freely. This is the time when your souls, your vibration, need to emerge and ascend to accept and grow into your authentic and sincere essence. Let go! Do what you need to do to make



this happen. The only thing stopping you is fear.

**February:** Grow and expand your intention. If you do not yet know what that is for you, then seek it from within. If this ultimate treasure is still buried, then we implore you to keep looking. Each soul that reincarnates has a spiritual intention or, as you call it, a soul intention. It is unique for each of you because we wanted everyone to succeed with purpose. If you have offloaded the restrictions that are holding you back, then this month will invite you to emerge, knowing who you are and what each of you are here to accomplish.

**March:** The thunder within your hearts will escalate. It will surge within you and explode with the joy of the knowledge that you receive from us and what you remember. You will feel as if everything around you is intensifying, but it is part of the process of aligning with everything and everyone, including yourselves, your world, and beyond. You will begin to sense more. You will know when and when not to do things. You might feel as if you want to retreat from people, but stay focused on your awareness.

**April:** Ensure your spirit is not starved of oxygen. The element of air is part of your lifeblood. Breathe deeply into the stomach, which you call your solar plexus. Let the pureness of the air sit within you. Let it resonate and pulse within your





vibration. Exhale. Repeat this over and over. Neither your physical bodies nor your souls can live without it, so ensure that you are feeding your spirit with this invisible protection.

**May:** Place your golden shields around you and those you love on Earth. This shield of protection will not allow you to be influenced with what is happening in the world around you. You will see and hear about it, but you will not be infected by it. Stay strong in the belief of what we have already shown you. Stay focused on your intention.

**June:** Predictive intelligence will tell you that things are changing, and they are. Don't invite the analysis of outside information that wants to change and infiltrate your souls. Each of you are on the right path. You know what the past has shown you, and you know that you are on track for creating a new story for yourselves and your world.

**July:** If we were to show you an alternate universe, and within it, you, the people you love, and your world were at peace, would you believe it exists? Well, dear soul travelers, we want you to encounter it. You have the knowledge you have learned from your inner guides. You have the understanding, and now is the time to put it into action.

**August:** You are now in a win-win interlude. Whatever you imagine can exist and does exist. Whatever you manifest will appear to be real. As a cautionary note, we ask you to be vigilant and careful in what you think. Be attentive to your thoughts. You got this with what you have already learned, and you have set it into motion at this time.

**September:** The mystery of not knowing what you have put into action will sometimes leave you feeling that your equilibrium is out of balance. You know what vibration resonates with you, what triggers you, and what soothes your souls, so tap into this frequency, and be at peace with yourselves. You will be of ease and grace.

**October:** It is the time to harness the resonance of the eighth dimension. This is not about ascension but the complete emergence of mind, body, and soul working in conjunction with each other and allowing this relationship to grow and expand both on heaven and Earth. Whatever elevated senses that you feel or experience at this time will assist you in understanding yourselves and humanity.

**November:** Time travel or astral travel as you know it will fill your heart through meditation and

contemplation. You have already been able to move through time. You have experienced the loss of time and have seen future time. We use the word "time" because this is how your world measures and calculates. The ancestral knowledge you have unlocked will allow you to travel through time to connect with the higher self.

**December:** Another year comes to a close. But does it? We know that you have now mastered the knowledge that time is not measured by days, weeks, months, and years. You have the awareness that you are twisting and distorting your energy as you come into the pulsating energy of life. Through your devotion and dedication to knowledge, you are in balance. You have overcome the challenges that were placed in your heads. Your conversations with the God within your hearts are loud and clear. There is nothing to fear.

*"I see dead people." Yes, that is how **Debbie A. Anderson** introduces herself. For over thirty-five years, she has united people with loved ones who have crossed over. She raises the vibration and shares the positive using the oracle and affirmation decks she has published, teaching others how to shift their energy to tap into the self in a focused and balanced way. Sign up for Debbie's newsletter to receive a free I Am mantra meditation. For more information, visit [Vibrational-Energy.com](http://Vibrational-Energy.com).*

## BOOK EXCERPT

# God Works with Us and Through Us

Dr. Robert W. Walker

*God is Alive and Well* introduces the reader to a totally new understanding of who God is and who we are in relation to Him/Her. The Bible states we are made in God's image, but until now we have never fully understood

what that means. Albert Einstein introduced us to the concept that everything in the universe is composed at the subatomic level as energy.

Scientific study of quantum mechanics has proven that all energy

is made up of particles of light. The Bible tells us that God is Light. This quantum light energy can be in more than one place at any time. It travels instantly from one place to another.



It can carry messages and is more powerful than anything man has created. This light energy shows how God is omnipotent and continues to create the multi-verses.

At birth, we bring a Spirit/Soul into this world, and it leaves when we pass on. Our Spirit/Soul is the image God gives us, but through free will, we can connect to God's Spirit during our lifetime or go our own way and disregard Him/Her. God constantly urges us to expand our spiritual horizons by metaphorically going through the Door that Jesus talked about in the Bible. *God is Alive and Well* explores how the Creator can enrich our lives by helping us understand how He/She works with us and through us.

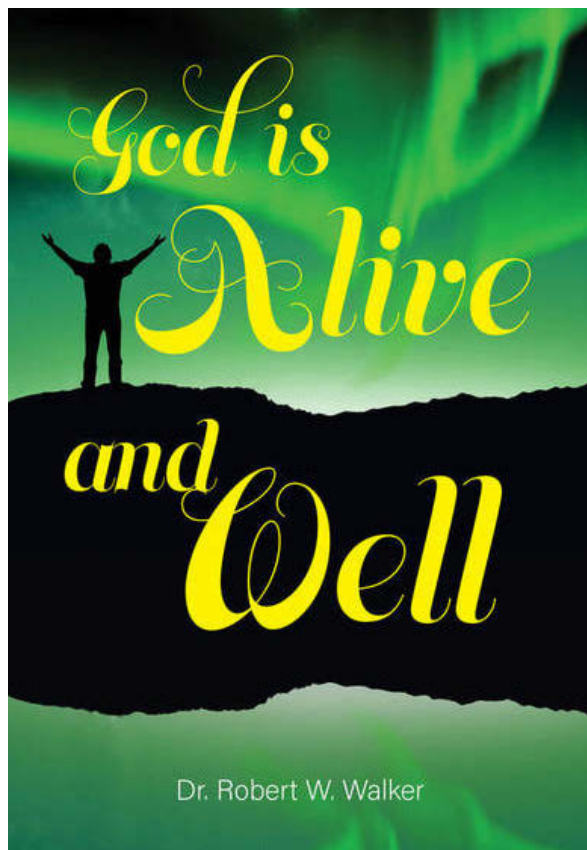
This book shows us how all humans have a piece of God's Spirit in them — making us all brothers and sisters regardless of our race, culture, and religion. Not only are all humans connected to each other, we are also connected to the earth, which is part of the Light of God. *God is Alive and Well* brings us all together as one people, and one Earth. Our relationship with each other and with the planet is the challenge God has for us today.

Excerpted from the book *God Is Alive and Well* by Dr. Robert W. Walker, ©2017. Printed with permission from the author.

## Book Review

The following is an OnlineBookClub.org review of *God is Alive and Well* by Dr. Robert W. Walker.

*God is Alive and Well* is an encouraging and enlightening book that introduces the reader to a "totally new understanding of who God is and who we are in relation to Him/Her." The author presents his personal opinions and theories about the burning bush in the story



*God is Alive and Well* is available from Amazon and other booksellers.

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of Moses, the temptation of Christ by Satan, and why God created us to be different from one another.

The book also presents the concept of quantum energy, which the author believes to be the God energy that created the universe and everything in it through exquisite design. The author expounds on what being "born again" or "spiritually awakened" really means. He explains that we have four bodies consisting of

1. the physical body, which controls our five senses;
2. the emotional body, which connects to our hearts and our right brains and controls our love centers;
3. the mental body, which relates to our belief systems based on what we learn from family teachings, education, peers, and culture; and
4. the spirit/soul, which is the piece of God's spirit in us.

Imbalanced energy from these bodies has an impact on our health and wellness.

In addition, the book offers simple explanations of the Ten Commandments God gave to Moses in the book of Exodus, and it reconciles the totally judgmental and vindictive God described in the Old Testament to the God of pure love in the New Testament. He also shows how God wants to communicate with us so that we can live in light, love, and wisdom. Finally, the author shares some of his personal experiences in spiritual awakening, spiritual healing, and betrayal.

This is an informative, enlightening, and inspiring book. I appreciate its impartiality, especially regarding sexuality. The author refers to God as Father/Mother and Him/Her, which shows that his faith goes beyond gender issues. My favorite chapter is the one in which the author relays his personal experience of being placed in a position to pass judgment on a person's sexual orientation.

This is not an easy read. It is not a book to peruse while waiting at a train station or a feel-good book to read at the beach. This is a serious, well-written, and well-researched book that offers important advice on how to establish a spiritual connection with God. I rate this book four out of four stars. I recommend it to nonbelievers to contemplate the interesting concepts the author presents and to Christians who want to establish spiritual connections with God.

Dr. **Robert W. Walker** is the author of *God is Alive and Well*. He is an educator, energy psychologist, balanced-energy specialist, Reiki practitioner, lay pastor, and speaker on health and wellness in the new energy. Contact him at [DrRobertWWalker@gmail.com](mailto:DrRobertWWalker@gmail.com), and visit his website at [DrRobertWWalker.com](http://DrRobertWWalker.com).