

# Saint Germain of the Violet Flame

## Momentum Is Happening Now

Saint Germain via James McConnell - June 18, 2022 Published at Voyages of Light

I am Saint Germain. I come at this time to be with you in these changing moments as everything around you is happening, even though you tend to still not be fully aware of all that is occurring, and that is by purpose.

For those across the planet, all of those that yet find themselves asleep, would not be able to handle the great influx of truth, of light, to come forward all at once. So it must be doled out over a period of time. A little bit here, a little bit there. And then gaining momentum, as it is happening now. Momentum is happening now.

Everything is moving forward at a pace that is far beyond what all of us ever believed possible here on this planet. To you it appears to be slow. But to us it is quite rapid. For everything is coming together now.

And you are finding the truth being brought forward in many different ways from many different sources. For it is time for the light to be shared and to spread all across the planet. The light of truth. The light of oneness. The light and love that is incarnate within each and every one of you. And as a collective, you are as one: one love, one light.

So remember each and every day to find yourselves in the higher vibration, whatever it might take for you. If you find yourself lowered into a lower vibration, a lower frequency, simply do what you've learned to do to raise that vibration up, whatever it might take for you. Everyone is different. Ask for assistance. Go out in nature. Find yourself surrounded by crystals. Whatever works for you, do it. Take a deep breath. Use affirmations and mantras which you have learned. Whatever is needed, utilize this.

For as you raise your vibration each and every moment, as you find the joy in that moment, you are raising the vibration all around you. And as you raise the vibration and the light all around you, those that are in proximity of you are also being raised in vibration, even though they may not be consciously aware of it. It is happening.

And this is how you, 'you' being the collective you—all of the Light-Working Community across the planet—are raising the vibration across the planet. It only takes one to begin the process. But within you, there are millions of you now. Billions of you that are raising the vibration and spreading the light. Know this. Know this, that it is all a part of the Great Plan. And you are a part of this Great Plan. It cannot be done without you. But it can only be done with you.

So trust. Trust that all is happening as it needs to, even though it does not appear to be at times. Even though you yourselves find yourselves falling into the trap, the trap of fear, the trap of lower vibrational anxiety and distress, even though you do fall at times, you are quick to raise yourselves up once again. And that, my friends, is what this time of Great Awakening is all about. It is all about you. You and the Change-over that you are all bringing forward.

I am Saint Germain. And I leave you now in peace, and love, and oneness. To continue to spread the light whenever, wherever, and however you have the opportunity to do so.

You are important beyond your imaginings at this point. So trust. Trust in yourselves to be where you need to be at the right time.



## Planetary Update by KaRa

KaRa via Erena Velazquez - June 18, 2022 Published at Her Facebook Page

Greetings, I am KaRa, the Emissary from the Galactic Federation team, and I work directly under Ashtar Command. I am delighted to be back and telepathically speak through Universal Channel. Since my last communication, the situation on your planet drastically changed in many areas.

Russian people living in Ukraine asked Russia for help, and Putin started a special operation to save civilians and children from Azov neofascist battalion. Most of the countries in the West and USA have been condemning Russian Federation. They are directly involved in the conflict by sending their army representatives and guns.

The power struggle continues between the Light and Darkness. Humans forgot, when they lived in higher vibrations and were technologically advanced civilization. Your advancement got reversed by the attacks from outworlders. The Star Wars happened over 500,000 years ago on Mother Earth.

Humankind became fractured by their own spiritual and technological rise and ego of being superior which made them weak and they became an easy target from Cosmos. You were in war with Anchors, Reptilians, Orions, Dark Race and others.

In the end, you got enslaved, first by outworlders, and now you are controlled by Khazarian Mafia, who puts its own people in your governments. Their crimes and monstrosities against humanity are endless and unspeakable.

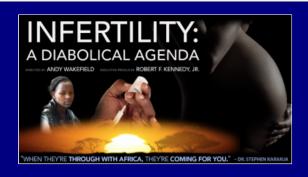
Your planet Earth shifted and moved to 5D despite what is going in your reality. Mother Earth continues to wait for humans to catch up. The window of opportunity is shrinking for

Ascension. Your civilization has reached the point where all of you need to make a decision about your survival. Are you moving forward by cleaning Mother Gaia from the Darkness or are you continue the same path leading to the planet destruction?

The planets, even whole Universes and Galaxies ceased to exist, after the civilizations lose their prospective on how to stay in check with their egos. Your future is in your hands. Please, remember you are multidimensional beings, and you are capable of transforming your world into a paradise. Don't miss the momentum of getting back your planet. I have a faith in all of you that you can do it.

On our end, we are dealing with the infestation of Luciferians, who are desperately trying to reach your planet with the objective to destroy it. Ashtar will tell you more about it in his next message. I am not allowed to disclose all facts, as we are in the middle of war with them. Please, receive my Love and Strength. Thank you Universal Channel. KaRa.





### **Top Headlines**

Please send your benevolent light and love to the following situations to disempower the negative energies.

- Bad Boys WEF and WTO gang up to push proposed dystopian future: "global digital identity of persons and objects" Reclaim the Net.
- Soon-to-be Twitter owner Elon Nusk tells Twitter employees in first ever meeting that users should be able to say "pretty ourtrageous things" Reclaim the Net.
- UK decides to extradite Julian Assange to U.S.; the U.S. suggests exposing war crimes is a crime in itself Reclaim the Net. (LOL)
- Google, Twitter, Meta, TikTok and more just signed the EU's "anti-disinformation" code Reclaim the Net.
- New law in Japan: Making "online insults" can now land you with a year in jail Reclaim the Net.
- Half of the 50 US states have now ditched the National School Boards Association for targeting vocal parents as terrorists The Federalist.



#### **Ascension**

- How to Master the Art of Manifestation | 9D Arcturian Council via Daniel Scranton
- · What You Need to Know about the June Solstice | The 9D Arcturian Council
- Powerful Tuesdays of June (with Bonus Video) | Dr. Schavi M. Ali
- Soul Contracts and Building Nova Earth | Steve Beckow
- Light Waves | Heavenletters



## You Have a Bubble of Protective Light Around You Kryon via Lee Carroll - June 18, 2022

Published at Voyates of Light

**Kryon:** I'm going to give you not an esoteric model but a solid metaphor that you won't forget. You have a bubble of protective light around you.

The Higher thoughts that you can think, the more you claim to be aware, the more you claim to understand the love of the Creator and put it on yourself and practice it in your life, the stronger that bubble becomes.

I want you to think of that as a bubble of light, and as you walk from place to place, dark things bounce off that bubble. Did you get that?

This is a metaphor, but it's the best one I have. As you proceed, your awareness bubble is there no matter where you are or what you do. Lightworker, that cuts right through the darkness and will not let the darkness get in – especially if you are practicing compassion and the love of the Creator.

It's almost like assuming and absorbing much of that divinity that was given to you right at birth that you are now starting to see.

## Can't you feel it?

I want you to understand that this is a form of protection. Isn't it interesting that protection is yours on how you think. It doesn't come from another source. Suddenly the angels, the guides, are not guarding you.

It has come from you. Odd to think perhaps that it works this way, but it always has and always will.

One of today's questions is, can evil entities, both esoteric and physical, attach themselves to me? Do I have to be careful of where I go, what I say, or all these things?

I will tell you, Dear Ones, that the evil entities that might see you coming will run the other way.

You've got this bubble of light, and they don't want anything to do with it. I want you to remember something. This is a great metaphor. Darkness is defined as the absence of light.

Darkness does not want any part of you. Dark entities don't want any part of you because they

can see the divinity coming. Wherever you walk, they leave.

My partner has had this example time and time again. The first time that he presented at the United Nations in New York City, he was told that he would be attacked by darkness if he went.

He went, and what he discovered when he got there was the most beautiful, wonderful light and support he had ever had. He went in fear because he'd never gone to New York before. He'd never been to the United Nations before. He didn't know what to expect, and everywhere he walked, he was received and loved.

That is when he understood and knew that none of the soothsayers, no matter what kind of clothes they wore or the experience they said they had, were correct when they gave a doom message.

He has been protected by his own light and that has been the way of it ever since. So this is you, Dear Ones.

This is the principle of light and dark, Dear Ones. I want you to understand this and hold it to yourselves, understand it, know it, as we say, cognize it. Make it your belief.

And so it is. ~ Kryon of Magnetic Service. Excerpt channeled by Lee Carroll on February 16, 2022, during Healing Wednesday.



# Forgiving the World to Heal Yourself

Archangel Metatron via Natalie Glasson - June 18, 2022 Published at Voyages of Light

Greetings, beloved beacons of light upon the Earth, I am Archangel Metatron. What a joy it is to be in your presence and to participate in the Ascension journey unfolding in every moment of your reality.

It is in this communication with you that I, Archangel Metatron wish to speak with you about healing yourself by forgiving the world around you.

In order to achieve this, we first must realize that you are the Creator of everything around you. You are also the Creator of everything within you, your thoughts, your emotions, and so forth.

The reality that you experience from day-to-day is born from your inner energies. This includes the way you perceive yourself and others, the thoughts that you energize, the wounds that are not yet healed, the emotions that you activate, your soul's purpose and destiny in your

Ascension journey, your inner energy is unique and sacred.

Even what you might perceive as negative aspects within your being, these are also sacred.

Everything within your being synthesizes to create the reality that you experience around you, attracting people, situations, scenarios into your reality to serve and to act as a reflection for the inner energy you hold.

As you take responsibility for your inner energy and how it synthesizes to create your outer reality. Then you begin to realize that healing can take place through how you interact with your outer energy, as well as your inner energy.

In truth, the more you are able to forgive the outer reality, the more this will create a new energy, new activations within your being and cause a healing that supports the release of challenging energies.

You may wonder what you could forgive in your outer reality?

Maybe there are loved ones and their actions that require forgiveness. Forgiveness may be needed regarding the way the world is being run, circumstance in your own country or another country, the actions of others towards people or animals, or it could be restrictions you recognize in your life.

The way to recognize where forgiveness is needed, is to investigate the world and recognize what you disagree with.

What do you dislike?

What causes reactions within your being of sadness, upset, chaos, or conflict?

You can seek in your local reality or further afield, something that you are experiencing or that you are observing. When you recognize all these areas within your local reality or further afield, you are recognizing opportunities to emanate your forgiveness, and in doing so as you emanate your forgiveness you switch your vibration to higher frequencies.

You connect with your soul; you connect with your soul group and the Creator. You become aligned to the divine, you allow the divine frequencies to flow through you.

As you express gratitude, you begin to see, sense and acknowledge the world around you differently. You are actually changing your perspective, offering to yourself greater enlightenment and understanding, not only to discover what is really happening, but also to recognize a greater form of enlightenment.

It is often in your reality that something that requires forgiveness, is an area where you do not wish to give forgiveness? However, if you can cultivate the energy of forgiveness within your being and radiated forgiveness out as a frequency, this will support you in dealing with that situation, coming to see it in a new light.

Awakening and gaining understanding of the message from within your being, awakening the healing that is required for yourself and others, while anchoring the Divine Creator.

It is often in those areas where you resist forgiveness that forgiveness is required. If you begin to allow the forgiveness energy to flow from your being without directing it to anyone or anything specifically simply letting it flow, you begin to embody the energy of forgiveness.

You begin to understand its meaning, its purpose, how it impacts your being, and the healing that is required. Then you can begin to focus your energy and your mind to a certain situation, person or experience, allow the same forgiveness energy to flow.

It is important to realize that mentally you do not have to forgive at this stage. You may resist forgiveness and yet, you can still share the vibration of forgiveness. This will create a bridge of light where energy can be worked through and resolved.

The more that you achieve this process the more you will begin to peel back the layers within you, within the person or the situation. You will begin to notice and understand yourself and the person or situation in a new light. Thus, you will enter into a space where you can truly forgive, and with that forgiveness will come understanding and action.

Action could be things that you can do to support this process, to support the forgiveness, a new connection and to support your own healing and growth.

This is something that I, Archangel Metatron and the Angelic Kingdom are supporting at this time. We invite you as light beacons upon the Earth to gaze into your reality, to gaze into the world around, and the situations that are occurring.

Share your energy of forgiveness. If you are unable to radiate the energy of forgiveness, you can simply say, 'I forgive you.'

At first you may not mean it, but if you repeat the statement, it will be like the most delicious healing liquid that melts and seeps into your being and washes away the blockages, and the limitations, allowing you to see with crystal-clear clarity.

Imagine if everyone on the world was looking at the world with forgiveness, even if they don't at first mean it, this doesn't matter. Imagine if everyone was willing to gaze at the world around them with the eyes, the heart, the vibration of forgiveness. How this would change the world, how it would change your inner world as well as promoting such beautiful healing, a healing that generates liberation and freedom.

I, Archangel Metatron, invite you to sit and to contemplate my words.

Activate the vibration of forgiveness within your being, all you need to do is think of the energy of forgiveness or think of a time when you forgave another or yourself.

You may wish to think of what the energy of forgiveness is, what color, sound or image represents forgiveness to you.

However, you activate this energy within you, let yourself breathe it out into the world.

As you are forgiving the world around you, so you are forgiving yourself within and vice versa.

We love you unconditionally and we thank you. I am Archangel Metatron.

# The Source of Your Happiness

The Creator through Jennifer Farley - June 18, 2022 Published at Voyages of Light

What is happiness? Some of you view it as an elusive emotion that happens when you have the right partner, the right employment, the right things or spiritual family surrounding you.

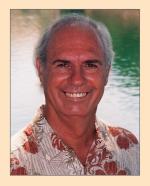
Dearest love, happiness has always been inside you! You do not have to do anything to "make" it happen. Take time today, quiet yourself and listen. Happiness sings its own song to and in your soul. Once you hear it, there is no way to ignore it. It is just a matter of recognizing and learning the melody. Once you do, you will be able to sing it out loud for all. ~ Creator

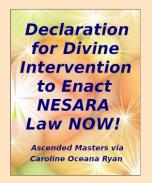
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